# 6<sup>th</sup> Form Preparation work for Psychology



**Research**: What is Psychology? – Origins, Thinkers and

Careers - Time: 1hr

**Part A: Defining Psychology** 

Use the sources below to explore what psychology is. Write a short paragraph (approx. 100 words) in your own words answering:

What is psychology, and how is it different from other sciences like biology or sociology?

BPS: What is Psychology
Simply Psychology: What is it?

### Part B: Create a Timeline of Psychology

Create a **simple timeline** showing the development of psychology as a science. Add at least **5 key milestones or figures**, including:

- Wilhelm Wundt and the first psychology lab
- Behaviourism (e.g. Pavlov, Skinner)
- Humanism (e.g. Maslow, Rogers)
- Cognitive psychology (e.g. Bartlett, Baddeley)
- Biological approach and modern neuroscience

For each one, include:

- A date (approximate is fine)
- The name(s) of key psychologist(s)
- A brief sentence on what they contributed to psychology

**Origins of Psychology** 

**Study Rocket: Psychology Origins** 

### Part C: Psychology in the Real World

Use the BPS careers page or Prospects to explore where psychology can take you.

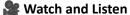
Research and list **3 careers in psychology** (e.g. clinical, forensic, educational).

For each one, include:

- What the role involves
- Where they might work (e.g. NHS, schools, prisons)
- What qualifications are needed

Becoming a psychologist

Prospects: What can I do with a Psychology Degree?



Social Influence – Obedience

Time: 45 minutes

Watch this video explaining Milgram's Obedience Study.

**Milgram's Experiment** 

#### Then answer:

- What was the aim of Milgram's study?
- What were the key findings?
- What factors increased or decreased obedience?

## Read

## **Conformity and Social Influence**

Time: 40 minutes

Read the article on conformity at Simply Psychology: What is Conformity?

#### Make brief notes on:

- The definition of conformity
- The types of conformity (e.g. compliance, internalisation)
- The reasons people conform (normative and informational social influence)

Take this interactive quiz and record your score:

**Conformity Quiz** 

## **Watch**

Memory – How Reliable is Memory?

Time: 30 minutes

Watch this TED Talk by **Elizabeth Loftus** on false memory and the accuracy of eyewitness accounts:

### Elizabeth Loftus: The Fiction of Memory

#### Then answer:

- How can memory be distorted?
- What are false memories and how do they form?
- What implications does this have for eyewitness testimony?

#### Read

## **Memory – Types and Processes**

Time: 40 minutes

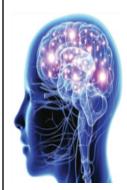
Read about the multi-store model of memory and types of long-term memory here:

### **The Working Memory Model**

#### Make notes on:

- The three stores in the multi-store model
- Differences between episodic, semantic and procedural memory
- Evaluation points (strengths/weaknesses)

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**Watch and Listen** 

Mental Health – Depression and Anxiety

Time: 25 minutes

Watch this TED Talk:

https://www.youtube.com/watch?v=MB5IX-np5fE

Make notes on:

- Non-biological causes of mental health problems
- How this talk challenges traditional views of mental illness

Read

**Psychopathology – Definitions and Treatments** 

Time: 30 minutes

Read about mental disorders and their treatments here:

Abnormal Psychology
Psychological theories of Depression

Make notes on:

- Two definitions of abnormality
- Characteristics of depression
- One type of therapy for depression (e.g. CBT)

**Watch** 

Attachment – Using Animals in Research

Time: 20 minutes

Watch this short video about Harlow's monkey experiment and animal research:

**Harlow's Monkey Experiment** 

Write a short reflection (100–150 words) on:

- What Harlow's study taught us about attachment
- Whether it is ethically acceptable to use animals in psychological research