

FAMILY MATTERS

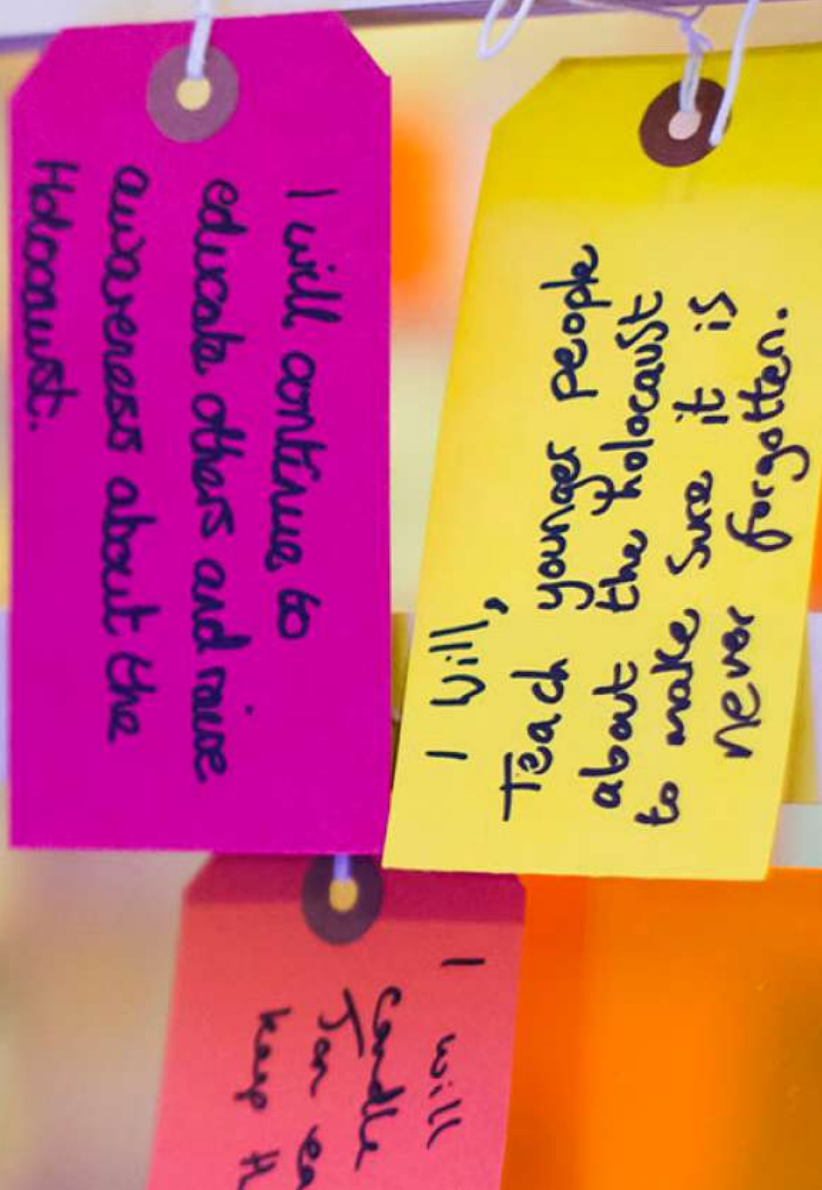
HOLY FAMILY CATHOLIC SCHOOL
NEWSLETTER



Issue 17
Friday 28th January 2022



HOLOCAUST
MEMORIAL
DAY 27/1



@HFCSWaltham

www.holyfamily.waltham.sch.uk

@HFCSWaltham



Quotation of the week

"To one who has faith, no explanation is necessary. To one without faith, no explanation is possible" St Thomas Aquinas.

Thomas Aquinas is one of the great scholars of the Church and patron saint of students. Our Sixth Form Centre is named after him as is the federation of Catholic Schools in Waltham Forest, the Aquinas Trust.

I meet regularly with the colleague headteachers in the Catholic primary schools and on 1st March we will again be holding our Mass for representatives from all our schools for Yr 2 up to Yr 13. More about that occasion nearer the time.

Holocaust Memorial Day

Today is a sombre day - Holocaust Memorial Day when we prayed and remembered all the victims of genocide in the world. We've delivered assemblies and studying the Holocaust is part of the key stage three history curriculum so all students learn about the Nazi Holocaust during their early years with us. Sadly the inhumanity humans are capable of showing to one another and the systematic attempts to annihilate whole groups of people still continues and must be challenged and resisted.

Covid situation and mask wearing

We are still counting a small number of daily cases of positive covid tests among individual students, but the level of infection is moving down. We will therefore make the wearing of face masks optional in both corridors and classrooms from Monday of next week, 31st January.

University admissions

We are delighted that Tanya C., one of our Yr 13 students has been offered a place to read History at Trinity College Cambridge. Many congratulations to her. We now find that we secure places at Oxford and Cambridge every year at Holy Family and it's great that students can aspire and gain places at our leading universities. Many other students (a record breaking 131 in fact) have applied this year which is wonderful.

History masterclass

We are grateful to Mr Fidegnon's daughter, Audrey Fidegnon, who is a student of history at the University of Warwick for coming in and taking a Yr 9 history class focusing on the skills of analysing a source, which was about colonial attitudes towards the education of people in Africa. It was really inspiring to the students to have this session and to learn about studying history at university too.

Sports fixtures

We have a busy calendar of sports fixtures taking place and are enjoying considerable success, particularly in basketball. As the pandemic recedes we want to ensure that not only sports fixtures, theatre visits and trips to art galleries continue to resume but that life returns to what we knew pre-covid. The extra-curricular life of the school is really important and adds so much to the experience of our students.

PSHE/RSE

We continue to deliver sessions in personal, health and social education (PSHE) and relationships and sex education (RSE) through weekly sessions in every year group. An overview of the curriculum for these subjects will be available on the website and if you have any questions we would be very happy to answer them. PSHE lessons take place weekly on Friday mornings, delivered by form tutors and Yr 9 have additional weekly sessions focused on guidance, choices and the future as well to help them prepare for their GCSE options choices.

Parents' surgery

You can see me face to face in a socially distanced manner any week without an appointment on **Thursday afternoons between 4pm and 5pm**. If you prefer you can call the school office and arrange for me to call you instead. At present we have parents evenings for different year groups at this time which I am also involved in so you may wish to arrange a different time to see me.

Please continue to remember us in your prayers.

Dr Andy Stone,

Headteacher



HEADTEACHER'S COMMENDATION

This week

Ms Osei

nominates :

Connor S.

in Yr 12

for delivering an excellent

Holocaust Memorial Assembly

to Yr 8 students.

NOTICE FROM THE LRC

RETURN YOUR BOOKS BEFORE THE END OF TERM

**FAILURE TO DO SO MAY RESULT IN YOU
BEING REQUESTED TO PAY FOR A
REPLACEMENT BOOK.**



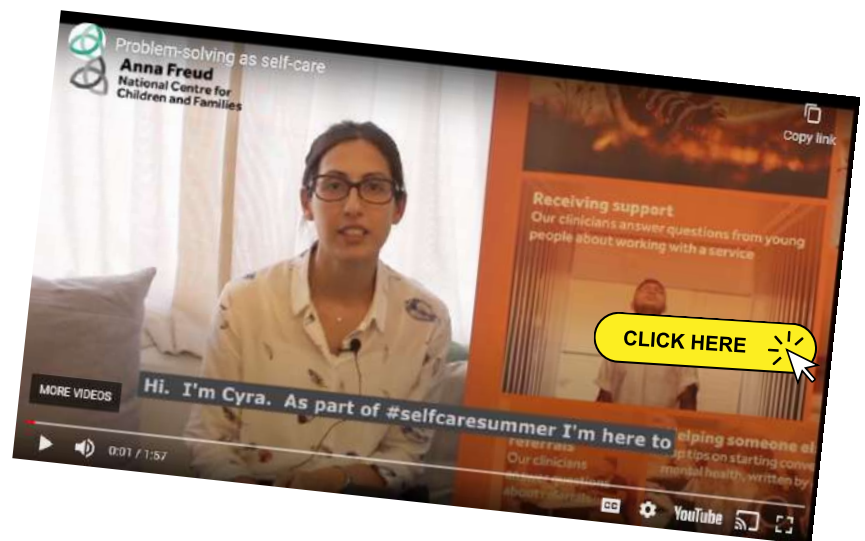
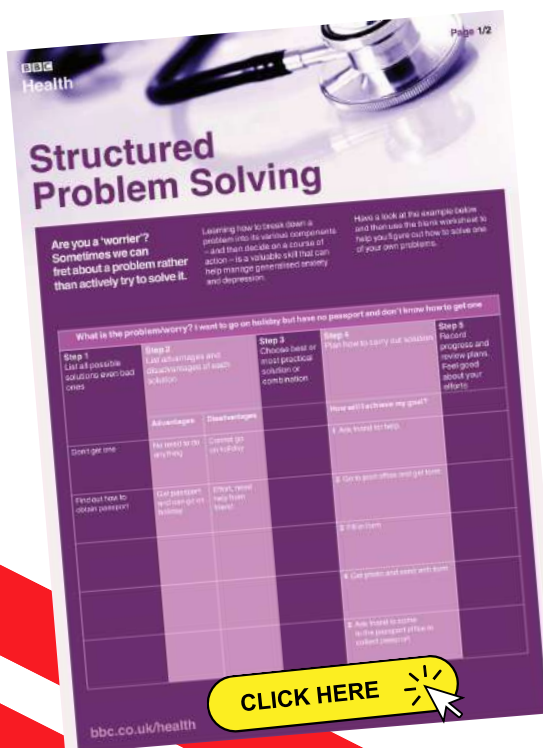
**IF YOU ARE UNSURE ABOUT ANY OUTSTANDING BOOKS
PLEASE SPEAK TO A LIBRARIAN**



WELLBEING

Problem solving

"If you're worried about something, sometimes it becomes much less frightening if you can break that thing down into smaller, more manageable pieces. One way to do that is to start by listing all the possible outcomes, even the bad ones."



You can learn more by visiting Anna Freud National Centre for Children and Families [here](#)



Anna Freud
National Centre for
Children and Families





REFUEL AT SCHOOL

BREAKFAST

EVERYONE WELCOME
Monday to Friday

Location: **THE CANTEEN ON BOTH SITES**

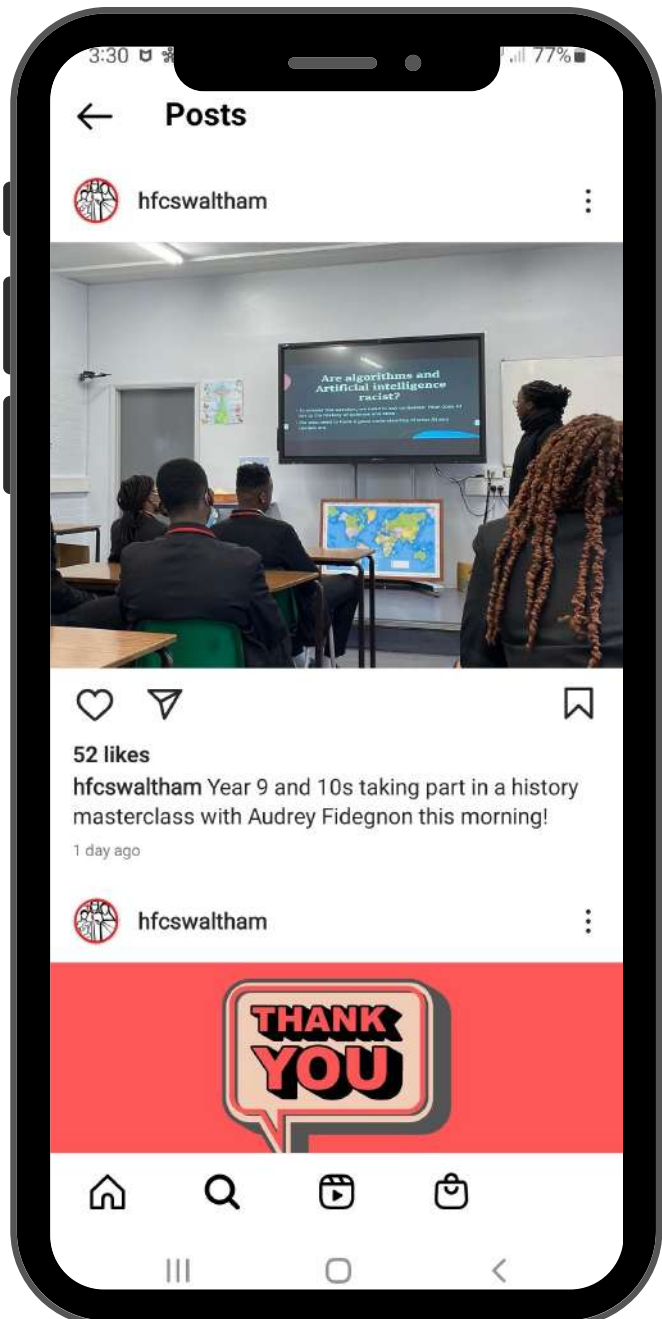
Timings: **8:00 – 8:30AM**

magic
breakfast
fuel for learning

SOCIAL MEDIA CATCHUP



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INTERNET SAFETY

Understanding Safer Internet Day 2022



What is Safer Internet Day?



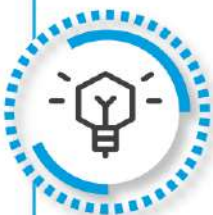
Safer Internet Day is an annual event which is taking place on 8th February 2022. It's a global celebration all about technology, looking at how children and young people can use the internet responsibly, respectfully, and creatively whilst making the most of their relationships online.



Safer
Internet
Day 2022

Safer Internet Day is a great opportunity to focus on online safety with the young people you work with – whether that's trying out some of the learning activities in this pack, holding an assembly or running an event. Your school or organisation could tell parents and carers about the day, support the campaign on social media, or you could ask young people to share their top tips for staying safe online.

The theme for Safer Internet Day 2022 is...



ALL FUN AND GAMES?

Exploring respect and relationships online



Safer Internet Day 2022 celebrates young people's role in creating a safer internet and the ways they are shaping the interactive entertainment spaces they are a part of. The platforms young people use are spaces for connection, community and collaboration, and the day challenges them to foster supportive relationships and respectful communities, whilst equipping them with the skills they need to keep themselves and others safe in these spaces.



Speaking with young people is key to exploring their experiences on platforms where they can play games, interact with their peers and others, and take part in 'live' experiences such as video streaming. These platforms play such an important and positive role, providing young people with the means to interact with friends and as a great pastime, particularly during the recent lockdowns in the UK.



Learn more and get involved!
Safer Internet Day 2022

#SaferInternetDay

www.saferinternetday.org.uk

EDUCATORS
GUIDANCE

Raise FREE donations for

Holy Family Catholic School - Walthamstow

every time you **shop online**

Find us on **easyfundraising.org.uk**

<https://www.easyfundraising.org.uk/causes/holyfamilycswalthamstow/>

4,300 online sites will give us a free donation
when you shop with them - at no extra cost to you!



Download the easyfundraising App





**HOLOCAUST MEMORIAL
DAY
27 JANUARY**

One Day can be interpreted in several ways.
One Day when we reflect on Holocaust Memorial
Day, One Day in history, One Day when life
changed, One Day at a time, One Day in the
future, One Day as a snapshot.

Together we bear witness for those who endured genocide and honour the survivors and all those whose lives were changed beyond recognition.

Let us pray too, for the people of violence, that they may change their ways and learn to respect others.

Let us pray that we may always do to others as we would wish them to do to us.

A prayer by Brother Nicholas Hutchinson FSC

Source: *Praying each day of the year January-April*

Peace Club Reflected upon Holocaust Memorial Day and painted stones in remembrance of the six million Jewish men, women and children murdered in the Holocaust and all other victims of Nazi persecution, and those murdered in subsequent genocides in Cambodia, Rwanda, Bosnia and Darfur. Each one a commitment to remember and learn from the past. As one student wrote on her stone: **“Remember their lives, remember their stories”**.



Mrs Grierson, Chaplain

HOLOCAUST MEMORIAL DAY

Holocaust Memorial Day 2022 Theme vision



One Day

'You didn't think about yesterday, and tomorrow may not happen, it was only today that you had to cope with and you got through it as best you could.'

Iby Knill, survivor of the Holocaust

The theme for Holocaust Memorial Day (HMD) 2022 is **One Day**. There are many ways to interpret the theme, some of which are outlined here.



© Getty Images / Andrew Renneisen / Stringer

One Day for Holocaust Memorial Day

Holocaust Memorial Day is **One Day** – 27 January – that we put aside to come together to remember, to learn about the Holocaust, Nazi Persecution and the genocides that followed in Cambodia, Rwanda, Bosnia and Darfur, in the hope that there may be **One Day** in the future with no genocide. We learn more about the past, we empathise with others today, and we take action for a better future.

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One Day when life changed

Survivors of the Holocaust and of genocide often talk about the **One Day** when everything changed, sometimes for the worse and sometimes for better.

Iby Knill feels that from **One Day** to the next, everything changed and yet nothing had changed:

'One day Gretl, my school friend...greeted me with an embrace. The next day she ran across the road and turned her head away so as not to acknowledge me.'

Franziska Schwarz Mikus was sterilised by the Nazis because she was deaf, as part of their process of persecuting anyone who did not fit their ideal – in this case, because they believed that disabled people were imperfect and worthless. On that **One Day**, the Nazis took control of Franziska's body, of her life choices. The Nazis wanted to prevent people they deemed 'unfit' from being able to procreate. It has been estimated that between 1933 and 1939, 360,000 individuals were subjected to forced sterilisation, because they had physical or mental disabilities – or were perceived to have disabilities.

For **Faiza**, there was a defining day. Following a civil war in 2003, which has left millions of people displaced, the Sudanese government has supported Arab militia who have destroyed hundreds of villages, and murdered thousands of people. Faiza was targeted by the Sudanese Government for supporting victims of the genocide, and so, she says:

'One Day I decided to leave my country. It was a hard decision, but there was no other way. I left my home, my friends, my people, I left all my belongings. There is a book on a table near my bed open to page 49 waiting for me.'

One Day at a time

It may be hard to pick out just **One Day**, as for many, to keep going through each and every day was a huge struggle, with no end in sight and no glimmer of hope that the next day would be any better.

The genocide in Rwanda lasted 100 days, beginning after the plane carrying the President was shot down on 6 April 1994. The genocide followed decades of tensions between Hutus and Tutsis. **Beatha Uwazaninka** recalls how, having watched fellow Tutsis around her being murdered, and on many occasions thinking she was going to be murdered, *'every one of those hundred days was dangerous'*.

For many, one day was grindingly and dull like all the others, with no chance of improvement or change. **One Day** seemed to last for years, and *'every day of their life was a day of suffering and torment'* (Chil Rajchman, The Last Jew of Treblinka).

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One Day in history

To mark HMD, you could pick **One Day** in history and learn about that day.

What happened in **Warsaw** on **19 April 1943**? Nazi Germany had entered Poland four years earlier in 1939, and started establishing ghettos in spring 1940, to segregate, dehumanise and control the Jews. The largest of the ghettos was in Warsaw, where more than 400,000 Jews were crowded into 1.3 square miles of the city with poor sanitation, limited food and cramped conditions. It is estimated that more than 92,000 people died in the Warsaw ghetto because of the squalid conditions. On **19 April 1943**, the **Jewish inhabitants of the Warsaw Ghetto fought back against the Nazi Regime**.



Warsaw Ghetto fighters surrendering © The Wiener Holocaust Library

Or **12 July 1995 in Bosnia**? Against the backdrop of a war, after Bosnia declared independence from Yugoslavia, Bosnian Serb troops descended on the town of Srebrenica. They began separating Bosniak men from women and children despite the area having been designated by the UN as a 'safe area'. Over the next couple of days more than 8,000 Bosniak men and boys were murdered in and around Srebrenica. **12 July 1995** was the last day that many women saw their husbands, fathers, sons and brothers.

Or **17 April 1975**? On this day the Khmer Rouge entered the Cambodian capital and **Mardi Seng** noted 'on that same bright, warm, glorious and victorious day, a new era began: not of peace and tranquillity, nor of hope and prosperity, but of suffering, torture, hunger, diseases, work camps, re-education, and systematic killing'. The arrival of the **Khmer Rouge** on **17 April 1975** brought five years of terror, with more than two million people murdered.

How many lives changed on each of those dates, and what happened to the people involved?

You could also choose the same date in different years and look at what was happening in different countries and different years:

27 January – what was happening in **Berlin** in 1941, in **Cambodia** in 1976, in **Rwanda** in 1994 in the lead up to the genocide? And **27 January 2022**, what is happening around us in the world today?

Page 2 of 4

One Day in the future

Those who were targeted and persecuted held out for the **One Day** in the future when all their suffering would be over, hoping they would *'all see the day of liberation'* (Elie Wiesel, Night).

On Holocaust Memorial Day we learn from genocide for a purpose – to build a better future. When we look ahead to **'one day'** with no genocide, what do we need to do today to achieve this? We can use this theme to motivate us to speak out when we see injustices, prejudices and identity-based violence.

On Holocaust Memorial Day 2022, this **One Day**, we will all come together in our communities, to learn from the Holocaust and genocides – for a better future.

One Day is a snapshot

One Day is just a snapshot in time and therefore cannot give the full picture, the context, the background that is needed, but it can help bring a piece of the full picture to life. The age or gender of the victim, or their geographical location ensured that no **One Day** during the genocide was typical. The same date would be experienced very differently by Jews hiding in France, Jews incarcerated in Auschwitz, Jews awaiting their fate in Hungary, for example. For those who suffered for days, weeks, months, years focussing on just **One Day** is a starting point, a way in for us to learn more about what happened during the Holocaust and the genocides that followed in Cambodia, Rwanda, Bosnia and Darfur.

Further resources

See hmd.org.uk for resources on this theme, including this year's life stories, resources on marking Holocaust Memorial Day, suggestions for further reading and for links to sister organisations.



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HMD.UK



@holocaustmemorialdaytrust

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Find out more...

Discover resources, activity ideas and background historical information on our website: hmd.org.uk

HOLOCAUST MEMORIAL DAY

On Thursday 27th January it is Holocaust Memorial Day. This is a day when people come together to remember and learn about what happened during the Holocaust.

'You didn't think about yesterday, and tomorrow may not happen, it was only today that you had to cope with and you got through it as best you could.' **Iby Knill, survivor of the Holocaust**

This year, the theme is One Day in the hope that one day in the future there will be no genocide.

Over the past few months, I was fortunate to be chosen to take part in The Auschwitz Project - a project where I was able to find out more about the Holocaust and listen to stories from survivors.

Before you can consider the impact of the Holocaust, it is important to consider what the Holocaust was. The Holocaust was the mass murder of approximately 6 million Jewish people by the Nazis and their collaborators during the years 1941- 45.

When the Nazis came to power in Germany in 1933, Jews were living in every country of Europe. A total of roughly nine million Jews lived in the countries that would be occupied by Germany during World War II. By the end of the war, two out of every three of these Jews would be dead, and European Jewish life would be changed forever.



Firstly, the Nazis developed the idea of the Jewish population living in separate, concentrated areas. This idea was known as the territorial solution. In 1939 Heydrich decreed that Polish Jews should be concentrated in towns and cities - ghettos. Here the Jewish people were stripped of their rights and property.



Once the Nazis realised that they would not have enough time to fully implement the territorial solution, they developed the final solution to the Jewish question. The idea was to use Jewish people as labour and those that couldn't work were put to death. Finally, the Nazis decided that they could perform mass murderings of groups more effectively to annihilate them. This idea was led by collaborators and the head of the SS- Adolf Eichmann.



One of the most important parts of the Holocaust was the Nazi death and labour camps. Auschwitz-Birkenau was the largest death camp built by the Nazis in the Polish town of Oświęcim. Created as a concentration camp for Polish political prisoners in 1940, it became an extermination camp in early 1942. 1.3 million people were sent here with approximately 1.1 million being Jewish. Of these people it was believed that 960,000 people were killed. After they were tricked or forced onto deportation trains, the Jewish

people spent 5 days crammed in cattle trucks. These trains were guarded through the whole journey and anyone that tried to escape was murdered. Upon arrival the men were separated from the women and children. The methods of murder were the same in all the camps. They were sent to 'showers' which were airtight gas chambers in which poisonous gas was released.

HOLOCAUST MEMORIAL DAY

While it is important to remember the events of the Holocaust it is also very important to remember the testimonies of the survivors. As part of the project, I was able to hear the stories of the following survivors:

Kitty Hart-Moxon OBE

Following the German invasion of Poland, Kitty's father decided to flee eastwards to the city of Lublin. However, the city was soon occupied by the Germans and its Jewish population was subjected to rapidly increasing persecution, culminating in the creation of a ghetto. Kitty was sent to Auschwitz-Birkenau as a laborer with her mother. They were imprisoned and sentenced to death, but their sentence was later commuted to imprisonment in Auschwitz-Birkenau. In her second year there, she was forced to work for 8 months in the Kanada Kommando, a work group that had to sort the belongings of the camp's victims. The Kanada complex where Kitty worked was situated very close to the four gas chambers and crematoria. This close proximity meant that Kitty was a witness from April 1944 to November 1944 to the relentless killing that took place. This was the period in which the greatest numbers of victims were murdered. Kitty and her mother were the only survivors of their family. Kitty's father had been murdered; her brother killed in action at Stalingrad and 30 members of her family perished in Auschwitz-Birkenau.



Mala Tribich MBE

Mala was born Mala Helfgott in 1930 in Piotrków Trybunalski, Poland. When the Nazis invaded Poland in 1939, Mala's family fled eastwards. When they returned, Mala's family had to move into the ghetto which was established in her hometown, the first in Poland. When the ghetto was liquidated, Mala became a slave labourer until November 1944, when the remaining Jews were deported. Mala was separated from her father and brother and was sent to the Ravensbrück concentration camp. After about 10 weeks they were transported in cattle trucks to Bergen-Belsen where conditions were appalling and Mala contracted typhus. At the time of the liberation by the British army, Mala was very ill. She was transferred to a hospital/children's home and it was many weeks before she recovered. Three months later she was sent, with a large group of children, to Sweden where she spent nearly two years. Not expecting any of her family to be alive, Mala was surprised to receive a letter from her brother Ben in England, the only other member of her close family to have survived.



By Connor S., Year 12



**HOLOCAUST
MEMORIAL
DAY TRUST**

*Learning from genocide -
for a better future*



HMD_UK



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holocaustmemorialdaytrust

HOUSE NEWS

Meet The House Leader:



**MS PARKER
HOUSE ANNE**

Who or what inspired you at school?

My teachers. They were very eccentric; my History teacher once wore chainmail to school!

Where did you study?

Kingsmead School in Enfield
University of Leicester

Have you always been a teacher/worked in schools?

Not always; I have worked in an aquarium,
as a tour guide in a stately home
and as an LSA

What would be your desert island book/song/film?

Pride and Prejudice and Zombies
The Captain by Biffy Clyro
Shrek. It's a masterpiece.

Why did you want to be a house leader?

I wanted to meet more students and spend
time with them doing fun activities

What has been your most embarrassing moment in school?

I accidentally locked myself in my
classroom and my year 9s had to rescue
me!

Tell us something about yourself that most people wouldn't know.

I have a dog called Ned
(Who you can see in the picture at
the top of the page!)

INTRODUCING THE HALO CODE

We are excited to announce that Holy Family Catholic School has adopted The Halo Code, the UK's first Black hair code.



No Black staff or students should have to change their natural or protective hairstyle in order to thrive at our school.

We hope that the Halo Code will move us one step closer to a world free from discrimination, where all Black members of our community have their identities fully recognised and celebrated.

The Code:

"Our school champions the right of staff and students to embrace all Afro-hairstyles. We acknowledge that Afro-textured hair is an important part of our Black staff and students' racial, ethnic, cultural, and religious identities, and requires specific styling for hair health and maintenance.

We welcome Afro-textured hair worn in all styles including, but not limited to, afros, locs, twists, braids, cornrows, fades, hair straightened through the application of heat or chemicals, weaves, wigs, headscarves, and wraps.

At this school, we recognise and celebrate our staff and students' identities.

We are a community built on an ethos of equality and respect where hair texture and style have no bearing on anyone's ability to succeed."



INCLUSION NEWS

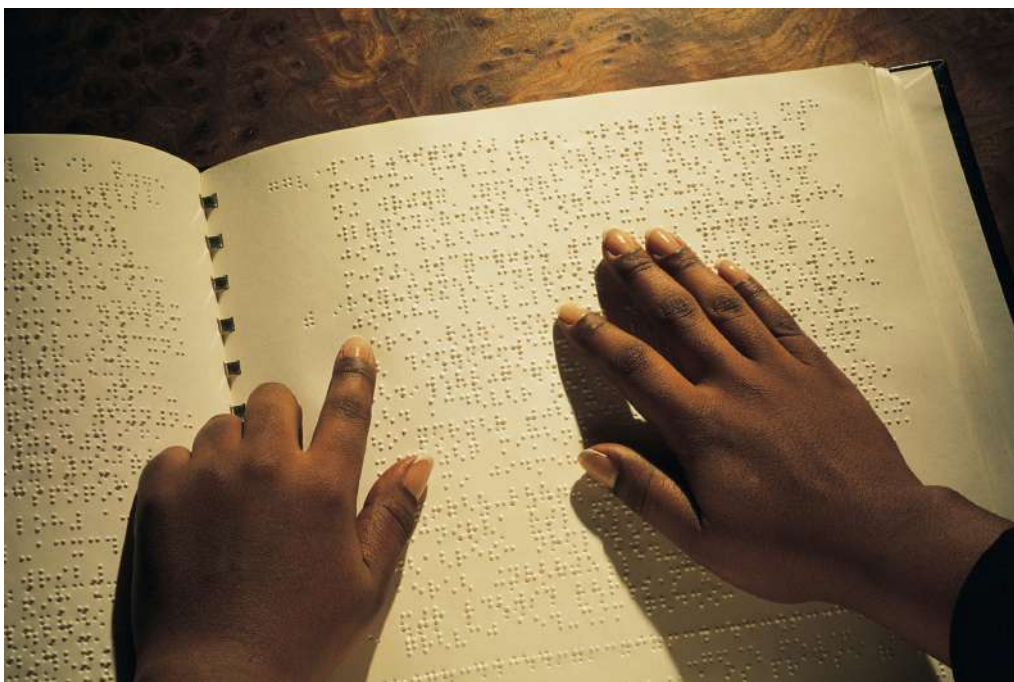


BRAILLE

On the 4th of January, the world celebrated **World Braille Day**. Braille is a tactile reading and writing system; it opens up the written word to blind and visually impaired people.

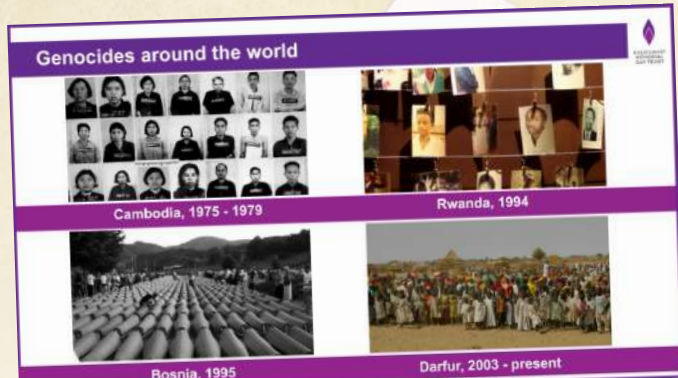
Did you know that:

1. Braille was developed by Louis Braille in the 1820s when he was a pupil at the Royal Institute for Blind Youth in Paris.
2. Braille is not a language. It is an alphabet that can be used to write almost any language.
3. Braille takes up more space than the traditional alphabet. so braille books are larger than their print counterparts. Harry Potter and the Goblet of Fire is 10 volumes in braille!!
4. There's a special version of braille just for mathematics called the Nemeth Code. It was invented by Dr. Abraham Nemeth and can be used to transcribe math, algebra and calculus.
5. In recent years, toy companies have made great strides in ensuring every child has the opportunity to play some of the biggest classic family games, such as braille Uno, braille and low vision Monopoly and braille LEGO.



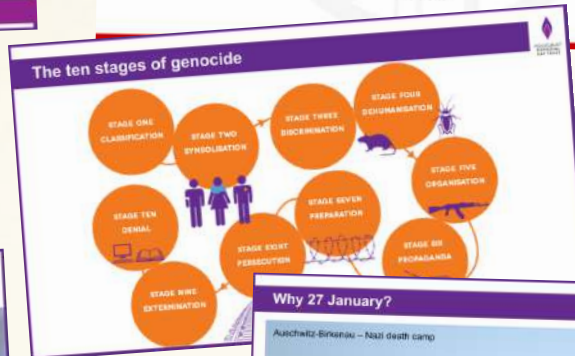
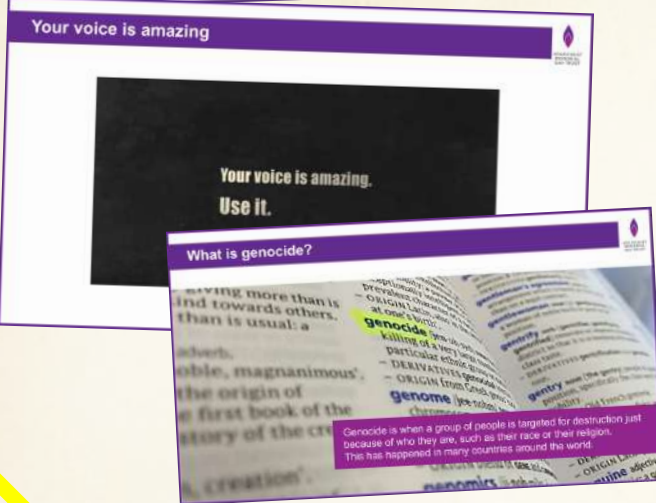
YEAR 10

Year 10 Prefects - Tony D., Aleesha L., Thomas M., Alex O. and Fabrice F. delivered an amazing online assembly on Holocaust Memorial Day



Holy Family Catholic School & Sixth Form @HFCSWaltham

Let us pray for all who suffer from hatred and prejudice, from abuse and ill treatment, and for all who are victims of other people.
Let us pray too, for the people of violence, that they may change their ways and learn to respect others.
Let us pray for ourselves that when we face what is negative or evil, we may have the courage and generosity to break the cycle of violence, taking responsibility for the direction in which we want our lives to go.
Let us pray that we may always do to others as we would wish them to do to us.
Amen



Stars

Ameerah A., Arian K., Artem I., Atara A., Chinedum O., Danielle F., Emilia B., Filipa A., Gabriela P., Gladys B., Harley W., Helen S., Jane T., Keron M., Kevin B-R., Kevin N., Kevin S., Magnific Y., Marcel W., Maria B., Maria S., Marlon F., Mary G., Nathan O-Y., Nazar V., Omari P-J., Rachel-Marie N., Rhianna W., Samuel H., Samuele M., Shanice H., Sofija G., Thomas M., Valeria B., Vladyslav B., Wiktoria M., Zackary R.

Wellbeing Tip: decide to lift others up rather than put them down

YEAR 11

18 Year 11 boys are competing for a weekly voucher and a pizza & PS4 party at the end of half term. Each lesson they are awarded points for their effort and contributions.

The first week was a close race, but Mathuyan was the winner!
Can he make it two weeks at the top?

Week 1 Top Ten

Mathuyan 239
Omaru 238
Justin 238
Micah 228
Jordan 226

Lemarnie 225
Daniel 219
Leon 215
Quintin 214
Jaydn 204

Intervention timetable

	Monday	Tuesday	Wednesday	Thursday	Friday
Lunchtime Intervention	Maths U27 Higher	French U31 Foundation students	History U40 SHE	D&T U09 & U08 KWP & NAS	Geography U39
	Art U14 Week 2	Art U14 Week 1	Spanish Foundation Week 1 U31	Spanish Higher U31 PRA	Science U15 ANG Combined Science Week 2
	History U43 ALL	Science U18 THT Combined Science Week 1	Performing Arts U32 HAS Week 1	French U01 Higher students week 1 only (week 2 before school)	
	Maths U28 Higher	Spanish Foundation Week 2 U01 PRA		Science U19 MUH Combined Science class	
				Music BTEC U35	
				Geography (week 1) U39	
				English (Mr Freeman's class) U22	
Afterschool Intervention	Maths	English	RE	Science	
		NTP	NTP	NTP	
			English (online session) 6.30pm-7.15pm		

Feeling stressed? Looking for some relaxation tips?
Check out Ms Nordon's tips and links on Googleclassroom



SPEAKERS FOR SCHOOLS VIRTUAL TALKS & BROADCASTS

CAREERS CORNER



Life lessons and insights into working in the Fire Service with Jonathan Foster, Chief Fire Officer, North Yorkshire Fire and Rescue Service

Date: Wednesday 2nd February

Time: 10:00 - 10:45

Age Group: KS2-5 / 11-16

Are you interested in working for the Fire Service? Join us for a broadcast with Jonathan Foster to find out about his inspirational journey to becoming Chief Fire Officer for North Yorkshire Fire and Rescue Service. Jonathan will be sharing some of his monthly issues and he is looking forward to answering your questions.

[Click here to register](#)

Matthew Davis, CEO, GB2012

Date: Monday 28th February

Time: 16:00 - 16:45

Age Group: KS2-5 / 11-16

[Click here to register](#)



International Women's Day Broadcast: Carla Senn, Social Clerk & TV Producer

Date: Tuesday 28th March

Time: 10:00 - 10:45

Age Group: KS2-5 / 11-16

[Click here to register](#)



International Women's Day Broadcast: Rita Harris, Managing Director, Investment and CHIEF, ERM & Finance Chief Commercial & Marketing Officer, Heron's High School

Date: Tuesday 28th March

Time: 14:00 - 14:45

Age Group: KS2-5 / 11-16

[Click here to register](#)

National Careers Week Broadcast: Hospitality with Joanna Rumbold, Managing Director for UK and Ireland, InterContinental Hotels Group

Date: Wednesday 29th March

Time: 10:00 - 10:45

Age Group: KS2-5 / 11-16

[Click here to register](#)



National Careers Week Broadcast: Entrepreneurship and Growth Hub with Oliver Duffy, Co-Founder, Launch Pad Academy

Date: Wednesday 29th March

Time: 14:00 - 14:45

Age Group: KS2-5 / 11-16

How do you start a business? How can having a growth mindset help you at school and in your future career? Join us for a broadcast with Entrepreneur Oliver Duffy to have your questions about Growth Hub answered and to find out some of the ways you need to be an Entrepreneur!

[Click here to register](#)



National Careers Week Broadcast: Careers in Law with Chris Davis, Queen's Counsel (Barrister) on London House Chambers and Information Chairperson, author and broadcaster

Date: Thursday 30th March

Time: 10:00 - 10:45

Age Group: KS2-5 / 11-16

Are you interested in a career in law? Join us for a broadcast with one of the country's leading Lawyers, Chris Davis QC to find out what a lawyer does and the different types of lawyer you could become.

[Click here to register](#)

IF YOU CAN'T WATCH A
TALK LIVE YOU CAN
FIND IT LATER IN THE
LIBRARY

VIRTUAL WORK EXPERIENCE



Royal Air Force Careers Insight - Virtual Work Experience Behind the Scenes 5pm - 8pm

Royal Air Force

Virtual Work Experience -

Are you 14+ and interested in finding out more about opportunities in the Royal Air Force?

With over 100 professional roles to choose from the RAF gives you opportunities you won't find in any other career!

RAF APPRENTICESHIPS

The RAF currently has 23 apprenticeship roles to fill.

[Find out more](#) [Find out more](#) [Find out more](#) [Find out more](#)

[VIEW OPPORTUNITIES](#)



RAPP Virtual Design Insight Session

RAPP

Virtual Work Experience -

WHO WE ARE?

We are RAPP, an award-winning creative agency that works with some of the world's best brands from Virgin Media and Samsung through to RSC, PayPal and IKEA. We create advertising and marketing that uses data and technology to allow these brands to reach millions of...

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Bentley Insight Day - Be Extraordinary

Bentley Motors

Virtual Work Experience -

The Be Extraordinary virtual work experience gives students the opportunity to get an extraordinary insight into this unique company.

Over the course of the session, running from 10am to 3pm, you will get the opportunity to:

• Learn more about the future of a brand with an ambition...

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Can you design and build a sustainable railway?

Amey

Virtual Work Experience -

Are you motivated, enthusiastic and driven?

Do you want a career in an industry that makes people's lives better every day, in an industry that leads the country in innovation?

If the answer is yes, then this could be the work experience for you.

Amey is an organisation with a...

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Deloitte. Parents' Insight Webinar



success
at school

Last chance to register!

Deloitte apprenticeships parents' webinar

Is your child in Years 10-13 and interested in business? Join us for our Deloitte apprenticeships parents' insight webinar next **Tuesday 1st February at 6.30pm**, to hear all about the range of apprenticeship opportunities Deloitte can offer in areas including **audit, consulting, financial, legal, and tax**.

Find out about how apprenticeship opportunities at Deloitte can kickstart your child's career, and benefit from a Q and A session, giving you an opportunity to ask any questions.

If you want to support your child to forge a brilliant career with a business that is making an impact worldwide, register now below:

Register now

If you think this email might be helpful to someone else, please [forward it on](#). If you have any questions or need any help, please email us at team@successatschool.org.

Best regards,
Success at School Team

MFL



**Sean J., Kethusan, Miracle S.,
Elyara C., Sinéad O'C.,
Nikole G., Ella A.**



Micheal B.

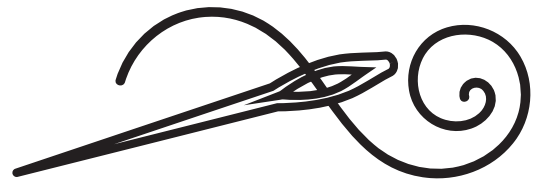


**James B., Shuruthi H., Ama O.,
Marika S., Jenna V., Elijah A.,
Ella E., Alisa K., Amelia B.,
Elyara C., George A-A.,
Jonathan C., Maja M.,
Matthew S., Marvin O., Paul S.,
Rares P., Rozalia K-T.,
Sinead O'C., Tiffany R.**

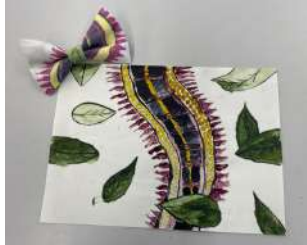


**Abiola A., Jamarai S.,
Aldriyana T., Edinah C.,
Belinda K., Emmanuella A.,
Andrews O., Ezekiel J.,
Hannah P., Jack O'G., Jacob L.,
Krystian I., Natalia B.,
Nathaniel A., Patrick B.,
Shathujan S., Chikanyima I.,
Miriam M., Aleesha L.,
Neriah-Jane O.**

TEXTILES



Collection two of the yr 9 fashion designs using paper and fabric manipulation on display at the main reception on Wiseman site & finished bow tie projects by yr 8.



PL84U AL-SUFFA

SERVING HUMANITY ONE PL8 AT A TIME

FOOD BANK

MONDAY & WEDNESDAY

EPICENTRE - 41 West St, London E11 4LJ

12 - 2PM



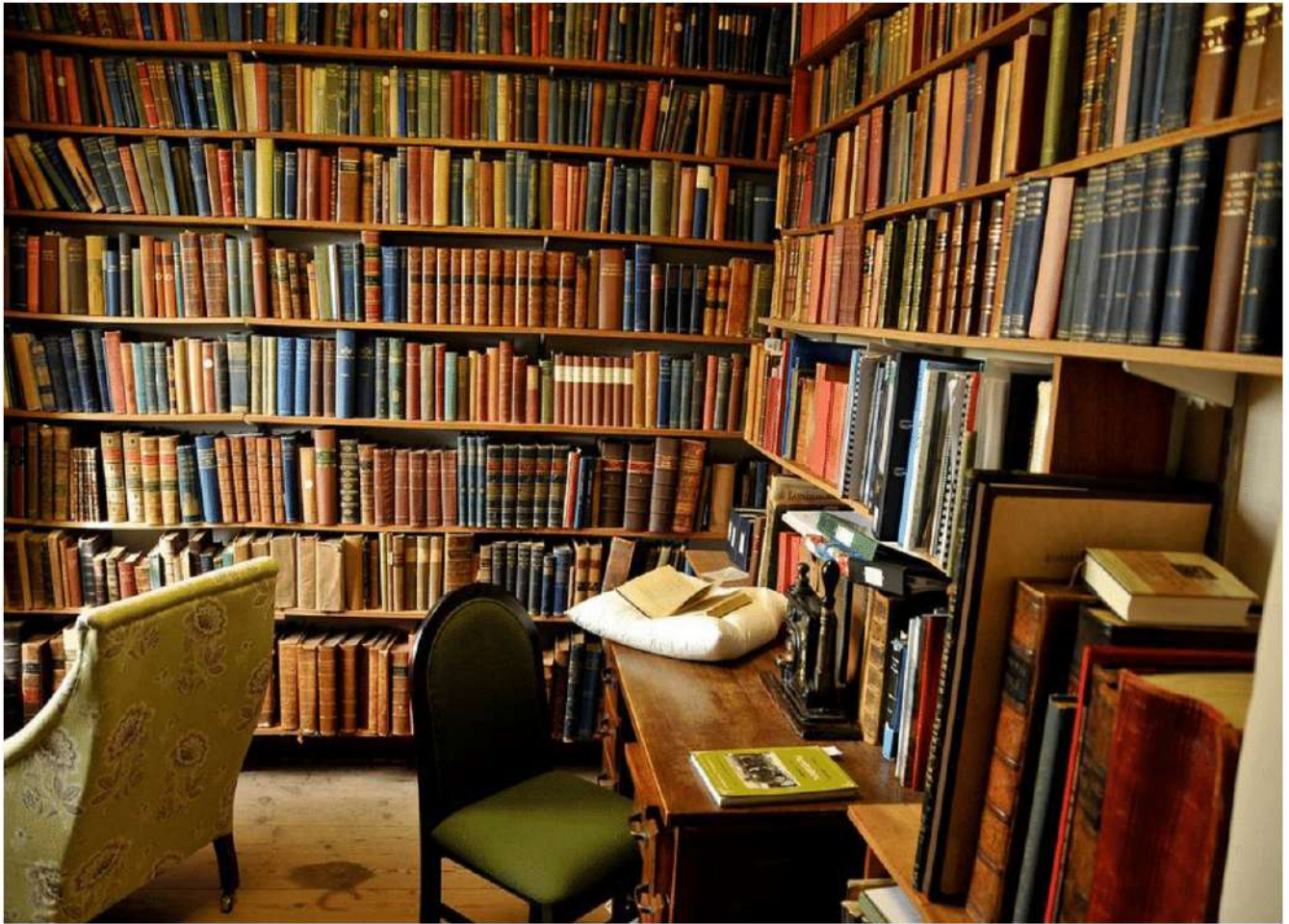
Charity No. 1168215

www.pl84ualsuffa.co.uk
Email: PL84UALSUFFA@GMAIL.COM
SAIRA BEGUM MIR BCAC: 07539364110
 [PL84U AL-SUFFA](https://www.facebook.com/PL84U-AL-SUFFA)  [PL84U_AL_SUFFA](https://twitter.com/PL84U_AL_SUFFA)

If you would like support from PL84U AL-SUFFA please complete the form on the next page or use the contact information on the flyer above.

Once you have made contact with them they will let you know which day you can access the food bank

NEW VENUE FROM NOVEMBER 2021	PL84U AL-SUFFA HAVE MOVED TO: EPICENTRE 42 WEST STREET LEYTONSTONE E11 4L J	CLIENTS NEED TO BRING CARRIER BAGS & OR SHOPPING TROLLEY AS WE DON'T STOCK THEM.
PL84U AL-SUFFA REFERRAL FORM Date referral made:	Email: PL84UALSUFFA@GMAIL.COM Clients details needed for food parcels or baby items.	For office use: Please add dates for collection:
Name and contact details of referring agency:		
Clients full Name:		
Full Address:		
Contact details		
How many people in the family? Please add the Name, gender and date of birth of each member of family		
Dietary requirement Does anyone in the family have allergies?? i.e nuts Please list the type of meat the client can eat. i.e pork, chicken, halal only		
Does the client have cooking facilities? Is the client cooking?? Is the client able to heat food?		
Please write down a list of food the client will eat, as we are mindful of waste.		
Does the client need any non-food items? Please note we will try and accommodate – depending on stock.		
Referrals for items below will only be accepted by professional working with babies, parent/carer (dependant on stock) Milk powder dispenser Manual Breast pump Breast pads Breast care/thermo pads Thermal Tote bag Nappy bag Nappies (please state size)		
Has the client or anyone in their household been tested positive for C-19? We need to be aware so that we can keep our volunteers safe and from risk.		
Will the client collect or someone on behalf of the client???		
Please state in detail why the client would need a doorstep delivery; is the client bed bound? Isolating? Elderly/dilapidated health issues??		



Holy Family Book Club

Tuesdays 3.15pm to 4.15pm in U39 Wiseman Site

Starting 1st February

You are allowed to bring a snack/drink

Please see Wiktorina S (Year 12) and Ms Nordon
for questions or more details

PE EXTRA CURRICULAR TIMETABLE

			PE EXTRA CURRICULAR TIMETABLE		
		Walthamstow Site		Wiseman Site	
	BEFORE SCHOOL 7.45am-8.20am	LUNCH 1.25pm-2pm	AFTER SCHOOL 3.20pm-4.30pm	LUNCH 1.25pm-2pm	AFTER SCHOOL 3.20pm-4.30pm
Mon		Yr 7 Mixed Basketball GRE	Yr 7/8 Netball - WIM/PAK/SCS Yr 8 Mixed Football LIK. (Wiseman Site)	Yr 9 Basketball Interform LAD/LIK	Yr 8 Mixed Football LIK. (Wiseman Site) Yr 10 girls - D of E Fitness
Tues	Fitness Room Yrs 9 - 11 - PAK	Yr 7 Girls Football PAK	Yr 7 Boxercise/Circuits - PEA	Yr 9 FITNESS - WIR Yr 10 Basketball Interform - WIM	Yr 9/10/11 Basketball (WIM, PAK, COE) Fitness Room - Yr 10/11
Wed	BASKETBALL - Yr 10 - WIM	Yr 7/8 Badminton/TT COE	Tramp - Yr 7/8. (COE) Yr 7 Mixed Football GRE	Yr 10 FITNESS - WIR Yr11 Basketball Interform- WIM/LIK	Kick Boxing - All Yrs (Week 2) - HUA
Thurs	Fitness Room Yrs 9 - 11 -WIM	Yr 8 Boys Basketball LAD	Yr 7 - Team Games (WIM/COE)	All Yrs Badminton - LIK/PAK Yr 11 FITNESS - WIR	Yr 9 Girls Football- LIK Kick Boxing - All Yrs (Week 1) - HUA
Fri		Yr 8 Girls Basketball LAD	Staff training	Yr 11 Football - LIK Rowing (Coach)	Staff Training 6th Form BB Team Training





Premier League

Kicks

YOUTH ZONE



FUN, INTERACTIVE & INCLUSIVE ACTIVITIES FOR 11-18 YEAR OLDS

• Futsal • Multi-sports • Playstation • Card & Board Games • Teqball Table Football
• 1-2-1 & Group Mentoring space



**EVERY
FRIDAY**

**STARTING
21 JAN**



5PM

TO

7PM



**SCORE
CENTRE
E10 5JY**



OPPORTUNITIES INCLUDE:

- | | |
|-------------------------------|---------------------------|
| • Careers & CV Writing Advice | • Social Action Projects |
| • Schoolwork Support | • Radio & Media Workshops |
| • Volunteering Opportunities | • FREE LOFC Match Tickets |

For more information, please contact haizul.haque@leytonorienttrust.org.uk

FREE



ELITE DEVELOPMENT CENTRE

EVERY FRIDAY | 5.30PM - 6.30PM

**AGES 7-15
BOYS AND GIRLS**

**£7.50 PER SESSION
(CASH ONLY)**

**The Peter May Centre
Walthamstow
E17 4HR**



**VISIT FROM THE
FIRST TEAM
PLAYERS!**



TWO PLAYERS FROM THE CENTRE HAVE SIGNED FOR LEYTON ORIENT'S ACADEMY!