

FAMILY MATTERS

HOLY FAMILY CATHOLIC SCHOOL
NEWSLETTER



SPORTS DAY SPECIAL EDITION



Quotation of the week

"For when I am powerless, it is then that I am strong" St Paul

This week, on Tuesday, we celebrated the Feast Day of St Peter and St Paul, two great saints of the early Church. Ordinarily we would have Mass for at least some year groups in school but that has not been possible this year. We have, however, welcomed a team of young people from Walsingham House who led our Yr 7 students in a mini-retreat day. It was lovely to be able to welcome the retreat team, to take some time out to reflect on everyone's gifts and talents and on what we have reason to be thankful for. We are very grateful to the young people from Walsingham House visiting us to share their faith and their experiences with our students.

Sports Day round 2

We held the second day of covid-secure sports days on Thursday of this week, this time for Yr 8 students and then for Yr 10 students. It hasn't been quite the same this year but I am glad that we were able to hold the event and that the students had the chance to complete and to take part. The students clearly enjoyed themselves and we were lucky with the weather.

There is an abundance of sporting activity to watch in the wider world of course at the moment, including the Euros (well done to England on finally defeating arch-rivals Germany in a knockout match), the tennis at Wimbledon and both men's and women's international cricket. Sport is very much a part of life at Holy Family and we have missed being able to compete in inter-school sports fixtures over the past 18 months and look forward to being able to do so again next academic year.

Yr 9 Parents' Evening

Thanks to all parents who attended the virtual Yr 9 parents evenings. We think that virtual parents evenings are the way to go even once the pandemic and its restrictions are over. We therefore intend to continue to run virtual parents evenings in the next academic year.

Covid update

We are fortunate in that we have not had many instances of infection or had to send students home to self-isolate. Please continue to test your son/daughter twice weekly and if they have any cough, cold symptoms they must stay home and take a PCR test before returning to school. Your co-operation is appreciated.

Parents' surgery

Parents' surgery is currently a remote service. If you would like to speak to me please contact the office on either site and they will let me know that you would like me to call you on Thursday afternoon between 4pm and 5pm. You can also email me directly at anytime on a.stone@holyfamily.waltham.sch.uk

Please continue to remember us in your prayers.

With best wishes,

Dr Stone
Headteacher



SOCIAL MEDIA CATCHUP



@HFCSWALTHAM



@HFCSWALTHAM

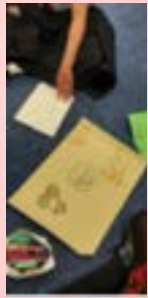
Chaplaincy Corner

This week we welcomed the Retreat Team from Walsingham House to Holy Family, where they ran the **Year 7 Retreat** workshops. The theme was the “Calming of the Storm”, reflecting on Pope Francis’ words from back in March 2020 at the start of the pandemic and looking at how we can calm the storm in our lives and the lives of others, taking examples from the Saints of our Church.

We heard how Pope Francis saluted people on the frontline of the fight against the coronavirus, including doctors and shop workers, as “the saints who live next door”. We saw stories of everyday kindness during the pandemic, people delivering meals, helping refugees, bringing music to doorsteps to name a few. All saints, or superheroes, of our time.

Students were then tasked with designing their own superheroes for 2021 – superheroes to fight the injustices and issues they see around the world and in their local communities. These ranged from knife crime – with a magnetic body to take knives out of the community – to climate change – vacuuming up the CO2 in the world!

Superheroes don’t all wear capes. We can all be saints, or superheroes, in our own communities.



A big thank you to the Walsingham House Team for facilitating the retreats.

On Tuesday we marked the **Solemnity of SS Peter and Paul**. Saints Peter and Paul are two of the most well-known saints and are often spoken of as the two men most responsible for spreading the Christian message in the days of the early church.

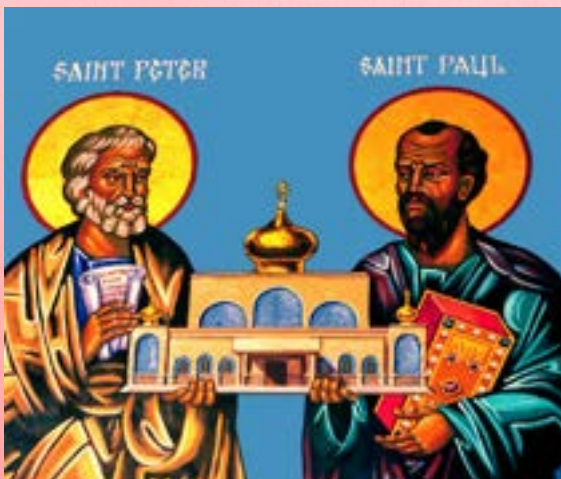
Peter was the leader of the Apostles and the first Pope. Paul was born Saul, but converted to Christianity on the road to Damascus.

***Oh God, who on the Solemnity of the Apostles Peter & Paul
give us the noble and holy joy of this day,***

***grant, we pray, that your Church
may in all things follow the teaching
of those through whom she received
the beginnings of right religion.***

***Through our Lord Jesus Christ, your Son
who lives and reigns with you
in the unity of the Holy Spirit
one God, for ever and ever***

Amen



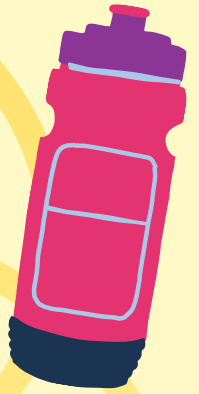
Stay safe, Mrs Grierson, Chaplain

TIPS FOR

WELLBEING



**Bring your reusable water bottle to school
(and everywhere else you go)**



As a school community we are using too many disposable plastic bottles & cups.



Not only does using a reusable water bottle help to save the planet by reducing single-use plastic, it will also save you money!



Water is incredibly important to the learning process find out why here:

www.magicbreakfast.com/news/the-importance-of-staying-hydrated



YEAR 9

STARS

ABISSHANTH SIVAKUMAR, ALEESHA LOATES, ALEX OPARE, ALMAZ FARQUHAR, AMEERAH AIMABLE, AMIT SOORAJ, ANIL SONMEZ, ASHIANNA WALLACE, BEVERLEY FORDJOUR, CAN GUNAY, CHARMAINE ADU-DARKO, CHLOE GLANVILLE, CINO JOSE, CLAUDE-ANDRE N'GHANDU, D'ANDRE CAMPBELL, DANIEL PIRES DOS SANTOS, DARNEL NORVILLE, DAVINA BLAY-ATTOTBRAH, DAVISHKA MATHEWS, ERIKA PADUREAN, ERNEST TORNEROS, FILIPA ANDRE, GABRIELA PRUSINSKA, GABRIELE IRIMIA, GIULIA DISTEFANO, HANNAH OPOKU-YEBOAH, IGOR MAJCHROWSKI, JAKE BOWDEN, JANET ADEWOLE, JENATIE GANESHARAJAH, JOSHUA MORGAN, JOTHAM BANYA, JUSTINE ALEXANDER, KERON MARQUES, KEZIA TOMY MATHEW, KWABENA AMOATENG, MARCEL WINTER, MARIA FERNANDA POSADA JARAMILLO, MARINE KEROWGODAGE, MARLON FAROUK, MARTINAS GENYS, MEMET YUMUSAK, MICHAEL BAIDOO, MILENA SOKOLOWSKA, NIREL NGWI, PATRICK MCCORMACK, RACHEL-MARIE NAATEY, REINDOLF KUSI, REISS YEARWOOD, ROLANDE ZOMBA-DI-NKOKO, RONETA LAUZONYTE, RYAN LABA, SIANNA XAVIER-CRICKSHANK, STACY D'SOUZA, THIANNA WHITE, THOMAS MASTERSON, TOMASZ BLONSKI, TONY DANDOCZI, VALERIA BOLDISOR, VLAD BOLDISOR, YU RUO CHEN

A HOPE IN SOCIETY - BY RHIANNA WHITE 9A

I'M SAT ON THE EDGE OF SOCIETY
WONDERING WHY I'M NOT A PRIORITY
WHAT HAVE I DONE TO DESERVE THIS BRUTALITY
PEOPLE SAY I HAVE THE OPPORTUNITY TO GET A JOB OR GET SOME HELP BUT IT
AIN'T ALWAYS THAT SIMPLE
PEOPLE LOOK AT ME AND FEAR ME
I MIGHT NOT LOOK AS SMART AS YOU BUT WE ALL BLEED THE SAME

WORDS START TO SPREAD
HE SAID SHE SAID
ALL OF A SUDDEN THERE'S A THREAD BUT I GOT TO THINK AHEAD I'M NOT ON
MEDS I JUST RAN OUT OF BREAD
I SCREAM AND SHOUT FOR SOME HELP BUT NO ONE SEEMS TO SEE MY CRY
HOPEFULLY ONE DAY THERE WILL BE SOME REPLY NOT JUST DENIES
I'M LOOKING FOR COMPASSION, NOT VIOLENCE. SEEKING SUPPORT, NOT
NONSENSE. GAINING HOPE NOT DOUBT.
I'M NOT A THIEF I'M A WORKER
I'M NOT HARMFUL I'M TRYING TO BE PUNCTUAL
I'M NOT SCARY, I'M ACTUALLY ENCOURAGING, REASSURING, NORMAL BUT MOST
IMPORTANTLY I'M UNDERSTANDING
BUT OF COURSE YOU WOULDN'T KNOW THAT
BECAUSE I'M SCARY

YEAR 10

STUDENT OF THE WEEK:

YEAR 10

YOU ARE ALL STUDENTS OF THE WEEK THIS WEEK AS YOU HAVE HANDLED THE EXAMS SO WELL. YOU HAVE ALL, WITHOUT EXCEPTION, SHOWN YOURSELVES TO BE MATURE STUDENTS WHO HAVE REALLY GIVEN YOUR ALL IN THESE PAST FEW WEEKS.

MR FREEMAN AND I COULDN'T BE PROUDER OF THE WAY YOU HAVE ALL CONDUCTED YOURSELVES. WELL DONE.

CONGRATULATIONS TO THE STUDENTS WHO RECEIVED STARS LAST WEEK THERE WERE LOTS! PLEASE CHECK THE WEEKLY BULLETIN TO SEE THE FULL LIST.

AFTER EXAMS

ONCE YOUR EXAMS HAVE BEEN MARKED AND YOU GET YOUR RESULTS. DON'T JUST FORGET ABOUT THEM UNTIL NEXT EXAM PERIOD. THERE IS LOTS YOU CAN DO.

- MAKE SURE YOU ARE ASKING YOUR TEACHERS WHAT YOU NEED TO DO TO REACH THE NEXT GRADE UP
 - IF YOU DIDN'T GET FULL MARKS ON A QUESTION, MAKE SURE YOU UNDERSTAND WHY AND WHAT AREAS YOU NEED TO WORK ON
 - READ OVER YOUR EXAM PAPER AND REALLY REFLECT ON ALL THE POSITIVES IT'S ALSO IMPORTANT TO KNOW WHERE YOU WENT RIGHT
- EXAM SCRIPTS CAN BE A GREAT LEARNING TOOL, YOU CAN SEE WHERE YOU NEED TO IMPROVE AND TAILOR YOUR REVISION TO IT.

VIRTUAL WORK EXPERIENCE

THERE IS STILL TIME TO COMPLETE THE VIRTUAL WORK EXPERIENCE. THIS IS SUCH A VALUABLE EXPERIENCE IN THIS "NEW NORMAL" WORLD WE HAVE TO ADAPT TO A NEW WAY OF LIFE. THIS FORM OF WORK EXPERIENCE IS A GREAT WAY TO DO THAT. YOU SHOULD ALL HAVE THE INFORMATION ON THE VIRTUAL WORK EXPERIENCE BUT PLEASE COME AND SEE MS FITZPATRICK IF YOU WOULD LIKE MORE INFORMATION.

A person in a large, orange and brown T-Rex costume is running on a red running track. The person is in a dynamic pose, leaning forward with their arms slightly out. In the background, there are green trees and other people standing on the grass.



SPORTS DAY



YEAR 7



SPORTS DAY



YEAR 8



SPORTS DAY

YEAR 8



SPORTS DAY



YEAR 9



SPORTS DAY



YEAR 9



SPORTS DAY



YEAR 10



SPORTS DAY



YEAR 10



SPORTS DAY

6TH FORM APPRECIATION

Thank you for running events,
supporting & motivating younger
students, announcements,
demonstrations, record keeping,
handing out medals, taking photos &
volunteering for all duties



SPORTS DAY

RESULTS

YEAR 7

1st 7E
2nd 7S
3rd 7P
4th 7I
5th 7A
6th 7ST
7th 7R

YEAR 8

1st 8S
2nd 8A
3rd 8P
4th 8E
5th 8IG
6th 8I
7th 8R

YEAR 9

1st 9S
2nd 9I
3rd 9EL
4th 9E
5th 9R
6th 9P
7th 9A

YEAR 10

1st 10I
2nd 10A
3rd 10AN
4th 10R
5th 10PH
6th 10E
7th 10P
8th 10S



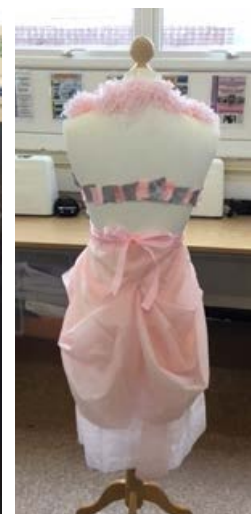
D&T ASSEMBLED

Some absolutely delicious recipes being
whipped up in the kitchens recently

Year 8 - Mushroom risotto

Year 10 - Baked blueberry cheesecake

Also this week year 9 have begun to
bring their fashion designs to life!



POETRY CLUB

Inspiration sinks in,
Letting the music dissipate in the air as I put my headphones to the side.

Paints, brushes, all shoved into my basket.
Colours rising, raisins and style.

I'm not exactly painting raisins and style, but I did colour the painting of my life.

With shapes and sizes,
Hues and lights,
Shading and values,
All are artistic,
But most importantly they bring colours to my life.

Art is hard,
That's all I gotta admit,
But I know that the end results are lovely,
Only if you do fine,
Colours are nice
Not when you paint them.
Yay!

Many colours split in strands.
Tying together.

To represent **ANGER** or **PAIN**.

To inflict **WARMTH** and **SAFETY**.

And to receive **HAPPINESS** and **JOY**.

Many perceptions in the world.

Splitting in two.

To show **ENVY** and **JEALOUSY**.

To **PURIFY** and join **NATURE**.

And to see **CALMNESS** in the **SEA**.

The ribbons together.

Joining and splitting.

To be filled with **SADNESS** and **SERENITY**.

To be taken by **CORRUPTION** and **FEAR**.

And to be met by **LOVE** and **FRIENDSHIP**.

THE RIBBONS CONNECTING.

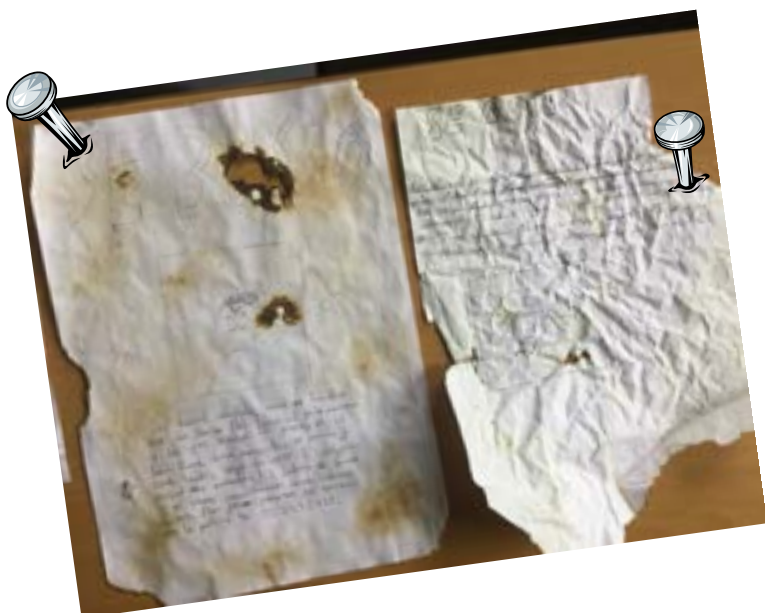
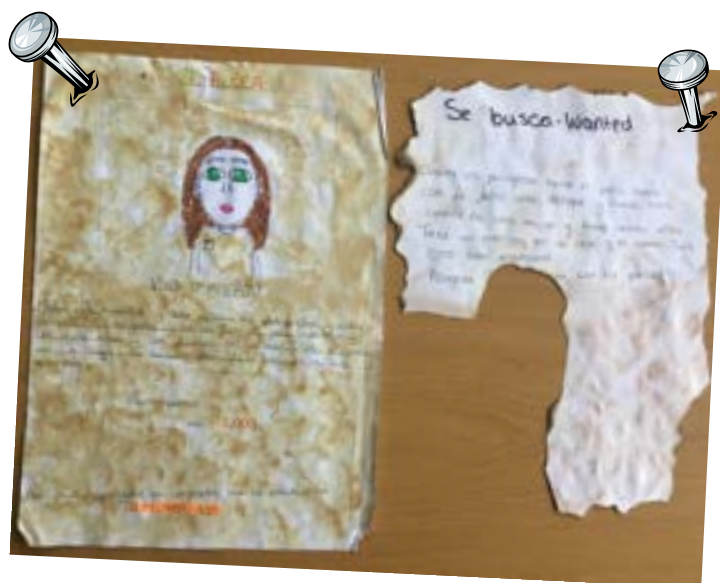
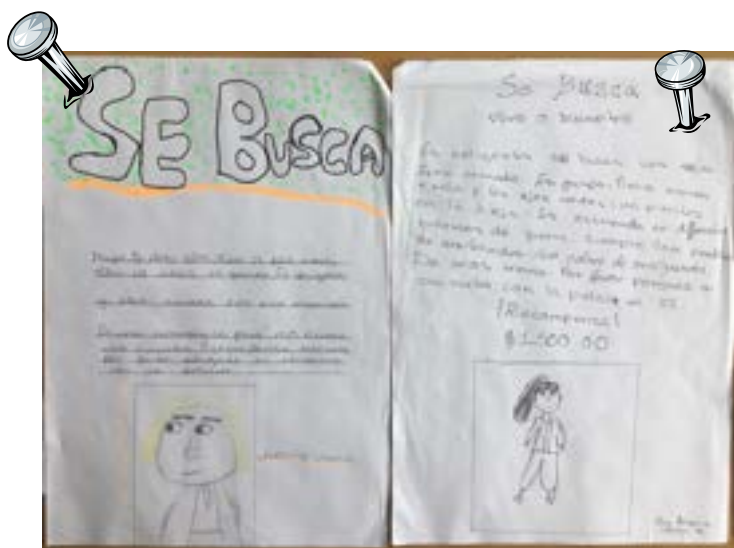
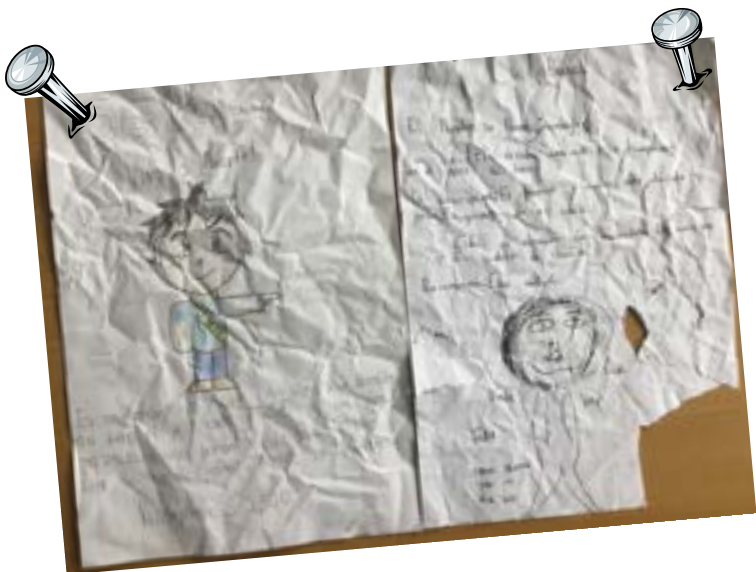
Flowing Through.

Colours by Allison Teves

COLOUR CHROME by Kevin Nobrega

MFL

Year 7 have been creating WANTED posters in Spanish this week



CAREERS CORNER

There are many more virtual experience opportunities on the [Speakers for Schools website](#) or contact Mr Fidegnon for more info.



**SPEAKERS
for schools
EXPERIENCE**



Deniz Beck Partners Architecture Insight Day

db partners

Virtual Work Experience -

Deniz Beck Partners is an award-winning architectural practice with specialism on adaptive reuse of formal military structures. We are passionate about design, heritage and the environment. We believe places we inhabit shapes us, everyone deserves a decent, inspiring and engaging space to live, w...

Featured Online 01/06/2021 Favourite

[VIEW OPPORTUNITY](#)



VGC Group - Construction & Civil Engineering VWEX

VGC Group

Virtual Work Experience -

Are you interested in construction and civil engineering?

Do you want to know what and who it takes to put a large project together? And would you like the chance to talk to them and ask them questions?

Are you starting to think about your next steps after GCSE or A-levels and w...

Featured Online 01/06/2021 Favourite

[VIEW OPPORTUNITY](#)



PREDICT '21 Career pathways: Bringing maths and science to life

Harper Adams University

Virtual Work Experience -

Are you good at maths and/or science? Thinking about doing a degree/apprenticeship, but not sure where to start?

Join this interactive Insight Day with Harper Adams University to find out more about some of more unusual maths and science-based courses we offer that can get you started in yo...

Featured Online 15/07/2021 Favourite

[VIEW OPPORTUNITY](#)



Game Academy Bootcamp : How to Get your Dream Job by Playing Games

Game Academy

Virtual Work Experience -

PLEASE NOTE:

Places on this opportunity are for students attending schools and colleges in Barnsley, Doncaster, Rotherham and Sheffield area only. Applications from other areas will not be accepted.

You're a video gamer. You really like playing games. Do you know that certain games...

Featured Online 15/06/2021 Favourite

[VIEW OPPORTUNITY](#)



Insight Day @ Accenture

Accenture

Virtual Work Experience -

Accenture is one of the world's leading consulting and technology companies and they are offering a virtual INSIGHT DAY for those who are interested in IT or want to explore the digital sector.

What to expect

An exciting opportunity to take part in an interactive day which inc...

Featured Online 15/07/2021 Favourite

[VIEW OPPORTUNITY](#)



It's a WaterAid Takeover! Ensuring clean water for everyone, everywhere.

Thames Water

Virtual Work Experience -

Imagine a world where everyone, everywhere has clean water, decent toilets and good hygiene. Unfortunately, 785 million people across the world don't enjoy the same access to fresh water and sanitation that we in the UK take for granted. Join us to explore the vital work WaterAid is doing in comm...

Featured Online 21/06/2021 Favourite

[VIEW OPPORTUNITY](#)

WHY TRY VIRTUAL WORK EXPERIENCE?



ACCESS

VWEXing opens the door of opportunity to young people right across the country and allows employers to grow their talent pipeline and make a difference to those who really need it.



IMPACT

VWEXing allows for greater impact, as "seats" are not required, opening up the chance for more young people to access great opportunities wherever they are.



FREE

As a charity, we are focused on ensuring educators and young people have great experiences and free access to our services to ensure a level playing field and meaningful outcomes.



SUPPORTED

We recognise that you will have many questions. This is why we will work closely with you to ensure you're supported every step of the way under a structured and impactful programme.

LETTER FROM MARCUS RASHFORD MBE

Dear Parent/Guardian,

We hope you are well and that your child/ren is enjoying the summer term and the warm weather!

Ahead of the summer holidays, we wanted to let you know about the brilliant new Holiday Activities and Food programme which is operating in your local area. We are helping to launch a new film to promote the programme so parents know that their children can get involved in a local holiday club when the school term ends this July.

We know that the holidays can be a really difficult time for families who are struggling to make ends meet or who are juggling work and childcare. The holidays should be a time for every child to enjoy themselves rather than worrying about having enough to eat or how they can spend their free time.

That's why we're really excited about the summer holiday programmes that are being funded by the Government and will take place across the whole of England. This was recommended by the National Food Strategy when it was published last year. A petition supporting the recommendation was signed by over 1 million people.

Places on the holiday schemes are available for free to children who receive free school meals, but children and young people of all ages and backgrounds are welcome to attend. Each local programme will provide delicious, healthy meals, allow kids to get active, help them learn new things, make friends and have fun. And that is what the holidays are all about!

You can find out more by watching this new film that we've made: <https://youtu.be/KDgm8KpXAXE>

The holiday programmes are open to children of any age and are free for children eligible for free school meals. They will:

- Provide a safe and supportive environment for children
- Be led by experienced local coordinators teaming up with a range of different partners in their communities
- Serve children tasty and nutritious food and opportunities to learn about food and nutrition
- Organise lots of activities so every child can find something they enjoy - from Kung Fu and cooking to bushcraft.
- Keep children and young people happy, healthy and active
- Offer a flexible childcare option for busy parents

You can find out exactly what's available in your local area either by visiting your council's website or by searching online for HAF (that stands for Holiday Activity and Food).

We hope you and your family have a great summer with the Holiday Activities and Food programme!

Yours sincerely,

Marcus Rashford MBE

Henry Dimbleby MBE (Founder of Leon, Independent Lead of the National Food Strategy)