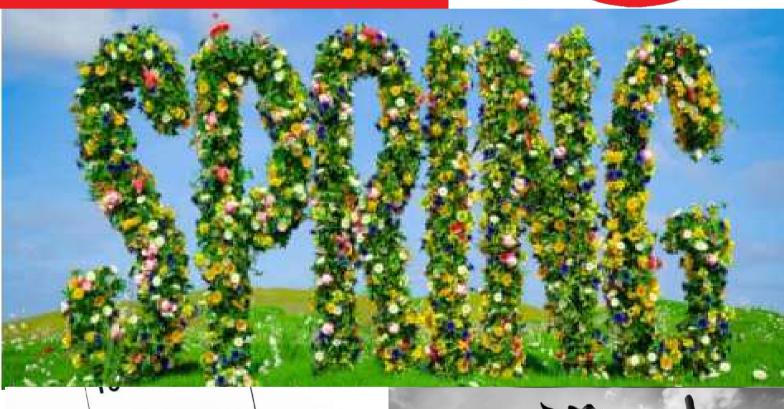


HOLY FAMILY CATHOLIC SCHOOL NEWSLETTER









HEADTEACHER'S MESSAGE

Quotation of the week

'If you fell down yesterday stand up today' HG Wells

One thing the pandemic has taught us is how resilient many of our young people are. When life is difficult and causes us to fall over then, as HG Wells tells us 'get back up again'. Of course this is not always easy and when life is especially difficult we may need help especially if we have experienced traumatic events, bereavement or are feeling mentally unwell. If that is your child, then school is here to help them. We have many staff trained in what is called mental health first aid and who can provide a listening ear. If your son/daughter is feeling overwhelmed at the moment please ask them to let a member of staff know or make contact with us directly and we shall do what we can to help.

Diversity and inclusion

This week has seen the third annual Stephen Lawrence Day. Stephen Lawrence was murdered by a group of white racists and his family had to struggle for many years to try to get the police to bring his murderers to justice. It led to the MacPherson Report which declared that the Metropolitan Police was institutionally racist. We saw earlier in the week the guilty verdict on the white police officer who murdered George Floyd last summer and this morning in the news the historian David Olusoga was speaking about the discrimination evident in the different burial arrangements for white and black soldiers who fought for Britain in WW1. There is, it appears, a greater willingness to face up to the injustices both of the past and those that remain today and we are part of this process in school reviewing our curriculum, seeking to ensure that what we teach reflects the diversity of our community and that we encourage all our young people to guestion traditional narratives or ways of looking at such things as British history. This is an important journey for all of us.

Webinars

Yesterday I was pleased to take part in two webinars. The first was organised by the borough and was a chance for parents to ask questions of a panel that included public health officials from the borough as well as both a primary and a secondary headteacher. We were asked questions including 'when will face masks no longer be required in schools?' The answer to that question is that we are required to wear them at least until May 17th when the next review of covid practices will be made by the government.

The second webinar was organised by Clare College, University of Cambridge and involved a panel of guests from education, the arts and business. We each spoke about what we have learned from covid in terms of leadership and the future. It was interesting to hear about the different perspectives of other leaders. In terms of education we will be continuing to make use of technology such as google meets which allows us to provide remote learning and to hold virtual meetings. This is really useful and an excellent way of providing students with resources and additional help and support. We also, I believe, have developed a greater understanding of mental health issues and how we can best support children, young people and staff who may be struggling with their mental health.

Poetry club and readings

Mrs Lloyd, our Learning Resource Centre Manager, launched a poetry club for upper site students this week and students heard readings of a range of poems from three members of staff. In future weeks they will be producing their own poetry and we look forward to reading and hearing what they come up with.

Virtual pilgrimage

Over 1400 miles were walked on our virtual pilgrimage and over £600 was raised in sponsorship towards the HCPT. This will be really beneficial to the charity that takes disabled people on pilgrimages to Lourdes every Easter. Hopefully these activities will be able to take place again next Easter.

Testing for covid

Please continue to carry out the lateral flow tests at home and report the results of these tests. While cases continue to fall we cannot be complacent and it is really important that we continue to test ourselves regularly. Although cases in Waltham Forest are below the London average the level of infection at the moment is still greater than it was in July 2020 so we must carry on doing what we can to limit the risks. I was pleased to receive my second dose of the Astra-Zeneca vaccination this week.

Yr 11 tests

Yr 11 tests begin next week. Students have been well prepared for these tests. They will have a bearing on final judgements about students' grades but we will be taking a wide range of other data into account as well. Students must simply aim to do their best in the tests, that is all we can ask.

Parents' surgery

Parents' surgery is currently a remote service. If you would like to speak to me please contact the office on either site and they will let me know that you would like me to call you on Thursday afternoon between 4pm and 5pm. You can also email me directly at anytime on a.stone@holyfamily.waltham.sch.uk

With best wishes, Dr Stone Headteacher





This week we have commendations for the following students:

First from Mr Sayer for Mary Giwa. This is for her outstanding contributions in class discussions, challenging peers to think on levels far beyond what most people think is possible for a 14 year old.

Second, from Mrs Sheikh Oomar for Ryan
Hanley-Greenway. Ryan always tries to do his
best in French classes. His focus and
determination is really admirable. He is not
afraid to get things wrong in the lesson and he
continues to better himself every time.

Well done to both of them!

SOCIAL MEDIA CATCHUP



@HFCSWALTHAM

Holy Family Waltham @HFCSWaltham Whole school community fund challenge.

We did it!

We have as a community completed 1320 miles taking us beyond our targeted 1222 miles to reach Santiago in Spain.

A massive thank you to all who got involved. You can still donate via the link below:

https://justgiving.com/fundraisin g/group161





@HFCSWALTHAM

Chaplaincy Corner

Happy Easter!

Yes, we are still in the season of Easter and will continue until we celebrate the coming of the Holy Spirit on Pentecost Sunday, 23 May. Fifty days to celebrate the joy of the resurrection, and we should not let this pass us by.





Thursday 22 April is Earth Day, a celebration of the planet we live on as well as an opportunity to talk about climate change action.

As we see the beauty of spring all around, let us consider Pope Francis' words on Earth Day: "In this Easter season of renewal, let us pledge to love and esteem the beautiful gift of the earth, our common home, and to care for all members of our human family. Like the brothers and sisters that we are, let us together implore our heavenly Father: "Send forth your Spirit, O Lord, and renew the face of the earth" (cf. Ps 104:30)

Stay safe, Mrs Grierson, Chaplain

F F F F F F F F

Friday 23 April is St George's Day, the Patron saint of England and our local parish, Our Lady & St George. St George is also the Patron saint of Georgia, Portugal, Beirut, Malta, Palestinian Christians, skin disease sufferers and the Scouts.

Very little is known about the life of St George. It is believed he was born into a Greek Christian noble family. He became a soldier in the army of Emperor Diocletian. In 302, Diocletian called for all Christian soldiers to be arrested. George, with great courage, stood up to the Emperor and told him that what he was doing was wrong. George was tortured and beheaded.

St George was a martyr, someone who died for their faith, the readings on his feast day reflect this. Psalm 126 says, "Those who sow with tears will reap with songs of joy." Are we prepared to do something we might find hard in order to help our neighbours?

St George is often associated with killing a dragon, which may represent fighting against injustice.

Saint George,

With courage, you stood up to those in power, to tell them that what they were doing was wrong.

Pray that we, too, may have courage to stand up for what is right, with God's help.

You were not ashamed of your faith.

Pray that we, too, may be proud of our faith, and may cheerfully show the love of Jesus in all that we do.

St George, pray for us. Amen (CAFOD)

This Sunday, the fourth Sunday of Easter, is known as Vocations Sunday or Good Shepherd Sunday, and is marked as the World Day of Prayer for Vocations.

The purpose of this day is to fulfil Jesus' instruction to "Pray the Lord of the harvest to send labourers into his harvest" (Matthew 9:38). While appreciating all vocations, the Church concentrates her attention on raising up shepherds for God's people – vocations to Holy Orders and to the religious life – while encouraging all who are discerning their vocation to pray more earnestly that they may hear and respond to

God's call.

Fay safe, Mrs. Grierson, Chaplain

The Chaplaincies and Justice and Peace Commissions of





Diocese of Brentwood



Diocese of Westminster

THE SIXTEENTH ANNUAL

MASS FOR MIGRANTS

Archdiocese of Southwark

on

Sat. 1st May 2021 at 11.20 am

> Celebrated by Bishop Paul McAleenan

THE MASS WILL BE
LIVE STREAMED FROM
ST WILLIAM OF YORK
CATHOLIC CHURCH
FOREST HILL

Kindly connect to the Livestreamed Mass using the link below:

https://actionnetwork.org/ events/migrants-mass

Mrs Grierson - Chaplaincy MONDAY LUNCHTIME

Year & Peace

Club **Emmaus Room**



FRIENDSHIP





- ACTIVITIES





Student of the week:

Asia Quidley for always trying her best in all she does, and being an all-round lovely student.

Congratulations!

Congratulations to the following students on stars received last week:

Kieran Hanley Greenway from Geography for great answers and contribution in lessons.

Faith Owusu, Temi Balogun, Cleopatra Acheampong, Janell Dowe for all completing an impossible task in History!

Study Tips:

The biggest study tip we would recommend to anyone is to create a realistic study timetable. This should include when you do your homework and extra study. Please make sure your timetable is realistic to you and your life. For example, you shouldn't have 4 hours of maths scheduled in for one night. Short periods with regular breaks are more affective. There will be a template study timetable given out by your form teachers this week.



Meet our new staff







Mrs Paula Sutton
Administrator
Wiseman site office



Ms S Macgregor Media/Film Teacher



Ms O Akinsanya Health/Social Care Teacher

Welcome to The Holy Family

CLASSROOM CONSCIOUSNESS

Amelia Szwedo-Bielicki – Year 10

We have all heard of Medusa, the terrifying gorgon with snakes instead of hair, and a glare that instantly turns people into stone. What people tend to shy away from is the start of her story, when she was a priestess of the goddess Athena, and the events that led to her transformation. There are many variations of her story, but I would like to focus on the retelling by the poet Ovid. In this version Medusa was a beautiful woman who caught the attention of Poseidon, god of the sea. Following his infatuation, he tried to have his way with her and after Medusa's refusal, he forcefully took advantage. All of this took place in Athena's temple, infuriating the goddess. In her wrath, Athena decided to punish Medusa, but she could not do anything to such a powerful deity as Poseidon. There are many different interpretations of this part of the story, as it doesn't seem to make sense that Athena punished the victim. Some argue that since Athena was literally born of Zeus' head, she believed in a patriarchal system and therefore acted in this way. Others argue that it was a blessing hidden in a punishment, that Athena decided to turn Medusa into a gorgon so that she would never feel powerless again. At the end of her story, Medusa was beheaded by the hero Perseus, and her head was used as a weapon to inflict fear on the Aegis. Like most Greek tales, this story is extremely cruel and twisted, but what I wish to express here is just how easily people tend to judge her as the monster, without even discovering her story. In fact, her death is probably the most glorified and well known. Many don't seem to see past her appearance, and they assume that since she is a gorgon, she must immediately be the villain. Although we have grown as a society, I think that it is important to keep this story in mind, even if it's a fictional tale. We can always learn from stories like this one. So next time you see someone, don't be quick to judge, give them a chance to tell their own story, because you never really know what they may have gone through.

FOOD



















FOOD



YR 8
USING
POTATOES TO
EXPLORE
DIFFERENT
COOKING
METHODS







TEXTILES



YR 9 PAPER MANIPULATION FASHION DESIGNS

















HOSPITALITY/ CATERING

Esther

YR 11 - USING LOGAL INGREDIENTS









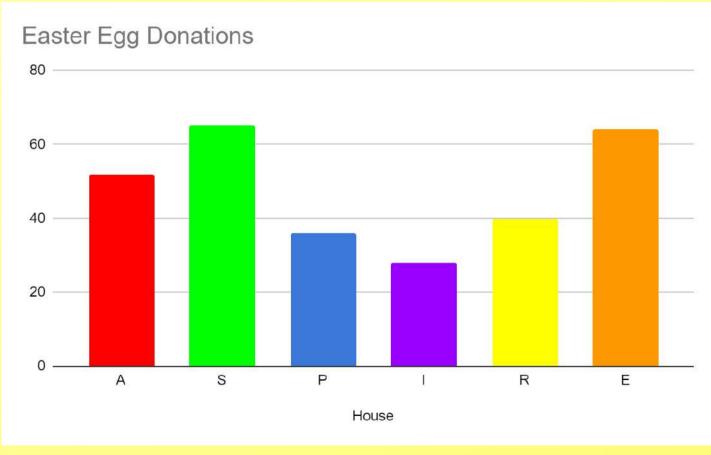






Whipps Cross Easter Egg





Congratulations to House Stephen who collected the most eggs. Many thanks to all who donated.

CAREERS CORNER

There are many more virtual experience opportunities on the Speakers for Schools website or contact Mr Fidegnon for more info.











- Green Skills National Competition with Anglian Water
- Date(s): 26 May 2021 (09am 3pm)
- Eligibility: 14 19 year olds keen to receive a coaching session from influential figures and a place on our National Green Skills Youth Council.
- Application Deadline: 12 May 2021
- . Walter Carefoot & Sons Trainee Quantity Surveyor Insight Day
- Date(s): 27 May 2021 (09:30am 12pm)
- Eligibility: 16 19 year olds keen to see a professional role within the construction sector and consider the skills which the industry and the job requires.
- · Application Deadline: 30 April 2021
- Faulknerbrowns Insight into Architecture
- Dates: 25 May 2021 (10am 2pm)
- . Eligibility: Year 11 students curious about the various career paths within architecture.
- Application Deadline: 30 April 2021
- Build Yourself with Wates South of England
- Date(s): 1 June 4 June 2021(10am -2pm)
- Eligibility: 15 -19 year olds who are interested in entering the construction sector and progressing.
- Application Deadline: 1 May 2021
- National Grid Thinking about a career in energy ?
- Date(s): 2 June 2021 (10am 3pm)
- Eligibility: 14 19 year interested in employability opportunities at the National Grid.
- Application Deadline: 2 May 2021
- . The World of Work and Construction at Bouygues
- Date: 2 June 2021(10am 2pm).
- Eligibility: 14 19 year olds keen to network with a range of professionals in various roles in Construction.
- Application Deadline: 2 May 2021
- Thames Water Keeping essential services running
- Date: 2 June 2021(10am 1pm).
- Eligibility: 14 19 year olds interested in exploring the huge variety of careers available within the company.
- Application Deadline: 2 May 2021
- ISG Global Construction Specialist Virtual Work Experience
- Dates: 1 4 June 2021 (10am 2pm)
- Eligibility: 15 19 year old keen to gain an insight into the construction industry and the business.
- Application Deadline: 30 April 2021

CAREERS CORNER

There are many more virtual experience opportunities on the Speakers for Schools website or contact Mr Fidegnon for more info.











- Hive Projects: Introduction to the Built Environment
- Date: 3 June 2021
- Eligibility: Year 10 and 11 students keen to learn about design and engineering.
- Application Deadline: 30 April 2021
- . British Army Insight Day for Careers in Music
- Dates: 4 June 2021(10am -2:30pm)
- Eligibility: 15 19 year old interested in an insight into the life of professional musicians
- · Application Deadline: 4 May 2021
- Marketing and Business Development VWEX with RIFU
- Dates: 26 May 2021 (10am 3pm)
- Eligibility: Year 10 and 11 students keen to learn more about a career within Product Design, Project Management, and Sustainability Research.
- Application Deadline: 5 May 2021
- Victrex How Can Plastics Improve the Environment?
- Dates: 2 June 2021
- Eligibility: 16 19 year olds interested in a career in information technology.
- Application Deadline: 30 April 2021
- Careers in Construction Dragados
- Dates: 1 June 2021(10am -12pm)
- Eligibility: 15 19 year old interested in apprenticeships and careers in construction, transport and infrastructure.
- · Application Deadline: 1 May 2021
- · Sir Robert McAlpine Future Careers in Engineering
- Dates: 25 June 2021(10am -2:30pm)
- Eligibility: 15 19 year old interested in apprenticeships and careers in engineering and technology.
- Application Deadline: 21 May 2021
- Insight Day into Biological Sciences with Hart Biologicals
- Dates: 24 June 2021(10am -12pm)
- Eligibility: 15 19 year old interested in finding out more about a career in the medicalscientific field.
- Application Deadline: 20 May 2021

If you have any questions about the placements or experience any issues signing in to your account, please do not hesitate to contact us at experience@speakersforschools.org.

London Mayoral Candidates Election Day - Thursday 6th May

SHAUN BAILEY THE CONSERVATIVE PARTY



Personal Background

Shaun was born in a council house in North Kensington. His father was a lorry driver and he was raised by his single mother. Shaun went to Henry Compton School, then the Army Cadet Force at the age of 12. He went to Paddington College then studied Computer Aided Engineering at the London Southbank University. He is married and has two children.

Shaun is currently the Deputy Leader of the Conservative Greater London Authority Groups.

- Candidate for Lewisham West and Penge in 2017
- Special Advisor to David Cameron on Youth and Crime in 2012
- · Candidate for Hammersmith in 2010.



- **②** ØShaunBaileyUK
- @shaunbaileyam

SADIQ KHAN THE LABOUR PARTY



Personal Background

Sadig grew up in a council home in Earlsfield, London. He was the son of a bus driver and went to Firctoft Primary School and then Ernest Bevin School. He studied Law at the University of North London (now London Metropolitan University). Sadiq is married and has 3 children.

- Shadow Minister for London from 2013-2015
- · Shadow Secretary of State for Justice from 2010-2015
- Shadow Lord Chancellor from 2010-2015
 Shadow Secretary of State for Transport in 2010
- MP for Tooting from 2006-2015 . Councillar for the London Borough of Wandsworth from 1994-2006



- **© ©**SadiqKhan
- facebook.com/sadigforlondor

LUISA PORRITT THE LIBERAL DEMOCRATES



Personal Background

Luisa grew up in Camden and studied History at Royal Holloway. University of London.

Political Background

Luisa served as a Member of the European Parliament (MEP) for London from 2019 to 2020.



- 0

SIAN BERRY THE GREEN PARTY



Siån was born in Gloucestershire and lives in Kentish Town. Her parents were teachers. She went to Pate's Grammar School before studying Metallurgy and the Science of Materials at Trinity College, Oxford, Slån has done many jobs since she was 14, including shop worker, taxi controller insurance adjuster, medical writer, assistant and PA in the City, IT project manager, website developer. She has also written a book '50 Ways to Travel Greener'

Siān is currently the Councillor for Highgate. She was also a Green Party candidate for Mayor of London in 2008 and 2016. Prior to this she was a transport campaigner. She is Co-Leader of the Green Party alongside Jonathan Bartley.



- slanberry,london
- @sianberry



EXTRA CURRICULAR CLUBS

KS3 MATHS - PARALLEL PROJECT ENRICHMENT PROGRAMME.

EVERY THURSDAY AT 3PM

ACCESIBLE ONLINE - HTTPS://PARALLEL.ORG.UK/

SOME STUDENTS HAVE THEIR OWN LOG IN DETAILS ALREADY BUT IF NOT THE CODE TO JOIN IS ${\tt QZL15U}$

HISTORY CLUB

WEDNESDAYS AT 3:30-4PM

GOOGLE CLASS CODE: 4UIT2LR

SOLVING MURDERS AND NEW CLUES RELEASED EVERY WEDNESDAY TO GO THROUGH TOGETHER ON GOOGLE MEETS.

YEAR 8 READING CLUB

WEDNESDAYS 3:10-3:40PM

CURRENTLY READING "WONDER". STUDENTS CAN JOIN USING THE LINK POSTED EACH WEEK ON THE YEAR 8 GOOGLE CLASSROOM.

DIVERSITY AND INCLUSION SESSIONS - 6TH FORM

WEDNESDAYS FROM 3:15PM VIA THE GOOGLE CLASSROOM (SEE LINK)

HTTPS://CLASSROOM.GOOGLE.COM/C/MTC2MDY2MTI1MTU5?CJC=LKKMB2X

DEBATE CLUB

EVERY THURSDAY FROM 3:20PM

MORE INFORMATION ON GOOGLECLASS:

HTTPS://CLASSROOM.GOOGLE.COM/C/NZG5NJU5NZU4OVPA?CJC=VLTDQEV

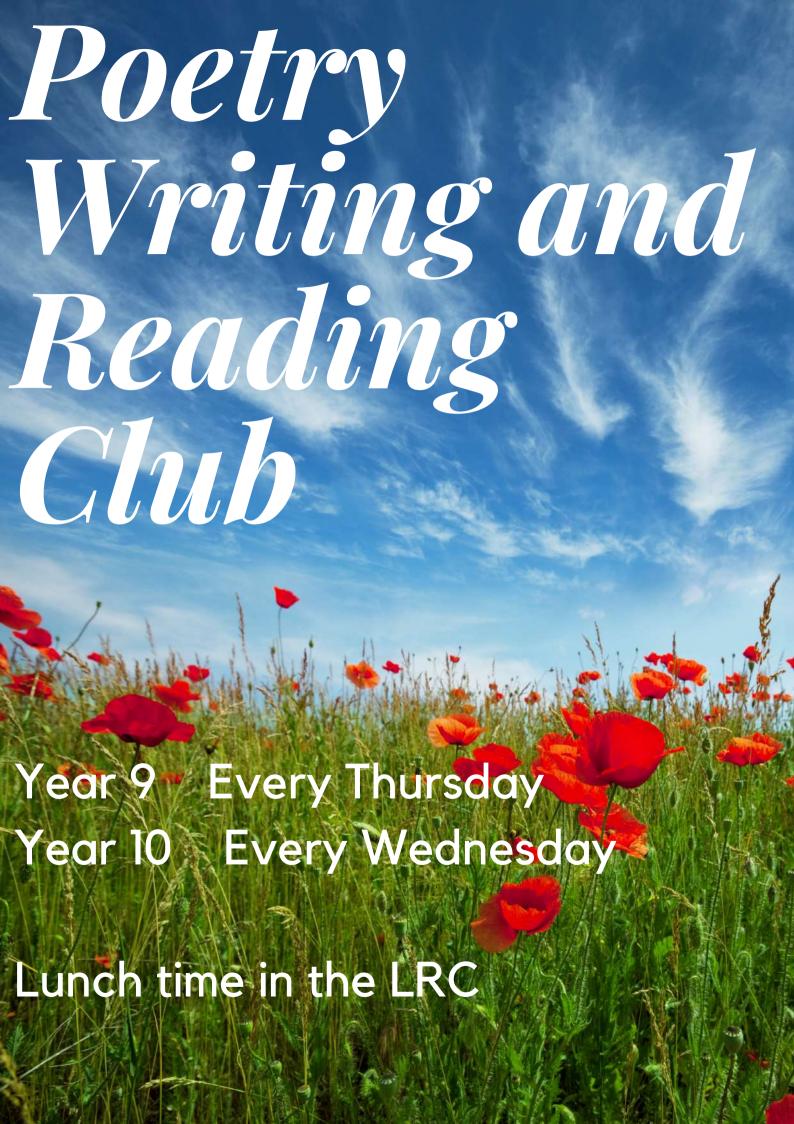
ONLINE CHESS CLUB

EVERY THURSDAY FROM 3:20PM

MORE INFORMATION ON GOOGLECLASS: CLASS CODE - JQJNW51

ONLINE RUNNING CLUB

CAN BE COMPLETED WHENEVER YOU HAVE TIME CLASS CODE - **ZFPIIDK**





TUESDAY

LUNCHTIME
YEAR 9 MUSIC TECHNOLOGY CLUB—U35

WEDNESDAY

LUNCHTIME
YEAR 8 UKELELE CLUB—L20
AFTER SCHOOL
UPPER SCHOOL GLEE CLUB—UPPER
HALL

THURSDAY

LUNCHTIME
YEAR 7 KEYBOARD CLUB
AFTER SCHOOL
LOWER SCHOOL GLEE CLUB—LOWER
HALL

PE Extra Curricular Clubs Clubs

		Walthamstow Site		Wiseman Site	
		LUNCH 1.25pm-2pm	AFTER SCHOOL 3.20pm-4.30pm	LUNCH 1.25pm-2pm	AFTER SCHOOL 3.20pm-4.30pm
	Mon	Yr7 Girls Basketball	Yr7 Football (girls and boys)	Basketball/ Badminton - Yr11	Yr9 Football (girls and boys)
			Yr7 Gymnastics		
	Tues	Yr7 Boys Basketball	Yr7 Netball	Yr 11 Fitness	Yr10 Football (girls and boys)
7	lues			Basketball/ Badminton - Yr10	
	Wed	6th Form Basketball	Yr8 Netball	Basketball/ Badminton - Yr9	Yr10 Netball
	Thurs	Yr8 Girls Basketball	Yr8 Football (girls and boys)	Yr 10 Fitness	Yr9 Netball
			Yr8 Athletics	Football - Yr11	
	Fri	Yr8 Boys Basketball		Basketball/ Badminton - Yr9	Interventions
		Yr 11 - Stress Management and Fitness is taking place at 7:15am on a Tuesday and Friday - See Mr Graefe			



Community Sports

MCC Cricket Hub at Leyton

- The Cricket Hub is for state school pupils only & is completely free to attend
- Sessions are taking place outside at Leyton County Ground (following GOV & NGB protocols for Covid)
- Sessions run weekly throughout next term starting w/c 17th May
- There are separate sessions for Boys (U13s & U15s) on Mondays and Girls (U13s) on Tuesdays
- Players will be able represent the Leyton Hub in Matches in the MCC's National Competition this summer
- There is the opportunity for players to be selected for the MCC London & South East
 Team as well as access various other pathway opportunities through the MCC

More info on the MCC website - https://www.lords.org/mcc/mcc- foundation





Community Sports

Leaders Dance

In an effort to help our local communities kick start the habit of physical activity, we are launching Saturday classes in an effort to reach more children, young people and female adults.



Spring into Dance – 3 weeks FREE taster sessions

with award winning Leaders..... because COMMUNITY matters

FREE Taster Sessions for 3 Weeks*

Leaders are delighted to re open our
Commercial Street Dance, Performance
Enhancement and Drama Leadership
activities for children, young people and
female adults living in Waltham Forest in an
effort to help our communities kick start the
habit of physical activity

After I week, cites charge of El per week for dance or
£7.50 for dance/drama combination
Adult Classes are fore for Elevenia

<u>Instagram</u>: leaderscommunity_ <u>Snauchar/Twitter</u>: leaders2k16 <u>Facebook</u>: Leaderscommunityest2016

GET FIT_HAVE FUN_MAKE FRIENDS

Open to ages 7-16 years and Female Adults
All abilities are welcome
All staff are DBS Certified
Every Saturday from 24 April 2021
Covid-19 safety measures in place
Schedule available on application
Mid morning sessions
Venue location will be in Chingford E4

To register your interest please email or call Leaders Community -07831 224510 leadersacademyeriquines@gmail.com







Phone: 07831 224510 Final: leaderseadersyangures@gmail.com

Website : www.leadencommunity.org

Do you have any wiform to donate?

UNIFORM DONATIONS

We are asking for donations of our current school uniform which your child may no longer need or have outgrown that is still in good and wearable condition. This can range from the list below:

Years 7 & 8

Blazer



Trousers



School Tie





Trousers



Years 9, 10 & 11

School Tie



GIRLS RED CHECKED KILT SCHOOL BRANDED **TROUSERS**

GIRLS BACK KILT SCHOOL BRANDED TROUSERS





PE Kit













PLEASE DROP ANY DONATIONS TO EITHER SCHOOL OFFICE - MANY THANKS



When did you last take the time to say

THANK YOU?

Thank you so much for everything. You've been there for me through thick and thin and I'm so thankful for that. I will miss you so much I don't know what I would do without you.

Thank you for
everything you have
done for me. I will miss
you loads when I leave
and I don't think I would
have done as well as I
did if I didn't have you
as a teacher.



Go to www.thankateacher.co.uk to send your favourite teacher a thank you message.

We will send them a personalised e-card for FREE and they may have the opportunity to be nominated for a Pearson National Teaching Award.

Please THANK A TEACHER today. It's simple, it's free, and it will make their day.

