

FAMILY MATTERS

HOLY FAMILY CATHOLIC SCHOOL
NEWSLETTER

"For truly I tell you, if you have faith the size of a mustard seed, you can say to this mountain, 'Move from here to there,' and it will move. Nothing will be impossible for you," Matthew 17:20.

GET TO KNOW THE HOLY FAMILY HOUSE SYSTEM!

Cont. Pg 10



@HFCSWaltham



www.holyfamily.waltham.sch.uk



@HFCSWaltham



HEADTEACHER'S MESSAGE



Quotation of the week

““For truly I tell you, if you have faith the size of a mustard seed, you can say to this mountain, 'Move from here to there,' and it will move. Nothing will be impossible for you,” Matthew 17:20.

Jesus teaches us that with faith all things are possible. Sometimes it is difficult to understand or accept this. Sometimes we falter, sometimes we are challenged by events in our lives and wonder where God is, or whether it is worth keeping our Christian faith. Last week's gospel reading at Mass was about keeping the faith. Even the disciples found this difficult at times. Faith is not easy. It is challenging and it is difficult. The mustard seed is tiny, yet from it a great tree can grow and the same is true of faith. From small and inauspicious beginnings mighty works can form and this is what we remind ourselves in our work in the school.

Half-term

We have two more weeks of school at Holy Family and are then breaking up for half-term on Friday 25th October. This is, I realise, different from most of the rest of the schools in the borough which have half-term a week earlier. I apologise for any inconvenience this has caused and promise that next year our half-term holiday dates will align with the rest of Waltham Forest.

Visitor from Ghana

We were delighted to welcome Mrs Ama Benefo, the Headmistress of St Louis Girls Catholic High School, in the city of Kumasi in Ghana to the school on Thursday and Friday. It was fascinating to hear about her school of 3000+ girls and the difference in the level of funding, facilities and resources in Ghanaian education compared to that which we enjoy here in London. Mrs Benefo was delighted especially to meet staff and students with Ghanaian roots and she was very keen that we keep in touch and we look into organising a student trip to Ghana and arrange for some of her students to visit us too. There is much to be gained from the links we foster with schools in other countries and we are always pleased to have visitors from around the world.



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HEADTEACHER'S MESSAGE

Language Diversity at Holy Family

Did you know that aside from English our students have 45 other languages which they speak at home? This is a great degree of language diversity and means we have students who speak languages from all parts of the world. Some of these languages have qualifications at GCSE and A Level and we can advise about which subjects we can support and for which qualifications students can be entered. Every year we have students entered for examinations in (among others) Polish, French, Spanish, Italian, German, Dutch, Greek, Russian, Arabic, Portuguese, Turkish, Urdu and others. Currently we teach either French, or Spanish at Holy Family and provide opportunities for students to take qualifications in many other languages. We also have an extra-curricular Latin club for students interested in learning this ancient language. There are many common expressions in Latin which we see in English. Can you match the word, or phrase, below with the correct English translation?

Parents' surgery

Parents' surgery is every Thursday from 4pm to 5pm on the Walthamstow site. For those new to the school, parents' surgery presents an opportunity to see me, as the headteacher, without an appointment about any concerns that you may have. If ever I am unavailable, a member of the senior team substitutes for me.

Please continue to remember us in your prayers.

Dr Andy Stone - Headteacher

Latin	English
Pro bono	Rest in peace
Status quo	Holy Spirit
Quid pro quo	As things are
Requiem in pace	Something for something
Spiritus sanctus	For good



Headteacher **COMMENDATIONS**

This week we have a
commendation for

Jan Philip Escueta 11S

for consistently excellent
effort and progress being
made in English.

Jan Philip was nominated by
his English teacher, Mrs
Maris.

MISS SIMPSON

Miss Simpson RIP

We were very saddened to hear this week that our former PE teacher, Miss Simpson, passed away on Tuesday of this week after a short illness. Miss Simpson worked in the borough for over 35 years and at Holy Family for over 30 years. She retired from teaching only three years ago, but she kept up with the school and especially with the PE department, volunteering to assist with sports days and netball fixtures.

Miss Simpson was a great advocate of girls sport in the borough and was, for many years, the chairwoman of the Waltham Forest Girls School Games Association. She loved seeing all students achieve well in sport and enjoy being active, but especially girls. The success of many Holy Family girls sports teams over the years owes a lot to her enthusiasm and commitment.

Miss Simpson knew many people in the borough through her work as a PE teacher and had friends and colleagues in many other schools. She also worked as an external moderator for the exam board Edexcel and enjoyed travelling to



different countries in the summer term to moderate the PE results of international schools.

Miss Simpson was a fervent cricket fan and was very knowledgeable about the game. For many years she took students to see live cricket at Lords and the Oval and she would have been delighted with England's success in the Cricket World Cup this summer.

Miss Simpson was also a great advocate of the rights of her teaching colleagues. She served as the school representative of the National Union of Teachers and would always ensure common-sense and fair play in all dealings with staff.

Thank you Miss Simpson for all your hard work and dedication. Many people will miss you – students, former students and colleagues. May you rest in peace.

SOCIAL MEDIA CATCHUP



Holy Family Waltham
@HFCSWaltham

Handing in our @CAFOD #livesimply
Action Plan as part of our Year of
Sustainability #ASPIRE #ecocouncil
@BrentwoodRC
@CAFODBrentwood



09/10/2019, 17:18

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@hfcswaltham



Posts



hfcswaltham



Liked by vicky_tevelde and 76 others

hfcswaltham Yesterday our year 12 BTEC Business
students had the great opportunity to spend the day
at Randall & Quilter Investment Company #aspire

View 1 comment

2 days ago



Now TAKING APPLICATIONS

DID YOU MISS OUR OPEN EVENING? JOIN ONE OF OUR OPEN MORNINGS



Holy Family Catholic School & Sixth Form

ASPIRE TO THE HOLY FAMILY WAY

HOLY FAMILY IS CELEBRATING YET ANOTHER YEAR
OF RECORD BREAKING EXAM RESULTS

JOIN OUR GROWING SCHOOL COMMUNITY
APPLICATIONS WELCOME FROM ALL FAITHS AND NONE

VISIT OUR WEBSITE FOR MORE DETAILS



@HFCSWaltham



@HFCSWaltham



www.holyfamily.waltham.sch.uk

1, Shernhall Street, Walthamstow, E17 3EA



Holy Family Catholic School & Sixth Form

ASPIRE TO THE HOLY FAMILY WAY

Open Mornings

Did you miss our Open Evening?

We will be holding Open Mornings for Parents/Carers to take a look around Holy Family Catholic School for applications September 2020 on:



Friday 4th October 2019 – 10am



Friday 11th October 2019 – 11.30am



Friday 18th October 2019 – 10am

To book your place please email Ms L. Gaynor – l.gaynor@holyfamily.waltham.sch.uk

We look forward to meeting you.

1, Shernhall Street, Walthamstow, E17 3EA



@HFCSWaltham



@HFCSWaltham



www.holyfamily.waltham.sch.uk

2019/2020

PLT

**YOUR NEW PUPIL
LEADERSHIP TEAM**



Get to know the

HOUSE SYSTEM

AT HOLY FAMILY

The House System at Holy family is made up of one form class from each year group 7 to 13 and each House is named in honour of a Christian Saint. We have six Houses and each House has a teacher who is a designated House Leader:

ST. ANNE

MS PARKER

ST. STEPHEN

MS ATAKAN

ST. PHILOMENA

MS SCOTT

ST. IGNATIUS

MRS HENRY

ST. RICHARD

MRS SHERWIN

ST. ELIZABETH

MR WILBRAHAM

We celebrate each Saint with House assemblies each term, in which the House Leader inspires pupils about the work of their Saint to God and guides pupils on how they can also be living Saints. Pupils are offered the chance to choose a charity in which they can actively make a difference by organising fundraising events to raise money. Pupils are also praised for their success and achievements with the focus being on spiritual self-achievement.

Each House has a House Celebration Day. We try to celebrate reasonably close to the Saints' feast day. The day starts with a House Mass. For this we join the 9.15am parish Mass at Our Lady and St George. Students serve Mass, do the readings and bring up the gifts. Students then go to period 2 and 3 lesson as normal. Period 4, students re-join as a House on the one site and have an early celebration lunch together. After lunch, the Friends' Association has funded an ice-cream for each student which we get from a van on site.

To raise a competitive spirit, there are House Competition Fortnights once a term to foster friendly competition and fellowship. Although the points add up through the year and the winning House gets to go off site to a museum on one of our summer term enrichment days, we believe the reward is more intrinsic. Staff are also encouraged to put on events for charity fortnight, we had a 5km run, Greek/Turkish breakfast and a vegetarian one.

House Leaders send a fortnightly bulletin to the staff in their House to share with students. The bulletin always includes the House Saint's prayer and they also regularly contribute to Family Matters. All staff have a lanyard in their House colour, staff have the opportunity to wear a House T-shirt and or/hoodie sporadically.

Last year we had our inaugural House Charity Fortnight, Forms had to raise as much money as possible within the fortnight. Most of this was student-led with pupils coming up with the ideas, doing the planning and pulling off the event. A great success and a feature we want to build into the Holy Family calendar each year. Overall amount raised £1723.64. It was a success and we will be running this again this year.

Next year the House Leaders will be running the school Summer Fair to raise funds for HFCS, it will be an eventful, fun day for children and adults. Last year activities included a Bouncy Castle, making Slime, Hair Braiding, Hanging Tough competition, Talent Contest, Guess the Sweets in the Jar, a raffle, there was also cake & doughnut sale, fresh Grill BBQ, Arts and Crafts stall. We look forward to this event happening again and to you all coming!

IT'S GOING TO BE A GREAT YEAR!
THE HOUSE TEAM.

HOUSE CHARITY

Each House has a House Charity. Students put forward charities to be considered and there is a vote for the House charity during the first House assembly of the year. Last year our charities were:



Lord,

May we **achieve** the goals you
have set for us,

May we be grateful for all that we
study,

May we **participate** in all the
opportunities you bless us with,

May we learn to be **independent**
in all that we do,

May we **respect** all those around
us,

and most of all may we **enjoy** the
life you have granted us.

Lord hear our prayer,

Amen

CAFOD FAST DAY

LAST WEEK WE HELPED RAISE FUNDS FOR CAFOD FAST DAY BY SELLING SOUP AND BREAD AT LUNCH TIME - THANK YOU TO THE HOUSE LEADERS AND FOOD DEPT. FOR WARMING US UP ON A COLD DAY! WE RAISED OVER £65! THANK YOU TO MORRISONS IN CHINGFORD FOR DONATING THE SOUP AND ROLLS!



BLACK HISTORY MONTH



Neil Kenlock - photographer



Zadie Smith - Novelist and Poet



Frank Bowling - Artist

Black History Month Competition 2019

Produce a piece of writing, art or photography that celebrates and champions black history and culture.

Theme: Celebration

Prize: £25 voucher of your choosing.

Black History Month 2019 Calendar



	<u>MON</u>	<u>TUES</u>	<u>WEDS</u>	<u>THURS</u>	<u>FRI</u>
<u>THEME OF WEEK</u>	<u>7/10</u> <i>Black History Month Assembly and competition launch lower</i>	<u>8/10</u> <i>Form time resources - Neil Kenlock</i>	<u>9/10</u> <i>Lunchtime session - Early Britons and what we know. SAB L09</i>	<u>10/10</u>	<u>11/10</u> <i>Form time resource - Stormzy</i>
<u>DISCOVERY</u>					
<u>THEME OF WEEK</u>	<u>14/10</u> <u>BHM QUIZ STS L10</u> <i>Black History Month Assembly and competition launch upper</i>	<u>15/10</u> <i>Form time resource - the Bristol Bus Boycott</i>	<u>16/10</u> <i>Akala - Oxford Union 15:20 lecture theatre</i>	<u>17/10</u> <i>Trip to the black cultural archives</i>	<u>18/10</u> <i>Form time resource - Darcus Howe</i> <i>Lunchtime session - Celebrating historical 'blackness' through hip-hop, rap and grime. SHE L09</i>
<u>ACTIVISM</u>					
<u>THEME OF WEEK</u>	<u>21/10</u>	<u>22/10</u> <i>Form time resource - gal-dem magazine</i>	<u>23/10</u> <i>Lunchtime session - BHM discussion pros & cons - History Dep. L09</i>	<u>24/10</u> <i>Final day for competition entries</i>	<u>25/10</u> <i>Final day to submit student surveys conducted during history/politics lessons</i> <i>1st November</i> <i>Young Gifted & Black Awards</i>
<u>FUTURE</u>					

BLACK HISTORY MONTH



A huge well done and thank you to year 8 students Mahalia 8I and Claude 8P for delivering a site assembly on Black Month History last Friday.

BLACK HISTORY MONTH



What do we know about multicultural Britain and why does it matter?

Often Roman Britain is presented in two ways, exclusively white European and almost entirely based on armies and military conquest. While the latter has some truth the former is false.

The Roman Empire stretched from the border of Scotland to the Northern parts of Africa and with that came a significant movement of people in much the same way as there is economic migration of people now.

In search of a new life men and women took themselves and their children across huge expanses of land to new homes where all evidence suggests they were accepted and welcomed by their new neighbours.

The two main examples come from archaeological finds in York and East Sussex. Ivory Bangle Woman and Beachy Head Lady were two African women who lived comfortably and with what many historians view as a high status. In the case of Ivory Bangle Woman the contents of her grave, namely two bangles - one African ivory and one Whitby Jet, not only hint at great wealth, but the extraordinary movement of goods and trade in the Roman Empire.

Moreover, analysis of Beachy Head woman's teeth show they were in excellent condition and that she had a rich diet of fish and vegetables again suggesting an, if not elevated status, an equal status to her Roman brethren.

Both finds demonstrate a multicultural Britain long before the term even existed and are important in understanding a three dimensional history of Britain. But what is more it matters because in the current climate where migration, race and identity are all political issues looking back into History we can clearly see that our present is not exceptional and that progress and enlightenment as time goes on is not always guaranteed.

NOT TO BE MISSED...



**Akala | Full
Address and
Q&A | Oxford
Union**

*Lecture theatre -
Wednesday 16th
October 15:20*

*Snacks and drinks
available!*

TIPS

A YEAR IN TO HOLY FAMILY,
YEAR 8 PROVIDE SOME TIPS
AND ADVICE FOR THE NEW
YEAR 7S



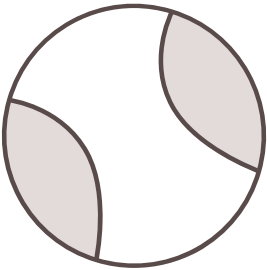
THIS WEEK WE HEAR FROM
NYAH THEODORE 8R

1. Always do your homework the day it's given to you to avoid doing it last minute
2. Listen to the teachers they are only trying to help you
3. Get engaged in your lessons even though you don't know the answer have a guess
4. Have fun. If you don't have fun you will find it harder to learn
5. Make friends

SPORTS UPDATE



Our 6th Form boys football team won 2-1 against Sir George Monoux last week. Kajaun scored both our goals. The boys played really well!



Year 9 House Dodgeball Competition was in full swing this week! Find out next week which House wins!



Chaplaincy Corner

October, Month of the Rosary

The month of October is dedicated to the Holy Rosary, one of the best known of all Catholic devotions. October includes the Feast of Our Lady of the Rosary on October 7th. The best way to celebrate the month is, of course, to pray the Rosary.

Linking with this theme, in Peace Club this week we began to look at the work of the charity, Apostleship of the Sea. Stella Maris is the patron of the Apostleship of the Sea and her Feast Day was 27 September. "Stella Maris, Star of the Sea" is an ancient title for Mary, the Mother of God, traditionally used by seafarers and others associated with the sea. Just as seafarers have traditionally depended on the stars for navigation, so they trust in the protection and guidance of Our Lady.

Apostleship of the Sea recognises and responds to the needs of seafarers. Many seafarers suffer loneliness, far from home and cut off from their own culture, family and friends.

Peace Club members also continue to raise money with their jar of sweets for CAFOD Harvest Fast Day. If you have a child in Year 7 or 8, perhaps you could give them 20p for this good cause.



Mary, Star of the Sea, light of every ocean,
guide seafarers across all dark and stormy seas
that they may reach the haven of peace and light
prepared in Him who calmed the sea.

As we set forth upon the oceans of the world
and cross the deserts of our time, show us, O Mary,
the fruit of your womb, for without your Son we are lost.

Pray that we will never fail on life's journey,
that in heart and mind, work and deed,
in days of turmoil and in days of calm,
we will always look to Christ and say,
"Who is this that even wind and sea obey him?"
Our Lady of Peace, pray for us!
Bright Star of the Sea, guide us!

Our Lady, Star of the Sea, pray for seafarers, pray for us.

(Pope John Paul II)



Holy Family Year of Sustainability – Live Simply Tip No.3

Use cloth bags instead of plastic carrier bags. Try to buy loose fruit and vegetables – or leave the plastic wrappers with the supermarket!

Pope Francis writes in his encyclical Laudato Si

25 Climate change is a global problem with grave implications: environmental, social, economic, and political and for the distribution of goods. It represents one of the principal challenges facing humanity in our day.

AN APPEAL FOR HELP - THE LITURGY OF THE WORD WITH CHILDREN

The parish church of Our Lady and St. George is planning to re-instate The Liturgy of the Word with Children at the Sunday Mass (probably the 10.00am mass)

This involves the withdrawal of children to a room close to the main body of the church to celebrate their own Liturgy of the Word, simplifying this part of the celebration, while maintaining its liturgical character. The purpose of adapting liturgy for children is to lead them into full, conscious and active participation in the Liturgy of the Eucharist. Liturgy with children, as with adults, demands dignity, clarity, and simplicity.

This can only happen if we have enough people to lead the children during this part of the mass. Full training will be given.

If you are interested and would like some more information as to what it involves please contact Bernadette on:

07804611914

bernadette.wilson1@ntlworld.com



PROJECT POLAND

On Friday, 25th October our Year 8 students will be participating in an event called Project Poland. This is a very exciting event and forms part of the Polish centenary celebrations. The project exists so that school children in the UK can get to know more about Poland, Polish people in the UK and our shared stories. Students discover diversity in Polish history and learn about the concept of migration and understand more about causation. The project promotes the importance of social cohesion and tolerance and the students will acquire an appreciation of a different culture. Students will be actively engaged and there is the possibility of being invited to the reception at the Polish embassy on 5th February 2020.

Here are some interesting facts:

- Bonds have been forged between the two countries since the 15th century
- Polish people fought alongside the British to defeat fascism in WW2
- Many Poles settled in the UK immediately after the War
- Since Poland joined the EU in 2004 thousands of Poles have emigrated to the UK
- Polish people are now the UK's largest foreign-born community.
- 2018 was the 100th anniversary of Poland regaining its independence.



Format of the Day:

Lesson 1:

Introduction

(Context) - How have Polish people enriched my life?

Lessons 2-3:

Connection - What can I learn from interviewing a Polish person?

Lessons 4-5:

Community -
Community Cohesion
Project

HOW CAN YOU HELP?



PROJECT POLAND

Lessons 2 and 3 require the students to interview a Polish person about their experiences in coming to the UK.

We would be delighted if any parents who are Polish would like to join us on the day so that students have the experience of an authentic encounter with Polish people who have migrated to the UK.

It does not matter if you can only stay a short while or for the duration of the day. You are very welcome to share your experiences and stories with our children. You will be working alongside teachers delivering the sessions and helping students to understand and value the aims of the day. The students will be doing a short interview with you as part of their learning.

If you can help please email Mrs Heath:

j.heath17.320@lgflmail.org



YEAR 11

ENGLISH MASTER- CLASSES

**LECTURE
THEATRE
3.20PM START
TIME**

**Thursday 3rd
October**

A Christmas Carol: Context

**Thursday 10th
October**

Reading Between the Lines (Literature & Language)

**Thursday 17th
October**

An Inspector Calls: Context

HOME LANGUAGE GCSE

GCSE Students in years 9,10,11 - would you like to do a GCSE in your Home Language?



IF SO PLEASE SEE MRS HEATH OR EMAIL:
MRS.HEATH@HOLYFAMILYCATHOLICSCHOOL.CO.UK

LO
VE



HO
PE



WEAR IT PINK DAY

THURSDAY 17TH OCTOBER

YEARS 7 - 11 WEAR
PINK ITEMS FOR 50P
EACH

SIXTH FORMERS GO
ALL PINK FOR A £1!

wear it
pink

wearitpink.org

breast cancer
now



5



BINGO

NIGHT!



7

Our HCPT group are holding another bingo night to raise funds for their annual pilgrimage to Lourdes. It is always a very fun evening and all the family are very warmly welcome.



2

**Friday
Nov 15
2019**

And 'eyes down' because more details will follow.

*Save the
date!*

**BRITISH
JUDO**



www.focusjudo.co.uk

Book your free trial

The Holy Family Catholic School

1 Shernhall Street, Walthamstow, E17 3EA

Free parking

Fridays 5:10 - 6:00 (5 - 8 years old)

Fridays 6:00 - 7:00 (9 - 16 years old)

#WEAREGBJUDO

NATIONAL POOL LIFEGUARD QUALIFICATION



ROYAL
LIFE SAVING
SOCIETY UK



RLSS UK National Pool Lifeguard Qualification

Next Course:

Dates: Monday 21st October to Friday 25th October 2019

Times: 9:00am - 5:30pm each day

Course Cost: £265.00 (£50 deposit required when booking)

For more information, please contact: Sylvestrian Leisure Centre, Forest School, College Place, London, E17 3PY

T: 020 8509 6526

E: enquiries@sylvestrian-leisure.co.uk

W: www.sylvestrian-leisure.co.uk



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[@RLSSUK](https://twitter.com/RLSSUK)

GET



YOUR

BAGEL

IT'S FREE!

7 . 4 5 a m - 8 . 3 0 a m