**6th Form Preparation work for Psychology**

📚 **Research**: What is Psychology? – Origins, Thinkers and Careers - ***Time: 1hr***

**Part A: Defining Psychology**

Use the sources below to explore what psychology is.
Write a short paragraph (approx. 100 words) in your own words answering:
**What is psychology, and how is it different from other sciences like biology or sociology?**

**BPS: What is Psychology**
**Simply Psychology: What is it?**

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**Part B: Create a Timeline of Psychology**

Create a **simple timeline** showing the development of psychology as a science. Add at least **5 key milestones or figures**, including:

- Wilhelm Wundt and the first psychology lab
- Behaviourism (e.g. Pavlov, Skinner)
- Humanism (e.g. Maslow, Rogers)
- Cognitive psychology (e.g. Bartlett, Baddeley)
- Biological approach and modern neuroscience

For each one, include:

- A date (approximate is fine)
- The name(s) of key psychologist(s)
- A brief sentence on what they contributed to psychology

**Origins of Psychology**
**Study Rocket: Psychology Origins**

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**Part C: Psychology in the Real World**

Use the BPS careers page or Prospects to explore where psychology can take you.
Research and list **3 careers in psychology** (e.g. clinical, forensic, educational).
For each one, include:

- What the role involves
- Where they might work (e.g. NHS, schools, prisons)
- What qualifications are needed

**Becoming a psychologist**
**Prospects: What can I do with a Psychology Degree?**

🎥 **Watch and Listen**

**Social Influence – Obedience**

**Time: 45 minutes**

**Watch this video explaining Milgram's Obedience Study.**

**Milgram's Experiment**

**Then answer:**

- What was the aim of Milgram's study?
- What were the key findings?
- What factors increased or decreased obedience?

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📖 **Read**

**Conformity and Social Influence**

**Time: 40 minutes**

**Read the article on conformity at Simply Psychology:**
**What is Conformity?**

**Make brief notes on:**

- The definition of conformity
- The types of conformity (e.g. compliance, internalisation)
- The reasons people conform (normative and informational social influence)

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**Take this interactive quiz and record your score:**

**Conformity Quiz**

🎥 **Watch**

**Memory – How Reliable is Memory?**

**Time: 30 minutes**

Watch this TED Talk by **Elizabeth Loftus** on false memory and the accuracy of eyewitness accounts:

Elizabeth Loftus: The Fiction of Memory

Then answer:

- How can memory be distorted?
- What are false memories and how do they form?
- What implications does this have for eyewitness testimony?

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📖 **Read**

**Memory – Types and Processes**

**Time: 40 minutes**

Read about the multi-store model of memory and types of long-term memory here:

**The Working Memory Model**

**Make notes on:**

- The three stores in the multi-store model
- Differences between episodic, semantic and procedural memory
- Evaluation points (strengths/weaknesses)

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| **6th Form Preparation work for Psychology**<br><br> | **🎧 Watch and Listen**<br><br>**Mental Health – Depression and Anxiety**<br><br>**Time: 25 minutes**<br><br>Watch this TED Talk:<br><br>https://www.youtube.com/watch?v=MB5IX-np5fE<br><br>Make notes on:<br><br>● Non-biological causes of mental health problems<br><br>● How this talk challenges traditional views of mental illness | **📖 Read**<br><br>**Psychopathology – Definitions and Treatments**<br><br>**Time: 30 minutes**<br><br>Read about mental disorders and their treatments here:<br><br>Abnormal Psychology<br>Psychological theories of Depression<br><br>Make notes on:<br>● Two definitions of abnormality<br>● Characteristics of depression<br>● One type of therapy for depression (e.g. CBT) | **🎥 *Watch***<br><br>**Attachment – Using Animals in Research**<br><br>**Time: 20 minutes**<br><br>**Watch this short video about Harlow's monkey experiment and animal research:**<br><br>**Harlow's Monkey Experiment**<br><br>Write a short reflection (100–150 words) on:<br><br>● What Harlow's study taught us about attachment<br><br>● Whether it is ethically acceptable to use animals in psychological research |