

# FAMILY MATTERS

HOLY FAMILY CATHOLIC SCHOOL  
NEWSLETTER



# Disney

**HALF TERM  
FUN IN  
DISNEYLAND!**



@HFCSWaltham



[www.holyfamily.waltham.sch.uk](http://www.holyfamily.waltham.sch.uk)



@HFCSWaltham



# HEADTEACHER'S MESSAGE

## Quotation of the week

“Thirty days hath September, April, June, and November; All the rest have thirty-one, excepting February alone, And that has twenty-eight days clear, And twenty-nine in each leap year”  
(Traditional English nursery rhyme)

I have a friend who is celebrating his 11th birthday on Saturday 29th. He also has an 11 year old daughter. How can this be? The answer of course is that he was born on February 29th and therefore is really 44 years old!

## Thank you

Thank you to everyone at Holy Family and connected with the Holy Family community for your expressions of sympathy at the recent passing of my wife, Maura. The cards, emails and kind words and prayers have been a great comfort to us and have amply demonstrated what a caring community we have here at Holy Family.

## Did you know?

Did you know that we work very closely with our Catholic primary schools in Waltham Forest as part of what we call the Aquinas Trust. Thomas Aquinas was a great scholar and is the patron saint of students. Each year we agree on a number of activities that we will work on together.

This year this has included our annual Mass for all staff in our schools, invitations to training events in each other's schools and what we call headteacher peer reviews. This is when all the headteachers visit one of our schools for the day and observe lessons and activities, speak to staff and students and then provide feedback at the end of the day. This year we decided to have a shared focus on behaviour. Colleagues visited Holy Family three weeks ago and were very impressed with the conduct of students, the behaviour in lessons and at breaktime and lunchtime and with the maturity of the young people they spoke with. We will be visiting all the schools during the rest of this academic year. In March we also have a special Mass for representatives of the students in all the schools. We also run sessions when primary school pupils can come to Holy Family and use our science labs and our technology workshops. Finally in July our PE department and student sports leaders run the inter-primary school sports day for all the primary schools. In total there are over 2500 pupils in our Waltham Forest Catholic schools and we want to provide the very best for each of them.

# HEADTEACHER'S MESSAGE

## **Parents' evenings this term**

We have parents' evenings for each year group during the spring term and enjoy excellent attendance and support from parents at these events. The remaining ones are listed below for your convenience.

Thurs 5th March Yr 10

Thurs 19th March Yr 8

All parents' evenings take place from 4pm to 6.30pm on the site where the year group is based.

## **Relationships and Sex Education**

Thank you to parents who came to our consultation evening regarding the new Relationships and Sex Education curriculum. It was helpful to us to have parental input and we are also grateful to everyone who responded to the questionnaire survey that we circulated earlier in the term.

## **Parents' surgery**

Parents' surgery takes place every Thursday from 4pm to 5pm.

If ever I am unavailable then a senior colleague substitutes for me.

Please continue to remember us in your prayers.

Dr Andy Stone

Headteacher





# *Headteacher* **COMMENDATIONS**

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This week we have commendation  
nominations from Ms Hall for the following  
students:

**Valentina Correa-Gallego**

**Mariesa Gray**

**Joseph Orafu**

**Sean Nguyen**

Before the half-term break they helped a  
member of the public on Wyatts Lane who  
had fallen over and was coming in and out  
of consciousness. They called the

ambulance and sent for a teacher to help.

They stayed with the man and waited for  
help when they had seen other members of  
the public walk past the man.



# SOCIAL MEDIA CATCHUP



@hfcswaltham



@hfcswaltham



# LITTLE REMINDERS OF HOW TO BE KIND ONLINE

ONLINE ABUSE CAN HAVE A SEVERE IMPACT ON PEOPLE'S LIVES AND IS OFTEN TARGETED AT THE MOST VULNERABLE. CYBERBULLYING HAS BEEN SHOWN TO HAVE PSYCHOLOGICAL AND EMOTIONAL IMPACT. IN ORDER FOR US TO DEVELOP EMPATHY FOR OTHERS WE SOMETIMES NEED TO MOVE AWAY FROM FULFILLING OUR OWN NEEDS AND THINK ABOUT THE NEEDS OF OTHERS. THIS IS SOMETIMES MORE CHALLENGING ONLINE BECAUSE WE CANNOT SEE THE PERSON, CONNECT WITH HOW THEY FEEL NOR INTERACT FACE TO FACE.

THIS GUIDE WILL HELP YOU TO BE MORE CAREFUL ONLINE AND IS SUITABLE FOR ANY ENVIRONMENT I.E. GAMING, MESSAGING AND SOCIAL MEDIA. IT WILL HELP YOU TO UNDERSTAND THE IMPORTANCE OF SHOWING KINDNESS AND HOW TO DEVELOP EMPATHY ONLINE.

## TOP TIPS FOR EVERYBODY

## #WAKEUPWEDNESDAY

### UNDERSTAND WHAT 'EMPATHY' IS

**EMPATHY** IS THE SKILL OF RECOGNISING, UNDERSTANDING AND CARING ABOUT ANOTHER PERSON'S FEELINGS AND TAKING ACTION TO HELP. THIS IS TRICKIER ONLINE BECAUSE RECOGNISING AND IMAGINING HOW ANOTHER PERSON FEELS IS HARD WHEN WE ARE NOT WITH THEM FACE TO FACE. WHEN WE TRY AND UNDERSTAND HOW SOMEONE FEELS THROUGH WORDS ALONE, IT CAN LEAD TO CONFUSION OR A MISUNDERSTANDING.



### FEEL SEE AND UNDERSTAND

IF WE IMAGINE OURSELVES IN THE SITUATION OF ANOTHER PERSON, WE TAKE ANOTHER STEP DOWN THE PATH OF EMPATHY. IT DOESN'T MEAN AGREEING WITH THE OTHER PERSON, BUT IT MEANS **UNDERSTANDING** HOW THEY FEEL. IF YOU FEEL YOURSELF BECOMING DETACHED AND UNCARING PERHAPS DEVELOP A MENTAL PICTURE OF THEM, SO YOU CAN IMAGINE THEM AS REAL PERSON AND NOT JUST A BUNCH OF WORDS. IF YOU KNOW THE PERSON, CONSIDER A VIDEO CHAT OR VIDEO CALL.

### # DEVELOP SELF EMPATHY

ALTHOUGH WE TEND TO SHOW THE BEST OF OUR LIVES THROUGH SOCIAL MEDIA, THE REALITY IS WE ARE NOT ALL PERFECT. HAVING **EMPATHY** FOR OTHERS MEANS WE NEED TO ALSO HAVE SELF EMPATHY. IF WE UNDERSTAND THAT WE ARE NOT ALL PERFECT, INCLUDING OURSELVES, WE CAN FIND KINDNESS.



### ★ OFFER HELP ★

ACCORDING TO DR DAN SEIGEL, A CLINICAL PROFESSOR OF PSYCHIATRY, BEING KIND IS REALLY ABOUT RESPECTING EACH OTHER'S VULNERABILITY AND WANTING TO HELP. SO, WHEN SOMEONE IS SHARING THAT THEY ARE STRUGGLING OR FINDING LIFE HARD, OFFER HELP, EVEN IF THE HELP IS A **LISTENING** EAR OR SAYING, 'I CAN UNDERSTAND YOU WOULD FEEL THAT WAY, I'M HERE FOR YOU'.



### TRY TO ADD VALUE

CONSIDER, BEFORE YOU COMMENT ON A POST OR IMAGE, HOW CAN I HELP THIS PERSON TO LOWER THEIR SADNESS? HOW CAN I ADD SOMETHING TO **IMPROVE** THEIR DISTRESS AND HAPPINESS? SHOWING OTHER PEOPLE'S PAIN AS ENTERTAINMENT AS A WAY TO GET NOTICED OR MORE LIKES DOES NOT ADD VALUE.



### BE RESPONSIBLE

THINK TWICE BEFORE YOU ACT. CONSIDER, ARE YOU ACTING ON ANGER, FRUSTRATION OR IN A MOMENT OF JUDGING A SITUATION WITHOUT KNOWING THE **TRUTH**? ONLINE, IT IS EASY NOT TO HAVE ALL THE FACTS AND REACT TO A SITUATION WHICH IS BEING PORTRAYED.



### UNDERSTAND THE IMPACT OF YOUR ACTIONS

COMMENTING ONLINE SOMETIMES MEANS THAT WE DON'T ACTUALLY 'SEE' THE IMPACT OF OUR COMMENTS AND WORDS. THIS MEANS IT CAN BE **EASIER** TO DETACH FROM THE CONSEQUENCES OF OUR ACTIONS. UNKIND COMMENTS DO HAVE CONSEQUENCES AND CAN ADD TO SOMEONE'S DISTRESS AND FEELING ABOUT THEMSELVES.



### DISASSOCIATE FROM PACK MENTALITY

ONLINE, IT IS EASY TO GET CAUGHT UP WITH POSTING **NEGATIVE** COMMENTS BECAUSE EVERYONE ELSE SEEMS TO BE. GET COMFORTABLE WITH STANDING OUT, AND NOT GETTING CAUGHT UP POSTING NEGATIVELY BECAUSE EVERYONE ELSE IS. EVEN IF THIS MEANS STANDING ALONE AND REMINDING OTHER PEOPLE THAT THEIR BEHAVIOUR IS UNKIND. YOUR COURAGE COULD SAVE A LIFE.

## \*#BEKIND\*



**National  
Online  
Safety®**

#WAKEUPWEDNESDAY

### MEET OUR EXPERT

THIS GUIDE HAS BEEN WRITTEN BY ANNA BATEMAN. ANNA IS PASSIONATE ABOUT PLACING PREVENTION AT THE HEART OF EVERY SCHOOL, INTEGRATING MENTAL WELLBEING WITHIN THE CURRICULUM, SCHOOL CULTURE AND SYSTEMS. SHE IS ALSO A MEMBER OF THE ADVISORY GROUP FOR THE DEPARTMENT FOR EDUCATION, ADVISING THEM ON THEIR MENTAL HEALTH GREEN PAPER.



For further info, check out these online resources too

<https://www.themix.org.uk/>

<https://youngminds.org.uk/>

<https://www.mind.org.uk/>



# Chaplaincy Corner

- Mrs. Grierson, Chaplaincy

All students had the opportunity to attend a Liturgy of the Word and distribution of ashes on Ash Wednesday (26 February). Many thanks to the students who read during the services and staff who helped to distribute ashes. Thank you to Fr Niall for leading the service on the Walthamstow site and Mr Norman for leading the service on the Wiseman site. Students and staff could also receive ashes in the Chapel at lunchtime.



## ***A Lenten prayer for Ash Wednesday***

*God of goodness and mercy,  
Hear my prayer as I begin this Lenten journey with  
you.*

*Let me be honest with myself as I look into my  
heart and soul,  
noticing the times I turn away from you.  
Guide me as I humbly seek to repent and return  
to your love.*



*May humility guide my efforts to be reconciled  
with you and live forever in your abundant grace.*

*Transform me this Lent, heavenly Father. Give me  
the strength to commit myself to grow closer to  
you each day.*



*Amen*

©Dynamic Catholic

## Key dates – Lent 2020

**Sunday 1st March – 1st Sunday of Lent (Feast of St David)**

**Tuesday 3rd March 1.30pm – Lunchtime Mass – Wiseman Chapel**

**Thursday 5th March 10am-1.20pm - Sacrament of Reconciliation (Confession) –  
Wiseman Chapel**

**Friday 6th March CAFOD Family Fast Day**

**Sunday 8th March – 2nd Sunday of Lent**

**Monday 16th March 10am-1.20pm Sacrament of Reconciliation (Confession) –  
Wiseman Hall**

**Sunday 15th March – 3rd Sunday of Lent**

**Thursday 19th March – Feast of St Joseph**

**Sunday 22nd March – 4th Sunday of Lent (Mothering Sunday)**

**Sunday 29th March – 5th Sunday of Lent**

**Friday 3rd April – last day of term**

**Sunday 5th April – Palm Sunday**

**Thursday 9th April – Holy Thursday**

**Friday 10th April – Good Friday**

**Saturday 11th April – Holy Saturday**

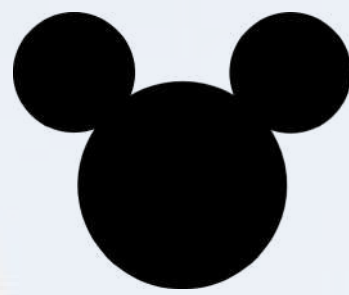
**Sunday 12th April – Easter Sunday**

**Monday 13th April – Easter Monday**

**Monday 20th April – return to school**



# MATHS DEPARTMENT TRIP TO



# Disney

During half term, the Maths Department took over 40 year 10 students to Disneyland Paris to learn all about Disney Maths!

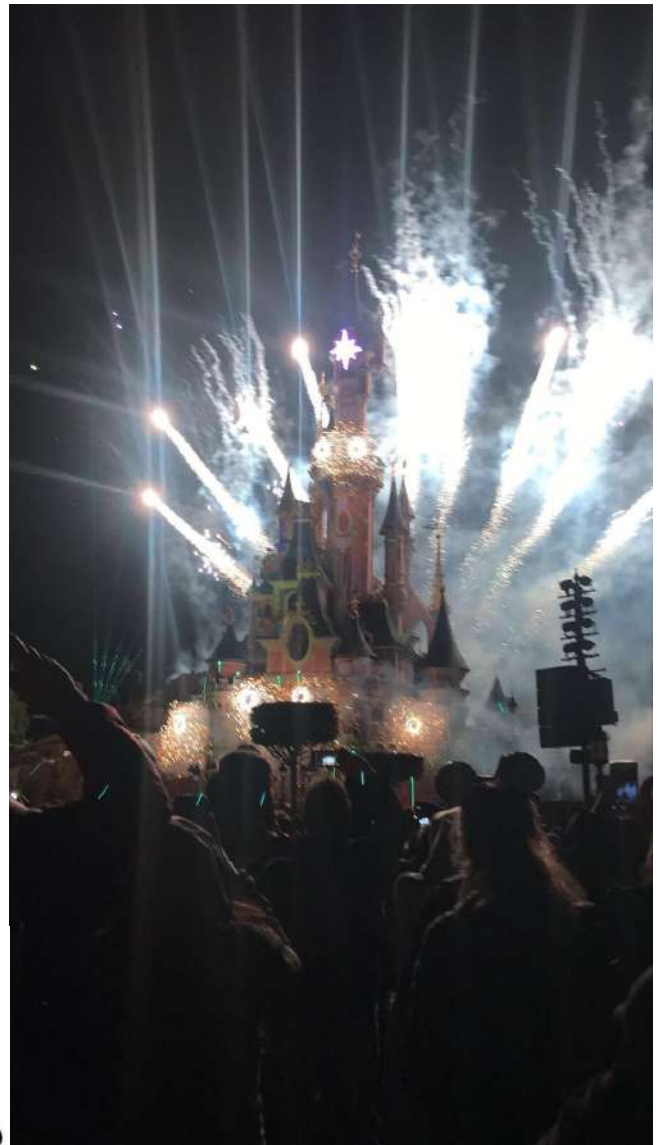
Students attended a seminar and workshop, exploring key learning points from the classroom and seeing how they are put into practice at Disneyland Paris. Students then had the opportunity to work in small teams to plan a new roller coaster. Having agreed on a creative idea, the teams needed to show how mathematical concepts would be used in their design. At the end of the workshop, the teams presented their plans to teachers and students before receiving feedback on their work. All teams worked very well together and produced very unique designs.

Students also had two days in the Disney parks and enjoyed going on all of the rides, with the Tower of Terror and Space Mountain being popular favourites!

We had a very enjoyable and memorable trip and look forward to visiting again.

The Maths Department

# Disney





# **Year 9 GCSE Drama class**

## **'Take to the Stage'**

### **with**

## **The Donmar Warehouse**

### **update by Christine Savva**

In the past few weeks, year 9 GCSE drama class have been busy and hard at work, with their project 'take to the stage' with Donmar Warehouse. We did a few activities that linked to Carol Churchill's play 'Far Away, ' getting us ready for creating a devised performance of his play. We got into groups discussed what world no.2 should look like and what things we would do differently to sustain a healthier and happier World.

During a class discussion many people were very passionate about the environment, people talked about how world no.2 should only have electric cars, a lot of trees and less plastic in production. The class was also big on equality ; things such as sexism, racism and homophobia, would all be erased in world no.2 .

In groups we created a performance about the Earth ending, most groups had people about to travel to world no.2, but hearing the heart breaking news that one of their loved ones had to stay on the dying Earth. In another lesson, we wrote a small script, with dialogue between two characters. The characters could be who we wanted them to be as long as the script was about the world ending, we were given the starting lines and we wrote on from there. It was very interesting to hear everyone else's version. We then did a group activity, where we created 7 freeze frames of anything we wanted, and then gave each group a scenario to link our 7 freeze frames to.

We will be sure to keep you updated with our journey into this project!



# YEAR 11 ART TRIP!



YEAR 11 ART STUDENTS WENT FOR A WALK AROUND EAST LONDON TO SEE DIFFERENT TYPES OF ART THEY VISITED BRICK LANE, THE BARBICAN, THE WHITECHAPEL GALLERY AMONGST OTHERS





# BFI Documentary Film Academy

## BY CHLOE CONTALDO



During the half term I was able to go on an amazing opportunity run by the British Film Institute. It was a one week residential surrounding the making and production of documentary film, including masterclasses with BAFTA and Oscar professionals, as well as classes on editing, camera workshops, and practical skills.

We were split into five groups and all produced short documentaries focused on a wide range of topics and themes. The topic given to my group was 'First Generation Immigration' - our group focused on the changes in culture and society when immigrating to a new country. Furthermore, we wanted to highlight the beauty of immigration and the positives and opportunities it can bring to an individual.

For our documentary, research and development was a significant aspect, in particular finding contributors. My friend Erika Adioo, who attends Holy Family and is in 12A was in the documentary as a contributor; we spent a day shooting interviews with her, and the next day filming with Erika on location. Finding shoot locations was also a big aspect during the pre-production of our film; after searching and deliberating, we all agreed that filming in Walthamstow would be the perfect fit for our documentary.

Walthamstow is an area rich in culture and diversity which was perfectly in line with the topic for our documentary - we filmed in places such as Walthamstow Market which is filled with colour and culture, creating a meaningful aesthetic for our film.

Overall, the BFI Documentary residential was an amazing experience, allowing me to gain insight into the professional world of filmmaking and was a week I will always cherish.



# FOUR REPRESENTATIVES FROM OUR ECO-COUNCIL DELIVERED A FANTASTIC ASSEMBLY TO STUDENTS AT OUR LADY & ST GEORGE'S SCHOOL BEFORE HALF TERM!





# CAREERS CORNER

For all careers based enquiries contact

Mr. Fidegnon

[j.fidegnonedoh@holyfamily.waltham.sch.uk](mailto:j.fidegnonedoh@holyfamily.waltham.sch.uk)

02085203587

## 1. Choosing a career path

Have you ever thought about what your ideal career path would be? If this is the sort of question that seems so big and overwhelming that it leaves you weak at the knees, we have a useful formula to help you make a start. Think about what you like (interests) and what you're good at (skills), put the two together and start researching careers that match this overlap.

**Task:** Create two lists: one of your interests and the other of your skills, and research three jobs which match both.

## 2. How to become...

Success at School website's [How to become...](#) pages explain what you can expect from certain career paths and the skills, qualifications and experience you need to get there. Yesterday you used your skills and interests to identify some possible careers paths, and today you'll figure out how to get there.

**Task:** Use the How to become... pages to research three career paths which match your skills and interests. For each job, write down one way you could gain each of the following: (i) skills, (ii) qualifications, (iii) experience.

## 3. Apprenticeships vs university

These days, it's often possible to qualify for a high-skilled job through an advanced, higher or degree apprenticeship. This means you can start training and gaining qualifications on-the-job straight from school without going to university. Your employer will pay for any qualifications you need.

**Task:** Research the pros and cons of university and also advanced, higher and degree apprenticeships. For the three jobs you have chosen, use the internet to research (i) apprenticeship opportunities and (ii) relevant university courses.

## 4. Work experience

Employers say work experience is a huge advantage to candidates applying for jobs as they are on the look-out for those with the skills and experience - not just the qualifications and enthusiasm - to do the job.

**Task:** For each of the three jobs you have highlighted, use our site and the internet to research different ways you can gain work experience: (i) through school/college, (ii) outside school, such as during the summer holiday.

## 5. Employability skills

Employers look for certain skills in every candidate, regardless of the role, so it's vital you use your time in education to develop these skills. You can develop employability skills in class, through extracurricular activities and through part-time work. We have [lots of resources](#) to help you find out what these skills are and how you can gain them.

**Task:** Pick three employability skills from [this list](#). Do some research on our site and the internet and write down three ways you can gain them (i) in school/college and (ii) outside school/college.

# National Careers week is next week

[Click Here](#)  
for more help and information  
from  
Success at Schools careers  
advice



### Advice for your parents / guardians

We have just set up a mailing list for parents and guardians. If you think they'd like advice on how to help you plan your future career, send them this link and tell them to sign up to Success at School:  
<http://eepurl.com/daPZLT>

# CAREERS CORNER

For all careers based enquiries contact

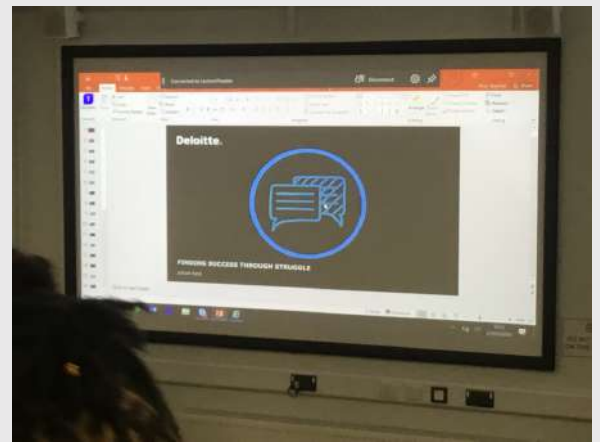
Mr. Fidegnon

[j.fidegnonedoh@holyfamily.waltham.sch.uk](mailto:j.fidegnonedoh@holyfamily.waltham.sch.uk)

02085203587

## Deloitte.

Year 9 enjoyed a talk by Steve from our employer partner Deloitte as part of our engagement work with employers.



The feedback from our students on the talk was absolutely fantastic.

# BOOST CHARACTER EDUCATION



with NCS At Holy Family

At Holy Family we want to make even more of a difference to the lives of our students, by getting them involved with a national initiative.

NCS offers young people life-changing experiences that give them the confidence to get more out of their future.

Academic qualifications alone won't equip them to tackle life's challenges

They need  
**RESILIENCE, SKILLS** and **CONFIDENCE**  
to take responsibility for their own lives

So please encourage your son / daughter to sign up for this fantastic programme by contacting **Mr Fidegnon** (The school co-ordinator) or by using the following link:

<https://wearencs.com/sign-up-to-ncs>



# Throughout the term year 10s will tell us about their career aspirations

**NAME:** Esther-Maria Annobil 10R

**MY CAREER ASPIRATION IS:**

to be a lawyer.

**MY ROLE MODEL IS:**

my mum

**I AM INSPIRED BY:**

my mum, dad and family.

**I STAY MOTIVATED BY:**

I stay motivated by working with my friends.

**YOU CAN SUPPORT ME BY:**

giving me more revision materials and more verbal encouragement.

**NAME:** Ricardo Moreira 10E

**MY CAREER ASPIRATION IS:**

to be a banker

**MY ROLE MODEL IS:**

Christiano Ronaldo

**I AM INSPIRED BY:**

Harry Maguire

**I STAY MOTIVATED BY:**

believing in working hard.

**YOU CAN SUPPORT ME BY:**

teaching me about finance

**NAME:** Kaden Dawes 10A

**MY CAREER ASPIRATION IS:**

to own my own online company or be a very important figure in one

**MY ROLE MODEL IS:**

Jeff Bezos (American internet and aerospace entrepreneur)

**I AM INSPIRED BY:**

information technology

**I STAY MOTIVATED BY:**

getting praised for doing good in school

**YOU CAN SUPPORT ME BY:**

telling me not to give up

**NAME:** George Makia 10E

**MY CAREER ASPIRATION IS:**

to be a lawyer or a criminal defendant

**MY ROLE MODEL IS:**

Shawn Holly (An American defense attorney)

**I AM INSPIRED BY:**

thinking I can always represent someone in court and helping them change their life to become a better person

**I STAY MOTIVATED BY:**

believing I can make it to being a judge like Judge Judy

**YOU CAN SUPPORT ME BY:**

giving me websites of how people like me can succeed and join law

# Throughout the term year 10s will tell us about their career aspirations

**NAME:** Mariam Sanni 10R

**MY CAREER ASPIRATION IS:**

to become a lawyer

**MY ROLE MODEL IS:**

my mum

**I AM INSPIRED BY:**

my mum

**I STAY MOTIVATED BY:**

talking to my mum

**YOU CAN SUPPORT ME BY:**

basing school on our future careers and what we want to do

**NAME:** Renicka Thaneswaran 10I

**MY CAREER ASPIRATION IS:**

to become an air hostess

**MY ROLE MODEL IS:**

my cousin

**I AM INSPIRED BY:**

my parents

**I STAY MOTIVATED BY:**

my teachers

**YOU CAN SUPPORT ME BY:**

teaching me good communication skills and how to be more confident

**NAME:** Blessing Matumu 10R

**MY CAREER ASPIRATION IS:**

to become a physiotherapist

**MY ROLE MODEL IS:**

my mum

**I AM INSPIRED BY:**

Angela Cullen  
(physiotherapist  
and trainer)

**I STAY MOTIVATED BY:**

family, friends and money

**YOU CAN SUPPORT ME BY:**

believing in my aspirations

**NAME:** Usher Horne 10I

**MY CAREER ASPIRATION IS:**

to be a train driver or instructor

**MY ROLE MODEL IS:**

myself

**I AM INSPIRED BY:**

myself

**I STAY MOTIVATED BY:**

listening to music

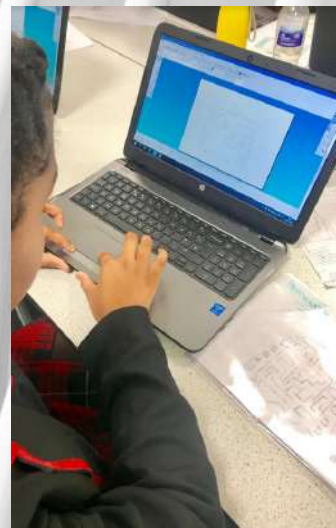
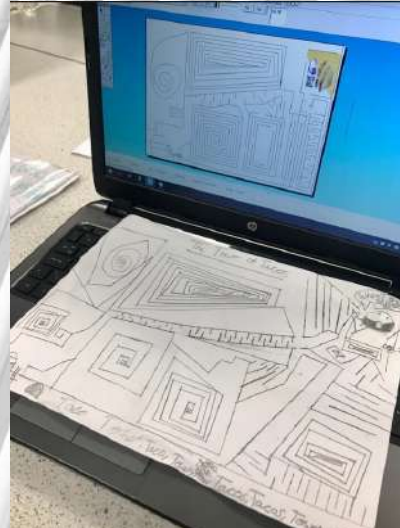
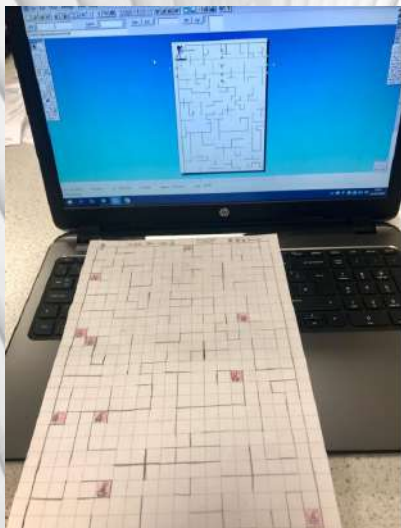
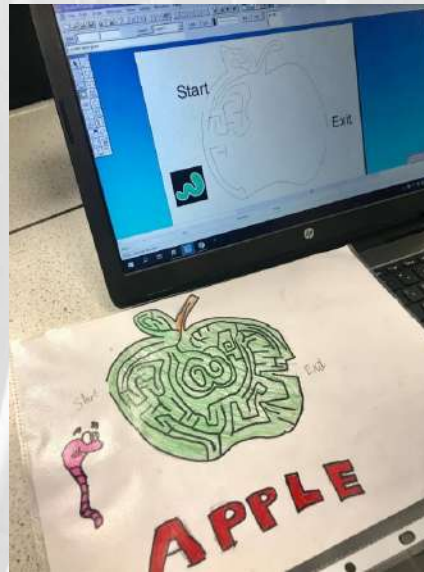
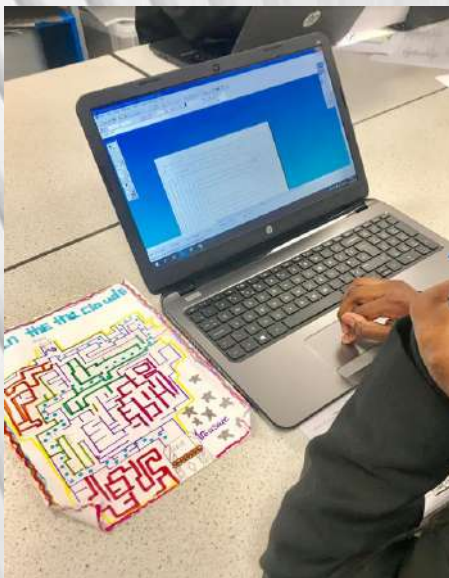
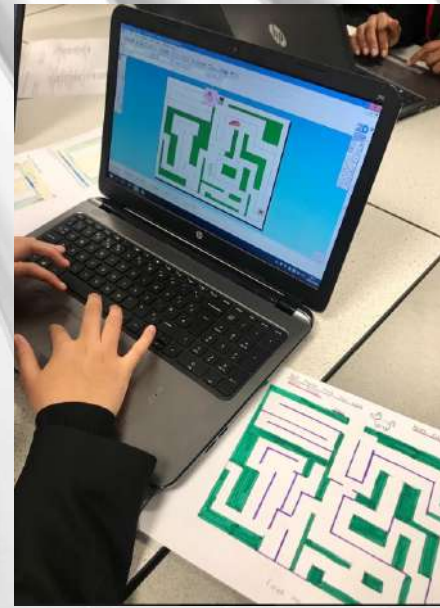
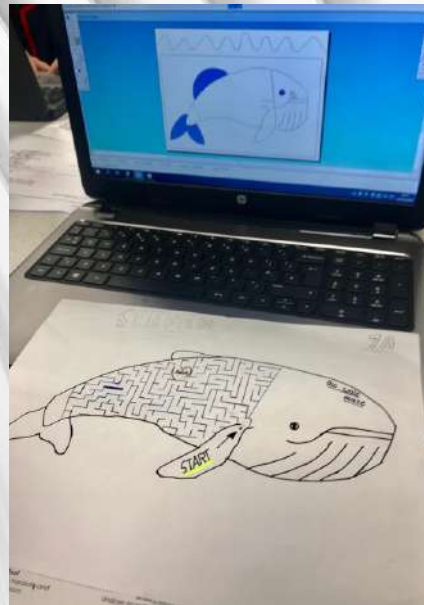
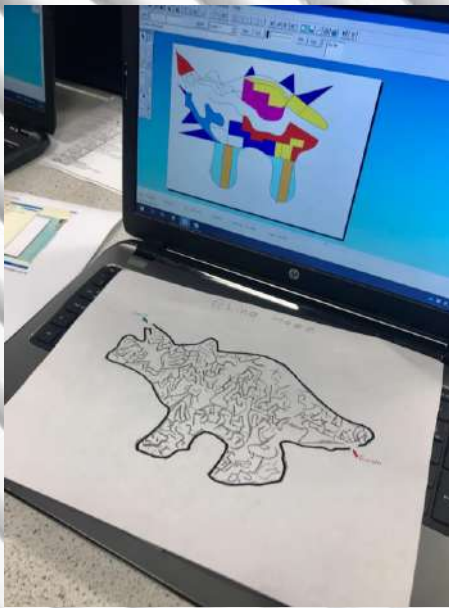
**YOU CAN SUPPORT ME BY:**

discussing my goals with me



# D&T ASSEMBLED

**YEAR 7 MAZES ARE LOOKING FANTASTIC!**





# D&T ASSEMBLED

**YEAR 9 APPLE PIES.  
HOPE THEY'RE WILLING TO SHARE!**





# D&T ASSEMBLED

## YEAR 7 WORKING SAFELY USING THE BRAZING HEARTH TO DIP COAT THEIR BOTTLE OPENERS





## **EAST Summer School 2020**

We are delighted to announce that EAST Summer School is taking place on Queen Elizabeth Olympic Park this Summer. We are inviting 12 – 17 years olds from the local area to take part in our exciting **FREE** Summer School programme which will be taking place from 27<sup>th</sup> July – 7<sup>th</sup> August.

At Queen Elizabeth Olympic Park, we are creating a new exciting cultural and education district - East Bank - which will see UCL, UAL's London College of Fashion, the BBC, Sadler's Wells and the V&A take form in the heart of East London. Ahead of these world class institutions arriving here, they wish to work with local young people in east London as part of this high-quality summer school programme. They will be providing courses in Hip Hop Theatre, Architecture, Game Design, Wearable Tech, Sustainable Fashion, Music Performance, Digital Film and so much more. You can find out more from by visiting <https://www.queenelizabetholympicpark.co.uk/our-story/get-involved/education-and-young-people/east-education-summer-school> where you will see last years programme and updates of our 2020 programme.

In the meantime, we would really like the opportunity to come and speak to your students about this amazing opportunity. It would be great if one of our team could come and present in an assembly or host a stall at lunch time from March 2020. If you are interested in arranging this please email [summerschool@QueenElizabethOlympicPark.co.uk](mailto:summerschool@QueenElizabethOlympicPark.co.uk).

We hope to see your students taking part at EAST Summer School 2020 and we look forward to meeting you.

Yours sincerely

EAST Summer School

**Queen Elizabeth Olympic Park**



# LGBT+ Month History Club

We had a lovely History Club session that was LGBT+ themed.

Students investigated the imprisonment of a person called Rykener in the early 1300s.

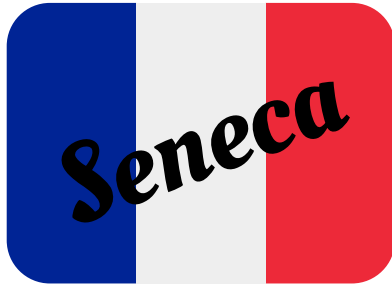
A classroom had been converted into his bedroom and our enthusiastic History Club had to piece together scattered evidence, translate Latin text, study photographs and lots more.

Students filled in a prediction as to what the real reason of Rykener's arrest was.

All to be revealed next week at History Club and prizes for the best prediction!



# MFL Champions!



**Alisia D.,  
Jotham B.,  
Pavaram Y.,  
Ela E.  
Juno V.,  
Aleena C.,  
Beverley B.,  
Mariya L.**



**Aishah S.**

**Wiktoría M.,  
Eva P.,  
Eduard K.,  
Jayden A.,**

**Tiago C.,  
William G.,  
Aaliyah H.**



# MISS SCHMIDT'S EAL GROUP WORKING ON

## Spellings







ASPIRE

# HOUSE COMPETITION FORTNIGHT

Monday 16th to Friday 27th March

Each House will compete to raise  
money for their chosen charity!

**WHICH HOUSE WILL WIN?**



March 2020

## **New Player Trials - Female only**

**CLUB:** AFC Leyton

**DATE:** Saturday 14<sup>th</sup> March, 4<sup>th</sup> April, 6<sup>th</sup> June

**TIME:** 1300 HRS (90 mins)

**LOCATION:** Salisbury Hall Playing Fields, E4 8ST

**ELIGIBILITY:** School years 2 to 12 (aged approx 7 to 17)

**BOOK:** [afcleyton.co.uk/new-player-trials/](http://afcleyton.co.uk/new-player-trials/)

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AFC Leyton is a dedicated female only youth football club in east London. We are also a registered charity. At the core of what we do is high quality football training, open to all, at a low fee. We are fully committed in covering all aspects of football with a common aim of building self-esteem, confidence and life skills.

We operate as a competitive community football club and we are an Arsenal sister club. We also have links to local Regional Talent Centres to ensure a strong pathway for talented players.

We have 3 open new player trial dates coming up. One in March, April and June. All girls that are interested in playing football can come along regardless of their experience and skill level. Our club has something for everyone: Elite players join our league teams, aspiring players join our development teams, and beginners join our foundation sessions.

Our coaches are all DBS checked, safeguarding trained, hold emergency first aid certificates and all have appropriate FA certifications for coaching.

Girls come to us from throughout East London and some of our players have gone on to higher levels of football across England.

Yours faithfully  
Tom Cruse

**Head Coach - AFC Leyton**



## Coffee mornings



### **For parents and carers of children with additional needs.**

**A relaxed chance for you to take a break, meet other parents and to hear useful speakers about the support offered locally to parents and carers.**

On the following Tuesdays from 9.00am -11am at Church Hill Nursery School, Woodbury Road, London, E17 9SB. Telephone Pat: 0208 520 4919

For more details please Email [pat.english@fans.waltham.sch.uk](mailto:pat.english@fans.waltham.sch.uk)

If you need to drop children to school, you will still be very welcome if you arrive a bit later than 9am or any time during the meeting.

#### **Dates:**

#### **Speaker:**

Tuesday 5th November 2019 -**Early Help.**

Tuesday 10th December 2019 -**WF Parent Forum**

Tuesday 28th January 2020 -**Ask a SENCo**-Pat English SENCO at Church hill nursery school is available to answer any questions related to accessing support for children with special needs in Waltham forest.

Tuesday 3rd March 2020 - **Early Help.**

Tuesday 28<sup>th</sup> April 2020 - **Possibly Family fund- TBC**

Please ask Pat for further details.

See Mr Wilbraham for more  
information

**[Click here for letter](#)**



# EASTER SKI TRIP

**3RD APRIL 2021 - 11TH APRIL 2021**

## The Aosta Valley in the Italian Alps

### TRIP COSTS £970 WHICH INCLUDES:

6 NIGHTS' HOTEL ACCOMMODATION ON A HALF-BOARD BASIS  
LIFT PASS  
SKI & BOOT HIRE  
ACTIVITIES  
COMPREHENSIVE INSURANCE  
MEDICAL ASSISTANCE IF REQUIRED  
RETURN COACH TRAVEL  
6 DAY SNOW SPORT COURSE TUITION  
AWARDS EVENING

Deposit payment of **£135**  
via Parent Pay by  
**20th March 2020**



**FRESH FROM THEIR SUCCESS RECORDING  
#STAYANOTHERDAY  
WITH EAST 17'S TONY MORTIMER**



# **WALTHAM FOREST YOUTH CHOIR**

**OPEN TO NEW MEMBERS AGED 11-18 YEARS**

**TUESDAYS | 5-6.30pm**

**At Frederick Bremer School, Siddeley Road E17 4EY**

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Register online at  
<https://wfyouthchoir.eventbrite.co.uk>