

# FAMILY

# MATTERS

HOLY FAMILY CATHOLIC SCHOOL  
NEWSLETTER



## CAREERS WEEK 2021 BUMPER ISSUE!

We're getting involved  
with National Careers Week...

# are you?



National  
Careers Week  
2021

Headline Partner:



## ST. DAVID'S DAY - 1ST MARCH

# HEADTEACHER'S MESSAGE

## **Quotation of the week**

"No business which depends for existence on paying less than living wages to its workers has any right to continue in this country. By living wages I mean more than a bare subsistence level - I mean the wages of decent living." -Franklin Delano Roosevelt US President 1933-1945

## **Fair Trade Fortnight**

This week has been the first week of Fairtrade Fortnight, which highlights the growing challenges that climate change brings to farmers and workers in the communities Fairtrade works with. Farmers and workers in countries such as Kenya, Ethiopia and Honduras, say climate change is one of their biggest challenges right now and low prices for their crops mean that they are struggling to fight back.

The climate crisis is an immediate and ever-increasing threat and those in climate vulnerable countries are already seeing its impacts from droughts and crop disease to floods, heatwaves and shrinking harvests.

Fairtrade gives shoppers the opportunity to live and shop according to their principles and take action to support farmers and their families. Fairtrade provides consumers with an opportunity to connect with the people who grow the produce we enjoy and need.

Our assemblies this week were on the theme of fairtrade, equity and social justice all themes which fit in very well with the season of Lent, a time when we should be thinking more of others and less of ourselves and when we consider especially those who find themselves in difficult circumstances.

## **Collection of clothes and household items**

Over the past couple of weeks staff have been bringing in items from home that they no longer want or need. These are all in good condition and we intend on making them available to families who may need some support at this time. The pandemic has meant that some families may be struggling at the moment and so we want to help. Colleagues are currently sorting out and cataloguing what has been donated and we shall be making arrangements so that we can get items to where they are needed. Please look out for further information about this, but if you are in need of such things as children's clothes, teen and adult clothing, baby items, bedding or other household items you may email me in confidence and we will make what we have available to you. My email address is [a.stone@hollyfamily.waltham.sch.uk](mailto:a.stone@hollyfamily.waltham.sch.uk)

## **Arrangements for reopening the school**

As you will be aware, the government has announced that schools will reopen from Monday 8th March. Secondary schools are required to offer Lateral Flow Tests (LFTs) to all students on their return and we are then required to make these available to all students on three occasions. These tests are subject to parental consent unless a student is 16 years old or over (which includes all sixth formers and many Yr 11 students).

Lateral flow tests are carried out by the person themselves swabbing the back of their throat and their nose. They are processed in school and a result is available after only 30 minutes. The aim of the testing programme is to try to identify any student or member of staff who may be asymptomatic but actually infectious with covid19.

# HEADTEACHER'S MESSAGE

We will be contacting all parents next week with consent forms to ask you to provide consent for your child under the age of 16. This is, of course, not obligatory, but we would like all students to be tested because that will offer us the best chance of identifying any potential asymptomatic infectious cases.

The government's plan is that, after carrying out three tests of students in school, parents will then be provided with testing kits to carry out these tests twice weekly at home. I would encourage everyone to be tested and ask parents to provide consent to do this as it will be beneficial to our whole school community.

Because secondary schools will have to carry out a very great number of tests in school we are not expected to re-open to everyone on Monday 8th March. Students in different year groups will be phased back into school during that week once their year group has been tested. We are expected to have all students back in school by Monday 15th March and we will be using the week beginning 8th March to carry out these tests.

I will provide further confirmed details for you next week in a separate letter so everyone is completely clear about the arrangements for re-opening the school.

## **Arrangements for assessing Yr 11 and Yr 13 students**

The government today confirmed that schools will be responsible for assessing students and awarding grades for Yr 11 and Yr 13 students this summer.

Grades will be based on evidence that we have about each student's performance including performance on any mock exams, in class assessments, any coursework completed and any further assessments which the school makes use of.

Grades will be published on 10th August for A level students and 12th August for GCSE students, which is earlier than usual in August. Grades will be subject to moderation processes within the school and will be subject to external checks by exam boards. There will be an appeals process for any student unhappy with their grades. We will be working out our procedures for carrying out this important work in the coming weeks.

Grades have to be submitted by schools by 18th June 2021 and it is really important that all Yr 11 and Yr 13 students continue to work hard, complete the work set by their teachers and give the best account of themselves so that we have the best evidence base on which to make grading decisions.

## **Parents' surgery**

Parents' surgery is currently a remote service. If you would like to speak to me please contact the office on either site and they will let me know that you would like me to call you on Thursday afternoon between 4pm and 5pm. You can also email me directly at anytime: [a.stone@holyfamily.waltham.sch.uk](mailto:a.stone@holyfamily.waltham.sch.uk)

Please continue to remember us in your prayers.

With best wishes,

Dr Stone  
Headteacher





# **HEADTEACHER'S**

# **COMMENDATIONS**



**We have lots of commendations again this week so thank you to staff for continuing to nominate students who have shown excellent effort in their studies.**

**First, in Spanish, nominated by Ms del Prada we have  
in 8R Akinlolu Akinsanya, Sefora Akon, Davina Boafo,  
Paul Gabriel Gonzales Punzalan, Pouran Jafari- Dizaji,  
Jeremy Matthew, Nicholas Niemczyk, Bethel Siaw.**

**In 8S we have Maria Benke, Eveleen Drapalyuk, Aaliyah Hill,  
Chikanyima Igboama, Miriam Moloney-Elkasmi, Duncan Reyes.**

**In 9S we have Stacy D'Souza, Tony Dandoczi, Almaz Farquhar,  
Nikolas Gauba, Martinas Genys, Roneta Lauzonyte, Aleesha Loates,  
Darnel Norville, Amit Sooraj, Sianna Xavier-Cruickshank.**

**And in Yr 10 we have Cleopatra Acheampong, Ciara Israel,  
Janell Dowe, Lilianna Gardzielewska, Natalia Luckowska, Miracle  
Mulamba, Victoria Szlachta.**

**Next we have  
Napsugar Ruff in 7A  
who taught others in her form about the effects of pollution on animals. Napsugar is  
nominated by her Geography teacher Ms Lippa.**

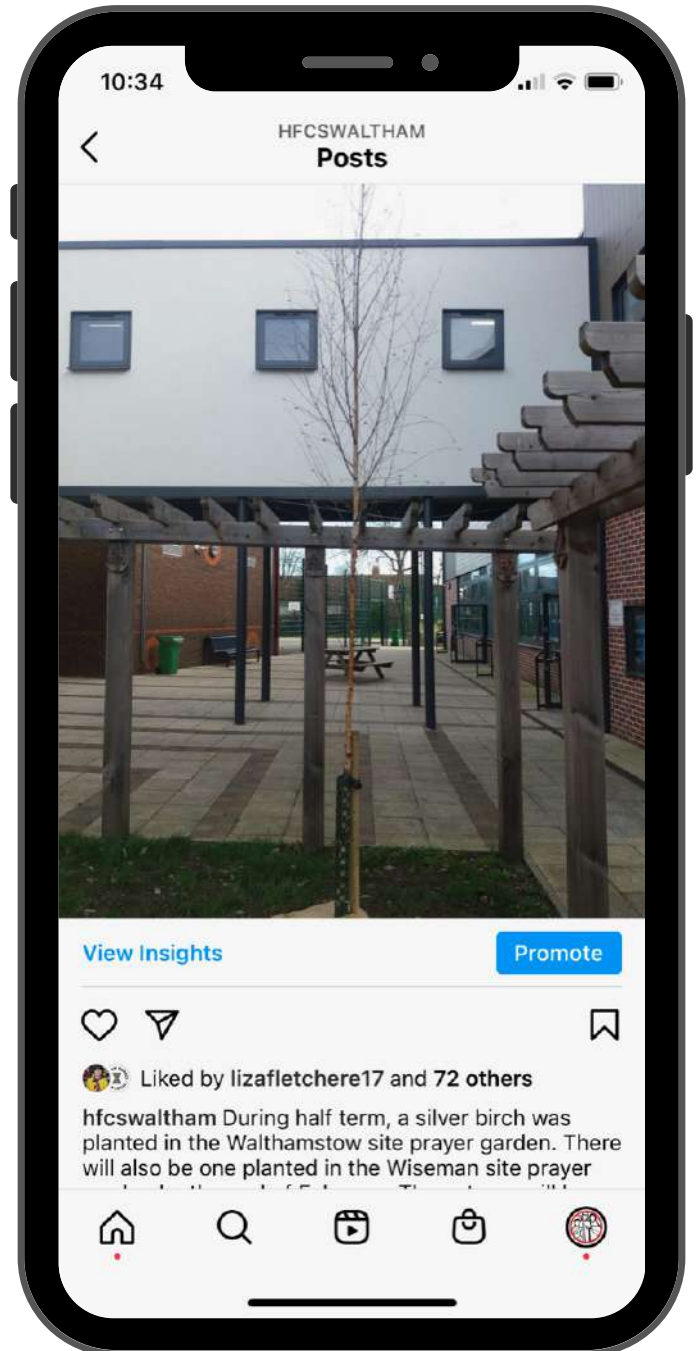
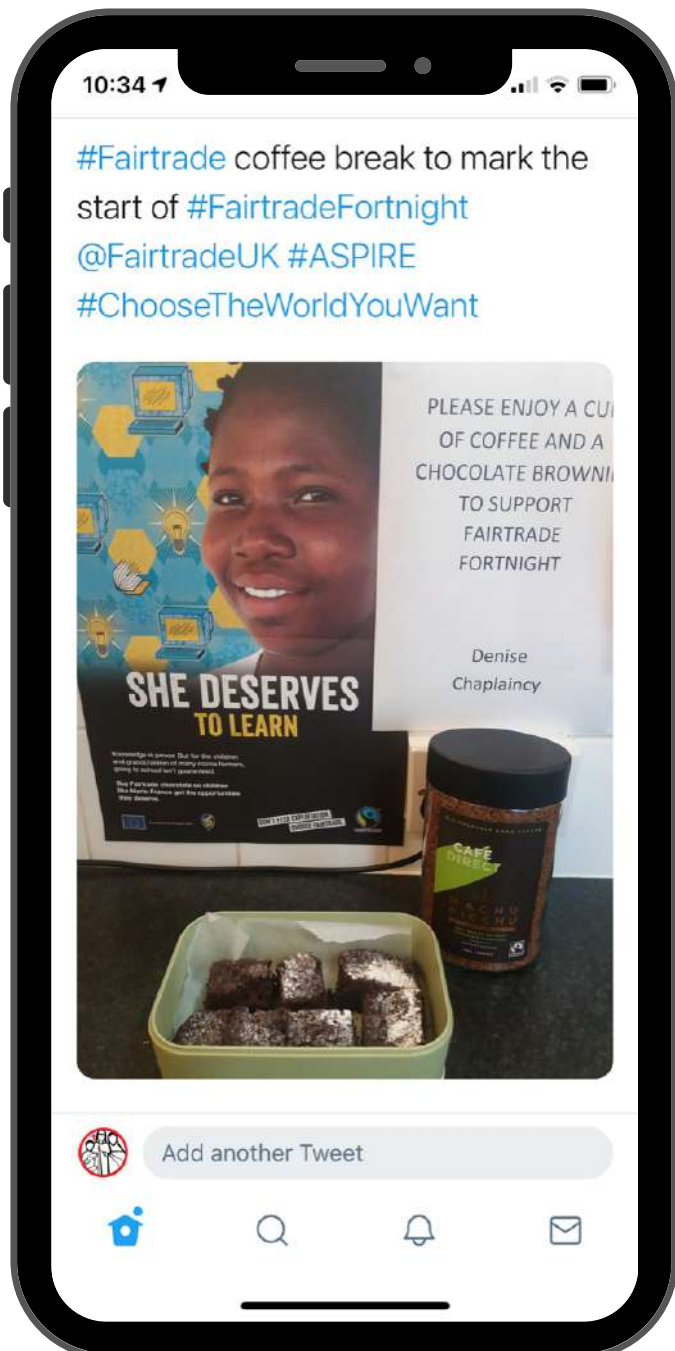
**Mrs Maris nominates one of her Yr 11 students  
Wiktorja Adamczyk  
who has shown immense resilience during lockdown and made incredible progress.**

**Finally this week Mrs Heath nominates  
Georgi Radulov  
who has been making excellent progress in learning English.**

# SOCIAL MEDIA CATCHUP



**@HFCSWALTHAM**



**@HFCSWALTHAM**

# Chaplaincy Corner



It's been a busy week in the Chaplaincy. During half term, a silver birch was planted in the Walthamstow site prayer garden. There will also be one planted in the Wiseman site prayer garden by the end of February. These trees will be a lasting memorial to remember and recognise the lives and efforts of all affected by the Covid-19 pandemic.

On Monday there was a Fairtrade coffee break (including chocolate brownies) in the Walthamstow staff room to celebrate the start of Fairtrade Fortnight.



**Friday 26 February is CAFOD Family Fast Day – Water is Life.** Sadly, not all our global neighbours have access to clean water. Abdul and Mohammed live in the Afar region of Ethiopia, one of the hottest places on Earth. Water is scarce and people make long and difficult journeys to collect water. Abdul and Mohammed's cousin, Abdella, makes a five-hour round trip twice a day so that everyone has enough water to wash with and to drink. You can watch a video of Abdella's journey [here](#).

If you are able to make a donation to CAFOD's work, you can [donate online via their website](#).

***Lord God, we thirst for a world of justice –  
a world of peace and happiness.  
We thirst for people to be treated equally and fairly.  
So, Lord, give us the gift of water:  
the water of life, the water of forgiveness,  
the water that refreshes us  
and gives us the energy we need to change our world.***



***Amen.***

**©CAFOD**

*Stay safe - Mrs. Grierson, Chaplain*

# Key Dates for Lent 2021

FRIDAY 26TH FEBRUARY – CAFOD FAMILY FAST DAY

SUNDAY 28TH FEBRUARY – 2ND SUNDAY OF LENT

SUNDAY 7TH MARCH – 3RD SUNDAY OF LENT

SUNDAY 14TH MARCH – 4TH SUNDAY OF LENT  
(MOTHERING SUNDAY)

SUNDAY 21ST MARCH – 5TH SUNDAY OF LENT

SUNDAY 28TH MARCH – PALM SUNDAY

THURSDAY 1ST APRIL – MAUNDY THURSDAY  
(LAST DAY OF TERM)

FRIDAY 2ND APRIL – GOOD FRIDAY

SATURDAY 3RD APRIL – HOLY SATURDAY

SATURDAY 3RD APRIL – ST RICHARD'S HOUSE FEAST DAY

SUNDAY 4TH APRIL – EASTER SUNDAY

MONDAY 5TH APRIL – EASTER MONDAY

MONDAY 20TH APRIL – RETURN TO SCHOOL

*Stay safe - Mrs. Grierson, Chaplain*

# SHARE YOUR VISION OF THE WORLD YOU WANT



Our choices are powerful. Their effects can reach far beyond us. They can help us shape the world we want. The daily decisions you make about what to eat, drink and wear affect the lives of people around the world – and the health of our planet.

This Fairtrade Fortnight, we're focusing on the choices we all make every day.

## WHAT DOES THE WORLD YOU WANT TO SEE LOOK LIKE?

Young people between the ages of 5 and 25 are invited to share their vision of the world they want for farmers and workers worldwide, and the planet we share. Create your vision for the world you want, for the planet and everything on it, to celebrate Fairtrade Fortnight 2021.



Share your artwork, poem, prose or film for a chance for your work to be exhibited in the online Youth Exhibition at the **Choose the world you want** festival between 22 February and 7 March 2021.

Email your vision masterpiece to [schools@fairtrade.org.uk](mailto:schools@fairtrade.org.uk) with the subject line **CHOOSE THE WORLD YOU WANT** stating your name and age in the email.

**Submit your vision by 1 March 2021!**

N.B. By submitting your piece, you consent to it being used in the Youth Exhibition at the festival during Fairtrade Fortnight 2021, and for promotional use thereafter.

### TOP TIPS FOR YOUR EXHIBITION PIECE

- ✓ If an image, try to take a clear photo in natural lighting. Try to fill the whole frame with your artwork.
- ✓ If a video, it must be shot in landscape, not portrait, and shared with us via a link to the video on YouTube or Vimeo.
- ✓ If you have written a poem or prose, please keep it to a maximum of one side of A4 and share electronically as an email, Word document or PDF.
- ✓ Remember to get consent from a parent or guardian!

**CHOOSE THE WORLD  
YOU WANT**



# I'm Staying siLENT For MILLION MINUTES

Holy Family is going siLENT – join in by deciding how long you want to stay silent for and get sponsored! Encourage your family to join in – have a silent meal together. Turn off the TV and play a silent board game. Turn off your social media and read a book, in silence of course!

Take a photo or make a video of your silent time and when you turn on your social media, post it online with #siLENT @Million\_Minutes

Spread the word and get sponsored – our fundraising page is [here](#)  
[Email Mrs Grierson](#) to let her know you are taking part, or for more information.

JustGiving Menu Start Fundraising

Search Log in Sign up



"May we try to listen and be siLENT in order to make space for the beauty of God"  
- Pope Francis

5%

£10

raised of £200 target  
by 1 supporter

Give Now

Share



Holy Family Catholic School and Sixth Form  
siLENT 2021  
Fundraising for MILLION MINUTES



siLENT 2021  
run by MILLION MINUTES  
A Million Minutes of Silence is a simple idea - each minute is sponsored to raise money for social action projects supporting young...

Charity Registration No. 1140079

TIPS FOR

# WELLBEING

This week Ms Nordon tells us:

## Live Pura Vida (*Pure life*)



**Costa Ricans prefer to stay optimistic and happy,  
whatever the circumstances.**

**They use 'Pura vida' as a way of greeting each other and as a  
national motto.**

**Costa Rica got rid of its army in 1948 to invest the money into  
health, education and eco-tourism.**

**Its people are surveyed as amongst the happiest on earth;  
Psychologists say a big reason for this is they spend time  
appreciating their biodiverse environment, exercising outdoors  
and being with friends/family.**

**Do you live Pura vida?**





# Lily Parr

(26th April 1905 – 24th May 1978)

Lily Parr was born in 1905 in St Helen's, Lancashire. She was the fourth of seven children and learned to play both football and rugby from her older brothers. As a child she rejected traditional girls' pursuits, such as cooking and sewing and focused on sport..



Her size (she was 6ft), strength and lack of fear along with her athleticism, meant that by the time she was 13, she was able to hold her own in Lily's football career began in 1919, at 14 years of age when she signed for St Helen's Ladies. In her second match, when her team played against Dick, Kerr's Ladies, a factory team from Preston, she impressed the manager Alfred Frankland so much, he invited her to join his squad. As part of her signing, she was offered a job at the factory, lodgings with a teammate in Preston and 10 shillings for every game she played.

Women's football at this time was hugely popular. During the First World War, when millions of young men had been sent to the front to fight, women's football was used to boost morale, and teams played to raise large amounts of money for charities for disabled servicemen. Dick, Kerr's Ladies were one of the earliest teams and were the first team in which women played in shorts! In her first season at Dick, Kerr's Ladies, winger Lily Parr, scored 43 goals. A local newspaper wrote of her: "There is probably no greater football prodigy in the whole country. Not only has she speed and excellent ball control, but her admirable physique enables her to brush off challenges from defenders who tackle her"

Lily played against both male and female teams and she reputedly had a harder shot than any male player. A male goalkeeper once had to be stretchered off after she'd taken a penalty against him, apparently shouting "Get me to the hospital as quick as you can, she's gone and broken me flamin' arm!"

Lily also played international football and completed tours of France and the US, where she was hailed as "the most brilliant female player in the world." in the press.

Despite the FA banning women's teams from playing on affiliated pitches until 1969, Lily carried on playing football for 32 years, from 1951 at Preston Ladies, scoring over 980 goals throughout her career.

Lily eventually stopped working in the Dick, Kerr & Co. factory and trained as a nurse, working at Whittingham Hospital and Lunatic Asylum. Whilst working at the Hospital, Lily met her partner Mary, and together they bought a house in Preston. Although it was socially unacceptable to be a lesbian at the time and many lesbian couples went to great lengths to conceal their relationships, Lily and Mary refused to hide. Lily is therefore celebrated as an LGBT+ icon as well as a footballing one.

Lily died in 1978 and is buried in St Helens. She was the first woman to feature in the National Football Museum's Hall of Fame in 2002 and in 2019 a life-size statue of her was erected outside the museum.

**Lou Englefield, Football V Homophobia**

## Body, Mind, Spirit

Lesbian Gay Bisexual Trans +  
**History Month**

## 2021: PSHE

**Schools OUT UK**  
The LGBT Education Charity  
Charitable Incorporated Organisation No. 1156352



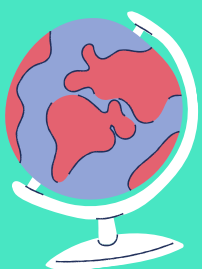
*HOLY FAMILY 2021*

*BAKE OFF CHALLENGE*



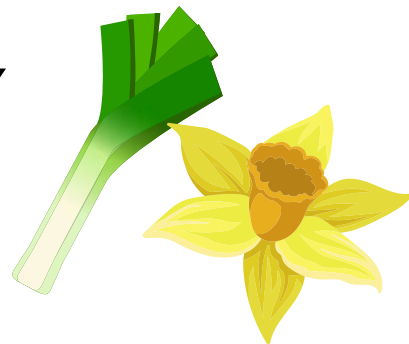


*ENTRIES COMING SOON!*





# ST DAVID'S DAY



1st March



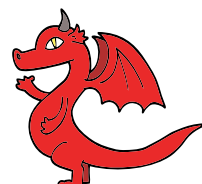
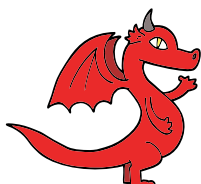
Saint David was born in Caerfai, Wales. David's fame as a teacher and his asceticism (strict chastity) spread among Celtic Christians, and he helped found about 12 monasteries. His foundation at Glyn Rhosyn became an important Christian shrine, and the most important centre in Wales.

The date of Saint David's death is believed to be 1 March 589 AD. His final words to the community of monks were: "Brothers be ye constant. The yoke which with single mind ye have taken, bear ye to the end; and whatsoever ye have seen with me and heard, keep and fulfil." For centuries, 1 March has been a national festival. Saint David was recognised as a national patron saint in the 12th century at a peak time of Welsh resistance to the Normans. He was canonised by Pope Callixtus II in 1120.

Children in Wales take part in school concerts with recitation and singing being the main activities. The younger girls sometimes wear traditional Welsh costumes to school. This costume consists of a long woollen skirt, apron, white blouse, woollen shawl and a Welsh hat. Also, various Welsh Regiments of the British Army use aspects of Saint David's cross, Saint David himself, or songs of Saint David in their formalities during the celebrations.

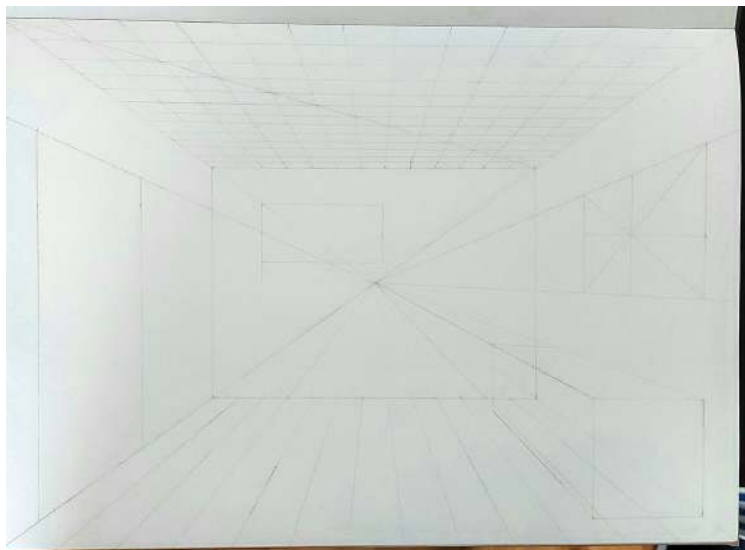


Many Welsh people wear one or both of the National symbols of Wales to celebrate St. David: the daffodil (a generic Welsh symbol) or the leek (Saint David's personal symbol) on this day. The flag of Saint David often plays a central role in the celebrations and can be seen flying throughout Wales. Popular dishes traditionally eaten on Saint David's Day include cawl (soup), bara brith tea loaf, Welsh Cakes, Welsh lamb and Welsh rarebit.

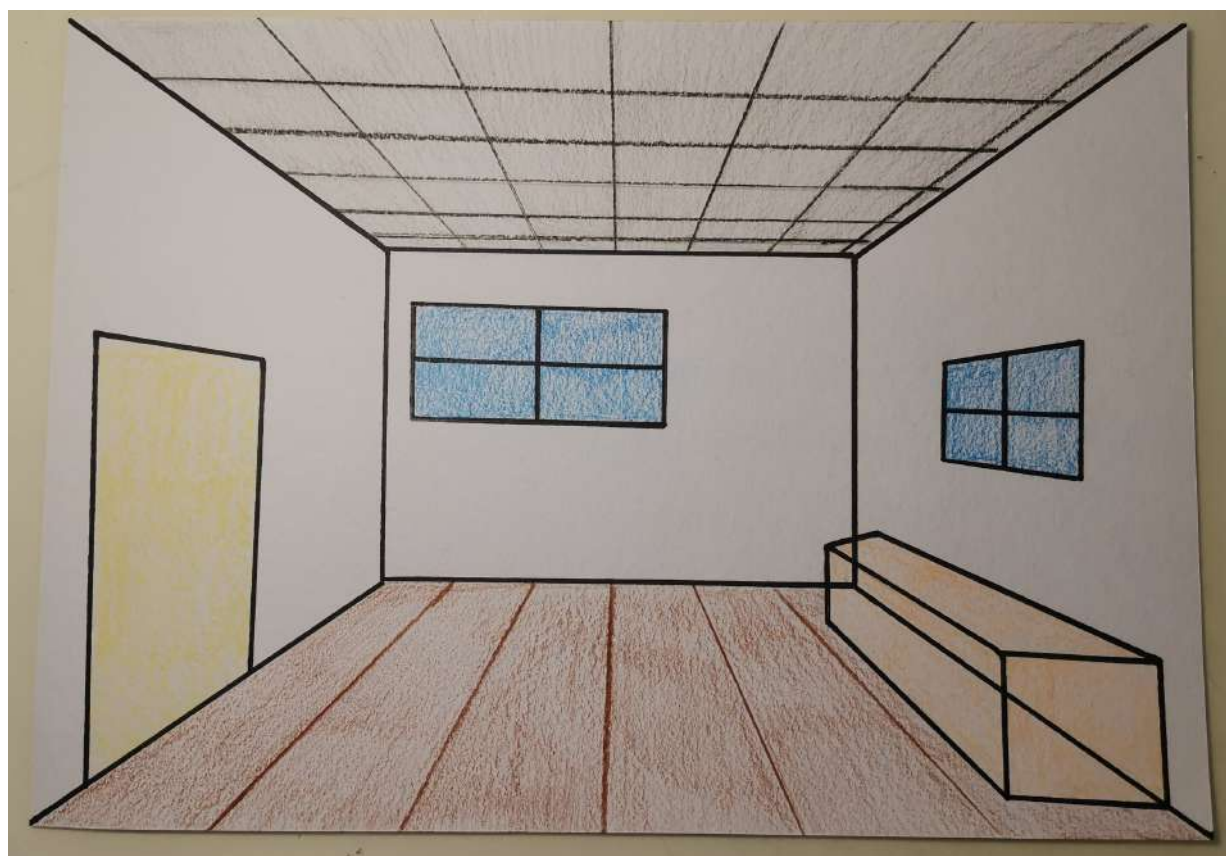


Year 9 have been learning how to draw in 1 point perspective. Impressive work from Emilia B., Neriah-Jane O., Nevin R. & Amelia W.

Before



After



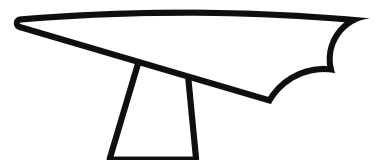
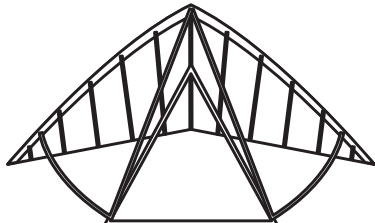
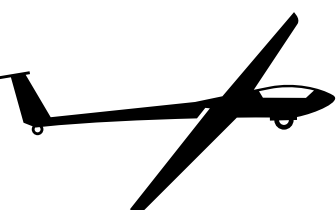
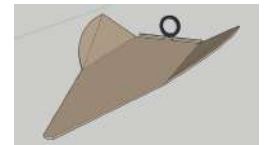
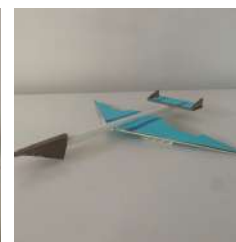
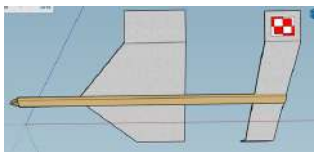
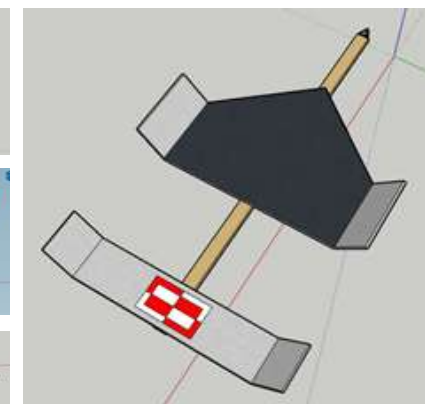
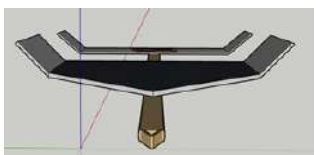
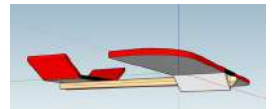
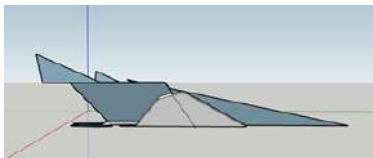
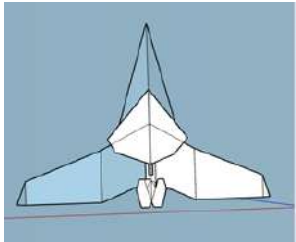
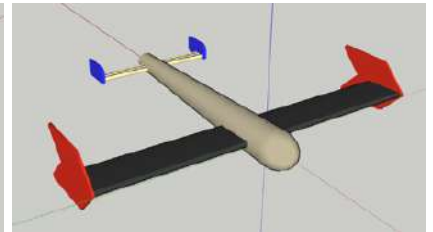
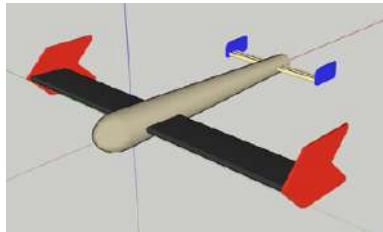
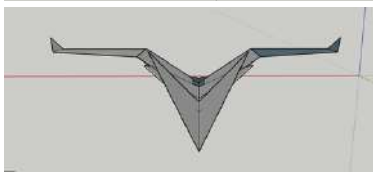
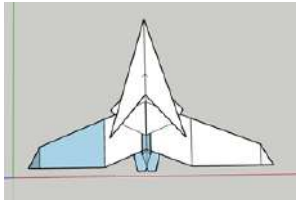
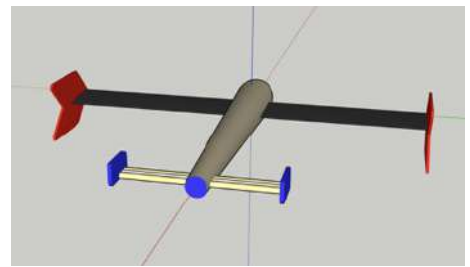
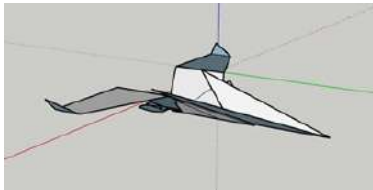
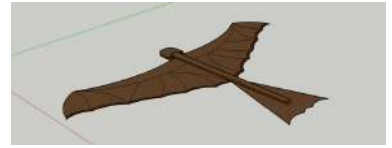
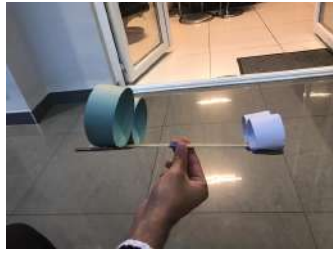
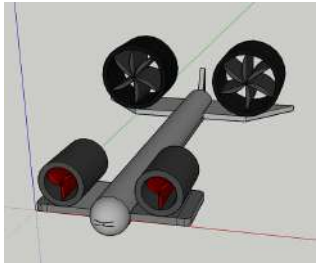
# D&T ASSEMBLED

Year 9 students have been designing fabulous footwear inspired by a country, city, location or landmark of their choice.



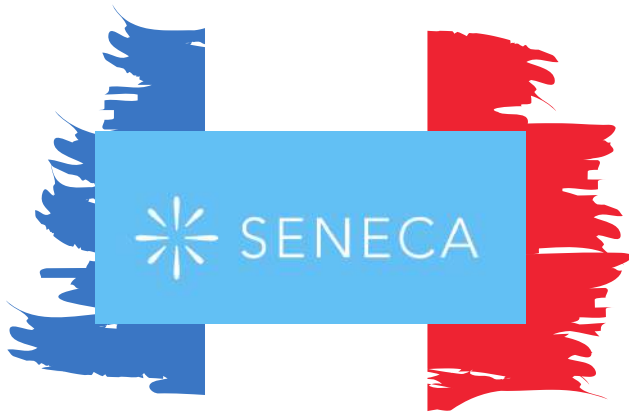
# D&T ASSEMBLED

Year 12 were tasked with designing and making aerodynamic gliders using only Google Sketchup and materials from inside their homes



# MFL

Well done to the following students who  
have put in the most hours on  
Seneca and Active Learn as well as  
producing excellent work!



**Jayden E.**



**Maria B.**



**Kiarn T., Brooke P., Naomi M.,  
Milanne F., Julia M., Patryk G.,  
Chelsy S., Devonte B.**



**Tania R. B., Damareo B.**

# EXTRA CURRICULAR CLUBS

## KS3 MATHS - PARALLEL PROJECT ENRICHMENT PROGRAMME.

EVERY THURSDAY AT 3PM

ACCESIBLE ONLINE - [HTTPS://PARALLEL.ORG.UK/](https://parallel.org.uk/)

SOME STUDENTS HAVE THEIR OWN LOG IN DETAILS ALREADY BUT IF NOT THE CODE TO JOIN IS **QZL15U**

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## HISTORY CLUB

WEDNESDAYS AT 3:30-4PM

GOOGLE CLASS CODE: **4UIT2LR**

SOLVING MURDERS AND NEW CLUES RELEASED EVERY WEDNESDAY TO GO THROUGH TOGETHER ON GOOGLE MEETS.

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## YEAR 8 READING CLUB

WEDNESDAYS 3:10-3:40PM

CURRENTLY READING "WONDER". STUDENTS CAN JOIN USING THE LINK POSTED EACH WEEK ON THE YEAR 8 GOOGLE CLASSROOM.

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## DIVERSITY AND INCLUSION SESSIONS - 6TH FORM

WEDNESDAYS FROM 3:15PM VIA THE GOOGLE CLASSROOM (SEE LINK)

[HTTPS://CLASSROOM.GOOGLE.COM/C/MTC2MDY2MTI1MTU5?CJC=LKKMB2X](https://classroom.google.com/c/MTC2MDY2MTI1MTU5?CJC=LKKMB2X)

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## DEBATE CLUB

EVERY THURSDAY FROM 3:20PM

MORE INFORMATION ON GOOGLECLASS:

[HTTPS://CLASSROOM.GOOGLE.COM/C/NZG5NJU5NZU4OVPA?CJC=VLTDQEV](https://classroom.google.com/c/NZG5NJU5NZU4OVPA?CJC=VLTDQEV)

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## ONLINE CHESS CLUB

EVERY THURSDAY FROM 3:20PM

MORE INFORMATION ON GOOGLECLASS: CLASS CODE - **JQJNW5I**

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## ONLINE RUNNING CLUB

CAN BE COMPLETED WHENEVER YOU HAVE TIME

CLASS CODE - **ZFPIIDK**

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# CAREERS CORNER

There are many more virtual experience opportunities on the [Speakers for Schools website](#) or contact Mr Fidegnon for more info.



## SUCCESSFUL PLACEMENTS

Congratulations to the following student who has been accepted onto a Virtual Work Experience placement:

**Tre-Sean - Sir Robert McAlpine**



### Green Skills Week 2021: National Competition - Reducing single use plastics

Speaker for Schools  
Virtual Work Experience -

Are you powered with passion to protect our environment?

We have heard from Greta Thunberg that we are not doing enough to fight climate change and it is coming down to young people like you to fight for our future.

In the lead up to Green Skills Week 2021, we are hosting this UK wi...

Featured Online 29/03/2021 Favourite

[VIEW OPPORTUNITY](#)



### Green Skills Week 2021: National Competition - Advancing Green Energy

Speaker for Schools  
Virtual Work Experience -

Are you powered with passion to protect our environment?

We have heard from Greta Thunberg that we are not doing enough to fight climate change and it is coming down to young people like you to fight for our future.

In the lead up to Green Skills Week 2021, we are hosting this UK wi...

Featured Online 31/03/2021 Favourite

[VIEW OPPORTUNITY](#)



### Green Skills Week 2021: National Competition - Protecting our forests

Speaker for Schools  
Virtual Work Experience -

Are you powered with passion to protect our environment?

We have heard from Greta Thunberg that we are not doing enough to fight climate change and it is coming down to young people like you to fight for our future.

In the lead up to Green Skills Week 2021, we are hosting this UK wi...

Featured Online 20/03/2021 Favourite

[VIEW OPPORTUNITY](#)



### Virtual Work Experience - Johnson Matthey - Green Skills Week 2021

Johnson Matthey  
Virtual Work Experience -

Join Johnson Matthey's Green Skills Week and have the chance to win our green skills challenge

Green skills and sustainable technologies are vital for JM to achieve our vision for a cleaner, healthier world. With the ever-increasing demand for the world to behave more sustainably, businesse...

Featured Online 06/04/2021 Favourite

[VIEW OPPORTUNITY](#)



### VWEX Green Skills Week - Building a Sustainable Future

BAM Construction  
Virtual Work Experience -

#bamfoundations#enhancinglives#inspiringthefuture#greenskillsweek

Curated by BAM Construct UK

Have you ever wondered about the challenges of creating a sustainable building?

If you think construction isn't an industry for you, think again, there is a wide range of roles th...

Featured Online 06/04/2021 Favourite

[VIEW OPPORTUNITY](#)



### Visual Effects & Animation Virtual placement for Into Film club students & special programmes

Industrial Light and Magic  
Virtual Work Experience - Online

ILM is one of the leading effects facilities in the world. The company serves the motion picture, commercial production, television, and attraction industries and has created visual effects for over 400 feature films.

Founded in 1975 by George Lucas, ILM has created some of the most memor...

Online 06/04/2021 Favourite

[VIEW OPPORTUNITY](#)

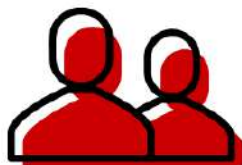
# FREE

Online Careers Day 2021



## GT Scholars **CAREERS DAY**

**Open to Parents & Young People aged 13 to 18**  
**Saturday 27th Feb 2021 | 9.30AM - 4PM**



### **Connect**

Learn from university admissions teams, meet professionals from diverse backgrounds & discover careers in high demand



### **Discover**

Join us online to connect with HR professionals, learn about scholarships, bursaries & various opportunities available to you



### **Create**

Find out about universities & apprenticeship schemes, how to create an outstanding CV and map out your career pathway

**Register today to choose your online workshops!**

<https://careersummit.gtscholars.org>

# CAREERS CORNER

Competitions, experiences & talks

Contact Mr Fidegnon for more information:  
[j.fidegnonedoh@holyfamily.waltham.sch.uk](mailto:j.fidegnonedoh@holyfamily.waltham.sch.uk)



MAR  
01

## My Creative Career - Liza Fletcher, Producer/Filmmaker

by Waltham Forest Cultural Education Partnership

Follow

Free

Register

This session will focus on Liza's career pathway and her current work. It will be a live interview with Liza by Sharon Trotter, Waltham Forest Cultural Education Partnership Lead. There will also be an opportunity to ask Liza questions via the moderated chat.

The session will also highlight why creativity is so important to employers and the importance of creative industries to the UK economy.

### Who is this for?

This is aimed at children and young people in years 8 to 13 (ages 12-18) but may also be of interest to children in years 6 and 7 (ages 9-12).

This session is free and we welcome children, young people, teachers, parents and carers to join us.

### National Careers Week 1-5 March 2021

This event forms part of national careers week. There is also on demand creative careers tutorials premiering on our [YouTube Channel](#) at 9am on Tuesday 2nd March (part 1) and Thursday 4th March (part 2). Other creative careers events during the week are also on our [website](#).

A live interview with Walthamstow-based Producer/Filmmaker, Liza Fletcher, followed by moderated Q&A session on Zoom

### About this Event

Liza's wealth of experience in the film and TV industry is guaranteed to engage anyone interested in pursuing a career in film/broadcasting.

### Date And Time

Mon, 1 March 2021  
16:30 - 17:30 GMT  
[Add to Calendar](#)

### Location

Online Event

STEP INTO THE NHS

NHS

## Student briefing sheet



### It's easy to enter

Follow these straightforward steps and you'll be in with a great chance of winning! All the competition tools referred to (and more) are available from your teacher or on the Step into the NHS website: [stepintothens.nhs.uk/secondary](http://stepintothens.nhs.uk/secondary)



### Competition brief

There is much more to working for the NHS than being a doctor or nurse. In fact there are more than 350 different careers in the NHS and, with that many careers on offer, there's a job to suit you no matter what your interests and skills are.

That's where the Step into the NHS competition comes in. We want you to choose an NHS career that interests you and create a job description and an ad to tell your friends and other young people about it. You can work on your own or in teams of up to four.

### The prizes

Whether you enter individually or as part of a team, everyone taking part in a winning entry will get their own prize and certificate.



#### National winner

The overall winner(s) will each receive a £50 Amazon voucher and a prize for their school.



#### Regional winners

Nine regional winners or members of winning teams will each receive an Amazon voucher worth £25.

Highly commended certificates are also awarded.

Good luck! We look forward to seeing your entries.

### 1. The research phase

Find out what careers are available in the NHS by taking a look at [stepintothens.nhs.uk](http://stepintothens.nhs.uk) and [healthcareers.nhs.uk](http://healthcareers.nhs.uk)

You can also take a **personality quiz** to reveal the careers that might suit you and bite-size information about them.

Select a career that you find most interesting from the ones you have researched.

### 2. The job description

Next, you need to produce a job description for your chosen role.

A job description describes what you do in the role. It also details any qualifications, experience and skills needed to do the job properly.

Complete the ready-made job description template.

Don't forget to use the supporting guidance document.

### 3. Send us your entry

The official pupil and teacher entry forms must be completed and accompany entries.

Full competition details can be found in your teacher's guidance booklet, so feel free to ask them questions if you need more information.

**Make sure you don't miss the deadline. Your teacher has all the details.**

### 4. The job advertisement

Now you understand your chosen career, create a fun and lively job advertisement so it appeals to other people your age. There's a guidance sheet to help with your planning.

You can select any media you like, for example, film, poster, presentation, leaflet or website. It's entirely your choice!

However, please avoid using copyrighted material, for example, music on videos and websites.

Together we can  
make a difference!

[stepintothens.nhs.uk/secondary](http://stepintothens.nhs.uk/secondary)



## **THE MAKER CHALLENGE PROGRAMME IS AIMED AT YOUNG PEOPLE AGED 14-18**

ALL SESSIONS ARE DELIVERED REMOTELY THROUGH ONLINE WORKSHOPS LED BY EXPERT STAFF AND SUPPORTED BY IMPERIAL STUDENTS.

THE REACH OUT MAKERSPACE IS A DEDICATED SPACE FOR YOUNG PEOPLE, CONTAINING A VARIETY OF DIFFERENT TOOLS SUCH AS 3D PRINTERS, LASER CUTTER, SCANNERS, TRADITIONAL WOODWORKING MACHINERY, HAND TOOLS AND CRAFT MATERIALS.

THERE IS A WORKSHOP SPACE AND DESIGN STUDIO, STAFFED BY OUR DEDICATED MAKERSPACE TEAM.

OVER 11 WEEKS, YOUNG PEOPLE LEARN HOW TO DESIGN, PROTOTYPE AND MAKE THROUGH EXPERT-LED VIRTUAL SESSIONS AND BESPOKE MAKING KITS. WE TEACH DESIGN THINKING, 3D PRINTING, LASER-CUTTING, CODING AND MORE, AND STUDENTS WILL DEVELOP THEIR CREATIVE IDEA FROM CONCEPT TO PROTOTYPE.

**THE PROGRAMME INCLUDES 13 VIRTUAL WORKSHOPS WHICH TAKE PLACE ON TUESDAYS AND SOME THURSDAYS FROM 17:30 - 19:00.**

**DATES:** 26 APRIL - 29 JUNE 2021

**LOCATION:** ONLINE

**APPLICATION DEADLINE: SUNDAY 18 APRIL 2021**

**HOW TO APPLY:** STUDENTS APPLY INDIVIDUALLY AND CAN COMPLETE THEIR APPLICATION [HERE](#).

STRUGGLING WITH AN APPLICATION? FOR QUERIES OR TO BOOK A 1-1 SUPPORT SESSION WITH OUR TEAM, CONTACT: [MAKERSPACE@IMPERIAL.AC.UK](mailto:MAKERSPACE@IMPERIAL.AC.UK) OR CALL/TEXT 07517551996.

#NCW2021

We're getting involved  
with National Careers Week...  
**are you?**



National  
Careers Week  
2021

National Careers Week

Headline Partner:



1st - 6th March 2021



# NATIONAL CAREERS WEEK 2021

Take part in the biggest  
celebration of careers across  
the United Kingdom...online!



#NCW2021

I'm Supporting



01-06  
MAR 2021  
National  
Careers Week  
2021

National Careers Week

Headline Partner:



Individual daily themes  
and bespoke resources from  
leading employers, including:

- Video clips
- Animations
- Downloadable resources
- Interactive features
- Hints, tips and advice



National Careers Week

Headline Partner:



National Careers Week



National  
Careers Week  
2021

Headline Partner:



## OUR FIRST EVER VIRTUAL Careers Fair

- Over 5 virtual floors
- Global employers across key sectors
- Employer videos and digital features
- Providing an insight into life within the organisation and an overview of career opportunities

Visit: [www.ncw2021.co.uk](http://www.ncw2021.co.uk)

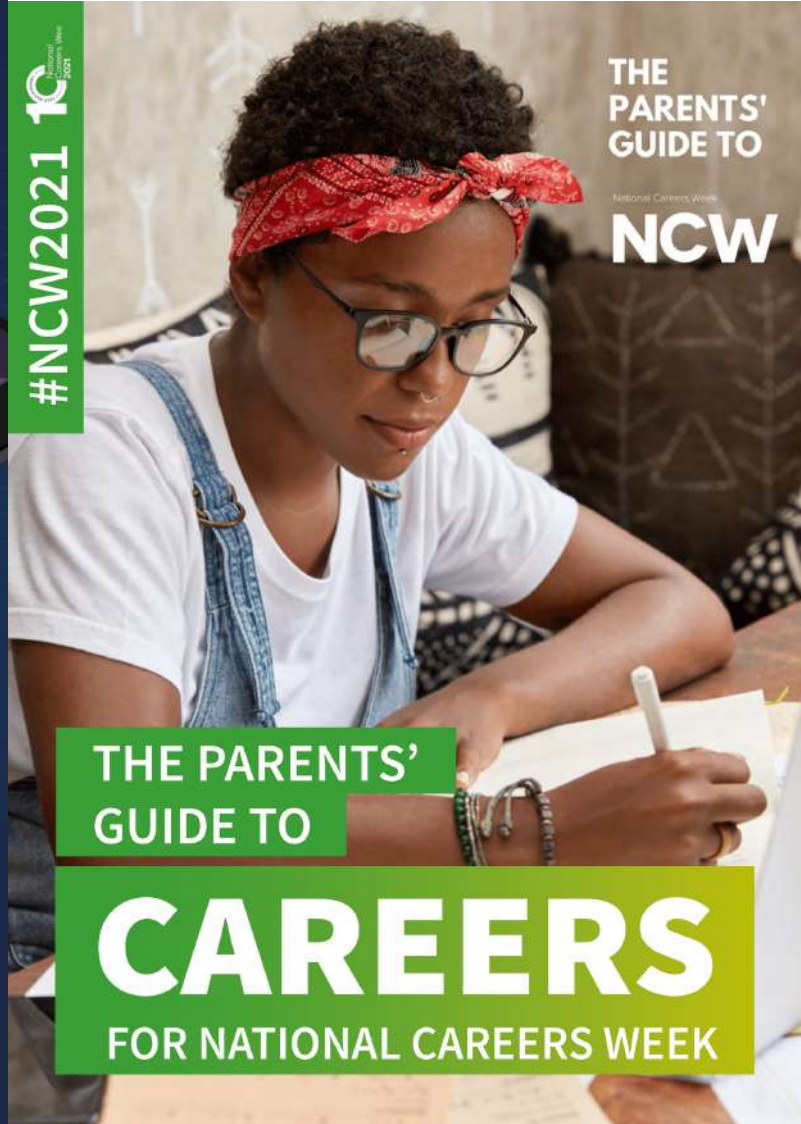
#NCW2021

#NCW2021

THE  
PARENTS'  
GUIDE TO  
National Careers Week  
**NCW**

THE PARENTS'  
GUIDE TO

**CAREERS**  
FOR NATIONAL CAREERS WEEK



# Welcome to Holy Family Sixth Form

# 6TH FORM

# APPLICATIONS

APPLY ONLINE NOW!

JOIN OUR  
OUTSTANDING  
SIXTH FORM IN  
SEPTEMBER 2021  
AND OPEN THE  
DOOR TO YOUR  
FUTURE!



**We have extended our deadlines for Sixth Form Applications -**

**Internal Holy Family year 11 students: Friday 19th March 2021**

**External year 11 students: Friday 19th Feb 2021**

**VIRTUAL OPEN EVENING: [HTTPS://WWW.HOLYFAMILY.WALTHAM.SCH.UK/SIXTH-FORM/ADMISSIONS/](https://www.holyfamily.waltham.sch.uk/sixth-form/admissions/)**

**APPLICATION PORTAL: [HTTPS://HOLYFAMILY.APPLCAA.COM/YEAR12](https://holyffamily.applcaa.com/year12)**



## 1) Why study at Holy Family?



[@HFCSWaltham](#) [@HFCSWaltham](#) [www.holyfamilywaltham.sch.uk](http://www.holyfamilywaltham.sch.uk)



## 2) Choosing your subjects



[@HFCSWaltham](#) [@HFCSWaltham](#) [www.holyfamilywaltham.sch.uk](http://www.holyfamilywaltham.sch.uk)



## 3) How to apply to Holy Family



[@HFCSWaltham](#) [@HFCSWaltham](#) [www.holyfamilywaltham.sch.uk](http://www.holyfamilywaltham.sch.uk)

## 4) Frequently Asked Questions



[@HFCSWaltham](#) [@HFCSWaltham](#) [www.holyfamilywaltham.sch.uk](http://www.holyfamilywaltham.sch.uk)

### Curriculum Information

CURRICULUM OFFER FOR SEPTEMBER 2021



CURRICULUM PATHWAYS 2021



SIXTH FORM ADMISSIONS CRITERIA 2021



# SIXTH FORM LEAVERS 2020 DESTINATIONS



**Salome Oliphant**

**University of Hertfordshire**

**Studying: Nursing (Child)**

*Congratulations!*



**Parfaite Omango**

**University of Warwick**

**Studying: Politics and Sociology**

*Congratulations!*



**Rachael Olu**

**Birmingham City University**

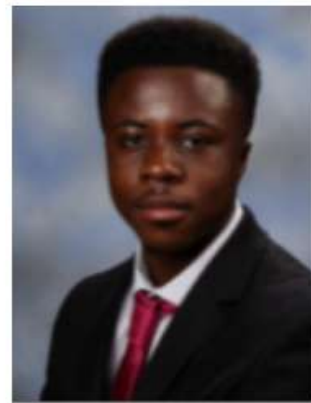
**Studying: Working with  
Children, Young People &  
Families**



**Lennox Osei-Biney**

**University of Nottingham**

**Studying: Industrial Economics**



**Joseph Pearson**

**University of Liverpool**

**Studying: English Language**

*Congratulations!*

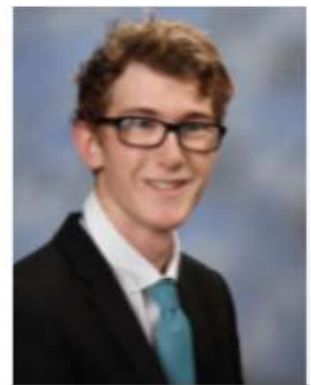


**Simone Otobo**

**Sheffield Hallam University**

**Studying: Film and Media  
Production**

*Congratulations!*



**Kokila Paramanantham**

**University of Westminster,  
London**

**Studying: Animation**



**Joyce Pereira**

**University of Cambridge**

**Studying: Geography**

*Congratulations!*



# **Holy Family Catholic School**

## **Remote Learning Agreement**



**You should adhere to and follow these rules when online.**

### **Be Ready**

- Use the school resources in the way they are intended to be used.
- Plan and use your time effectively online.
- Know your username and password to all school accounts, i.e Google Classroom, Mathswatch, Seneca etc
- Join all online lessons on time
- Check your accounts regularly so you are up to date with the work set.
- Complete all tasks by the deadline.

### **Be Respectful**

- You should respond in a polite, respectful and appropriate manner to all posts online.
- You should respond in a polite, respectful and appropriate manner to members of staff in online communications (E-mail, Google Meets etc).
- Inappropriate behaviour includes:
  - Complaints about any post, individual or activity.
  - Intolerance towards any individual or group of people.
  - Posting inappropriate images.
  - Using the platform as a form of social media or as a chat forum
  - Posting and sharing information and/or images that are not related to the learning set.
- Report any cyber bullying or harassment immediately.
- Never do or say anything online that you would not do or say offline.

### **Be Safe**

- Set yourself a screen time limit - it is important for your mental health.
- Never share your password or any personal details online
- Do not forward spam. It is not fun and it could damage the computer through viruses embedded in the emails.
- Report any unusual or suspicious online activity.

### **What happens if I break the rules?**

- Any account where inappropriate behaviour is reported or suspected will be suspended immediately.
- Parents will be contacted to discuss the inappropriate behaviour and when it will be reinstated.

Please confirm you have read and agree to these rules by submitting the following form. <http://tiny.cc/HFCSRemoteLearningForm>

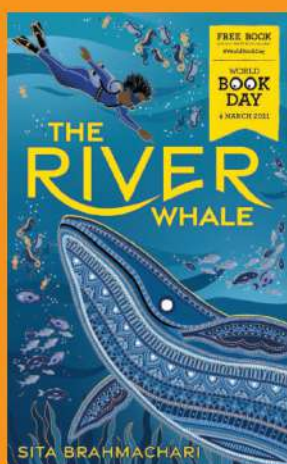
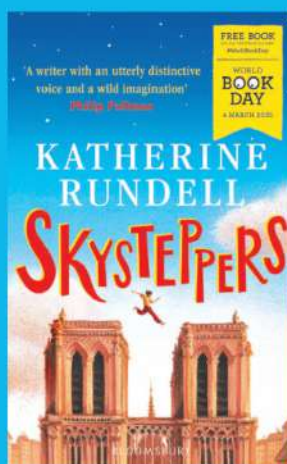
WORLD  
**BOOK  
DAY**

4 MARCH 2021

# (BOOK)MARK THE DATE >>>>

# WORLD BOOK DAY

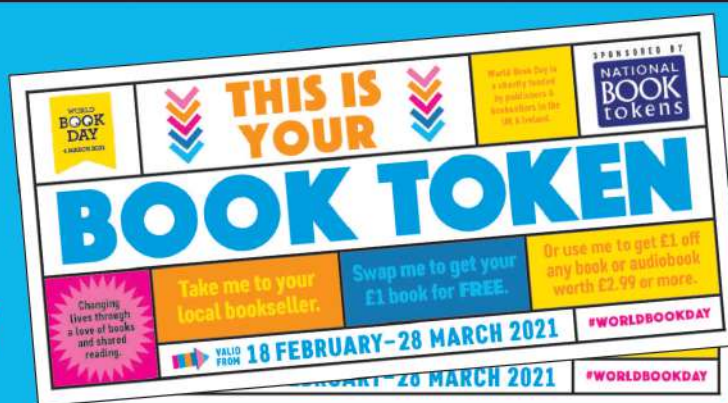
## = 4 MARCH 2021 =



**Swap your  
BOOK TOKEN  
to get a  
WORLD BOOK DAY  
BOOK for FREE  
at your local  
bookseller**



**TOKENS VALID 18 FEBRUARY–28 MARCH 2021**



WALES ONLY: There will be two Welsh titles. Contact the Welsh Books Council for info.

Get involved in World Book Day's official 2021 teen survey at [worldbookdaysocial.com](https://worldbookdaysocial.com)

SPONSORED BY  
**NATIONAL  
BOOK  
tokens**

**Changing lives through a love of books and shared reading.**

**#WorldBookDay**

World Book Day is a registered charity funded by publishers and booksellers in the UK & Ireland. [worldbookday.com](https://worldbookday.com)

# REMOTE EDUCATION 10 TOP TIPS FOR PARENTS

Remote education ensures continuous learning outside the classroom. For parents and carers, remote education isn't always straightforward and there can be a number of factors they need to consider, especially around ensuring their children feel comfortable and are familiar with the whole concept. That's why we've created this guide to help parents and carers support their child in getting the most out of their remote education experience.

## 1. TAKE AN ACTIVE INTEREST IN YOUR CHILD'S LEARNING

As a parent or carer, your school may have explained how remote education works already, but children may still need help. Take an active interest in their learning and help support them whenever they need a helping hand.



## 2. MONITOR YOUR CHILD'S COMMUNICATION AND ONLINE ACTIVITY

It's important to remind your child that despite being at home, the same level of behaviour and conduct exists as if they were at school. Encourage them to remain polite, remember their manners and not to post or send any negative comments just because they are behind a computer.



## 3. ESTABLISH A DAILY SCHEDULE AND ROUTINE

Working from home and trying to learn in a more casual setting that children might associate more with play and a degree of freedom might take a bit of getting used to. Try to stick to a daily routine and use the timetable/schedule that schools have sent home to help children keep on top of their daily learning.



## 4. ENCOURAGE SCREEN BREAKS AND PHYSICAL ACTIVITY AWAY FROM DEVICES

Remote learning will inevitably require more interaction with computers, laptops and tablets. Teachers will inevitably advise on screen breaks; however, it doesn't hurt to keep a check on their time online or encourage them to get some fresh air/exercise.



## 5. ENSURE YOUR LEARNING DEVICE IS IN PUBLIC SPACE IN THE HOME

It's important to consider where your PC or laptop is placed if live video is being used. Try to keep the background neutral, with no personal information visible and move learning devices out of the bedroom as this could be deemed inappropriate.



## 6. IMPLEMENT SAFETY CONTROLS AND PRIVACY RESTRICTIONS ON APPS AND SOFTWARE

Dependent on how your school implements remote education, your child may be required to download certain software or apps. Whilst these are likely to be relatively safe to use, like any other new app or platform, parents should still implement safety controls as a precaution.



## 7. ENSURE YOUR CHILD ONLY USES OFFICIAL SCHOOL COMMUNICATION CHANNELS

It's important that all communication with teachers and school staff is directed through approved school channels, whether that be through the school's online portal or the relevant secure messaging site.



## 8. FAMILIARISE YOURSELF WITH RELEVANT SCHOOL POLICIES

Schools should have a policy on remote education that they can share with parents. Familiarise yourself with this and ensure you know what is expected of teachers and your child during lessons, both online and offline.



## 9. MAINTAIN FEEDBACK WITH TEACHERS

Engage in communication with teachers where possible, and try to feed back progress and development as well as any helpful suggestions around the learning process. Be transparent but remain professional and only use official channels to communicate.



## 10. MONITOR YOUR CHILD'S WELLBEING AND MENTAL HEALTH

Remote education will likely mean that your child won't get the same level of social interaction and might not see their friends for a while. Keep a check on their wellbeing and try to encourage them to get out as much as they can. Whilst learning from home might seem fun and exciting to start with, missing out on seeing their friends every day might take its toll.



[www.nationalonlinesafety.com](http://www.nationalonlinesafety.com) Twitter: @nationalonlinesafety Facebook: /NationalOnlineSafety Instagram: @nationalonlinesafety  
Sources: Remote education good practice: DfE guidance; Safeguarding and remote education during coronavirus (COVID-19); DfE guidance.  
Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 04.11.2020

# KEEP READING

Waltham Forest are currently offering a 'click and collect' service from the Walthamstow, Chingford, Leyton, Leytonstone and Wood Street Libraries, and access to e-books.

[Click Here for more information](#)

"Today a reader, tomorrow a leader." – Margaret Fuller



## Parenthood...

The most rewarding job in the world

And also the toughest

Need some advice about your child's behaviour or emotions?

Contact YoungMinds' Parents Helpline  
0808 802 5544  
[youngminds.org.uk/parents](http://youngminds.org.uk/parents)



**YOUNGmINDS**

## Worried about how you're feeling?



Check out [youngminds.org.uk/find-help](http://youngminds.org.uk/find-help)

**YOUNGmINDS**