

# FAMILY WATTERS

HOLY FAMILY CATHOLIC SCHOOL  
NEWSLETTER

*Good morrow, Benedick,  
Why, what's the matter,  
That you have such a  
February face,  
So full of frost, of storm and  
cloudiness?*

*~William Shakespeare,  
Much Ado about Nothing  
(Act V, Scene 4, Don  
Pedro)*



HOUSE OF LORDS

## **A Skype Call to the House of Lords!**

**Cont. pg 21**



**Yr8 Trip**  
**Cont. pg 18**



# HEADTEACHER'S MESSAGE

## **Quotation of the week**

Good morrow, Benedick. Why, what's the matter,

That you have such a February face,  
So full of frost, of storm and  
cloudiness?

~William Shakespeare, Much Ado  
about Nothing (Act V, Scene 4, Don  
Pedro)

We've certainly had frost and  
cloudiness this week and snow too, so  
Shakespeare was right about  
February weather (or at least the back  
end of January).

## **What did you do today at school?**

All of us ask this question, or a  
variation of it, of our children when  
they return home after their day at  
school. Sometimes you may get a  
fulsome answer, oftentimes it might be  
'not much' or 'nothing' or 'it was  
alright'. We know, of course, that this  
is not the whole story and if you are a  
regular reader of Family Matters you  
can see that there is an awful lot that  
goes on in our school and in our Holy  
Family community.

This week, for example, some of our  
Yr 8 students visited the city firm  
Deloittes where they met key staff  
and were able to find out about the  
opportunities a large city firm such  
as Deloittes is able to offer to young  
people. Experiences such as this  
help our students to develop  
confidence and other life-skills. We  
are fortunate to live in London and  
have the chance to participate in  
what London has to offer.

On Thursday of this week some of  
our Yr 10 and sixth form students  
were able to take part in an event  
called Lords Live with the Labour  
Life Peer, Lord McFall. A former MP  
and Minister, he answered a wide  
range of questions which our  
students were able to put to him  
covering topics from democracy to  
Brexit to assisted dying. The  
students were excellent in  
confidently asking questions and it  
was a really unique opportunity to  
have a Skype interview with a real  
live Lord. The students assembled in  
our wonderful new lecture theatre  
and they could see and hear Lord  
McFall and he could see and hear  
them, so it was a great use of  
technology too.

# HEADTEACHER'S MESSAGE

## **Sixth Form applications**

We've received almost 160 applications from our own Yr 11 students to continue into the sixth form at Holy Family which is excellent. We're very proud that we run an inclusive sixth form with courses suitable for students of all abilities. While students need to achieve good grades to take A level and Btec courses, we are not unrealistic in the grades that we expect of students and we don't just offer places to students with the best academic qualifications. We are really pleased to see that once again our sixth form progress score is very good and that we are the leading sixth form in Waltham Forest and one of the most successful in north London.

## **Travel Plan**

We were delighted to receive confirmation of our Bronze Travel plan which encourages sustainable means of travelling to and from school. I am sure you are aware of the forthcoming introduction of the ultra low emissions zone. I know this is controversial and not popular with everyone but there is a serious problem with the air quality in London and it is not good for any of us, but particularly children, to be breathing in poor quality air.

## **Parents' surgery**

Parents' surgery is every **Thursday** from 4pm to 5pm on the Walthamstow site. If ever I am unavailable, a member of the senior team substitutes for me.

Please continue to remember us in your prayers.

Dr Andy Stone  
Headteacher



# Headteacher Commendations



This week we have **Dylan Coeur De Lion** for showing great kindness and living up to the Holy Family Way. Dylan was nominated by Mr Sayer.

**Ayse Demiroglu** for showing huge commitment to independent study. Ayse was nominated by Mrs Heath.

**Greta Narauskaite** for being a model student in her Btec Business class. Greta was nominated by Mrs Cesario

Well done to you all!

# CHRISTOPHER HYLAND-MCCORMACK 11R



Reporter Chloe Contaldo is on the hunt to find out what's next for our year 11 students...

## ***What are your personal aspirations for the future?***

While talking to Christopher, I found out that he had a variation of possible aspirations for the future. Firstly, he talked about his passion for theatre and the performing arts. He mentioned that "short term, I would love to go to a theatre college and learn more about performing arts, in order to have a good career in acting and long term I would like to continue performing and acting. As well as that, I would like to take an A level in Drama". In addition, he added that as a possible alternative to acting, he would like to go into a biological background and stated that "I've always enjoyed biology, and have considered it as a different option in case acting does not work out." Christopher added that "the field of genetics, is something I would definitely want to get into if I end up studying biology further."

## ***What would be your dream job?***

Christopher talked about his dream job being again, in association with acting and performing.

He said that "my dream job would be one hundred percent working as an actor in Hollywood level films and on well known TV shows such as *Doctor Who*. Also, it would be amazing if books I've enjoyed such as Percy Jackson were ever made into shows, as I would love to get involved and work for them!".

## ***Where do you see yourself five years from now?***

In five years time, he stated that "I see myself applying for work in theatre production, after just finishing a university course in theatrical studies. I would want to study this course at university because I have always had the goal to go as far as possible in education in theatre. In addition, I have been with agencies that have helped me look into possible acting roles for the future, which has extended my passion for acting, and encouraged me think about getting more involved in performing in the future."



# SOCIAL MEDIA CATCHUP



Penny Wiles  
@penelopewiles

Thanks to a tremendous effort by @GoodGymWalthamF and the wonderful #Timthegardener from @StMarysE17 we now have a planter positioned at the entrance to @HFCSWaltham We will complete the filling and planting over the next few weeks.

31/01/2019, 07:35 from Walthamstow, London

2 Retweets 5 Likes



Tweet your reply



@hfcswaltham



@hfcswaltham



hfcswaltham  
Donmar Warehouse



Liked by lbwalthamforest and 66 others

hfcswaltham Last week our Yr11 Performing Arts class got to meet the cast of "Sweat" after watching the performance at The Donmar #aspire

3 DAYS AGO





# SOCIAL MEDIA GUIDE

AGE RESTRICTION  
**13+**



Snapchat is a photo sharing app for mobile phones and tablets. The app allows users to share images, videos and chat with friends. Users can share images and videos directly to specific friends, or through a 'story' shared with their entire friend list, which documents the previous 24 hours. In a study, Snapchat was ranked the 4th most negative app in terms of having an impact on young people's health and wellbeing, with children feeling that they can use the app Snapchat to "make you look pretty."



## What parents need to know about **SNAPCHAT**



### EXPOSING YOUR CHILD'S EXACT LOCATION

The 'Snap Map' lets you share your EXACT location in real-time through a map on the app. The user's location updates when the app has been opened on the device. There is a warning on the Snapchat website about uploading images and videos to 'Our Story', stating that "snaps you submit to 'Our Story' can still show up on the Map, no matter which location setting you choose!". When uploading to 'Our Story', your child's image or video could appear in "Search results and Stories on or off Snapchat - today or in the future."

### LENS EXPLORER

The 'Lens Studio' on Snapchat gives users the freedom to use their imagination to design their own filters for themselves and others to use. Snapchat states that the lenses users create "must comply with our Lens Studio Submission Guidelines and Community Guidelines and must be appropriate for Snappers ages 13+." The 'Lens Explorer' in the app now enables users to choose from thousands of these creations to alter their snaps. Anyone can create a lens for Snapchat, which gives opportunities for age-inappropriate content to be uploaded.

### SCREENSHOTS & SAVED MESSAGES

While Snapchat's gimmick is that all photos, videos and text disappear eventually, users still have the capability to screenshot or record anything which has been sent to them. Users may sometimes forget that screenshots are possible and send a compromising image or message to somebody who they think they trust. They may also accidentally send an image or message to somebody who they do not trust. Simply by pressing and holding a message, the user is able to save a message they have received, which can be screenshotted or used against them at a later date.

### SNAPSTREAKS & ADDICTION

'Snap Streaks' are gained when snaps have been sent back and forth consecutively between friends. The longer that snaps are sent between users, the longer the streak becomes. Furthermore, Snapchat rewards users who have achieved high Snap Streaks, by gifting emojis, adding incentives for users to keep the streaks. Children invest time into making their streaks as long as possible, which can put an incredible amount of pressure on both themselves and their friendships.

### SEXTING

Due to 'Snaps' disappearing, (users can even send a one-second photo or video), Snapchat has become the chosen platform for children and young people to send sexually explicit images or 'selfies'. Once a photo/video has been screenshotted, or recorded using another device or software, this can lead to further dangers, such as blackmail and cyberbullying. It is illegal to make, possess, download, store and share sexual images, photos and videos of a person under the age of 18. This also includes any sexual images, photos and videos that a child may have taken of themselves. However, if a young person is found creating or sharing images, the police can choose to record that a crime has been committed, but taking formal action isn't in the public interest.

### SNAP ORIGINALS

Through 'Snap Originals', users can watch content which has been created by Snapchat on the app, including comedy shows, drama, news and more. Additionally, there are new lenses and filters available, inspired by the 'snap originals' shows. This is another feature to encourage addiction.



## Top Tips for Parents



### THE RISKS OF SEXTING

It can be slightly awkward talking about this topic with your child, but if it helps them protect themselves, it is worth it. Talk to them about the consequences of sexting and make sure that they're aware of the risks. Ensure your child knows that 'Snaps' can be screenshotted. Teach them that if they post anything potentially embarrassing or harmful (either of themselves or someone else) it can have severe consequences as the message, image or video can be shared further.

### REPORTING A STORY, LENS, FILTER, SNAP OR MESSAGE

If your child comes across inappropriate Snapchat content sent directly to them or in another person's story, advise them to report it immediately. This may include an inappropriate lens, filter, message or snap. To report an offensive lens, they should open the app and select the lens they want to report. An info button will appear above the lens. Click this, followed by the flag icon. This will send a report to Snapchat for further investigation. Reports can also be made on the Snapchat support website: [support.snapchat.com](https://support.snapchat.com).

### USE 'GHOST MODE'

We highly recommend enabling 'Ghost Mode' on the app so that your child's location will no longer be visible to anyone on the 'Snap Map'. To enable this, go onto the Snap Map and tap the cog in the top-right corner. Here, change the setting to 'Ghost Mode'.

### HOW TO DELETE A MESSAGE

Advise your child never to send any negative messages (or images through gallery in the chat on the app) as screenshots can still be taken. You should also advise your child to screenshot any negative comments they receive as the sender can also delete them. To delete a message, simply press and hold the sent message and press delete.

### TURN OFF 'QUICK ADD'

'Quick Add' helps friends find each other on the app. This is based on mutual friends or if their number is in their phone book. Explain to your child that this feature can open up their profile to strangers. We highly recommend that your child turns off the 'Quick Add' feature. This can be done in the settings.

### RESTRICT STORY VIEWS

Your child can add videos and images to their 'Story' throughout the day which will last for 24 hours. By default, anyone in a user's friends list can see their story. We recommend checking the privacy settings to ensure that this has not been edited. This can simply be done in the app's settings under the 'Who Can View My Story' section. The options to choose from are 'My Friends', 'Everyone' or 'Custom' - we suggest that it is set to 'My Friends'.



\* # ~ @ \$



A whole school community approach to online safety  
[www.nationalonlinesafety.com](http://www.nationalonlinesafety.com)  
Email us at [hello@nationalonlinesafety.com](mailto:hello@nationalonlinesafety.com) or call us on 0800 368 8061



# SOCIAL MEDIA GUIDE

## Online safety tips for parents of teenagers 14+ Year Olds

### Checklist

**Adjust controls**

Adjust the parental controls on your broadband and internet-enabled devices, depending on your child's age. Your broadband provider can tell you how. Find out how to setup safe search in Google by going to [google.co.uk/safetycentre](http://google.co.uk/safetycentre).

**Keep talking**

Stay interested in what they're doing online and discuss what they might have come across. Don't be afraid to tackle difficult subjects like cyberbullying and sexting.

Help them to be critical of things they see online and judge the quality and reliability of online sources.

**Privacy matters**

Make sure they set high privacy settings on social networks. Encourage them to regularly change their passwords and never to share or put online any of their personal details like phone number, address or their school.

Average child posts 26 times a day on social media - but only 6 - out of 10 followers are really friends



**Manage their online reputation**

Let them know that anything they upload, email or message could stay online forever. Remind them that they should only post things online that they wouldn't mind you, their teacher or a future employer seeing.

**Stay safe on the move**

Make sure safety and privacy settings are activated on their mobile devices and they aren't sharing private information. Be aware that using public WiFi might not filter inappropriate content, so look for friendly WiFi symbols when you're out and about.

### Know this stuff matters, but don't know where to turn?

Internet Matters is a free online resource for every parent in the UK. We'll show you the best ways to protect your children online - with information, advice and support on all the big e-safety issues.

**internet  
matters.org**



# SOCIAL MEDIA GUIDE

## Learn about it:

Teach your child some simple rules

- Make sure your child knows how to block abusive comments and report content that worries them
- Teach them to respect others online and think about comments before they post them
- Don't arrange to meet people in real life that they've only talked to online and remind them that some people may not be who they say they are
- Use secure and legal sites to download music and games
- Check attachments and pop ups for viruses before they click or download anything
- When using the internet for homework, make sure they use information appropriately and explain things in their own words rather than copying

## Talk about it:

Tips for a meaningful conversation

- Make sure your child knows they can come to you if they're upset by something they've seen online
- Tell them you trust them to do the right thing rather than over monitoring their internet use
- If your child comes to you with an issue, stay calm and listen without judging them and don't threaten to take away their devices
- Tackle peer pressure by explaining that if they're talked into bullying someone online or sending inappropriate images it may get reported to their school or even the police
- Talk to them about how much time they spend online and make sure this is balanced against other activities



## Deal with it

You can find out where to get help and advice on the Report it page of [internetmatters.org](http://internetmatters.org), where we include information on how to report problems - and which relevant organisations and agencies to turn to.

On this page, we also provide information on how to deal with any specific issues you may encounter with your child; such as cyberbullying, finding inappropriate content, privacy and identity theft, your child's online reputation, online pornography and child grooming.

## Learn more about apps

It can be difficult to stay on top of what apps your child is using and who they are talking to online - find out more about the latest apps at [internetmatters.org/apps](http://internetmatters.org/apps)

**internet  
matters.org**

# SPORTS UPDATE

**Fantastic basketball news**

**Six Holy Family teams qualify for the semi finals. Congratulations to -**

**Yr 7 boys**

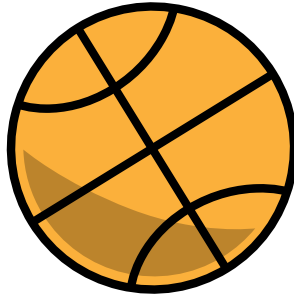
**Yr 8 girls**

**Yr 9 girls**

**Yr 10 girls**

**Yr 10 boys**

**Yr 11 boys**



**The year 8 girls played their semi final vs WSEF on Wednesday and gave our semi final campaign a winning start - 22-11.**

**Well done girls , the final awaits .**



**As winners of the handball borough competition , the year 8 girls progressed to the next stage; round 1 of the LYG competition .**

**Holy Family travelled to The Compton School in Barnet and had a comprehensive win - 18-3.**

**The girls were in superb form and now await round 2.**

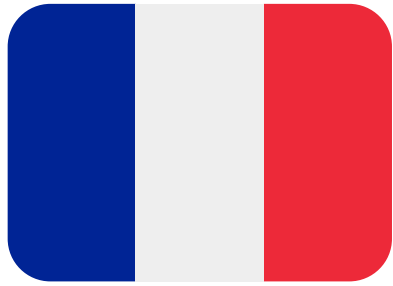
**Well done girls**

**Well done to yr 9 and 10 girls who competed in borough trampoline competition at South Chingford school .**





# MFL CORNER



## Cyber-harcèlement



### Que faire si tu es affecté(e) ?

En France, le cyber-harcèlement a déjà touché 40 % des 13-17 ans et 63 % des 20-24 ans. Voici quelques conseils contre le cyber-harcèlement.

#### Tu dois parler

Si tu reçois des insultes ou des menaces sur Internet ou les réseaux sociaux, tu ne dois pas le garder pour toi. Tu dois en parler. Tu peux le dire à quelqu'un de ta famille ou à un ami proche. Tu peux aussi appeler les numéros spéciaux qui existent dans beaucoup de pays. Tu ne dois pas rester seul.

#### Tu ne dois pas répondre

Lorsque tu es harcelé(e) sur Internet, parfois tu t'énerves et tu réponds avec des insultes ou des attaques. Tu ne dois pas le faire parce que cela fait plaisir aux harceleurs et parce qu'ils peuvent utiliser tes réponses contre toi.

#### Tu dois bloquer et signaler

Maintenant, sur les réseaux sociaux tu peux bloquer les messages inappropriés. Tu peux aussi les signaler aux plateformes. Ainsi, elles peuvent interdire les comptes. Si les messages sont très menaçants, tu dois contacter la police. Ces menaces sont prises très au sérieux aujourd'hui.

### Penses-tu être suffisamment informé(e) contre le cyber-harcèlement ? Pourquoi (pas) ?

### Penses-tu que ces conseils sont importants ? Pourquoi (pas) ?

### Est-ce que les réseaux sociaux font assez pour lutter contre le cyber-harcèlement ? Pourquoi (pas) ?



¡157 días  
nadando  
!



¡Y nuevo récord mundial!

Ross Edgley supera al francés Benoit Lecomte, quien estuvo 73 días nadando en el Atlántico en 1998. Esta vez Edgley ha nadado 157 días para completar la travesía, convirtiéndose con 33 años en el primer hombre de la historia en rodear Reino Unido a nado. El deportista ha recorrido 2.882 kilómetros, nadando hasta 12 horas al día, incluyendo trayectos por la noche. Y durante la última milla antes de conseguir el récord, 300 nadadores se unieron a él, además de dos aviones de Red Bull (patrocinador de la aventura) grabando un corazón en el cielo mientras Ross llegaba a tierra. ¡Vaya emoción!



## MEET THE FAMILY

# MISS O'BRIEN

## TEACHER OF RE AND 7EL FORM TUTOR



### *Who or what inspired you at school?*

My Ethics teacher, Mr. Rowley, inspired me during Sixth Form as he always had a passion and a joy for his subject which he passed on every single lesson. I also loved English, learning about books and poetry really interested me as well as Sociology as I loved learning about trends in society. I was also inspired by the kindness of my Sixth Form tutor and the care she gave to each student. I always wanted to be a form tutor like her.

### *Where did you study?*

I studied at St. Mary's in Twickenham for my BA in Education Studies and Catholic Certificate in Religious Studies, then at Oasis College for my Graduate Diploma in Youth Work and MA in Pastoral Ministry.

### *Have you always been a teacher?*

No. When I graduated in 2009, I worked for a while in charity retail. I then spent time working at Walsingham House (diocesan retreat centre) leading retreats for over 3000 young people over the course of a year. I also worked as a Church Youth Worker and Lay Chaplain before deciding to teach.

### *Why did you want to become a teacher?*

Because I wanted to enthuse my students about RE, inspire discussions and I couldn't think of anything better than teaching my favourite subject.

### *If you hadn't become a teacher*

#### *what other career would have interested you?*

I might have continued in Chaplaincy or Youth Mentoring/counselling.

#### *What has been your most embarrassing moment in school?*

Asking where a set of textbooks were whilst walking towards the board and tripping over the box which contained said textbooks in front of the whole class!

#### *What three words would your students use to describe you?*

My form helped me with this and said they think I am generous, fun and compassionate.

#### *What would be your desert island book/song/film?*

I always loved Matilda as a child, so would probably choose that book or Harry Potter. Any of the Harry Potter films or Mamma Mia would possibly be my chosen film as I love to sing along.

#### *Tell us something about yourself that most people wouldn't know?*

I abseiled down a cliff during a holiday in Australia. Most people wouldn't know this because I don't like heights!

#### *What would you be on University Challenge or Strictly Come Dancing?*

Strictly definitely. I had dance lessons for a few years but don't think I am up to that standard!

#### *What's the best thing about working at Holy Family?*

My form are amazing (well done 7EL) I get to teach my favourite subject to some very enthusiastic students and the staff are always friendly and helpful. It's a great team to be in.



# St. Anne's House

House Leader: Miss Minnock



St. Anne's House staff and students voted on their House Charity before Christmas and chose Great Ormond Street Hospital Charity. This charity was suggested by a student in our House who has had three surgeries there and wanted to give something back. Since then, even more St. Anne's House students have come forward to share their stories about GOSH and their admiration for the staff who looked after them with such care and love.

Every day brings new challenges at Great Ormond Street Hospital. Every day, 619 children and young people from across the UK arrive for life-changing treatments. Every day, young lives hang in the balance as patients, families and staff battle the most complex illnesses. Every day, the brightest minds come together to achieve pioneering medical breakthroughs that change the lives of thousands of children - and change the world.

Despite the greatest challenges a child can face, the hospital is a place where being sick does not always mean being sad. And it's a place where you'll find - today and every day - some of the bravest people you could ever meet.

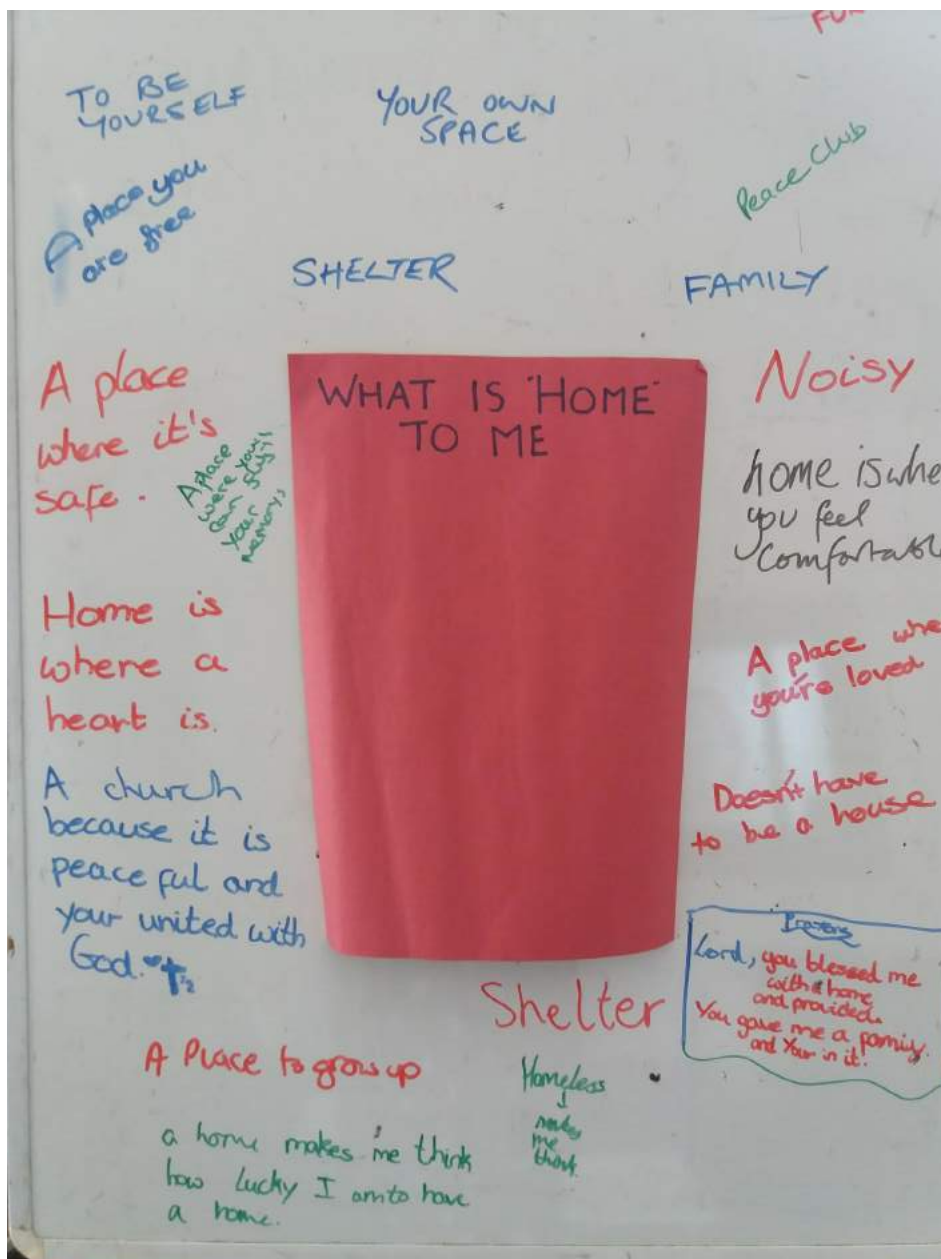
Great Ormond Street Hospital Children's Charity supports the hospital and its patients by funding four key areas; rebuilding and refurbishing the hospital, providing support for families and patients, research into children's health and providing life saving equipment. This extraordinary hospital has always depended on charitable support, and St. Anne's House want to make a difference! We are aiming to raise over £500 before the summer term. We are in the planning stages of bake sales, competitions and even a sponsored run. We hope we can count on you all for support and ask you to remember us in your prayers at this exciting time.



# Chaplaincy Corner

MRS. GRIERSON

January usually feels like a long month, following on from the preparations and festivities of Christmas, although for some reason this year it has flown by. We are just five weeks away from Lent! The Peace Club marked Holocaust Memorial Day by reflecting on this year's theme of Torn from Home. We looked at what home means to us and how we would feel if we had to suddenly leave. We had to think what items we would take with us – practical things like a first aid box, water and blankets but what about photographs, pets and other things dear to us? We spoke about current areas in the world where people are being torn from their homes, in particular Venezuela and Yemen. We thanked God for our homes and asked him to look over those who have lost a safe place to live.





# Chaplaincy Corner

MRS. GRIERSON

Monday 28th was the Feast of St Thomas Aquinas. He is the patron saint of scholars and our sixth form building is named the Aquinas Centre.

*Creator of all things, true source of light and wisdom, origin of all being, graciously let a ray of your light penetrate the darkness of my understanding.*

*Take from me the double darkness in which I have been born, an obscurity of sin and ignorance.*

*Give me a keen understanding, a retentive memory, and the ability to grasp things correctly and fundamentally.*

*Grant me the talent of being exact in my explanations and the ability to express myself with thoroughness and charm.*

*Point out the beginning, direct the progress, and help in the completion. I ask this through Jesus Christ our Lord. Amen.*

*-Saint Thomas Aquinas, OP (patron of scholars)*



Saturday 2 February is the Feast of the Presentation of Christ in the Temple (also known as Candlemas). In accordance with the Jewish Law, Mary and Joseph took Jesus to the temple when he was forty days old.

For Christians, it is a turning point between the themes of Christmas and Lent and Easter. Candles are carried as a reminder of Simeon's description of the Infant Christ as the Light to bring Light to the Gentiles (to the world).

In keeping with Church tradition, the school Crib has remained in place until this date, and will now be taken down.



**All week, students have been involved in a whole school Manga High Competition!**

**Students have been competing for top scores and medals, which all count towards the House Competition. The harder the questions that students try, the more chance they have of winning gold, silver and bronze medals.**

**Results have been impressive – and Holy Family are currently in the top 9 schools in the British Isles!**

**Well done to all students!**

**Miss Atakan**

Current ranking

1		St Andrews Catholic School	8,068 pts
2		Nansen Primary School	5,393 pts
3		Oak Hill Academy	4,016 pts
4		Benjamin Britten Academy of Music an...	3,442 pts
5		St. Albans RC High School. Pontypool	3,400 pts
6		Featherstone	3,348 pts
7		Stirling High School	3,124 pts
8		Kinross High School	2,948 pts
9		Holy Family Catholic School	2,607 pts
10		St. Peter's CE Primary	2,539 pts

Top 10 students  
This month





Holy Family Catholic School

		Arnas Jankauskas	178 pts
2		Chenna Diegbe-Smith	159 pts
3		Michael Oluwanisola	137 pts
4		Cam'ron Byfield-Lynch	135 pts
5		Kamil Nagorny	116 pts
6		Athena Savva	106 pts
7		Davishka Mathews	97 pts
8		Abishanth Sivakumar	96 pts
9		Stacy D'Souza	91 pts
10		Maame Asante	54 pts



# MANGA HIGH

COMPETE WITH EACH  
OTHER FOR TOP SCORES  
AND MEDALS!

	Insufficient understanding
	Basic Understanding 1 point
	Mastery 2 points
	Exceptional Achievement 3 points

Maths Games and Quizzes  
Login: [fullname@holyfamilycath](mailto:fullname@holyfamilycath)  
Password: family  
School ID: 72953



# Year 8 Aspirations Trip

DELOITTE, LONDON

This week some of our year 8 students had the opportunity to tour Deloitte's London headquarters. The aim of the day was to show our students what life is like working in the city and potential careers opportunities. They were also able to meet employers to find out how they got to where they are. The trip highlighted the importance of hard work, commitment and resilience.



Deloitte.

# Deloitte.

The day started with a tour of Deloitte Office, specifically the 14th Floor of their newest building: 1 New Street Square - Executives and partners of Deloitte use the 14th floor to hold meetings with new clients this floor consists of a restaurant with a Michelin star chef. This floor had views over the city which were amazing.



The students then saw the 12th Floor which held the staff lunch area consisting of a coffee shop, a canteen area and a large room with well-being activities such as pool, table tennis and PlayStation.

Students then visited the IT Tech Lounge visit and has a Q&A and team building workshop.



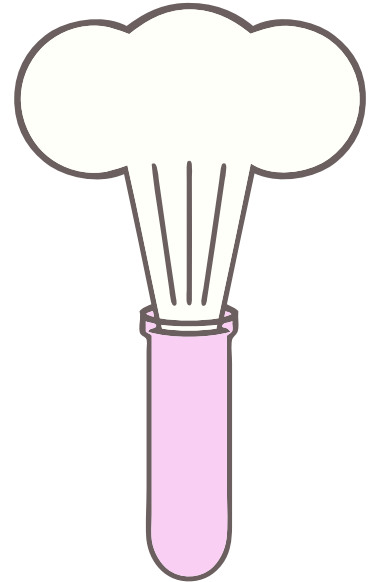
Lunch was great and was followed by a business chemistry workshop.



# Science Club



Year 7 & 8 Science Club runs Week 2  
Thursday lunchtimes - come along!





A video call with

# LORD McFALL

as part of #Lordslive



## HOUSE OF LORDS



Towards the end of the week, year 10 and A-Level Politics students took part in a video call with House of Lords member, Lord McFall. This gave us, as students, the opportunity to think of many questions regarding current political affairs, Lord McFall's personal experiences and views towards certain issues within the political system as well as thinking about our own perspectives and how we can continue to establish ourselves as the continuous growing generation throughout society and politics. Being able to actually speak and listen to someone who has been through and seen what goes on in Parliament, has educated us towards thinking even more morally and taking chances to form our further opinions and understanding of politics to help us get through the various manifestations of the changing world we live in. The fact that our questions ranged between years 10, 12 and 13 published an insight on the various opinions we already retained prior to the video call and after as well. All in all, we gained an experience to develop knowledge of the world outside of school and bringing our own ideas to the political table.

Article written by: Mary Jane Viado 12E





In the first week of the Seneca study challenge the average study time across all Seneca League Schools has been 32 hours.

The students from Holy Family Catholic School studied 144 hours in that first week!

Well done all and lets push to get to the finals!!



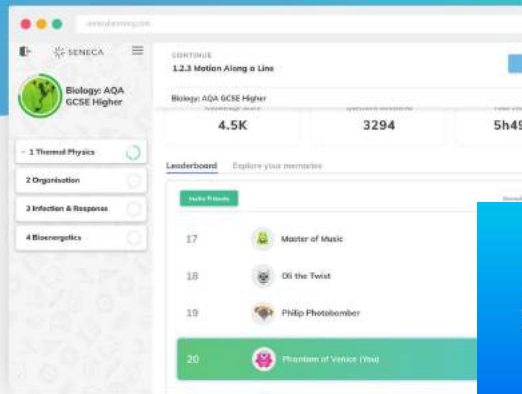
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## How To Join A Class On Seneca Learning

**Step 1:** Open an internet browser

Any browser except Internet Explorer will work

**Step 2:** Go to [SenecaLearning.com](http://SenecaLearning.com)

**Step 3:** Click on “Get Started” or “Sign Up”

**Step 4:** Create your account

If you don't know your parent email, then type: N/A

**Step 5:** Click on “Classes & Assignments”

You'll find this in the top menu

**Step 6:** Click on “Join Class”

It's the green button in the top right corner

**Step 7:** Type the code from your teacher

If you received a link instead, then open the link

[SenecaLearning.com](http://SenecaLearning.com)

# Photography Competition!

Open to all students!  
Email Miss Gaynor for more  
details

Introducing

## THE NATIONAL SCHOOL PHOTOGRAPHY AWARDS 2018/19

by **fse**design in partnership with  **Manfrotto** proven professional **FUJIFILM**



### Prizes include:

- Cameras & Accessories
- Photography day for your school
- Work Experience with Professional Photographers
- and more!

### Pick your category:

- Post 16 - Next Steps
- Secondary - Our Changing World

**Closing date for entries:** *March 2019*

**Winners announced:** *April 2019*

For more information on themes, judging & how to enter visit  
[www.fsedesign.co.uk/nspa](http://www.fsedesign.co.uk/nspa)





# Literacy for Life



The **National Literacy Trust**, is pleased to announce that entries are now open for the ninth year of the annual national creative writing competition.

Entries close on 18 March 2019. Full details can be found at [www.WickedYoungWriterAwards.com](http://www.WickedYoungWriterAwards.com)

## PRIZES for Wicked Young Writers

### All winners:

- Win four tickets to see the London production of *WICKED* at the Apollo Victoria Theatre.
- Meet cast members after the show along with an exclusive backstage tour.
- £50 worth of books/eBooks tokens to spend.



### Other prizes for each category:

5-7 also win:

- A creative writing workshop for your class
- £100 worth of books for the winners' school library donated by Hachette Children's Group.

8-10 and 11-14 also win:

- £100 worth of books for the winners' school library donated by Hachette Children's Group.
- An annual subscription to *First News*.

15-17 also win:

- A writing masterclass with a professional author

18-25 also win:

- A self-publishing package from Spiderwize, to publish your very own work.

FOR GOOD: Award for Non-Fiction also win:

- Work experience at First News newspaper, shadowing the editor Nicky Cox, MBE.

### Schools' prizes:

- The 3 schools that submit the most entries also win a creative writing workshop

All finalists' entries get printed in the *Wicked Young Writer Awards* anthology.



In the fiction categories, any creative writing will be accepted. You can write a **story, play, or poem**.

If you prefer to write **non-fiction**, you may like to enter the Wicked: For Good Award for Non-Fiction and write an **article, essay, biography, review or letter**, to name a few!

GOOD LUCK!



Entries close on 18 March 2019.

Now in its 9<sup>th</sup> year, the *Wicked Young Writer Awards* is a chance for young people **aged between 5 and 25**, to write about absolutely anything! It's your chance to get creative and write on **any theme that interests you**. Be unique! We want to hear your voices through original writing and stories.

There are six Award categories:

5-7 years old • 8-10 years old • 11-14 years old • 15-17 years old • 18-25 years old  
15-25 years old For Good Award for Non-Fiction

## RULES

- **750-word limit** (not including the title words)
- Entrants must be aged between 5-25 years old when entering the *Wicked Young Writer Awards*
- Entries can be hand-written or typed
- Writing must be original and your own ideas
- Judges criteria: originality, narrative, descriptive language, characterisation.
- Students must include their name, surname and age on the entry form
- Open to UK residents only

Entries close on 18 March 2019.



Both online and postal entries require an online submission form, accessible at <https://www.wickedyoungwriterawards.com/submit-your-entry> and under 18s must have parent/guardian approval (on the online form)





# Literacy for Life



## Poetry Project at October Gallery

**FREE Opportunity for 15 -21 year olds**

**Momtaza Mehri** - Young People's Laureate for London will be working with OG Education and OG Youth Collective to create poetry responding to the exhibition and our 40th year celebrations with an opportunity for the young people to share their poetry/spoken word at our OG Education Exhibition in May.

### **Dates:**

*Monday 4th February 4.30-6pm at October Gallery*

*Monday 11th February 4.30-6pm at October Gallery*

HALF TERM

*Monday 18th February 10.30am-4pm (Free lunch provided)at October Gallery*

*Tuesday 19th February 10.30am-1pm at October Gallery*



<https://www.theguardian.com/books/2018/apr/16/somali-british-poet-momtaza-mehri-named-young-peoples-laureate-for-london>

Please email Georgie Fay if you would like to join us! She will send more information through to you.

[georgie@octobergallery.co.uk](mailto:georgie@octobergallery.co.uk)

**October Gallery, 24 Old Gloucester Street, London WC1N 3AL**



# SHOW RACISM THE RED CARD

## SCHOOL COMPETITION 2019



Register at  
[info@theredcard.org](mailto:info@theredcard.org)

The Show Racism the Red Card (SRtRC) School Competition is free to enter, open to young people of all ages and abilities and is a great follow-on activity to educational work about racism. We want to encourage participants to think about racism and produce their own work about this serious issue. Young people are welcome to produce work in any medium – **artwork, creative writing, song and film**. If it's about racism, we want to see it!

Each year, the entries received by Show Racism the Red Card highlight both the standard of young people's own work and how the competition is an inspirational way of spreading a positive anti-racism message.

Schools have until **28th February 2019** to register to take part in the competition!

### Rules

- **Artwork** must not exceed **A3 size** (297 x 420mm)
- **Film entries** must not exceed **6 minutes** & must be playable in **Windows Media Player**
- **Group entries** are permitted but limited to a **maximum number of 6 young people per group**
- **Please do not send more than one entry, per category, per school**

### Categories

- Year 1-4** Artwork & Creative Writing
- Year 5-6** Artwork
- Year 5-6** Creative Writing
- Year 7-9** Artwork
- Year 7-9** Creative Writing
- Year 10+** Artwork & Creative Writing
- Additional Support for Learning** Artwork & Creative Writing
- All Ages & Abilities** Multimedia



An independent panel of judges select the winning entries and winners are invited to a special Awards Ceremony at a Premier League stadium. Prizes are presented by special guests including current and former professional footballers.

This is a unique opportunity for schools to proactively demonstrate their commitment to equality and tackling racism by taking part in the **UK's biggest equalities themed school competition**.

Register today  
 by emailing  
[info@theredcard.org](mailto:info@theredcard.org)

### How to Enter

Register your school by filling in the slip provided (page 4) or e-mail the required details to [info@theredcard.org](mailto:info@theredcard.org) by **28th February 2019**.

Participants should work with SRtRC resources before producing entries.

The brand new SRtRC film and education pack for 2018-2019 is now available to download. A dynamic and hard-hitting educational resource containing personal experiences of both top footballers and young people exploring various forms of racism and how to tackle stereotypes and misconceptions.

**Schools registering for the Competition can order a copy for just £20.**

All entries to SRtRC by **22nd March 2019**.

Please supply the following information on the reverse of each entry:

- Name of entrant**
- Year group**
- Name of school**
- Number of participants in school**



# SHOW RACISM THE RED CARD

## Registration Form

1. To register, complete the slip below and return to [info@theredcard.org](mailto:info@theredcard.org)
2. Register by **28th February 2019**
3. Entries to SRtRC by **22nd March 2019**
4. One entry, per category, per school
5. Group entries limited to 6 pupils

Contact name

School name

Address

Tel

E-mail

Send me a link to download the brand new SRtRC film & education pack 2018-2019 with an invoice for £20.

Send entries to:  
 Show Racism the Red Card  
 Linskill Centre, North Shields, NE30 2AY

Please contact [info@theredcard.org](mailto:info@theredcard.org)  
 with any questions about the competition

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know about your  
achievements outside of  
school!*

*Do you play for a sports team?  
Or have an interesting hobby? Maybe you're  
part of a club or you've won prizes?  
We want to hear all about it!*

**Email Miss Gaynor:**

**[ms.lgaynor@holyfamilycatholicschool.co.uk](mailto:ms.lgaynor@holyfamilycatholicschool.co.uk)**