

FAMILY WATTERS

HOLY FAMILY CATHOLIC SCHOOL
NEWSLETTER

*"Christ be with me, Christ within
me,
Christ behind me, Christ before me,
Christ beside me, Christ to win me,
Christ to comfort and restore me,"*
St Patrick

Hairspray Success!



**Check out photos from the outstanding
performance inside this issue**



HEADTEACHER'S MESSAGE

Enrichment Day

Monday was this half-term's Enrichment Day when we collapse the school timetable and offer a range of activities and classes that enable students to work on projects and topics that are easier to cover and facilitate in a whole day. Yr 11 had a well-being day which enabled them to look at how to relax and balance their lives during the stresses of GCSE revision. Yr 8 had their GCSE option choices Taster Day where they were able to experience the subjects they may wish to choose for their GCSE studies, while Yr 10 students had workshops about the dangers of drugs and alcohol. Yr 12 students had sessions on university entrance and their future careers prospects and we also enjoyed having students from OLSG and St Joseph's visiting us to take part in some active learning in science assisted by our own Yr 7 students.

Yr 7 places for September 2019

We have a small number of places available for Yr 7 students in September 2019. Please ask anyone you may know who is interested to contact us about this via the school office.

School Production

This week saw the long-awaited performances of Hairspray, our whole school production. Many, many hours have been given over to rehearsing and preparing what was an excellent and enjoyable evening which was very well received at both a matinee for some of our students and those from OLSG Primary School and at performances on Wednesday and Thursday evenings. Thanks to all who came, to the students who performed so brilliantly, or worked behind the scenes, and to all staff involved especially our drama and music colleagues.

Aquinas Trust Service

On Thursday 14th March we held our annual service for the students of all the different schools in the Aquinas Trust, our local federation of Catholic schools. It was great to be present with students from Yr 2 to Yr 13 who attended the service. The liturgy as a Service of the Word, led by Deacon Alan Mair, who is a member of staff at Trinity Catholic High School. Schools in attendance were Holy Family, Trinity, St Patrick's, OLSG, St Joseph's Infants, St Joseph's Juniors and St Mary's.

HEADTEACHER'S MESSAGE

St Patrick's Day

St Patrick's Day is, of course, the 17th March, which this year falls on Sunday.

St. Patrick is one of the world's most popular saints. He was born in Roman Britain and when he was fourteen or so, he was captured by Irish pirates during a raiding party and taken to Ireland as a slave to herd and tend sheep. At the time, Ireland was a land of Druids and pagans but Patrick turned to God and wrote his memoir, The Confession. In The Confession, he wrote:

"The love of God and his fear grew in me more and more, as did the faith, and my soul was rosed, so that, in a single day, I have said as many as a hundred prayers and in the night, nearly the same. I prayed in the woods and on the mountain, even before dawn. I felt no hurt from the snow or ice or rain."

St Patrick often used shamrocks to explain the Holy Trinity and entire kingdoms were eventually converted to Christianity after hearing Patrick's message. Patrick preached and converted all of Ireland for 40 years. He worked many miracles and wrote of his love for God in Confessions. After years of living in poverty, travelling and enduring much suffering he died on March 17, 461.

St Patrick is the patron saint of Ireland, Nigeria and also the patron saint of engineers among others.



Parents' surgery

Parents' surgery is every Thursday from 4pm to 5pm on the Walthamstow site. If ever I am unavailable, a member of the senior team substitutes for me.

Please continue to remember us in your prayers.

Dr Andy Stone
Headteacher

Headteacher Commendations



This week we have commendations for for **Sashanique Cuffey** for generously helping the staff in the canteen to clear up after lunch. Sashanique did this without being asked and is always a very helpful student. This is the Holy Family Way. Sashanique was nominated by her Head of Year, Mr Cronin.

We also have commendations for all of the students involved in the school production of Hairspray, of whom there are many and their names can be found inside this edition of Family Matters.

Well done to them all!

HOLY FAMILY PROUDLY
PRESENTS



Hairspray

WEDNESDAY 13TH & THURSDAY 14TH
MARCH 2019

WRITTEN BY - THOMAS MEEHAN

PERFORMED BY THE STUDENTS OF
HOLY FAMILY CATHOLIC SCHOOL

THE STORY

Hairspray is a 2007 American musical romantic comedy based on the 2002 Broadway musical of the same name, which in turn was based on John Waters's 1988 comedy film of the same name. Set in 1962 Baltimore, Maryland - Tracy Turnblad is a high School student whose only dream is to be on a local Baltimore teen dance programme.

While her father tells her to follow her dreams, her mother Edna remind her that she doesn't look like the girls on that show. But Tracy is adamant and after impressing the show's host, she earns herself a coveted spot on the programme, which in turn attracts the attention and wrath of the prettiest girl in school - a girl whose mother just happens to operate the local television station.

Tracy's visit to detention hall opens her eyes to the racial tension on the show, as does the budding relationship between her best friend and an African-American boy named Seaweed. Will Tracy's new status as a teen sensation be enough to topple Corny's reigning dance queen and bring racial integration to the show?

PRINCIPAL CHARACTERS

Tracy - Elena O'Brien
Corny Collins - Thomas O'Brien
Penny - Zuzanna Grzyzbek
Edna - Rebecca Elsey
Seaweed - Elijah McKenzie
Velma - Karina Lauzonyte
Little Ines - Chantelle Mattis
Motormouth Maybelle - Brenda Mana
Mr Pinky - Carney-Shay Houston
Wilbur - Hubert Zajko
Mr Spritzer - Jakub Patla
Geography Teacher - Dylan Okito
Prudy Pinkleton - Ciara Hyland-McCormack
Gym Teacher - Sashanique Eccleston
Newsreader - Ms Greenway



COUNCIL MEMBERS

Link - Conor Dalladay
Amber - Vira Vitiv
Tammy - Arianna Khushi
Fender - Sam Mee
Shelly - Lorin Kilic
Noreen - Christine Savva
Doreen - Andrea Carroll-Williams
Paulie - Viktor Ostash

RECORD STORE KIDS

Duanne - Vyanna Hardy
Rhonda - Helen Shaji
Gilbert - Boaz Farquhar
Cindy - Almaz Farquhar

DYNAMITES

Hilary El-Msury
Tiffany Murtinhal
Asia Quidley

ENSEMBLE

Vyanna Hardy	Arianna Khushi
Helen Shaji	Chantelle Mattis
Almaz Farquhar	Shianne James
Boaz Farquhar	Cheani Gregory
Gabriel Turay	Samara Jordan
Ave-Maria Oforma	Hilary El-Msury
Carney-Shay Houston	Tiffany Murtinhal
Rebecca Kwaja	Asia Quidley
Stephannie Jabbie	Olivia Mejuobi
Jakub Patla	

PRODUCTION TEAM

Producer:
Miss Hampshire

Directors:
Miss Hampshire
Mrs Henry
Ms Carrick

Music and Sound:
Ms Greenway
Mrs Corlett

Dance and Choreography:

Ms Carne-Howell
Lighting Design:
Suzie Delbourgo

Microphones:
Ms Joyce

Costume Design:
Mrs Grierson
Mrs Henry
Franciszek Iskra
Hilary El-Msury

Stage Management:
Ms Evans

Stage hands:
Ruby Stewart Louis
Alicja Szuster
Dasha Mbo
Joyce James

Hilary Yoto
Chloe Acheampong
Mary Ann Cooke

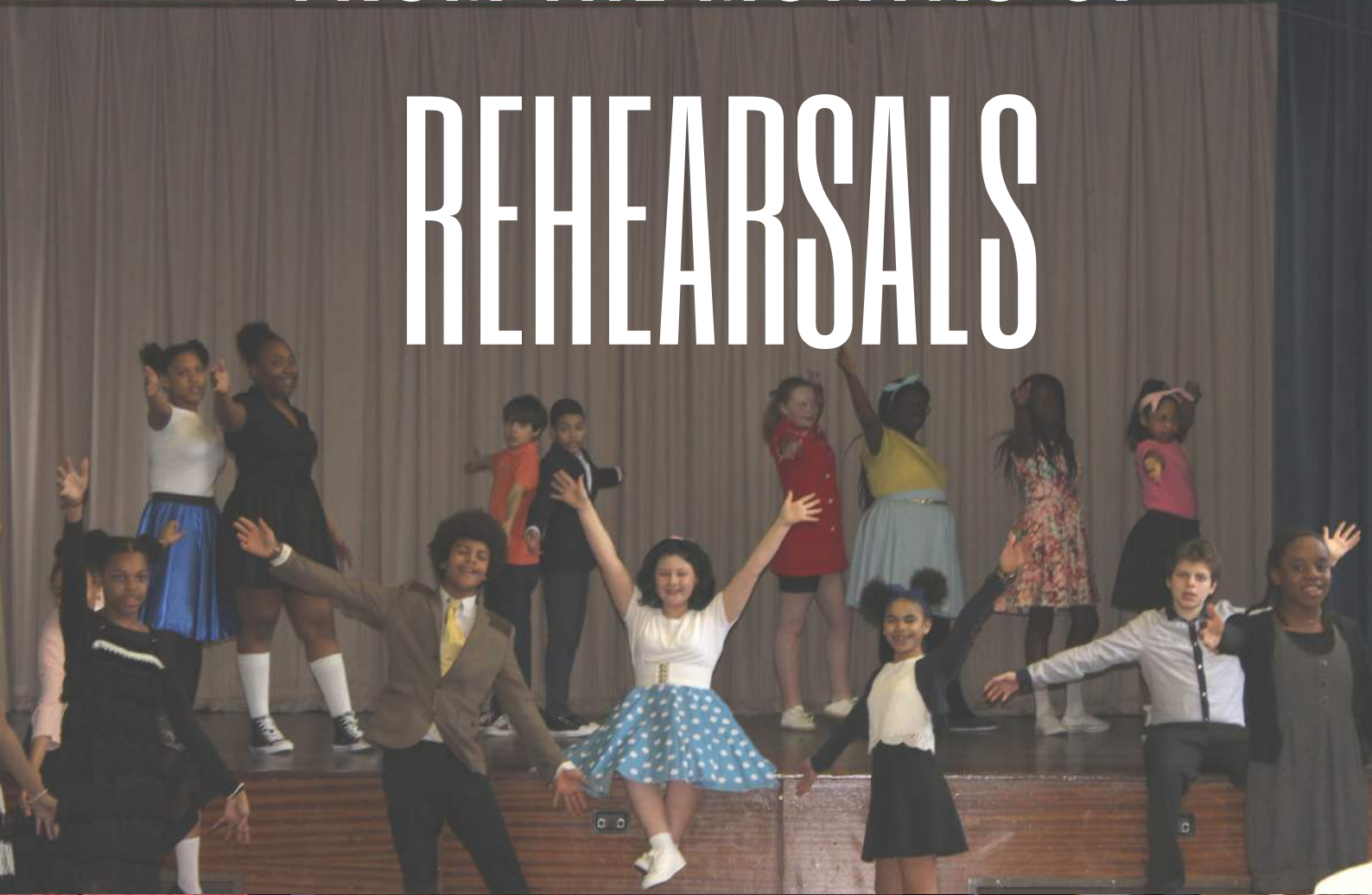
Set and Prop Design:
Mr Nandlal
Ms Gernand

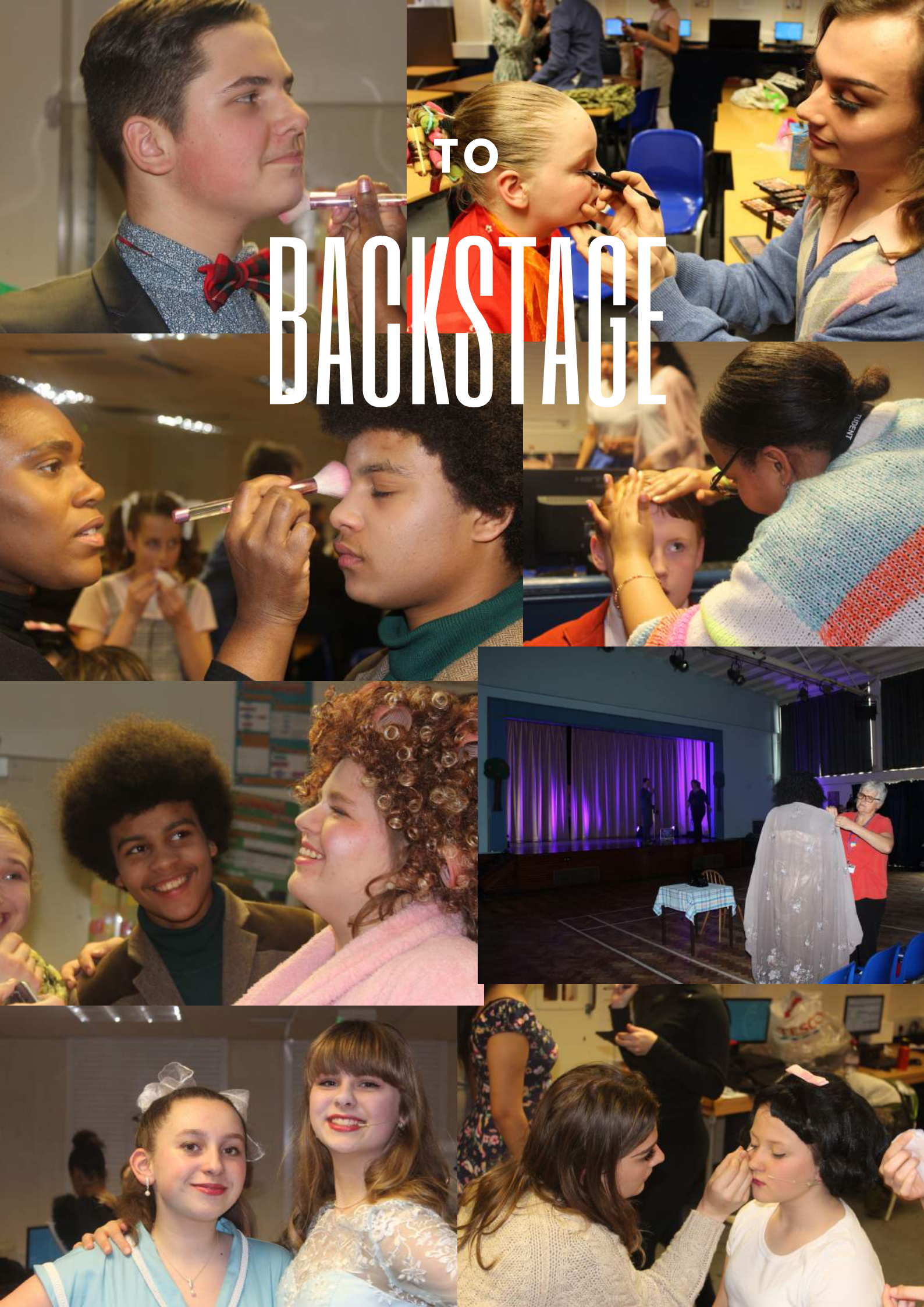
Mr Beer
Ruby Stewart Louis
Dasha Mbo
Suzie Delbourgo

Advertising and Marketing:
Ms Gaynor
Tina Wandji

FROM THE MONTHS OF

REHEARSALS





TO
BACKSTAGE

TO THE NIGHT





* WITH THANKS AND
* APPRECIATION TO ALL
STAFF AT
HOLY FAMILY CATHOLIC
SCHOOL
WHO MADE THIS SHOW
* POSSIBLE



SOCIAL MEDIA CATCHUP

You Retweeted



St Peter's Outreach
@SPCOutreach

Thanks for @WalthamstoWSFG for hosting our first Year 10 Academic Carousel for 90 high achievers in Waltham Forest @WillowfieldSch @HFCSWaltham @edengirlswf @EngFac_Outreach @OxfordTheology #oxoutreach



12/03/2019, 11:49

1 Retweet 3 Likes



Tweet your reply



@hfcswaltham



@hfcswaltham



Post



hfcswaltham



2/2



hfcswaltham We were very excited to have the year 5 students from St Joseph's investigating flight yesterday 😊🚀 #aspire #science

12 SECONDS AGO



SPORTS UPDATE



Congratulations to year 7 and 8 netball teams who both came runners up in the WE netball rally. A very strong performance was seen from both teams in really cold and blustery conditions at Redbridge Sports Centre. Well done to both teams!

SPORTS UPDATE

Holy Family hosted the Waltham Forest primary basketball competition on Monday 11th March . It was a very busy day for our year 9 & 10 sports leaders as they were the official referees and scorers for the event. They were a credit to the school, carrying out their role professionally and enthusiastically in what was a busy, noisy, competitive day.



THOMAS AQUINAS TEACHING TRUST

Schools from around the Deanery came together at Our Lady & St George's church for a Service of the Word, led by Deacon Alan.

This is an annual event and schools represented included Our Lady & St George Primary, St Joseph's Primary, St Mary's, St Patrick's primary, Trinity High School and Holy Family.

Our students included year 7 representatives nominated by their Head of Year, the year 7/8 Peace Club and Sixth Form prefects. Well done to Giulia in 7R for processing the banner and Jane in 7P for the offertory. All were wonderful ambassadors for the school.

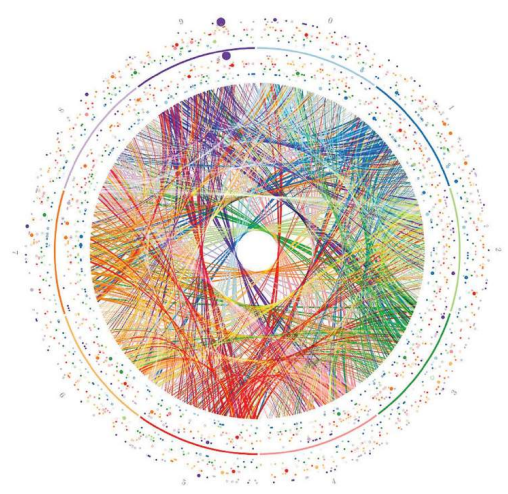
Everyone joined in with the singing and we were treated to a wonderful performance from year 2 OLSG.

Thank you to Deacon Alan and to Dr Stone, Chair of the Trust, for his closing words.



π WEEK

11.03.19 - 15.03.19



The Maths Department celebrated Pi Week from 11th - 15th March and had lots of activities throughout the week!

Students had drop down lessons in Maths and had the chance to explore enriching activities outside of the curriculum. This included Maths in Art, the Golden Ratio, Roman Numerals, Egyptian Maths and Imaginary Numbers!

As well as this pupils took part in Pi competitions, bake sales, pie lunch and other activities to celebrate Pi Day on 14th March (3.14). Our annual Pi-Off Competition returned with students memorising as many digits of Pi as possible. There were some extremely impressive results with many students memorising over 100 digits of Pi!

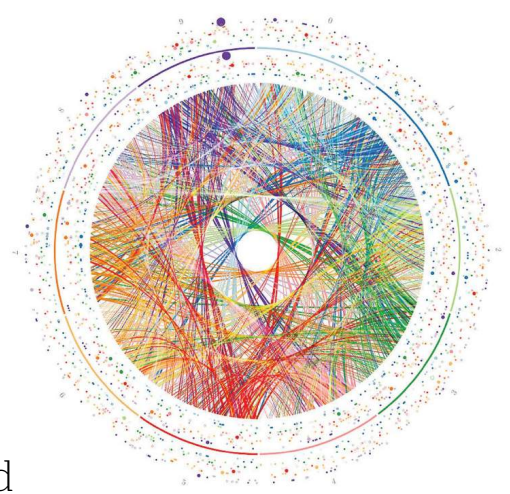
Our winner was Angelina in year 8 who memorised 226 digits of Pi! That is a fantastic effort and is a school record - Well done Angelina!

STUDENT	HOUSE	DIGITS OF PI
1. Angelina, year 8	Stephen	226
2. Magdalena, year 10	Ignatius	141
3. Qing, year 8	Elizabeth	123

HOUSE	TOTAL	POSITION
Anne	238	4th
Stephen	397.5	1st
Philomena	225	6th
Ignatius	322.5	3rd
Richard	234	5th
Elizabeth	375	2nd

π WEEK

11.03.19 - 15.03.19



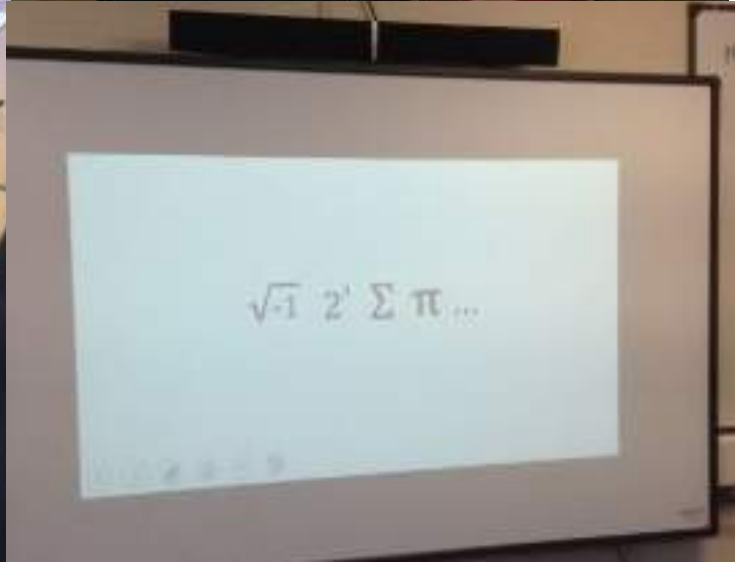
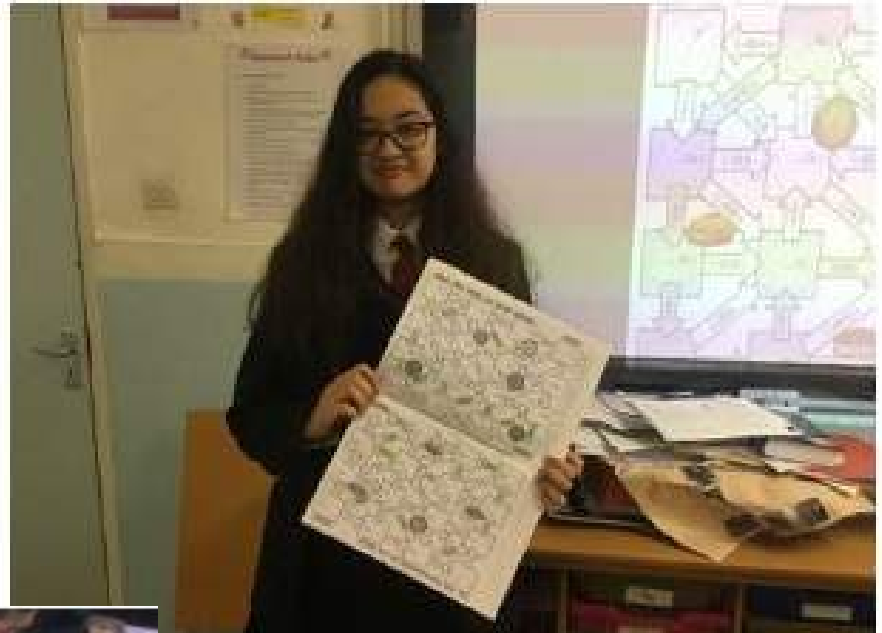
Students have also been competing against each other in a whole school Manga High Competition. Students have been collecting bronze, silver and gold medals for a space in the top 10 leaderboard. This finishes on Sunday at 8pm so you still have time to get involved! As it stands the top student is Athena in year 7 with 123 medal points, and the top class is 7a1! A prize will be awarded to the winning student.

Good Luck!
Miss Atakan

Pi Off Competition in Yr 7



Pi Activities



π WEEK

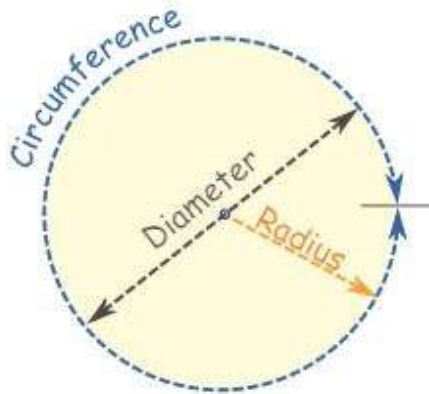
11.03.19 - 15.03.19

Pi Bake Sale



What is Pi?

Pi (π) is the ratio of a circle's circumference to its diameter.



$$\frac{\text{Circumference}}{\text{Diameter}} = \pi = 3.14159\dots$$

What do 226 digits of Pi look like?

3.1415926535897932384626433832795028841971693993751058
20974944592307816406286208998628034825342117067982148
086513282306647093844609550582231725359408128481117450
284102701938521105559644622948954930381964428810975665
93344612847

How many digits of Pi can you memorise?

YEAR 7 SUPER STARS!



Congratulations for being exceptional students and contributing to the Holy Family Way!

This week we have:

Alisia Dehelean 7A

Alison Teves 7E

Quincy Yevu 7EL

Nevin Roys 7I

Malachi Cameron-

Marques 7P

Nyah Theodore 7R

Tiara Davis 7Ri

Martinas Genys 7S



YEAR 7 SUPER STARS!



A special mention to the following students who took part in the Pi Competition in the Year 7 assembly this week...

Form	Student	Number of digits
7A	Thomas Masterson	99
7E	Alison Teves	105
7EL	Jericho Gonzales Sabarias	7
7I	Tharun Yogathasan	30
7P	Yu Ruo Chen	101
7R	Michael Oluwanisola	62
7RI	Amelia Walas	38
7S	Jenatie Ganesharajah	28

MFL CORNER

GRÈVES POUR LE CLIMAT

Les jeunes se rassemblent

Depuis quelques semaines, des jeunes du monde entier organisent des grèves, des marches et des manifestations. Ils demandent à leur gouvernement de faire quelque chose contre le réchauffement climatique.

Grève pour le climat

La créatrice de ce mouvement international, c'est Greta Thunberg, une jeune Suédoise de 16 ans. Elle est connue pour son slogan « grève scolaire pour le climat » (Skolstrejk för klimatet). Fin 2018, elle est allée à la COP24 (la 24e conférence de l'ONU sur les changements climatiques), et a demandé aux chefs d'État de faire plus d'efforts pour protéger la planète.

+3 ou 4 °C si rien ne change

La situation est grave : d'ici 2050, les températures vont augmenter de 3 à 4 degrés. Des animaux et des plantes vont disparaître, et il y aura une crise humanitaire dans certains pays. Les États sont responsables et ils ont beaucoup d'efforts à faire.

Rendez-vous le 15 mars

Greta Thunberg a créé #FridaysForFuture. Elle invite les jeunes à manifester le vendredi pour passer ce message aux gouvernements. Le 22 février, elle est allée à Paris pour manifester avec des jeunes Français. La prochaine étape ? Le 15 mars : il y aura une grève mondiale pour le climat.

Est-ce que tu penses que c'est utile ? Pourquoi ?

À ton avis, comment les États peuvent-ils aider la planète ?

Est-ce qu'il y a des grèves pour le climat dans ton pays ?



MFL CORNER

BOXEADORA CON 10 AÑOS

Dicen que es la nueva “pantera rosa” del boxeo. Y no es para menos porque esta pequeña de tan solo 10 años va camino de convertirse en una auténtica profesional del boxeo y cumplir su sueño, conseguir el oro en unos Juegos Olímpicos.

Kira Makagonenko es ucraniana y se ha convertido en todo un fenómeno viral. Es alucinante cómo puede boxear con los ojos tapados o mantenerse en peligrosos equilibrios encima de ruedas o tablas. Sus peleas contra niños y niñas mayores que ella la han convertido en campeona de Ucrania, ¡no hay quien la frene!



**DID YOU
KNOW...?**

**LUCIA SMITH IN
YEAR 10 RECENTLY
PERFORMED AT THE
CELEBRATION OF
LEARNERS'
ACHIEVEMENTS
CEREMONY.**

**WELL DONE TO
LUCIA WHO FOR
PERFORMING AT
THE ASSEMBLY
HALLS IN FRONT OF
A LARGE
AUDIENCE!**



Staff and partners awards

Thanks to Lucia Smith for the wonderful music.



WALTHAM FOREST
LONDON BOROUGH
OF CULTURE 2019

House Charity Fortnight takes place 18th March to 29th March. Students will be encouraged to take part in as many fundraising events as possible but will be needing small change to do so - The House Team.

OUR FIRST EVER

HOUSE CHARITY FORTNIGHT

MONDAY 18TH MARCH-FRIDAY 29TH MARCH

Each House will compete to raise money for their chosen charity!

WHICH HOUSE WILL WIN?

ASPIRE

Chaplaincy Corner

MRS. GRIERSON



The Year 11 Justice & Peace Group held a Fairtrade Hot Chocolate sale at break time, alongside a Fairtrade chocolate tasting. They raised £20 for the Fairtrade Foundation, helping to support small scale farmers and workers.



All students had the opportunity to attend a Liturgy of the Word and distribution of ashes on Ash Wednesday (6th March). Many thanks to the students who read during the services and staff who helped to distribute ashes. Thank you to Fr Niall for leading the service on the Wiseman site and Mr Norman for leading the service on the Walthamstow site.



Fr Niall spoke about Fast and Feast, how we can fast from something we enjoy, such as chocolate or social media, but feast on being kind, saying thank you and giving to charity. It was lovely to be able to use the Chapel for our first morning of Lent Reconciliation today. Once again we thank our local parish Priests, Fr Niall and Fr Nixon, for their support and commitment to the school.



Lent

Sunday 17th March is also the Feast of St Patrick, the Patron Saint of Ireland.

Born in Roman Britain in the late 4th century, he was kidnapped at the age of 16 and taken to Ireland as a slave. He escaped but returned about 432 to convert the Irish to Christianity.

By the time of his death on March 17, 461, he had established monasteries, churches and schools. Many legends grew up around him – for example, that he drove the snakes out of Ireland and used the shamrock to explain the Trinity.

*Christ be with me,
Christ within me,
Christ beside me,
Christ before me, Christ to win me
Christ to comfort and restore me.
Christ beneath me, Christ above me,
Christ in hearts of all that love me
Christ in mouth of friend and stranger.*



Key dates

Lent 2019

Friday 15th March CAFOD Family Fast Day

Sunday 17th March – 2nd Sunday of Lent (Feast of St Patrick)

Tuesday 19th March – Feast of St Joseph

Sunday 24th March – 3rd Sunday of Lent

Monday 25th March – The Annunciation of the Lord –
8.15am Rosary in the Walthamstow Prayer Garden

Tuesday 26th March – 8.15am Rosary in the Wiseman
Prayer Garden

Sunday 31st March – 4th Sunday of Lent (Mothering
Sunday)

Monday 1st April – Lunchtime Mass 1.30pm – Wiseman
Chapel

Friday 5th April – last day of term

Sunday 7th April – 5th Sunday of Lent

Sunday 14th April – Palm Sunday

Thursday 18th April – Holy Thursday

Friday 19th April – Good Friday

Saturday 20th April – Holy Saturday

Sunday 21st April – Easter Sunday

Monday 22nd April – Easter Monday

Tuesday 23rd April – Feast of St George (return to school)

BAGEL X BITES

FREE BAGELS EVERY MORNING ON BOTH SITES

7.45AM - 8.30AM

Healthy Eating Tips for Teens

Drink plenty of fluids – aim for about 2 litres of water every day, more when taking part in exercise and physical activity, as the body loses water as sweat. The best sources of fluid include water and low-fat milk. Unsweetened fruit juice should be limited to a small 150ml glass a day.





FEEL UNSTOPPABLE

Dear Parent/Guardian,

In Summer 2019, your teenager has the opportunity to participate in the National Citizen Service (NCS.) NCS is a government backed programme that gives 15-17 year olds the chance to take part in adventurous activities, meet new people and develop valuable skills that future employers are looking for. This opportunity is offered to every Year 11 and 12 student in London, so sign up soon to ensure that your teenager doesn't miss out.

The summer NCS programme lasts around 3 weeks with breaks in between. It is broken into phases:

Adventure

Young people spend five nights away from home, getting stuck into adrenaline-fuelled outdoor activities like rock climbing, canoeing, archery and making new friends from different schools along the way.

Discovery

Your teenager will learn essential life skills from local business leaders and charities, gain confidence in public speaking, communications skills and budgeting. These skills are the perfect addition to a CV or personal statement.

Action

Staying at home for this phase, your teenager and their team will devise a social action project based on an issue they feel passionate about after being partnered with a local charity. This is their chance to feel proud by making a real difference in their community.

Celebration

In such a short period of time they'll have overcome challenges, pushed themselves into new and exciting territories, and had experiences they never thought possible. So now it's time to come together and celebrate! They'll also be offered a variety of voluntary and work opportunities.

How do I sign up?

We are visiting students of **Holy Family Sixth Form** on **19th March 2019** to present them this opportunity. If they are interested please visit **ncsy.es.co.uk** to sign up now. We have 12 available start dates for you to choose from, then you complete your payment and young person's medical information online.

You can also visit **ncsy.es.co.uk** to find out how we cater to young people's needs, through programme adaptations (such as Halal food, additional staff support, and accessible venues), or give us a ring on **020 3510 5050** if there's something specific you'd like to discuss.

The Challenge, Elizabeth House, 39 York Road, London SE1 7NQ

The Challenge Network is a charity registered in England and Wales with charity no. 1129239 and company no. 6845451, whose registered office is at Elizabeth House, 39 York Road, London SE1 7NQ

NCSYES.CO.UK / 020 3510 5050



NCS



© NCS



NCSYES



© NCSYES



LiteracyPlanet's most popular Spelling List Words this month!

background, cupboard, daydream, earthquake, everyone, everything, everywhere, feedback, handwriting, highlight, however, newspaper, overlook, thunderstorm, understand, waterfall, whatever, whomever, without

Did you know...

A new feature coming to Family Matters

Leave your mark

SUPER

We know how well you do in school, now we want to know about your achievements outside of school!

Do you play for a sports team?
Or have an interesting hobby? Maybe you're part of a club or you've won prizes?
We want to hear all about it!

Email Miss Gaynor:

ms.gaynor@holycatholicsschool.co.uk

TECHNOLOGY

GIVE IT UP FOR LENT!

REDUCE YOUR SCREEN TIME FOR LENT AND START RECLAIMING THOSE LOST HOURS. GIVE UP SOCIAL MEDIA, GAMING, OR BOTH





Chingford Cricket Club,
(Off) Kimberley Way, Chingford, London E4 6DE

Voucher for a FREE Cricket Coaching session

Voucher entitling (insert name) _____ Age _____

Of (insert address) _____

**To a FREE indoor cricket coaching session at
Chingford Cricket Club Cricket School E4 6DE**

**Available times are Fridays at 5.30pm – 6.30pm, 6.30 pm – 7.30pm
or 7.30pm – 8.30pm depending on age group.**

Phone Mark Campbell on 07958 021005 to book your free session!

