# FAMILY MATTERS

HOLY FAMILY CATHOLIC SCHOOL
NEWSLETTER

"I get knocked down, but I
get up again, You're never
gonna keep me down"
Chumbuwumba (British
band formed 1982)

# Emotional Final Assembly for our Year 11 Students





#### HEADTEACHER'S MESSAGE

#### **Quotation of the week**

"I get knocked down, but I get up again, You're never gonna keep me down" Chumbuwumba (British band formed 1982)

If you happen to be a football fan, or even if you're not, you probably couldn't avoid hearing about the magnificent comeback performances of both Liverpool and Tottenham in the Champions League this week.

Sometimes a team in adversity manages to perform beyond its expectations; that old adage about a 'team being more than the sum of its parts' seems to have something in it and the unfancied ostensibly weaker underdog prevails.

What the victories of Liverpool and Tottenham showed was the importance of never giving up and of demonstrating resilience in the face of discouraging odds. These qualities we try to instil in our students. Every day there are reasons to give up and say 'I can't do that'. We try to encourage an approach of 'I can't do that...yet'. Oftentimes we surprise ourselves with what we can achieve when we put our mind to it and get back up again when we are knocked down.

The Christian faith provides us with examples of this. One of the greatest Old Testament stories about an underdog is the victory of David over Goliath. Armed only with a slingshot David topples the giant Goliath and saves his people. Without faith, David would not have been able to overcome the overwhelming odds against him. We pray for all our students as they take their exams but, of course, praying won't mean you pass your exams. Praying that God gives you a calm mind and reward for all your effort in revision, well that's a different story.

This Friday we were grateful to have Fr Niall with us in assembly to bless our Yr 11 students before their first written exams begin on Monday of next week. The overwhelming majority of our students have, indeed, been working very hard and it has been inspiring to see the transformation that some of them have made in their approaches to study and the resilience they have shown when things have been difficult. We reminded them that faith in Jesus is a great source of strength and support when life presents us with challenges and that to keep that everyday dialogue with the Lord going through daily prayer is a wonderful support mechanism.

#### HEADTEACHER'S MESSAGE

#### The history of migration in the United Kingdom

Mr Shah, Head of History and Politics, invited acclaimed historian Martin Spafford to speak to Yr 7 students about the history of migration in the United Kingdom. His talk was very well received and took students back to Roman times - many of the 'Romans' who came as soldiers and civilians were from northern Africa. Western Asia and Eastern and South-Western Europe, for example, and this was a surprise to some of our students. His talk continued to more recent times to look at the transformational impact of migration on our country and the contribution of many different peoples to the diverse, multicultural society we are today. Mr Spafford encouraged students to talk to their relatives about family experiences of migration and to learn more about their heritage.

#### Parents' surgery

Parents' surgery is every Thursday from 4pm to 5pm on the Walthamstow site. If ever I am unavailable, a member of the senior team substitutes for me.

Please continue to remember us in your prayers.

#### Dr Andy Stone Headteacher



## Headteacher Commendations

We have a number of commendations this week.

First, to the students who accompanied Mr Norman, Mr McGlynn and Ms Feculak-Norman on the HCPT pilgrimage to Lourdes last week. They were excellent in their witness to the love of Christ.

They are:

Grace Price 7EL
Shanel Bhatti 7R
Dylan Bokor 7A
Noah Feculak Norman 10R
Sean Stone 10R
Liam Maguire 10A
Phoebe Slack 12E

## Headteacher Commendations

This week we also have a commendation for Kien Nguyen 7RI for baking Fortune Cookies and selling them for his House Charity and for Nazret Ambasajer for being as model student at Holy Family.

#### YEAR 11 FUTURE ASPIRATIONS

#### **JASON QUARRY 11A**



### Reporter Chloe Contaldo is on the hunt to find out what's next for our year 11 students...

#### What are your short-term aspirations for the future?

Speaking to Jason enabled me to discover his plans and ambitions in the short-term future. "In the near future, I would be starting my A-Levels, so I have decided to go to a sixth form, and have chosen Geography, Spanish, Travel & Tourism and Product Design. I picked Geography, because I am very interested in various world issues going on at the moment, and I am currently doing it at GCSE and really enjoy the subject. Spanish is something I would like to take because it is a home language, and I would love to advance my knowledge of the language through doing it as an A-Level. Finally, I have picked Travel & Tourism since I love to travel, and Product Design because when I love making things and would possibly want to become and architect when I am older."

#### Where do you see yourself in five years' time?

"It's hard for me to imagine where I would see myself in five years' time, but I would probably be working and hopefully doing something I love or even travelling! However, alternatively I could also view myself as being in university. At university I would love to study a degree in Architecture because of the passion I hold in creating and designing things."

#### Do you have any personal future goals?

I was able to find out loads about Jason's many personal aspirations for the future. "A future goal would definitely be to travel the world in order to explore various and undiscovered aspects of it. Something I would love to do is travel along Central America from Mexico to Colombia because it has an amazing scenery due to its many coastal views and mountainous areas."

# KS3 Science Trip-Salters Institute Festivals of Chemistry



The trip was amazing! It was so interesting and extremely fun too. We felt like a real scientists because we wore lab coats, gloves and safety goggles. The best part were the experiments. There were two experiments, one was a Salters Challenge, a Crime Scene Investigation task which involved us working together as a team to find an unknown element. The second experiment was the University Challenge linked to Climate Change and its effect on our environment. We were trying to create a solution to make sure that the world would not be covered in ice, it had to be exactly 10°C. We did really well on this task and were awarded the 3rd Place Prize.

Jane Themudo 7P

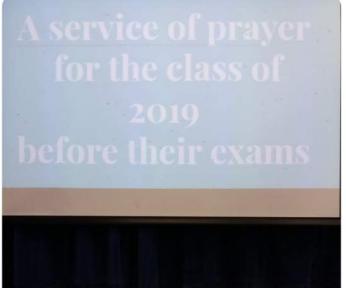
#### SOCIAL MEDIA CATCHUP



Preparing the Year 11 Service of Prayer before #GCSE exams start #aspire



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168 views · Liked by crazyafro99 and challengesophie

hfcswaltham Yr10 Geography trip to Southwold in Suffolk was a bit blustery yesterday! the students have now dried out! #aspire

1 DAY AGO











# How it feels to be year 13 leaving this year

With exams fast approaching it's almost time to say goodbye to our year 13s. We hear from them on this final stretch...



Year 13 was a complete transition from year 12. As soon as September 2018 hit, it was instantly time to get serious as not only did we have to keep up with new content, but we had to also keep up with some form of revision of year 1 content. This was done through many scheduled assessments to keep track of learning and highlight any weaknesses. In addition, we had to figure out what we wanted to do once we'd left the comfort of Holy Family. Year 13 overall has consisted of a lot of pressure. However, it is the one of the last hurdles of our educational lives and I think there is a general consensus that although it may be hard, we haven't got long left and we need to simply try our hardest to 'pass the last hurdle'.

Leaving Holy Family will be a bittersweet moment. Many of us have formed lifelong friendships and created unforgettable memories here. As we all get ready to leave, we come to the realisation we may all be going our separate ways, going off to uni, taking a gap year etc. However, it will be exciting to be entering a new academic environment where we experience independence and meet new people from many different walks of life. - Remi Young 13E

#### CLASS OF 2019

This Friday year II had a special final assembly before they begin their exams on Monday. It was a lovely assembly including special prayers from Mr Norman and Mrs Grierson as well as lovely words from Fr. Niall.







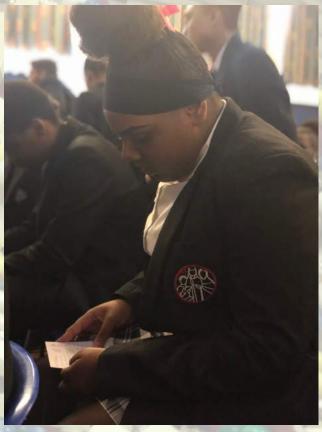
Each student received a blessed rosary from Lourdes and a prayer card which included a personalised message from their form tutor.

### CLASS OF 2019

We wish our year II's all the best in their exams and look forward to seeing them back in Sixth Form next year.









### CLASS OF 2019

Prayer for the students by the teachers:

Lord, we pray for those about to sit exams, that they may remain calm and at peace so they may be able to make the best use of their talents, and the study they have done, and the education they have been given.

Let nothing prevent them from doing as well as they deserve, and may they be ready to support and encourage one another.

Amen

## MFL CORNER

#### **AVENGERS: ENDGAME**

Records au box-office

Avengers : Endgame, qui est sorti au cinéma le 25 a<mark>vril, a déjà battu 144 records au box-office. En une petite semaine !</mark>

Le jour de sa sortie, le film a battu un premier record. Avec 156,7 millions de dollars, il a fait mieux que Star Wars : Le Réveil de la Force. Ce dernier n'avait généré que 119 millions de dollars.

Lors de son premier week-end, il a rapporté plus d'argent aux États-Unis que le précédent épisode. Avec 350 millions de dollars, Avengers : Endgame a généré 100 millions de dollars de plus que Avengers : Infinity War.

Le film a battu des records similaires dans de nombreux pays comme la Chine, le Royaume-Uni, la France, la Corée, le Brésil ou l'Argentine.

Le film, qui est sorti depuis une semaine, va peut-être battre d'autres records... Va-t-il battre tous les records ?

Est-ce que tu as vu ce film ? Si oui, qu'en as-tu pensé ? Si non, pourquoi pas ?

Est-ce que tu aimes les films de super-héros ? Pourquoi (pas) ? Quel est ton super-héros ou ta super-héroïne préféré(e) ? Pour quelles

raisons?

Quel est ton genre de film préféré ? Pourquoi ?





## MFL CORNER

#### NOTRE-DAME DE PARÍS

Después de la catástrofe, ¡la renovación!

El lunes 15 de abril hay un incendio en la Catedral de Notre-Dame en París. Destruye el tejado y la torre de la catedral. Ahora hay que renovar la catedral. Es una tarea muy difícil.

El incendio es muy violento. Es la catástrofe más seria de su historia. Pero los bomberos salvan los tesoros del interior.

La catástrofe causa mucha conmoción en Francia y en el extranjero. El Presidente Macron habla en televisión. "La renovación debe comenzar rápidamente", dice, "porque esta catedral es un símbolo de la civilización humana".

Para renovar la catedral, muchos franceses y personas de todo el mundo dan dinero: ¡mil millones de euros! El Presidente quiere una rápida renovación: ¡en 5 años! Para otros, es difícil. Creen que es más larga: ¡tal vez 20 años!

#### ¿Qué opinas de esta catástrofe? ¿Por qué?





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