

# FAMILY MATTERS

HOLY FAMILY CATHOLIC SCHOOL  
NEWSLETTER

*"Forty is the old age of youth, fifty, the youth of old age,"*  
Victor Hugo.

## GCSE Drama Performance

More pictures page 17



## Angelina Martina

Smashing world records!

Cont. page 15

Drop your Easter Eggs to Mr Norwich

### Easter Egg Donations!

It is a tradition at Holy Family to collect Easter eggs throughout Lent and distribute them at the end of Holy Week to local groups in the community. This year we will be donating Easter eggs to HCPIT pilgrims, Children in foster care in a local fostering agency, the homeless residents of branches shelter and residents of Alliston House.

**READY, STEADY, GROW!** STUDENTS WE NEED YOU!

WALTHAM FOREST BOROUGH OF CULTURE FLOWER DISPLAY

Would you like to join our project to grow flowers from seed to be display at The Drawing Shed on Atlee Terrace in July?

IF YOU'D LIKE TO BE INVOLVED PLEASE EMAIL MISS GAYNOR OR MR AZIZ

# HEADTEACHER'S MESSAGE

## **Give up the tech!**

This coming Wednesday, 27th March, we are designating as the day that we try to give up technology for the day - no checking social media on our phones, no checking the football results, or keeping up to date with our favourite websites. Most of us, probably, are over-reliant on technology, sometimes to the detriment of our real relationships. This Wednesday we are asking staff, students and families to put the phone/tablet away for the day. Let's see how it goes.

## **Gaming**

Some students are more interested in on-line gaming than others. Regulating the use of play-station/X-box etc is not easy and many teenagers (especially boys perhaps) would spend all day and all night playing if they could. Having talked to a number of parents and colleagues one possible idea is to say to our children - "no use of on-line games between Monday and Thursday". That way they will be able to focus on homework and other activities during what is effectively their 'working week'. Many young people don't have the self-discipline to resist temptation and it is for us to try to regulate their behaviour in this area.

## **Fire Brigade talks to Yr 7**

This week we we were pleased to welcome members of the London Fire Brigade who came to speak to Yr 7 about fire safety and being aware of both the dangers of fire and what to do in the event of an emergency. It was a very useful presentation for our students and our thanks to the fire brigade for their time.

## **Pi recitals**

Many of us will recall our maths lessons and the estimate of the value of Pi as approximately 3.142 or 22/7. On Pi Day last week we celebrated all things Pi and held competitions in assembly to see who could recite Pi to the most decimal places. The students were truly impressive in their memory feats and the winning student was Angelina in 8S who recited Pi to an amazing 226 decimal places!

# HEADTEACHER'S MESSAGE

## **Revision residentials**

Well done to students in Yr 11 (and thank you to staff) who took part in our maths and English revision residential last weekend at Chigwell Convent. They covered a lot of material on the Friday and Saturday and found it a really useful experience. Our Yr 11 girls took part last weekend and this weekend it is the turn of the boys.

## **Income generation**

We continue to work to raise money for the school including generating income from lettings. Our new facilities are proving popular and we have a number of regular bookings for the Sports Hall and for the use of classrooms, the halls and gymnasium. This academic year we expect our lettings income to raise about £20000 profit and we will seek to improve on that next year. While very welcome, £20000 represents only a small proportion of our budget of almost £8m per year.



## **Yr 8 parents' evening**

Thanks to all parents/carers who attended this week's parents' evening for Yr 8 students. Yr 8 are choosing their options this year and it was good to see the thought they are putting in to making the right choices for themselves.

## **Yr 7 places for September 2019**

We have a small number of places available for Yr 7 students in September 2019. Please ask anyone you may know who is interested to contact us about this via the school office.

## **Parents' surgery**

Parents' surgery is every Thursday from 4pm to 5pm on the Walthamstow site. If ever I am unavailable, a member of the senior team substitutes for me.

*Please continue to remember us in your prayers.*

**Dr Andy Stone**  
**Headteacher**

# Headteacher Commendations



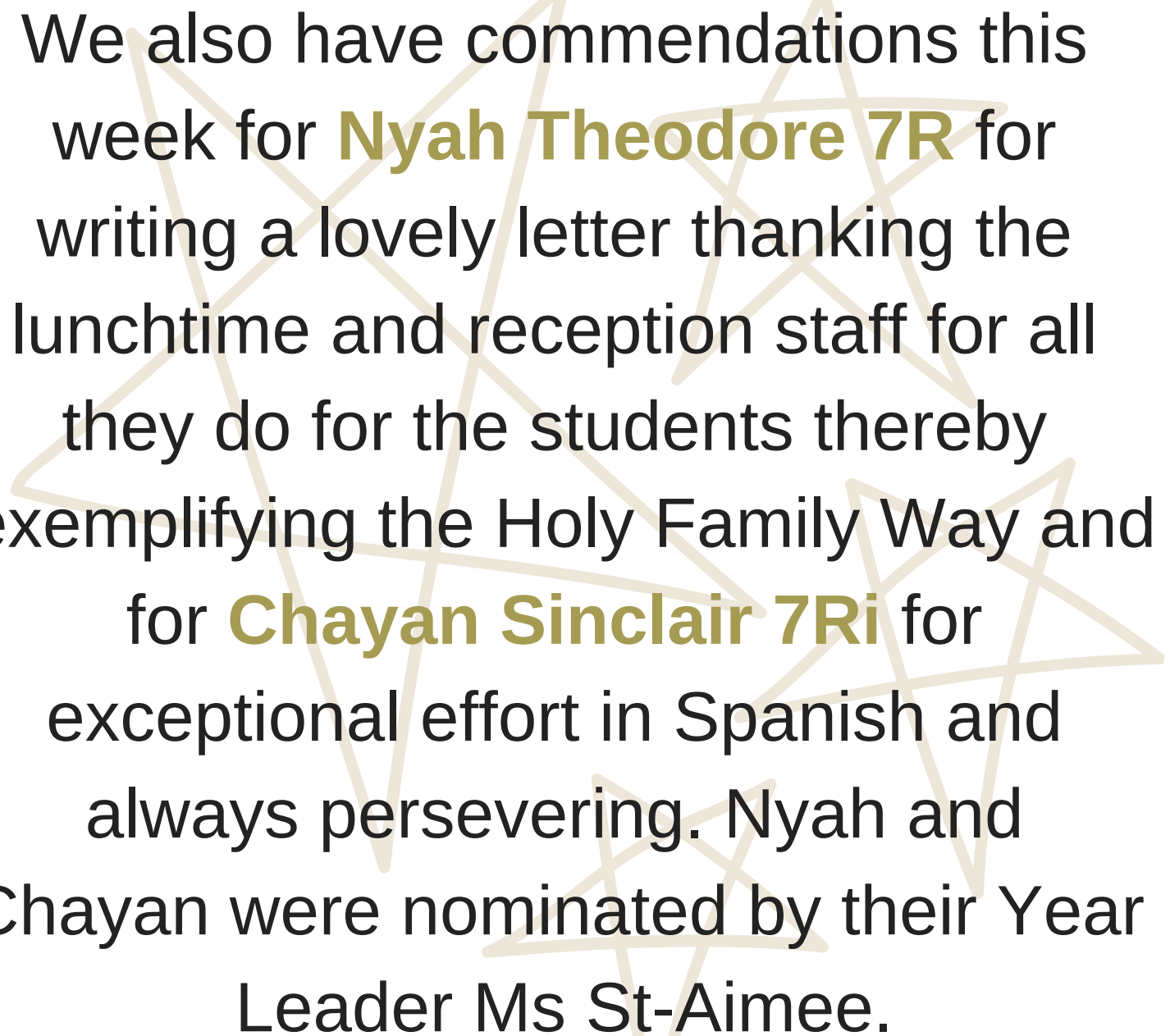
First this week well done to the following students nominated by Head of Maths Mr McCollin who took part in the Mathletes event against a number of other schools last week. The students did very well and finished a very close 3rd, only one point behind the joint first place winners. Our student competitors were:

**Ryan Power (10I), Alwin Mathew (10I), Alex Wiggins (10R) and Adeyemi Ademola (10E) and Tanya Cannon (10I).**

# Headteacher Commendations



We also have commendations this week for **Nyah Theodore 7R** for writing a lovely letter thanking the lunchtime and reception staff for all they do for the students thereby exemplifying the Holy Family Way and for **Chayan Sinclair 7Ri** for exceptional effort in Spanish and always persevering. Nyah and Chayan were nominated by their Year Leader Ms St-Aimee.



## YEAR 11 FUTURE ASPIRATIONS

# MARC VILARICO 11



**Reporter Chloe Contaldo is on the hunt to find out what's next for our year 11 students...**

### ***What are your short-term aspirations?***

While speaking to Marc, I discovered that in the short-term future, he would like to study at sixth form and take three A-Levels. "For my A-Level choices, I have chosen Psychology, Film Studies and Photography. Psychology is an A-level I have chosen due to the strong interest I hold in the subject. In addition, I have chosen Photography, as it is my very main passion, and something which I find extremely enjoyable. Finally, I have applied to take Film Studies, because it is of great interest for me, and moreover it links closely with Photography. Additionally, all these subjects will help me when applying for university."

### ***What are your personal goals and aspirations for the future?***

*Marc talked about his many aspirations and goals in which he had planned for the future. "Something in which I have always dreamt of doing is going travelling,*

*in particular I would like to go to America because it has always been a place of interest in mind and I would love to see all the various famous landmarks in which it has. As well as travelling around America, I would love to travel all around the world and visit loads of countries which fascinate me. Furthermore, in terms of my future career, although I'm not yet quite sure of what exactly I would like it to do - I would definitely love for it to relate to film, as I hold a strong interest for it."*

### ***Where do you see yourself in five years' time?***

*"In five years', time, I could see myself studying at university, because I would love to continue further on with my education. I could envisage myself taking a degree in association with film, because it will help with my possible future career option and in addition, I think it would be very enjoyable and it is an area in which I find most interesting to learn about."*

# SOCIAL MEDIA CATCHUP



Holy Family Waltham  
@HFCSWaltham

Post Uni or post school and thinking of a gap year? CAFOD'S step into the gap programme may be just what you're looking for:

[cafod.org.uk/News/UK-news/A...](https://cafod.org.uk/News/UK-news/A...)

@HF6thform

#aspire



Reasons to take a gap year with CAFOD | CAFOD  
[cafod.org.uk](https://cafod.org.uk)

19/03/2019, 19:29

View Tweet activity

1 Retweet 4 Likes



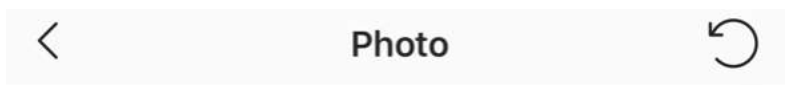
Tweet your reply



@hfcswaltham



@hfcswaltham



hfcswaltham



Liked by speedstitch and 44 others

hfcswaltham Year 8 Product Design students making dream catchers, wind-chimes and garden ornaments out of recycled and un-cycled materials! #aspire



# **SPORTS UPDATE**

**Another win under their belt for the year 7 netball team .**

**The team beat WSEF 9 - 2**

**Player of the Match - Kudaishe**

**The year 8 netball team also continued their winning ways with a 17-6 victory over WSEF.**

**Well done to both teams!**





# NJIRC

## National Junior Indoor Rowing Championships



**Brenda finished 4th overall  she was brilliant**

# NJIRC

## Boys boat race relay



# **YEAR 7 SUPER STARS!**



**Congratulations for being exceptional students and contributing to the Holy Family Way!**

**This week we have:**

**Ulyssa Rillera 7A**

**Nathan Chan 7E**

**Samuel Huet 7EL**

**Milena Sokolowska 7I**

**Maame Asante 7P**

**Kudzaishe Mpofu 7R**

**Chayann Sinclair 7RI**

**Tomasz Blonski 7S**



# READY, STEADY, GROW!

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BOROUGH OF CULTURE  
FLOWER DISPLAY

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REVIEWED BY: MARY JANE VIADO 12E

# IN REVIEW



## **HOLY FAMILY'S HAIRSPRAY PRODUCTION: 10 OUT OF 10**

**Last week's performance of this year's whole school production of Hairspray gave a clear insight on how dedicated and extremely talented some of our students are across all the year groups. Every individual who attended the performance evenings, I'm sure would agree, that the choreography as well as musical numbers and the acting all contributed to delivering something special and established a true moral to the narrative of Tracy Turnbald facing the hardships as well as working her way up to becoming a successful artist.**

**The collectiveness from all the students who participated was present at all times throughout the course of the performance, which reflected upon the aspect of Holy Family being a family and a unitive. It was another proud moment that the school had successfully achieved.**

**Despite the prolonged days with consistent rehearsals and run-throughs, the production team and performers really pulled a stunning and meaningful production. Congratulations to the drama and music departments, all students who took part both on and off stage, and all members of staff and students who helped out – it was a success!**





426	Grant, Finlay	Great Britain	Europe	231	14 March 2016	3 min 30 sec
426	Xing, Alex	USA	North America	231	13 March 2015	3 min
428	Krishnamoorthy, Mukkai	USA	North America	230	19 October 2001	<u>while juggling three balls</u>
428	Ramirez, Precious	USA	North America	230	14 March 2017	8 min
430	Wickenkamp, Max	USA	North America	229	14 March 2017	
431	Khan, Omar	USA	North America	228	13 March 2015	5 min
431	Stukel, Mark	USA	North America	228	14 March 2016	
433	Mullins, Jonathan	Ireland	Europe	227	7 April 2017	4 min
433	Rauber, Ross	USA	North America	227	15 January 2006	
435	Barrios, Alayna	USA	North America	226	24 March 2013	2 min 37 sec
435	Carro, Edmund	Great Britain	Europe	226	14 March 2012	
435	Eiden, Elise	USA	North America	226	9 March 2007	time : 4 min
435	Hamilton, Kara	New Zealand	Australia	226	23 August 2013	
435	Theessen, Jonas	Germany	Europe	226	14 March 2015	1st Pi Day in Emden
435	Viera, Yusnier	Cuba	South America	226	16 May 2015	Cuban Record 2015
441	Grzegorz, Chybzinski	Poland	Europe	224	9 January 2013	Polish Record 2013; 2 min 01 sec
441	Neczaj-Hruzewicz, Jan Kubrat	Bulgaria	Europe	224	19 March 2018	
441	Penhaskashi, Jaden	USA	North America	224	14 March 2017	5 min
441	Rosli, Nur Afifah	Malaysia	Asia	224	28 April 2018	2 min 46 sec
445	Ákos, Tajti	Hungary	Europe	223	5 March 2012	10 min
446	van Koningsveld, Andrea	Germany	Europe	222	24 March 2018	<u>4th Pi Day in Emden</u>





GCSE

# DRAMA

Performance



# In the Stocks!

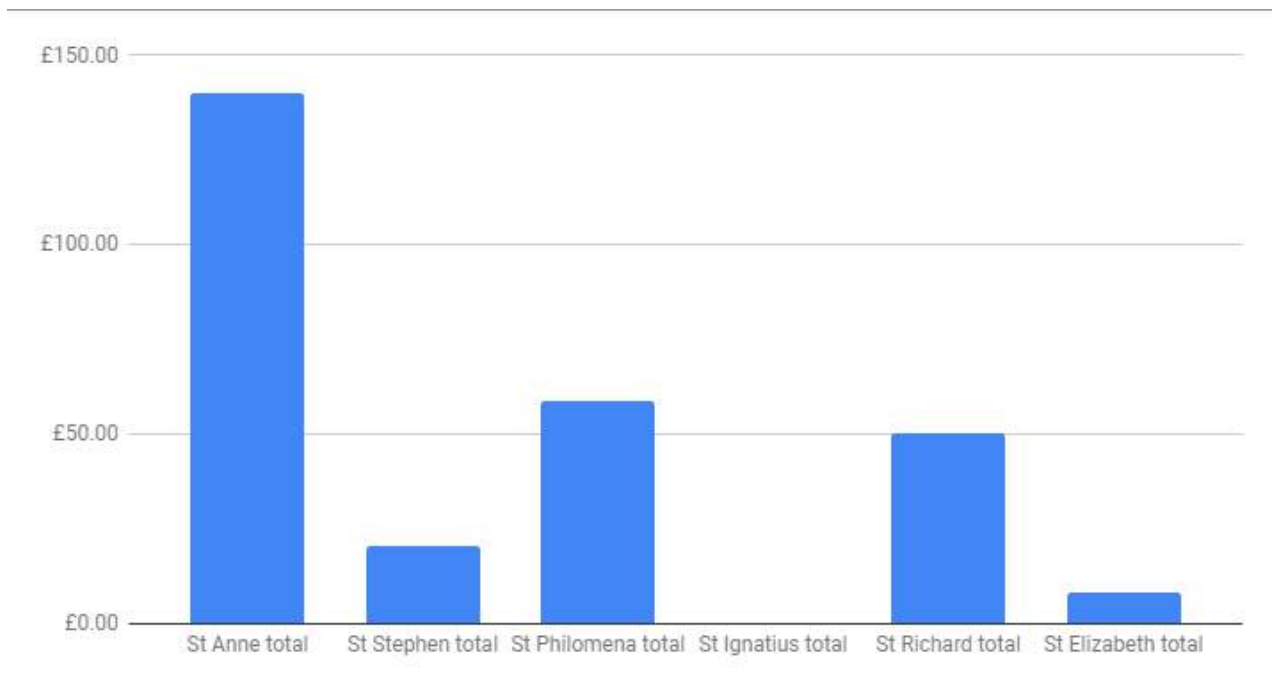
8P fundraising. Sponge the teacher Mr Singh and Ms Osei were placed in the stocks this Thursday. Perfect timing before year 8 parents evening :(



# House Fundraising Fortnight Update

**This week we had our first ever Fundraising Fortnight and we've started off strong!**

**Below you can see an update of the money we've raised for our House Charities so far:**



**As a school we've really demonstrated the Holy Family way and have had lots of involvement from staff and students, this has been amazing to see.**

**Next week is set to be even busier, check the timetable for all the fun activities going on so you know exactly where you want to be and when!**

**The house team would like to thank you all again for making this, and everything else this year a great success.**

**Week 2 of House Charity Fortnight**

**Week Beginning 25/03/19**

Day	Event	Site	Time	Organisers
Mon	Greeting Cards & Giant Easter Egg Raffle	Walthamstow	Break and Lunch	7S & 13S
	Savoury Snack Sale	Walthamstow	Break	7I
	Year 11 Easter Raffle	Wiseman	Break	11I
	Fifa Competition	Wiseman	Lunch	11S
	Guess the Baby Competition	Wiseman	Lunch	9S
Tues	Basketball Competition	Walthamstow	Break	8E
	Beat the Goalie	Walthamstow	Lunch	7EL
	Penalty Shoot Out	Wiseman	Lunch	9I
	Fifa Competition	Wiseman	Lunch	11S
Wed	Karaoke Competition 2	Walthamstow	Lunch	7RI
	Mini Eggs in a Jar	Walthamstow	Lunch	12I & 13I
	Basketball Three Throws	Wiseman	Lunch	10S
	Fifa Competition	Wiseman	Lunch	11S

**Week 2 of House Charity Fortnight**

**Week Beginning 25/03/19**

Day	Event	Site	Time	Organisers
Thurs	Brownie Bake Off and Sale	Walthamstow	Break & Lunch	7R
	Scavenger Hunt	Walthamstow	Lunch	12I/13I
	Charity Rap Battle	Walthamstow	Lunch	8I
	Sponsored 1K Challenge	Walthamstow	Lunch	7A
	Hot Chocolate Stand	Wiseman	Break	10P
	Fifa Competition	Wiseman	Lunch	11S
	Car Wash	Wiseman	Lunch	12P
Fri	Sponsored Silence	Walthamstow	Break	8A
	Pizza Sale	Walthamstow	2.20pm	12E
	Ice Cream Sale	Walthamstow	2.20pm	12R
	Teacher Challenge	Wiseman	Break	9P
	Fifa Competition	Wiseman	Lunch	11S

# Chaplaincy Corner

MRS. GRIERSON

It has been a difficult week in the world, with terrorist attacks in Christchurch and Utrecht and Cyclone Idai causing devastation in Mozambique, Malawi and Zimbabwe. A humanitarian disaster where more than 1000 people may have been killed and hundreds of thousands of people have been affected, losing homes and livelihoods.

Let us remember all those affected in our prayers.

Loving Lord,  
for those who have died,  
give them eternal rest  
for those who are bereaved,  
comfort and console them  
for those who are hurt,  
heal and strengthen them.

Lord God, enable us to help  
our suffering brothers and sisters  
in whatever way we can.

Heavenly Father  
be with us now and always.

Amen.

*Diana Sutherland*



**CAFOD**  
Just one world





# Third SUNDAY IN LENT

*Key dates  
Lent 2019*

- Sunday 24th March – 3rd Sunday of Lent
- Monday 25th March – The Annunciation of the Lord –  
8.15am Rosary in the Walthamstow Prayer Garden
- Tuesday 26th March – 8.15am Rosary in the Wiseman  
Prayer Garden
- Sunday 31st March – 4th Sunday of Lent (Mothering  
Sunday)
- Monday 1st April – Lunchtime Mass 1.30pm – Wiseman  
Chapel
- Friday 5th April – last day of term
- Sunday 7th April – 5th Sunday of Lent
- Sunday 14th April – Palm Sunday
- Thursday 18th April – Holy Thursday
- Friday 19th April – Good Friday
- Saturday 20th April – Holy Saturday
- Sunday 21st April – Easter Sunday
- Monday 22nd April – Easter Monday
- Tuesday 23rd April – Feast of St George (return to school).



# CRACKING THE CODE



Cracking the Code is a two part competition asking  
KS3 and KS4 students across the UK to show off their maths skills!!

## JOIN THE COMPETITION!

[competition.mangahigh.com/crackingthecode](https://competition.mangahigh.com/crackingthecode)

### CHALLENGE 1 - MATHS GAME PLAY COMPETITION

19th - 29th March, KS3 & KS4

Battle it out against your classmates and students  
across the UK to complete online maths games  
and become the ultimate maths champion!

Schools can win:



1st prize - £1,000  
2nd prize - £500  
3rd prize - £250  
4th-10th prizes - £100 each

### CHALLENGE 2 - MATHS GAME DESIGN COMPETITION

19th March - 10th May, KS3

Design an online maths games all about  
Cracking the Code for the chance to have your  
game made and used by students around the world!



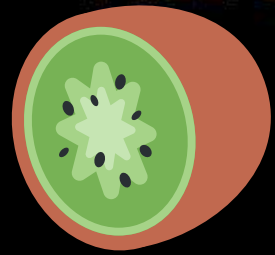
The top 10 teams will have the  
opportunity to present their game idea  
to our panel of experts in London.

The final winning team will be  
announced on the day at the event  
and will have their game made  
by Mangahigh.

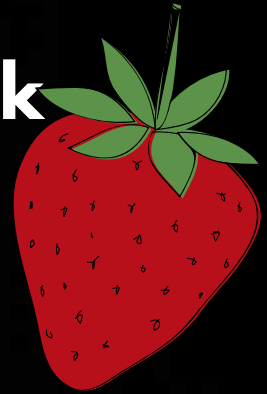
# BAGEL X BITES

FREE BAGELS EVERY MORNING ON BOTH SITES

7.45AM - 8.30AM



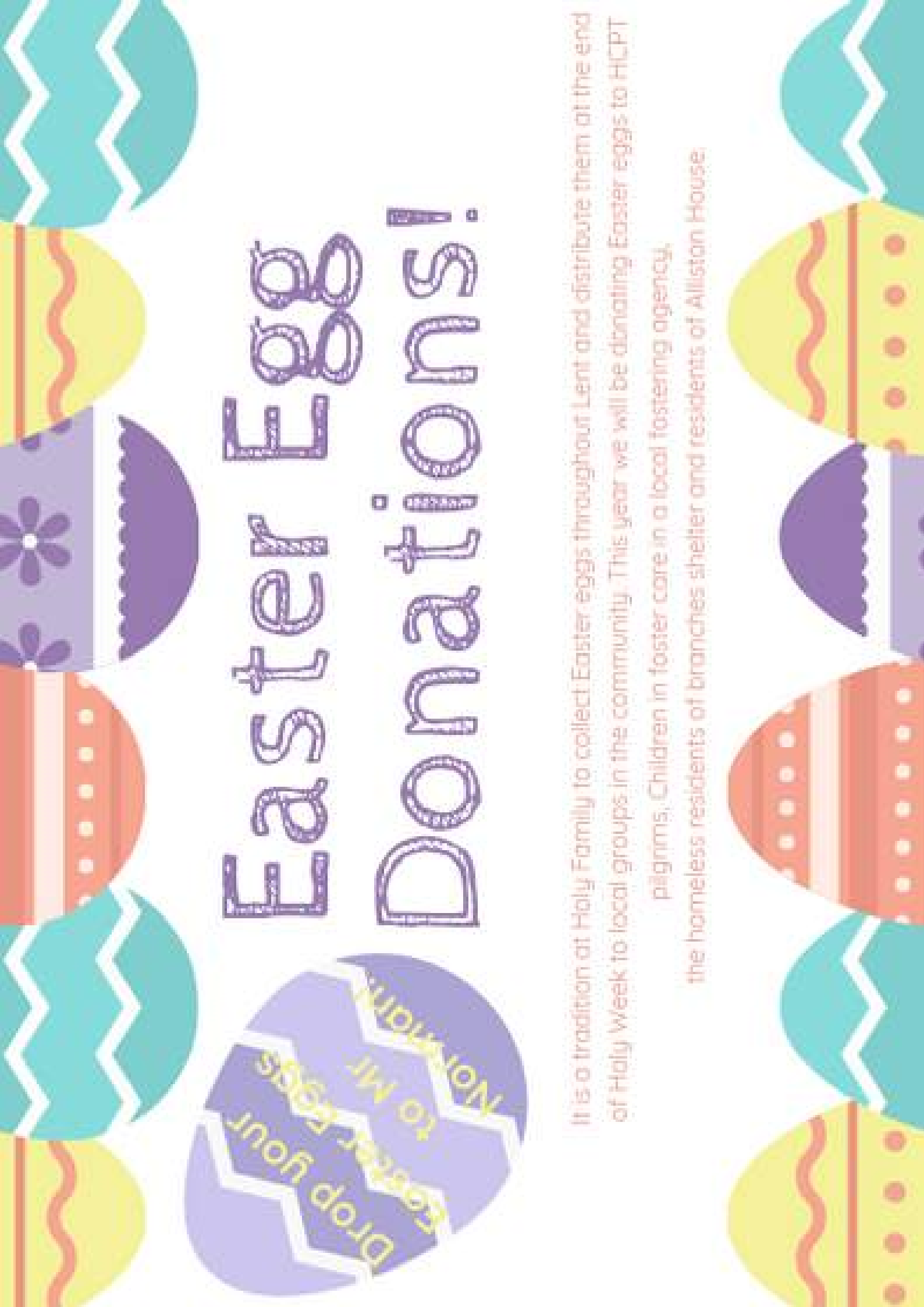
**Snack sensibly – avoid fast food snacks and choose healthier snack choices such as:**



- Fruit (fresh or dried)
- Small handful of unsalted mixed nuts and/or seeds
- Low-fat yoghurts
- Wholemeal pitta bread with lower-fat dips e.g. reduced fat hummus or salsa







# Easter Eggs Donations!



Drop your  
Easter Eggs  
to Mr.  
Norman!

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pilgrims, Children in foster care in a local fostering agency,  
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