

# FAMILY MATTERS

HOLY FAMILY CATHOLIC SCHOOL  
NEWSLETTER



# SPECIAL CAREERS ISSUE

## Deadline for Applications

 Friday - January 24, 2020



Deadline for all Sixth Form Applications - make sure you've submitted in plenty of time!



# HEADTEACHER'S MESSAGE

## Quotation of the week

"Right now, we are facing a man-made disaster of global scale. Our greatest threat in thousands of years. Climate change. If we don't take action, the collapse of our civilisations and the extinction of much of the natural world is on the horizon." Sir David Attenborough

## Yr 8 and the curriculum

The curriculum is the term for everything that is studied, how it is taught and how it is assessed. The tradition in schools in England has been that students experience a broad range of subjects at Key Stage 3 before choosing their option choices for GCSE in Yr 9. Three years ago we decided to trial choosing options in Yr 8 to allow more time to prepare for the more content heavy new GCSEs. Having evaluated this programme there are pros and cons to it and as a result we are making some changes. The current Yr 8 will not choose their options this academic year. Their Yr 9 will become a transitional year, enabling them to begin GCSE work in some subjects, while continuing with the broad KS3 curriculum and having longer to decide what subjects they are best suited to choosing for GCSEs. If you have any questions or comments about this please get in touch with me.

## PSD/Enrichment Day

Students enjoyed a different day on Tuesday when normal lessons were suspended and they had the chance to do different activities. Some highlights included the employment opportunities careers event for Yr 8 when around 15 employers and professions were represented. The students had the chance to hear about different occupations and to ask questions about how to get there. Our young people were brilliant and we received amazing feedback about them.

## Sixth Form Taster Day

Wednesday saw Yr 11 students looking rather different, suited and booted for their day as sixth formers. The students had the opportunity to experience four 'taster' sessions in different subjects and to hear about the wider opportunities sixth formers offers. Applications are now completed on-line and the deadline is next Friday 24th January. Our Yr 11s did really well and gave an excellent impression of themselves.

## Inset Day

Please note that Monday 20th January will be an inset day for staff so school will be closed to students except for a small number involved in public exams.

# HEADTEACHER'S MESSAGE

## **Oxbridge offers**

Two of our students in Yr 13, Megan Najman and Joyce Pereira received good news this week - they gave both been given conditional offers to study law at Oxford and geography at Cambridge respectively. Many congratulations and I know they will work hard to achieve the grades they need.

## **Parents' evenings this term**

We have parents' evenings for each year group during the spring term and enjoy excellent attendance and support from parents at these events. They are listed below for your convenience.

Thurs 9th January	Yr 11
Thurs 16th January	Yr 7
Thurs 30th January	Yr 9
Thurs 6th February	Yr 13
Thurs 27th February	Yr 12
Thurs 5th March	Yr 10
Thurs 19th March	Yr 8

All parents' evenings take place from 4pm to 6.30pm on the site where the year group is based.

## **Mass of Thanksgiving**

Over twenty staff attended the funeral of our former deputy headteacher, Miss Hodges, last week.

There will be a special Mass of Thanksgiving for the life of Miss Hodges and her service to the school at Holy Family on Tuesday 21st January at 6pm on the Walthamstow site and all are very welcome to attend.

## **Uniform**

Uniform standards are generally excellent - thank you to parents and students for making the effort to look so smart. I think the new trousers which girls can wear also create a very smart looking uniform. A very small number of students persist in bringing hoodies to school, sometimes wearing these under or over their blazer. If students are cold they should wear a coat. Hoodies are not permitted in school and I would appreciate the support of parents in reinforcing this.

## **Parents' surgery**

Parents' surgery will resume on Thurs 16th January from 4pm to 5pm. If ever, I am unavailable then a senior colleague substitutes for me.

Please continue to remember us in your prayers.

**Dr Andy Stone**  
Headteacher



*Headteacher*  
**COMMENDATIONS**

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Ms Schmidt nominates **Pavaram  
Yogarajah** in 8A.

He is hearing impaired and heard that another student in his year group is now also wearing hearing aids. He has offered to set up a weekly meeting with this student to support him through his new journey.

Well done Pavaram!

# **Parents' Survey on RSE ( Relations and Sex Education )**

This is just a reminder to parents to complete the parents' survey sent out last week to help the school review its policy on Relationship and Sex Education (RSE).

Your response will help develop a new Relationship and Sex Education (RSE) policy and curriculum in line with the latest government statutory requirements and the Diocese's expectations.

The deadline for this part of consultation with parents is Friday 24th January 2020.

<http://tiny.cc/HFCSRSE>

Many thanks for your feedback,

J. Fidegnon-Edoh  
Assistant Headteacher

# SOCIAL MEDIA CATCHUP



@hfcswaltham



@hfcswaltham

The average child posts around *26 times a day* on social media but *only 6 out of 10* followers are real friends.



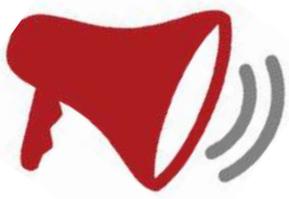
**Online safety should be on every parent's checklist this school year.**

That's why we've got information, advice and support for all your concerns about your child and the Internet. Showing you the best ways to keep them safe online, whatever they're doing.

Source: Ginger Research online survey

**internet  
matters.org**

Learn about it/talk about it/deal with it



# Holy Family Sixth Form Applications



**APPLY NOW**

## Deadline for Applications

 Friday - January 24, 2020



Deadline for all Sixth Form Applications - make sure you've submitted in plenty of time!

**Don't forget to submit  
by Friday 24th January!**



In his 2019 World Peace Day message, which has the theme “Good politics serves peace”, Pope Francis invites us to begin our New Year with a concern for the future of life and the planet, of the youngest and the weakest. Internationally thousands are displaced and suffer as a result of war, yet the global arms trade continues unabated and people profit from war. We hear of flashpoints of potential and real violence: Russia, Ukraine, Yemen, the Democratic Republic of the Congo, Gaza, Iran and Iraq - situations often brought about because of bad politics – as well as closer to home, with divisions among different communities and even within families. All of this calls for ‘Good politics’ and the skills and the tools of peacemakers. Encouraging learning, dialogue and putting faith into action is ‘good politics’.

Peace Club thought about what Peace means to them. Stacey wrote:

Prosperity,  
Eternal life,  
Always believe in God,  
Caring  
Every moment in life is important

**“Blessed are the peacemakers for they will be called children of God” (Matthew 5:9).**

Grant us peace, teach us peace;  
Guide our steps in the way of peace.

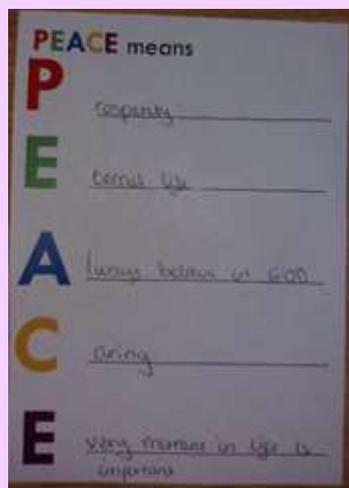
Open our eyes and our hearts, and give us the courage to say:

“Never again war!” “With war everything is lost”.

Instil in our hearts the courage to take concrete steps to achieve peace.

Amen

(Pope Francis, 2014)



*Holy Family Year of Sustainability – Live Simply Tip No.14*

**Did you have a reusable water bottle? Fill from the tap – don't buy bottled water. Landfills already contain millions of tons of plastic bottles, taking more than 1000 years to biodegrade! Plus 1.5 million barrels of oil are used to manufacture water bottles every year.**

*Pope Francis writes in Laudato Si: (178) True statecraft is manifest when, in difficult times, we uphold high principles and think of the long-term common good*

# **SIXTH FORM BEING EDUCATED ON 'SAFE DRIVE AND STAY ALIVE'**

Years 12 and 13 were given the opportunity to attend a borough presentation on driving safely and the consequences to road collision.

The presentation was led by members of our local **London Emergency Services** - with each of them having witnessed extreme incidents throughout their time in service or have personally experienced and are affected permanently by situations like these.

There were many accounts as well as a visual representation delivered, of young people of similar age to our sixth formers, who have tragically gone through serious incidents consequent in deaths or life-changing illnesses due to certain factors such as: speeding, drinking, use of drugs, being distracted by phones and the simplest form of not wearing a seatbelt. This gave an insight on how serious the result of a road collision can be and left the students thinking about their future actions when they gain the privilege to drive.

The personal accounts established by members of the Emergency Services allowed for the students to picture a snippet of what had happened during those real-life incidents being described. Despite the severity of the graphic details spoken out, this gave the students a mature and sensible thought process - sympathising with the individuals speaking whilst being aware throughout.

This also gave us the chance to be grateful for the lives that we have alongside giving so much gratitude to all members of **The London Fire Brigade, London Ambulance Services** and the **UK Police Forces** for all their dedication, time and bravery - especially through witnessing traumatic scenes whilst on duty to putting in the hard work towards the investigations made. We also pray for families and individuals who have lost their lives or have had permanent changes to their lives as a result of these accidents.

**Article Written by: Mary Jane Viado, Year 13**

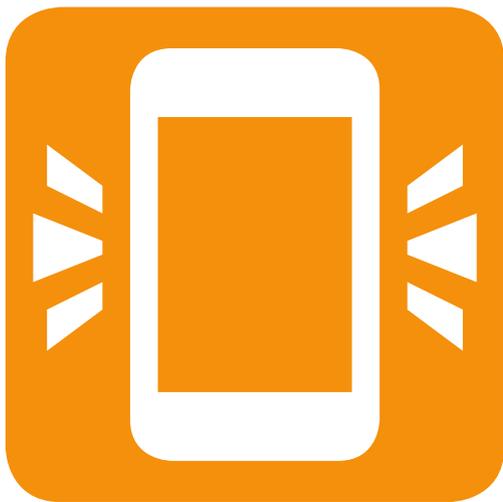
# Deloitte Media TMT Predictions School Challenge

Workshop 1

3 groups one winner!

Competition is on!

Some of our sixth formers are taking part in an exciting competition to develop their team work skills whilst gain an insight into future trends shaping our world. This year they will be looking at the smartphone multiplier market.



# CAREERS CORNER

For all careers based enquiries contact

Mr. Fidegnon

[j.fidegnonedoh@holyfamily.waltham.sch.uk](mailto:j.fidegnonedoh@holyfamily.waltham.sch.uk)

02085203587

**Great opportunities suitable for 6th Formers/College Students with Whitehat.**

**Are you aged 16-24? Do you want to kick-start your career at an exciting company without having to go to university - but don't know where to begin in finding out your options?**

I'd like to bring your attention in particular to the

WhiteHat x Redbridge,  
National Apprenticeship Breakfast  
Friday 7th February,  
9:30-11am  
for young people ages 16-24

to find out more about apprenticeships.

If any of your students book in, please do let me know.

The event is being held in Ilford.

<https://careerhacker.ai/careerhacking-guide/national-apprenticeship-week-2020-breakfast>

# CAREERS CORNER

For all careers based enquiries contact

Mr. Fidegnon

j.fidegnonedoh@holyfamily.waltham.sch.uk

02085203587

## Exciting opportunity for students in years 10-13.

Next week PwC are hosting a schools presentation evening in London - this is a great opportunity for students to visit a PwC office, meet staff and find out more about the employment routes available to them. The event has a technology focus, but is also suitable for students interested more generally in business and finance careers.

**Date:** Monday 20 January

**Time:** 16.30-18.30

**Location:** PwC More London Riverside, SE1  
2RT

**Registration:** This event is open to students, teachers and parents.

You can find out more information and register **here**.

For more information see

Mr Fidegnon

or contact:

**Karl Arthur**

Enterprise Coordinator

LEAN EAST Network

Local London Strategic Partnership

karl.arthur@redbridge.gov.uk

Mobile: 07741844439/07508 559338

## Year 10 Work Experience

Dear Year 10 Parents,

Please be aware that there are Work experience self-placement forms available at the school office on the upper site for those willing to find own placements. This is always better than having to rely on BEP jobs selection.

Self-placement form hand-in date: **Friday 14th February 2020**

For any help, please speak to Mrs Pike on 02085203587 Ext:302

**Want to become a lawyer but worried about the university fees? Why not consider a Solicitor Apprenticeship Programme with us.**

**Our six-year programme allows you to study for an LLB degree in Legal Practice, build your career and become a qualified solicitor whilst working and earning without having to pay the university fees.**

### The Programme

We work with Cilex Law School and The City Law School at City, University of London, to deliver the Solicitor Apprenticeship Programme. As a Solicitor Apprentice you will work in our offices based in London. Four days a week will be spent working in our practice groups and one day will be allocated to study. You will spend a year in each practice group where you will be involved in many of the day-to-day tasks of a trainee lawyer. Throughout your apprenticeship you will experience a broad range of our practice areas as you rotate through a variety of groups.

### Training and Support

Throughout your apprenticeship programme and in addition to your studies you will receive regular training. This could come in the form of on-the-job training with your supervisor or more formal training sessions through the Charles Russell Speechlys' Skills Academy. In each group that you work in you will be assigned a dedicated supervisor who will work with you to ensure you are developing the required skills and knowledge. In addition to this, you will have a personal tutor at The City Law School who will meet you at regular intervals throughout the programme.

### How to Apply

There is an application process to attend our assessment centre for the Solicitor Apprenticeship Programme. Applications are currently open and close on 10 March 2020. For more information and to apply, please visit our Solicitor Apprenticeship webpage **here**.

# Year 8 Careers Day Special Feature

by Sianna Xavier-Cruickshank 8S

On Tuesday the 14th of January, Year 8 got a golden opportunity to take part in the annual Career day. During the excitement filled day I got to interview 22 different people with different occupations and find out more about their jobs. This was highly informative due to Year 8 picking their GCSE options in the next academic year. Accountant, Recruiter, Professor at a University/Medical DNA doctor, Crane operator, Engineer, Politics, Facility manager, Biomedical Science administrator, Artist, Executive coach/Head of global sells technology, London fire brigade, Barrister, Regeneration manager, London fire brigade/former Holy Family Student, Microbiologist doctor, Advert designer, Bioinformatics, Economist, Law, Helicopter Pilot/air ambulance, HR/human resources, Financial market.

The accountant shared with me that he started off wanting to be a doctor then later figured that it was not the best path for him. He then further disclosed that the favourite part of his job is being able to support people. If you are interested in mathematics and figures then accountancy is the one for you. James earns £80,000 per year!

A recruiter is a person who recruits/ hires people for jobs. For example they would be given a criteria from their boss and would have to interview people following that criteria and try to find the individual best fit for that job. You do not need a degree for this job.

The Professor at a University/Medical DNA doctor who studied biology for her GCSE's tries to engage with all of her students. She earns a decent salary that could be increased but states she cares more about helping students that earning more money.

The Crane operator is working on a huge build to enlarge a sewer in England. It needs to be enlarged as the current sewer is too small for London's population of nine million. She informed me that she studied English Literature before but didn't like it so when she saw this opportunity she decided to change path and go for it. That was definitely the right move as she is now earning £8,000 per week due to her occupation being very high risk.

I had the pleasure to meet a former Holy Family student who is now a firefighter working for LFB. The former student revealed that he met his wife in Holy Family which I thought was heartwarming. I asked him if Holy Family encouraged him with his job. He said no but his wife is very academic so she did. The job of a firefighter is very physical and puts a lot of pressure on the workers. He ended by saying he loves his job and doesn't see himself leaving anytime.

I have learnt a lot from this experience and from these inspiring people, although I did not get to meet a Freelance Journalist which is what I aspire to be I will use what I learnt and keep on writing articles!



# Year 8 Careers Day Special Feature

by Giulia Distefano 8P

## What did you enjoy about the day and why?

I liked that we got to find out different job paths and why the professionals got inside their profession. Also the 1 minute activity; it challenged our knowledge and teamwork skills as a group.

## What did you not enjoy about the day and why?

I did not like that we had a short amount of time, which meant that we did not have enough time to ask questions in detail.

## What career/ job were you interested in?

I was mostly interested in the doctor because she explained why she decided to be one, and her opinion about it. She was very honest about the difficulties but said that it was worth it in the end. Also I chose this one because I aspire to be a doctor/pediatrician in the future.

Thank you to all the volunteers that participated in the careers day, it made a massive difference to the perspective of pupils of what they wanted to do in the future. It helped us understand different skills in jobs so we could have different views of peoples life style. I hoped that this day was enjoyed by not only students but teachers, organisers and volunteers.



# Year 8 Careers Day Special Feature

by Yu Ruo Chen 8P

On careers day, people with different careers came into our school and talked about their careers. People such as firefighters, artists, lawyers and barristers talked about their experiences and what they had to do to be who they are now.

The thing I enjoyed most on career day was asking questions about their jobs and talk about their experiences. The thing I did not enjoy about this day was that we didn't get enough time to talk to them as we had to move around quickly after a few minutes.

The career I was interested in was not there but I really liked the artist and the apprentice because their jobs really interested me.

Even though the career I wanted to know about more was not there, I still enjoyed listening and learning about other careers as they are equally interesting and useful.



# Year 8 Careers Day Special Feature

by Malachi Cameron-Marques 8P & Perry Kwarteng 8P

I enjoyed careers day a lot as many gifted professionals took time out of their days to visit us and enrich us. They told us about the jobs they do, for example, engineer and artist. Personally I thought that these careers were infused with knowledge as I would like to pursue a career along these lines like architecture or maybe a vet. I found it educational as it taught me a lot about the working world and its secrets to getting a lot of money and living a good life. I hope that we are able to do this again please.



On careers days I enjoyed all the different types of people showcasing their talents and careers. Many different people took time out of their own jobs to share what they have experienced from GCSE'S to where they are now. The careers I took an interest in was the firefighter as he was part of Grenfell tower fire and he saw the burning first hand. I also took an interest into an engineer who worked on railways and track to help other people. I would also have liked it if the the professional would have stalls so we would go to our preferred career choice.



# Year 8 Careers Day Special Feature

by Neli Edreva 8E & Ted Trivuncic 8A

On this day, I enjoyed meeting many people who have different careers and they gave us an introduction to what their career is about. I also enjoyed the way that there was a range of careers for us to choose from. I did not really enjoy how we had a short amount of time to speak to the people as me and my group had many questions to ask every visitor. On careers day, I really enjoyed and I am interested in the job of being a lawyer. This is because they get to help people in many different ways and they sometimes deal with court cases.



On Careers day I liked that we got to meet people who have lots of different jobs because I got to know what happened in them. We also got to do different activities with each of them. I didn't like that we had to keep on changing with different people because we might have had more time to talk to them, and some of the activities were quite hard, they took up some time when we were supposed to talk to them, so we didn't do some of them. I was interested in the crane operator, engineer and the air ambulance pilot.



# Year 8 Careers Day continued



Katie Kelleher  
@Katie\_Cranes



Busy day spent at the  
[@HFCSWaltham](#)

Spoke to 23 tables based of around  
8-10 year 8 students, I am so  
hoarse!

A fabulous career event where I got  
to tell students all about construction  
and being a crane operator.

[#construction](#)

[#womeninconstruction](#)

[#stemambassador](#) [#london](#)



# Year 8 Careers Day continued

Not only did year 8 enjoy themselves, so did our speakers!

*"Thank you for today. It was really fun and engaging. Quite gratifying to see such enthusiasm amongst these really lovely kids. Hopefully one of them will become an infection doctor! I really did enjoy myself and was glad to have had the opportunity to have met those curious fantastic kids."*

- The Doctor

*"It was a pleasure they were a very confident bunch and all extremely polite and engaged"*

- The Accountant

*"I was impressed by the calibre of questions, the politeness, I wish some of my clients would welcome me to the table as one group did! A few were less enthusiastic to be engaged but they soon picked up when I spoke to them about how my job includes everything not just doing art. I didn't encounter any difficult individuals, although there was one who was bitterly disappointed I wasn't a footballer. Hey ho, I can't be everything to everyone! I had a great day, I would happily help again at a similar event"*

- The Artist/illustrator

*"Thank you for having me, I really enjoyed this morning's session"*

-The Regeneration Manager



# D&T ASSEMBLED

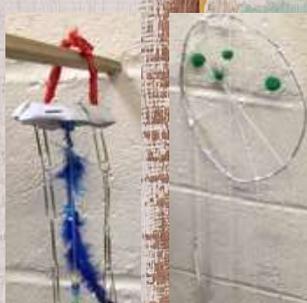
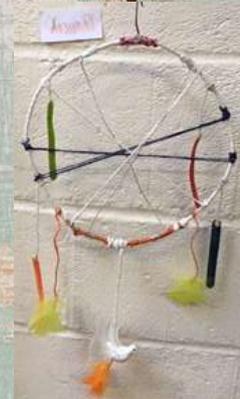
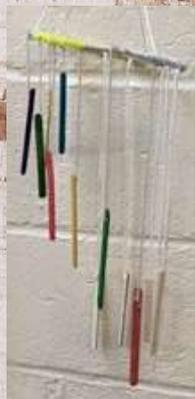
**NIGHT LIGHTS LEADING THE WAY!  
YEAR 7 HAVE BEEN BUSY CREATING THEIR OWN NIGHT LIGHTS!**



**SHOUT OUT TO MISS SALAHI'S  
YEAR 9 D&T CLASS FOR OUR  
NEW PAGE NAME!!**

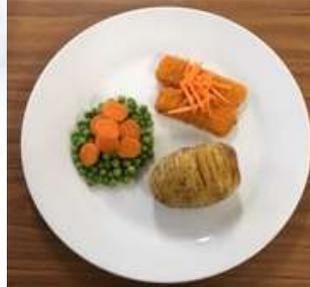
# D&T ASSEMBLED

**REDUCE, REUSE, REPURPOSE, RECYCLE**  
**YEAR 8 HAVE BEEN MAKING GARDEN DECORATIONS FROM**



# D&T ASSEMBLED

**FISH FINGER CHALLENGE!**  
YEAR 10 WERE TASKED WITH MAKING A COMMON PLACE FOOD INTO SOMETHING A BIT MORE EXCITING



**COOKING CLUB HAVE BEEN WORKING TOGETHER TO MAKE A VERY HEALTHY DINNER CHOICE. GREEN VEGETABLE SOUP WITH HOME MADE BREAD ROLLS. PERFECT FOR JANUARY'S WEATHER!**



## RETHINK YOUR DRINK

This was a year 8 Rethink Your Drink lesson in Food. Students looked at how much sugar we consume in our drinks and the effects of too much sugar in our diets. Do you know your recommended daily allowance?



Find out more and test your own knowledge here:

<https://www.bbcgoodfood.com/howto/guide/truth-about-sugar>

# D&T ASSEMBLED



Textiles club have been busy preparing their entries for the Illusive London Juniors tracksuit competition. Keep your eyes peeled on our social media platforms for more info!

**SNEAK PEEK!**



# MFL NEWS

Full Payments by  
the end of March

If you would like to  
go but haven't  
signed up, see you  
language teacher  
ASAP!

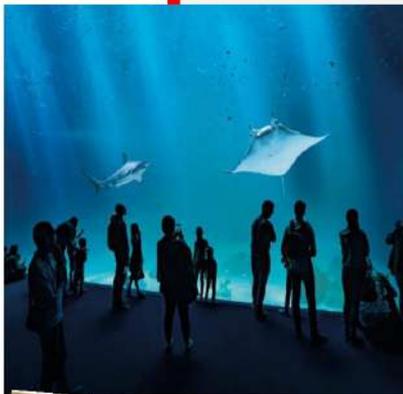
## School Trip To Opal Coast



France Trip



## Year 8 TRIP: 2<sup>nd</sup> July 2020 Boulogne sur Mer



Waffle workshop / tasting  
Visit of the traditional French town  
Visit to the beach



Payment via ParentPay  
Bring in a copy of your current passport  
EHIC card  
Medical form



# MFL NEWS

Payments should have been made. See your MFL teacher if you still want to attend

**Onatti**  
productions ltd

## Theatre company is coming to Holy Family !!!

French play : Les Garçons  
Date: Thursday 2 April 2020  
Time: 8:45-9:45 am for year 8,9,10 Upper site Hall

Spanish play : Primera Cita  
date: Monday 27 April  
Time : 8:45-9:45 am for year 7,8,9 Lower Site Hall



Make your £3 Payment on Parent Pay



Excellent progress and achievement in their French assessment  
Year 8 students

Neli Endreva  
Cameron Hinds  
Laura Kasprzyk  
Maria Shotikare  
Allison Teeves  
Omari Paul Jones  
Wiktoria Matejek  
Rachel Costa

Sam Mee  
Jericho Gonzales  
Ilana Ifefo  
Filipa Andre  
Alisia Dehelean  
Thomas Masterton  
Emilia Biedrowska

Year 7 High achievers for the Autumn Term

Julianna Villanueva	7IG
Ayat Gaim	7IG
Christabel Asare	7IG
Jemuel Omango	7A
Vanessa Pallan	7A
Destiny Simon	7E
Naomi Marquis	7E
Glynis Diafuana	7I
Dilara Gunkordu	7I



Great Job!



Great Job!

# MFL Seneca Champions!



Seneca  
Champion

Most Questions Answered

**Dilara G., Zackary R.**



Seneca  
Champion

Most Questions Answered

**Mariya L., Francis W**



Seneca  
Champion

Most Time Studied

**Zackary R.**



Seneca  
Champion

Most Time Studied

**Cino J.**



Seneca  
Champion

Most Time Studied

**Eva P., Angel K.**



Seneca  
Champion

Most Time Studied

**Katerine O.**

**Most Questions Answered on Active Learn This Week:**

**French: Angel K., Gabriel L., Eva P., Eduard K.,  
Sam M., Wiktoria M., Ozge A., Zackary R.,  
Katrine O. and Francis W.**

**Spanish: Aaliyah H. and William G**



# ON SALE NOW GIRLS TROUSERS



**FROM JANUARY GIRLS WILL BE ABLE  
TO WEAR THE OFFICIAL HOLY FAMILY  
TROUSERS**

The school logo will be a feature of the new school trouser for girls. No other trouser will be accepted and any uniform infringement will be followed up as with any other part of incorrect uniform.

## Available from

**Speedstitch**



<http://www.speedstitch.co.uk>

**Carolinas**



<https://carolinaschooloutfitters.co.uk>

[www.holyfamily.waltham.sch.uk](http://www.holyfamily.waltham.sch.uk)



# ARTISTRY YOUTH DANCE AUDITIONS

AUDITION DATE

SUNDAY 19TH  
JANUARY, 2020

SEEKING DANCERS OF AFRICAN  
& CARIBBEAN DESCENT,  
TO JOIN OUR VIBRANT LONDON  
YOUTH DANCE COMPANY  
12 - 19 YEARS  
JAZZ & CONTEMPORARY DANCE

TO REGISTER, VISIT:  
[WWW.ARTISTRYYOUTHDANCE.COM](http://WWW.ARTISTRYYOUTHDANCE.COM)



AYDANCECO



ARTISTRYYOUTHDANCE



ARTISTRY YOUTH DANCE