

FAMILY WATTERS

HOLY FAMILY CATHOLIC SCHOOL
NEWSLETTER

*"Everything has
beauty, but not
everyone can see" --
Confucius*

House Fundraising Fortnight is a Great Success **Cont. pg 16**



GB Basketballer & Former student Will Saunders Visits Holy Family

Cont. pg 13



HEADTEACHER'S MESSAGE

International Sporting Alumnus returns to Holy Family

Former Holy Family student Will Saunders, who left the school in 2007, returned to visit us on Wednesday of this week. We were delighted to welcome Will, a professional basketball player and GB international, to see our new sports facilities and to speak to and coach some of our upcoming talent. Will gave very generously of his time and it was great to meet him and let him know his name will be appearing on our honours board. Will won a sports scholarship to Charleston Southern University in the USA and his career has blossomed since then playing professional basketball in Italy, Spain, Romania and Iceland as well as in the UK. Will very kindly donated one of his Great Britain international basketball shirts.

And that's not all

Our Yr 7 and Yr 8 netball teams have been doing amazingly well scoring some huge victories against local opposition. Not to be outdone, one of our Sports Coaches, Mr Lisbie, who is an ex-professional footballer and now plays non-league football will see his team, Cray Wanderers, play at Wembley in the final of the FA Vase competition. Later, that day, as you may be aware, our local team Leyton Orient will be appearing in the final of the FA trophy, also at Wembley. The finals take place on

Sunday 19th May

Give up the tech!

This Wednesday, proved a challenging day for staff as we tried to give up technology for the day - no checking social media on our phones, no checking the football results, or keeping up to date with our favourite websites. If nothing else it made clear to us how many times we want to reach for our phones each day. At time of writing this it means I've no idea what is happening with Brexit...no change there then!

Gaming

Please think about whether "a ban on electronic games between Monday and Thursday" might be an effective way of helping your son/daughter to focus on homework and other activities during what is effectively their 'working week'. Many young people don't have the self-discipline to resist temptation and it is for us to try to regulate their behaviour in this area. If they know that others are not allowed to play either during the week there could be a positive momentum developed for everyone.

HEADTEACHER'S MESSAGE

Chief Executive of Deloitte speaks to students

We are very proud of the number of outside speakers we have who come and talk to our students about all manner of things from financial literacy, to careers to science and genetics. Our lecture theatre makes a fine venue for these talks. This week we were pleased to welcome the CEO of Deloitte to Holy Family. Deloitte provides consultancy services in the financial and legal sector and is one of the top five companies of its kind in the world. We are delighted to have a strong and on-going partnership with Deloitte and the students found the talk really inspiring. These kind of activities and events are very different from my own experience of secondary school which was much more limited and less interesting.

Life after crime

We also had a visit and talk this week from reformed former gangster Marvin Herbert, a man who, by his own admission, had done a lot of bad things in his life but realised at the age of 39 that this was not the life he should be leading. Mr Herbert spoke to the students about the choices we make in life and the importance of staying on the right path.

Yr 8 options evening next week

Next Thursday 4th April at 6.30pm on the Wiseman site we have our options evening for Yr 8 students. The options process and rationale will be explained and there will be the opportunity to speak to members of all the different departments which offer courses at Key Stage 4.

Yr 7 places for September 2019

We have a small number of places available for Yr 7 students in September 2019. Please ask anyone you may know who is interested to contact us about this via the school office.

Parents' surgery

Parents' surgery is every Thursday from 4pm to 5pm on the Walthamstow site. If ever I am unavailable, a member of the senior team substitutes for me.

Please continue to remember us in your prayers.

Dr Andy Stone
Headteacher



Headteacher Commendations



This week we have the following nominations
for Headteacher Commendations:

Ms O'Brien nominates her Form Captains
Natalia Rak and Damien Callus and her
charity ambassadors **Josiah DaSilva and
Chloe Glanville** for organising the 7EL "Beat
the Goalie" charity event this week.

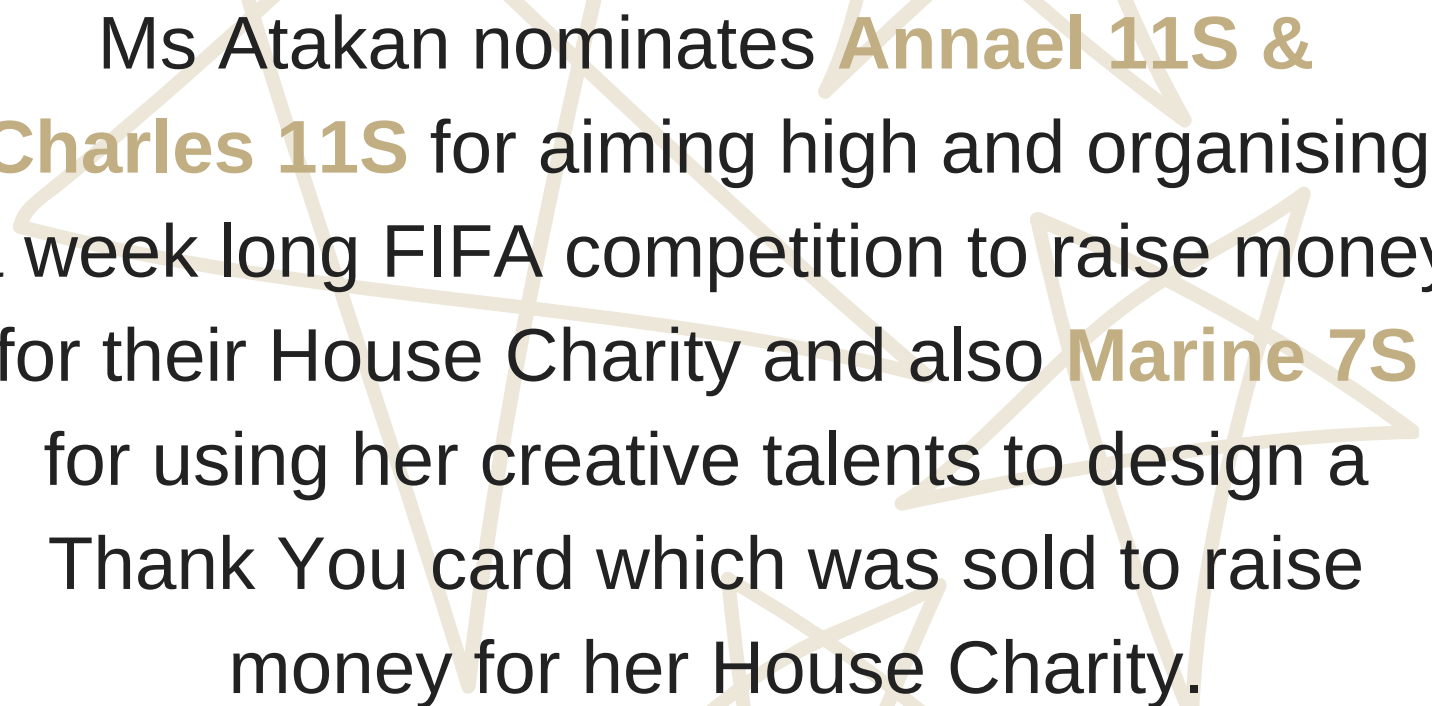
Ms Nordon nominates **Esther Maria Annobil
from 9R and Jakub Patla from 9P** who both
completed an extra task to reflect on
Holocaust Memorial Day. Both essays were
insightful and evaluative using a high
standard of English.

Headteacher Commendations



Mrs Perera nominates **Nyah Theodore in 7R** who really impressing in her textiles class.

Ms Atakan nominates **Annael 11S & Charles 11S** for aiming high and organising a week long FIFA competition to raise money for their House Charity and also **Marine 7S** for using her creative talents to design a Thank You card which was sold to raise money for her House Charity.



Headteacher Commendations

Ms Cameron nominates **Sinead Menekse** for always demonstrating a high level of maturity and focus within lessons

Andrew Kyere for good leadership skills and a high level of maturity with his writing style.

Aaliyah Monford for exceptional organisational skills and high level of maturity and focus in lessons

Bianca Gonzales for consistently working hard and demonstrating high levels of commitment by doing extra work at home.

Callum Cutmore for exceptional organisational skills and a high level of maturity and focus in lessons

Henry Ojielo for consistently completing homework to a good standard and being very good at articulating his ideas.

Cora Slack and Jessica Okyere-Agye for both demonstrating the Holy Family Way of care and justice as well as a high level of commitment to their studies

Celestin Ilunga for demonstrating resilience against adversity to complete his assessment

Suzana Wolf for demonstrating consistent commitment and focus. She uses her initiative to take steps to improve learning.

Natalia Tomusiak for showing a high level of commitment to improve

Headteacher Commendations



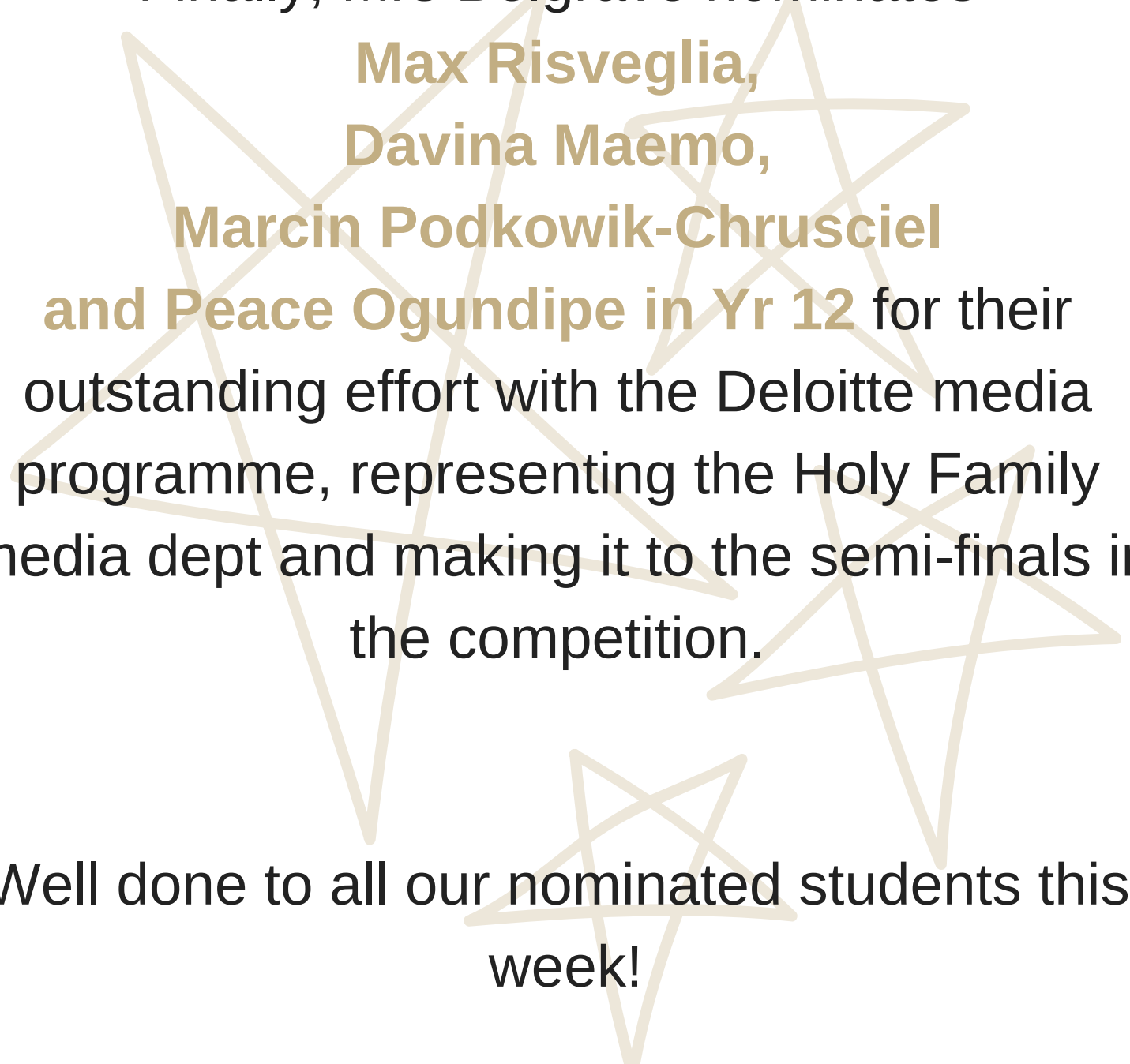
Finally, Mrs Belgrave nominates

Max Risveglia,

Davina Maemo,

Marcin Podkowik-Chrusciel

and Peace Ogundipe in Yr 12 for their outstanding effort with the Deloitte media programme, representing the Holy Family media dept and making it to the semi-finals in the competition.



Well done to all our nominated students this week!

YEAR 11 FUTURE ASPIRATIONS

DZESIKA KUDRIA 11A



Reporter Chloe Contaldo is on the hunt to find out what's next for our year 11 students...

Do you have any personal goals for the future?

While speaking to Dzesika, I discovered loads about her dreams and wishes for the future. “One of my main goals for the future is to go travelling all around the world, in particular I would love to go to the country of Thailand, due to its diverse culture and beauty. In addition, I would love to go to Bora bora with all of my friends, to explore the Island and discover the beauty of it. Something which I have always wanted to do is participate in volunteering at an animal shelter – I’ve always loved animals, and would like to help as much as possible in caring for them. Furthermore, when I’m older one of my dreams has always been to uphold a career surrounding law, as well as that I would love to have a family with children in the future.”

What are your short-term plans/aspirations for the future?

“Once I have finished my GCSEs, I would love to participate in the National Citizen Service program (NCS), as I feel that it would be a

great boost for my confidence and an overall great experience. In addition, I would love to attend a sixth form and take Drama, English Literature and Criminology. Drama is a subject I’ve chosen, as I love the creative aspect of it, and studying it for my GCSEs has been very enjoyable, so I would like to explore more about it, through taking it a A-Level. I have chosen English, because I find it very interesting, and I love analysing and writing about texts. Lastly, Criminology is a subject I have chosen, as it links in with my possible future career and I have always been fascinated by it.

Finally, where do you see yourself in five years’ time?

“I five years’ time I could imagine myself studying at university. A course I have considered taking is law, due to the strong interest I have always held for it. Furthermore, I would like to take law because it would help me for my future career which I would love to be based around law, as becoming a lawyer has always been an aspiration and passion of mine from a young age.”

SOCIAL MEDIA CATCHUP



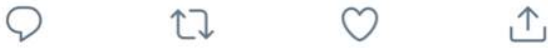
Holy Family Waltham
@HFCSWaltham

Impressive #StOscarRomero display in L31. Nice reminder of yesterday's Feast Day @RomeroTrust



25/03/2019, 14:57

View Tweet activity



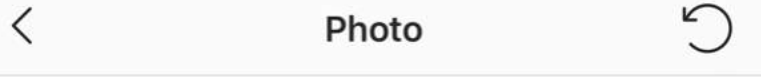
Tweet your reply



@hfcswaltham



@hfcswaltham



hfcswaltham



Holy Family Catholic School

Eswatini 2021

Parents' Evening
Wednesday 3rd
April at 18:00



Liked by speedstitch and 24 others

hfcswaltham Find out more about this amazing opportunity for students in years 9,10&11 next Wednesday! #aspire

1 DAY AGO



'My Big Career' Workshop

Nine excited and motivated year 11 students and two year 12 students met at school to take the train to attend a full day conference run by 'My Big Career' and the Royal Society of Psychiatrists. They attended talks on applying to medicine, took part in a Q&A session with four medics, including a consultant obstetrician and gynecology surgeon, a professor in forensic and criminal medicine, a consultant psychologist and a GP.

After a very nice lunch they took part in Workshops on how to write a personal statement and interview practice. They were given very good advice regarding medical admissions tests such as BMAT and UKAT. We also listened to a fascinating lecture 'Evolution of the Brain'.



'My Big Career' Workshop



Students were encouraged to keep going and apply through medicine from different routes if they do not get In directly from A Levels.

Our year 11 students conducted themselves extremely well during a very long day, especially as they were younger than the other students and we received compliments on their behaviour and conduct from the organisers.

The icing on the cake for the students was being given a real stethoscope and a certificate.

Mrs Warwick

SPORTS UPDATE

The wins keep on coming!!

The year 7 girls netball team beat George Mitchell 12-1 and then beat Leytonstone 11-2.

They have now won the south borough league and move into the borough semi finals .



SPORTS UPDATE



We were delighted to welcome ex-student Will Saunders, a professional basketball player and GB international, to see our new sports facilities and to speak to and coach some of our upcoming talent.

MEET THE FAMILY

MISS GREENWAY

MUSIC TEACHER & HEAD OF ST. RICHARD HOUSE



Who or what inspired you at school?

My music teacher Ms Clarke – raised my confidence and inspired me to help and teach others.

Where did you study?

Well I'm an ex-Holy Family student and went to the Uni of Westminster to study Commercial Music Performance.

Have you always been a teacher?

No I have been a technician at Holy Family ten years ago!
And a waitress at Pizza Express so I can carry three plates at one time!

Why did you want to become a teacher?

I wanted to help students to gain confidence in themselves and instil a passion for music and creativity.

Why did you want to become a teacher?

I wanted to help students to gain confidence in themselves and instil a passion for music and creativity.

If you hadn't become a teacher what other career would have interested you?

Well I love animals so probably a vet or something like that.

What has been your most embarrassing moment in school?

Well I've got a really embarrassing one but I don't want to share – it's really embarrassing!

I hurt my ankle the day after the carol service and I had a bandage on so everyone I'd fallen off my scooter but I just missed a step on the stairs!

What three words would your students use to describe you?

Patient / Musical / Kind

What would be your desert island book/song/film?

Can I have just have Spotify Premium?

Tell us something about yourself that most people wouldn't know?

I applied for the Voice years ago! And it wasn't as glamorous and you'd think it is!!!

What would you be on University Challenge or Strictly Come Dancing?

Strictly but I'm terrible I can't dance!

What's the best thing about working at Holy Family?

The community of staff and students – everyone is lovely!

Year 7 & 8 Music Clubs

with Miss Greenway

Monday Ukulele Club

Lunchtime
1:30pm

Learn how to
play the uke!



Tuesday Music Club

Lunchtime
1:30pm

Play any
instrument!



Wednesday Music Club

Lunchtime
1:30pm

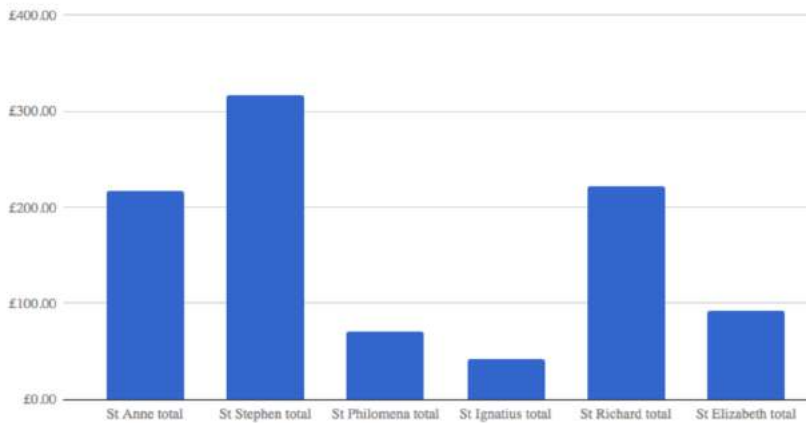
Sing in a
very welcoming
choir!



Sing!
It's good for you

HOUSE COMPETITION WEEK

The House Charity Fortnight Competition was a real success! It was so great for students and our staff members to get involved with. There was a wide-range of events, sales and competitions available for staff and students to take part in. On behalf of the House Team: Thank you to all of the staff members and students who put together events and worked behind the scenes. Thank you for supporting the events and donating to our House Charities - some really great causes! This competition will now become an annual fixture in our school calendar! We are looking forward to next year's competition already! Final results will be shared next week. May The Best House Win! Miss Greenway



House	£
St Anne total	£217.61
St Stephen total	£316.12
St Philomena total	£71.24
St Ignatius total	£42.30
St Richard total	£222.34
St Elizabeth total	£92.00
Total School	£961.61

Here's what our pupils had to say about the week.

"It has been a real privilege to have fun but also help our House Charities at the same time!"

"The commitment of 7A was outstanding, they ran a sponsored 1k at lunchtime. A special commendation goes to Jotham who not only tidied up afterwards, also ran extra laps to support another student!"

"I liked all of the charity events that were held and all of the participation, it was really fun!"

"The karaoke competition was really fun and exciting! Can we do a karaoke competition every half-term please?"

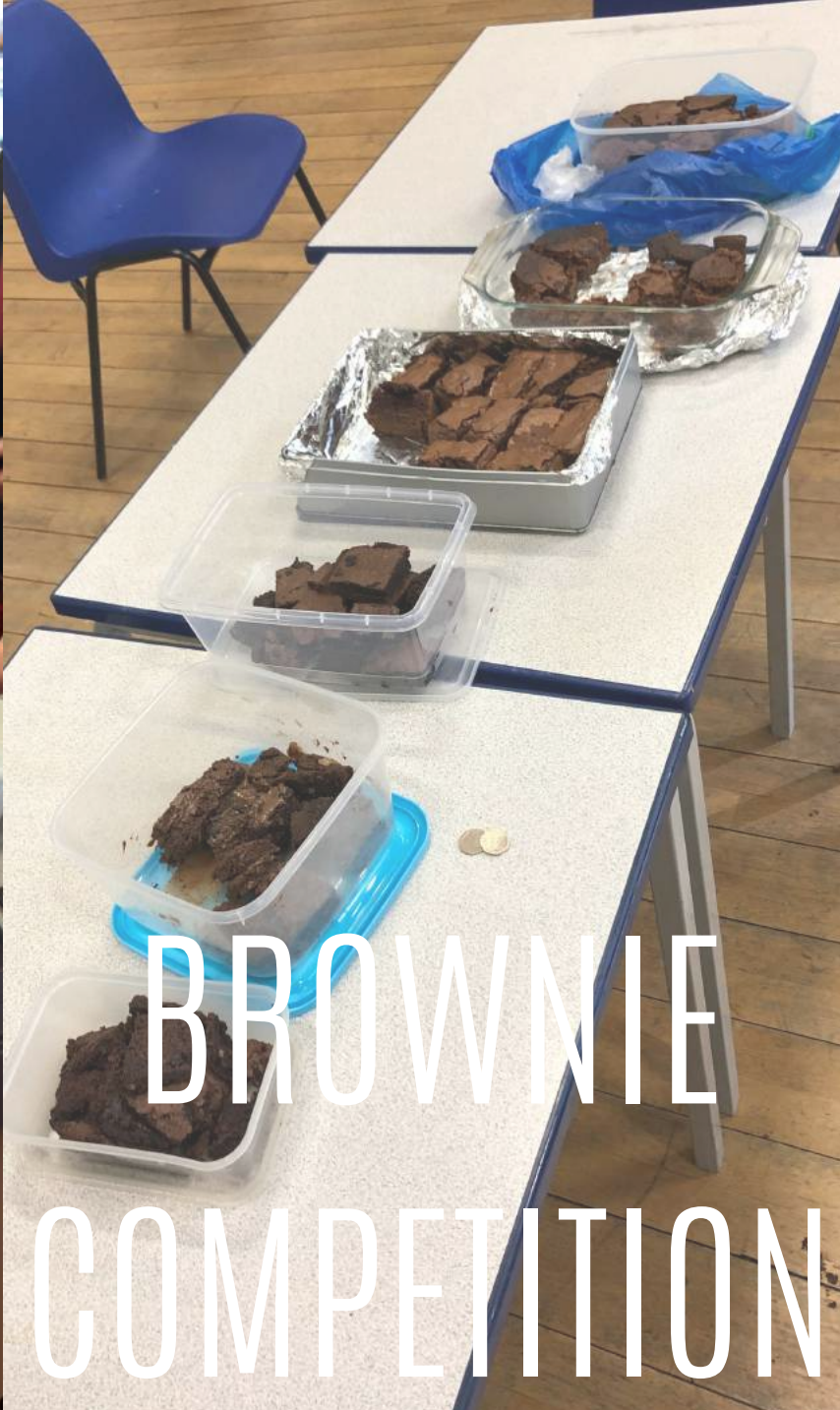
"The positive energy has been brilliant from pupils coming to events and offering to help others. Also, many students were seen paying for others who forgot money at home."

"There's been loads of really good activities to get involved with. There has been a real atmosphere and excitement surrounding helping others."

"Karaoke was awesome and the brownies were really tasty!"



BAKE SALES



BROWNIE COMPETITION



STAFF BREAKFAST



FIFA



SPONSORED RUN



RAP BATTLE





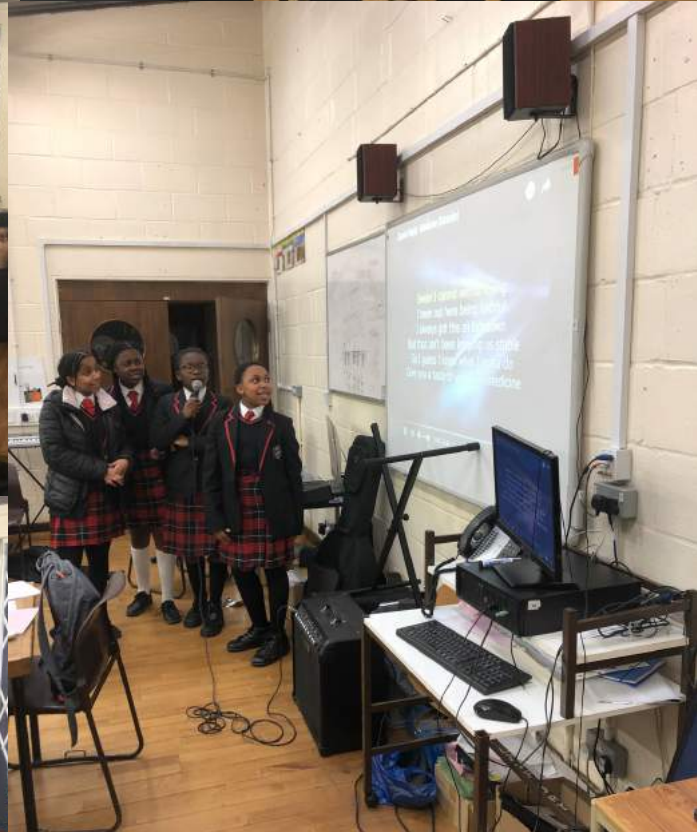
GREETINGS CARDS



MONEY TRAIL



KARAOKE



Lord,

May we **achieve** the goals you
have set for us,

May we be grateful for all that we
study,

May we **participate** in all the
opportunities you bless us with,

May we learn to be **independent**
in all that we do,

May we **respect** all those around
us,

and most of all may we **enjoy** the
life you have granted us.

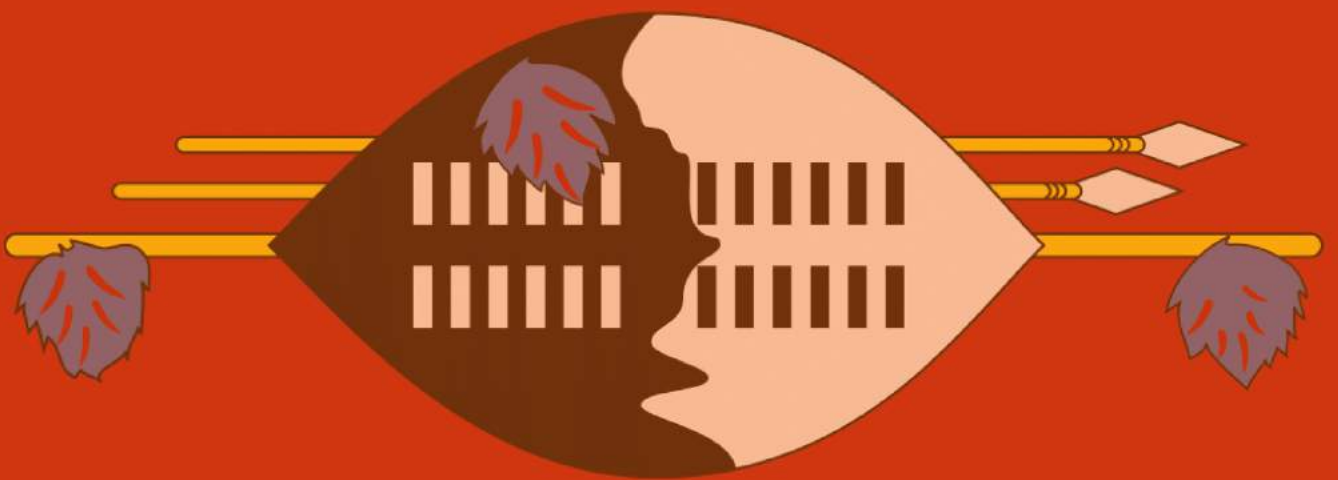
Lord hear our prayer,

Amen

HOLY FAMILY CATHOLIC SCHOOL

eSwatini July 2021

**APPLICATION DEADLINE:
TUESDAY 23RD APRIL**





eSwatini July 2021

Application letter to Ms Lippa should include:

- Why you want to go on the trip
- Why you think that you will be a good addition to the team - what qualities will you bring to the team?
- How you intend to fund raise for the trip (this only needs to be a rough idea rather than a fully fledged plan as the team will work together to develop further ideas, you are encouraged to think creatively of ideas that go outside of the school and into the community)

**APPLICATION DEADLINE:
TUESDAY 23RD APRIL**



YEAR 7 SUPER STARS!



Congratulations for being exceptional students and contributing to the Holy Family Way!

**These are our Superstars
this week**

Quevin Manuel 7A

Katrine Otomewo 7E

Omari Paul- Jones 7EL

Janna Sanchez 7I

Davinia Blay- Attobrah 7P

Gerrund Canlas 7R

Kwasi-Bimpong Owusu-

Mensah 7Ri

Beverley Fordjour 7S

Chaplaincy Corner

MRS. GRIERSON

Monday was the Feast of the Annunciation, which commemorates the visit of the archangel Gabriel to the Virgin Mary, during which he informed her that she would be the mother of Jesus Christ, the Son of God. 7EL held their class morning prayers in the prayer garden on this special day.



Later, the Year 7/8 Peace Group prayed a decade of the Rosary.

"Hail, full of grace, the LORD is with thee"

In response to the terror attack in Christchurch, Bishop Alan has asked schools and parishes to pray the Prayer of St Francis. He writes "... my sincere condolences following the terror attack on two mosques in the city of Christchurch. These attacks have shocked all those who hold that respect for human life is an essential foundation for every society. In the diocese of Brentwood we will continue to pray for our Muslim brothers and sisters in Christchurch and elsewhere ... we mourn this loss of life; we pray for the eternal repose of all who have died."

Chaplaincy Corner

MRS. GRIERSON

Prayer of St Francis

Lord, make us instruments of your peace:

where there is hatred, let us sow love;

where there is injury, pardon;

where there is doubt, faith;

where there is despair, hope;

where there is darkness, light;

where there is sadness, joy.

O divine Master,

grant that we may not so much seek

to be consoled as to console,

to be understood as to understand,

to be loved as to love.

For it is in giving that we receive,

it is in pardoning that we are pardoned,

and it is in dying that we are born to eternal life.

Amen.

We prayed this together during the Year 9/11 Justice & Peace group meeting. A loss for one is a loss for everyone.

Fourth SUNDAY IN LENT



The fourth Sunday of Lent is sometimes called Laetare Sunday. Laetare is a Latin word that means “rejoice”. Even as we observe our Lenten sacrifices, we rejoice in anticipation of the joy that will be ours at Easter.

Mother’s Day is also celebrated on the fourth Sunday of Lent. This is an important day to remember the role that our mother and mother-figures play in our lives. From aunts to grandmothers to friends, we all have many women in our lives that we can look up to. Let us also remember the special place that Mary, mother of Jesus, has in our faith.

Key dates – Lent 2019

Sunday 31st March – 4th Sunday of Lent (Mothering Sunday)

Monday 1st April – Lunchtime

Mass 1.30pm – Wiseman Chapel

Friday 5th April – last day of term

Sunday 7th April – 5th Sunday of Lent

Sunday 14th April – Palm Sunday

Thursday 18th April – Holy Thursday

Friday 19th April – Good Friday

Saturday 20th April – Holy Saturday

Sunday 21st April – Easter Sunday

Monday 22nd April – Easter Monday

Tuesday 23rd April – Feast of St George (return to school)

LA JOURNÉE INTERNATIONALE DES FEMMES

La lutte continue

Le 8 mars, c'est la journée internationale des femmes. Cette date symbolise les causes importantes des femmes, comme l'égalité au travail.

Le but c'est d'améliorer la situation des femmes dans le monde. Cette année, des milliers de femmes ont manifesté en France à cette occasion.

Le premier pays à donner le droit de vote aux femmes était la Nouvelle Zélande, en 1893. Le dernier, c'était l'Arabie Saoudite en 2011. En France, c'était en 1944 – l'un des derniers pays d'Europe. Mais en 2019 La France est un des six pays où les droits des femmes et des hommes au travail sont jugés égaux.

Il y a des progrès, mais ce n'est pas assez. Dans les films, il y a deux fois plus d'hommes que de femmes. Seulement 22 % des professionnels sont des femmes. Les femmes en France gagnent 18 % de moins que les hommes. Voilà quelques exemples des problèmes qui existent toujours.

As-tu marqué cette journée ?

Penses-tu que cette journée est importante ?

Pourquoi parle-t-on plus de cette journée que de la journée des hommes ?



MFL CORNER

¡INTERNET CUMPLE 30 AÑOS!

Lee su historia

La historia de Internet

En 1989, un hombre llamado Tim Berners-Lee busca una solución a un problema. ¿Cuál es?

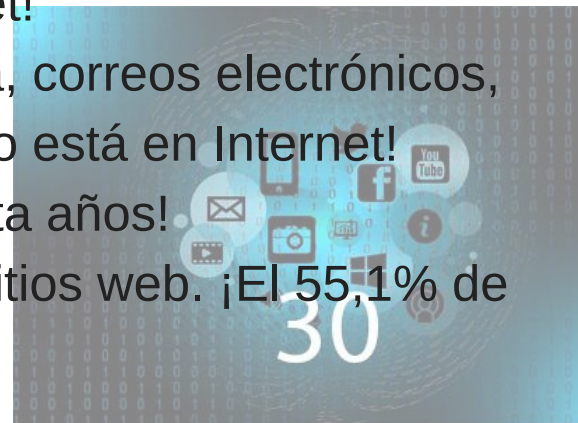
- Tim es un científico británico.
- Quiere compartir información con científicos de otros países... pero no es fácil.
- ¡Crea un sitio web! Es una red para compartir información con otros científicos.
- Los científicos pueden compartir información usando esa web.

¡Esa es la historia de la creación de internet!

Vídeos divertidos de gatos, juegos en línea, correos electrónicos, las respuestas a tu tarea de historia... ¡todo está en Internet!

¡Este año la World Wide Web cumple treinta años!

Hoy en día hay más de 2000 millones de sitios web. ¡El 55,1% de las personas usa Internet!



¿Usas internet para hacer tus deberes?

¿Cuál es tu sitio web favorito?

¿Qué significan las letras “www”?

RETO: responde a esta pregunta... ¡pero no uses Internet!

¿Quién es el actual rey de España?

¿Cómo encontraste tu respuesta? ¡Comenta abajo!



Sir Tim Berners Lee



Leyton Orient are running completely free football sessions for girls this Easter...follow links to register

11-14 Session

<https://www.eventbrite.co.uk/e/female-football-11-14-year-olds-tickets-58004203133?aff=ebdssbdestsearch>

15-19 Session

<https://www.eventbrite.co.uk/e/female-football-15-19-year-olds-tickets-58004960398?aff=ebdssbdestsearch>

BAGEL X BITES

FREE BAGELS EVERY MORNING ON BOTH SITES

7.45AM - 8.30AM

Four tips to establish good teenage eating habits:

- 1. Sit down for a family breakfast or encourage attendance at a breakfast club at school, ensuring either provides a nutritional breakfast**
- 2. Eat healthy snacks or fruits available at home and fewer high fat calorie snacks**
- 3. Be disciplined and limit fast food visits**
- 4. Drink healthier low sugar drinks, or water**





**KICKOFF@3
7-A-SIDE FOOTBALL TOURNAMENT 2019**

**WHEN:
15 APRIL 2019
FROM 10:00 TILL 16:00**

**WHERE:
FEEL GOOD TOO CENTRE
1 PAVILION WALK
E10 5UE**

**AGE:
14-16 YEAR OLDS FROM NORTH EAST**

**ADMISSION:
£25 PER TEAM (MAXIMUM 10 PLAYERS)
MONEY GOES TOWARDS BRITISH HEART FOUNDATION**



**TO TAKE PART CONTACT:
JASON HILL:
JASON.HILL@MET.POLICE.UK**



Supporting Partners



CHINGFORD CRICKET CLUB

Kimberley Way, Chingford E4 6DE

**JOIN THE
STAGS!**



COLTS PRE-SEASON CRICKET TRAINING

**EVERY FRIDAY @ CHINGFORD CC
INDOOR CRICKET CENTRE**

NEW PLAYERS WELCOME!

SESSION TIMES:

U11'S - 5:30PM - 6:30PM

U13'S - 6:30PM - 7:30PM

U15'S - 7:30PM - 8:30PM

U19'S - 8:30PM - 9:30PM

CONTACT INFORMATION:

07958 021 005

CHINGFORDCRICKETCLUB@GMAIL.COM





Chingford Cricket Club VOUCHER

**FREE
CRICKET
SESSION!**

NAME: _____

D.O.B: _____

CONTACT INFO: _____

**USE THIS VOUCHER TO RECEIVE A FREE
COLTS CRICKET SESSION!**

**PRE-BOOKING ADVISED
BUT NOT ESSENTIAL**

07958 021 005

CHINGFORDCRICKETCLUB@GMAIL.COM



Chingford Cricket Club, Kimberley Way, Chingford E4 6DE



Chingford Cricket Club VOUCHER

**FREE
CRICKET
SESSION!**

NAME: _____

D.O.B: _____

CONTACT INFO: _____

**USE THIS VOUCHER TO RECEIVE A FREE
COLTS CRICKET SESSION!**

**PRE-BOOKING ADVISED
BUT NOT ESSENTIAL**

07958 021 005

CHINGFORDCRICKETCLUB@GMAIL.COM



Chingford Cricket Club, Kimberley Way, Chingford E4 6DE



Chingford Cricket Club

Easter Open Day



Free introductory coaching in our Indoor School

Under 11s 11.00-1.00, Over 11s 1.00 – 3.00

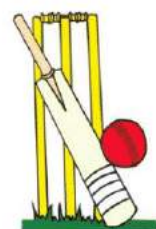
Come along and try batting, bowling and fielding

Win an Easter Egg!

Meet Essex Stars Jamie Porter and Dan Lawrence

Tuesday 9th April 10.30 – 3.00

**For more info contact Mark Campbell on 07958021005 or
chingfordcricketclub@gmail.com**



[@chingford_cc](https://twitter.com/chingford_cc)



www.facebook.com/chingfordcc