PE EXTRA CURRICULAR TIMETABLE

		Walthamstow Site		Wiseman Site	
	BEFORE SCHOOL 7.45am-8.20am	LUNCH 1.25pm-2pm	AFTER SCHOOL 3.20pm-4.30pm	LUNCH 1.25pm-2pm	AFTER SCHOOL 3.20pm-4.30pm
Mon		d Basketball GRE	Netball - WIM/PAK/SCS Mixed Football LIK. (Wiseman Site)	sketball Interform LAD/LIK	r 8 Mixed Football LIK. (Wiseman Site) Yr 10 girls - D of E Fitness
Tues	Fitness Room Yrs 9 - 11 - PAK	Football PAK	Yr 7 Boxercise/Circuits - PEA	FITNESS - WIR Basketball Interform - WIM	/10/11 sketball (WIM, PAK,COE) Fitness Room - Yr 10/11
Wed	BASKETBALL - Yr 10 - WIM	8 n/TT COE	Tramp - Yr 7/8. (COE) Yr 7 Mixed Football GRE	FITNESS - WIR Yr11 Basketball Interform- WIM/LIK	Kick Boxing - All Yrs (Week 2) - HUA
Thurs	Fitness Room Yrs 9 - 11 - WIM	sketball LAD	Yr 7 - Team Games (WIM/COE)	All Yrs Badminton - LIK/PAK YR 11 FITNESS - WIR	r 9 Girls Football- LIK Kick Boxing - All Yrs (Week 1) - HUA
Fri		ketball LAD	Staff training	11 Football - LIK Rowing (Coach)	Staff Training 6th Form BB Team Training