

FAMILY MATTERS

HOLY FAMILY CATHOLIC SCHOOL
NEWSLETTER



Issue 24
Friday 25th March 2022

ANNUAL EASTER EGG COLLECTION

*House Competition
Deadline: Friday 1st April*

**House Charity
Fortnight
has been extended!**



@HFCSWaltham

www.holyfamily.waltham.sch.uk

@HFCSWaltham



Holy Family supports the people of Ukraine

The following items have been requested by the Ukrainian Catholic Church community in London. They are organising transporting the donations to Ukraine.

Wet wipes

Antiseptic wipes

Disinfectant wipes

Medical gloves

Backpacks

Warm Socks

Gloves

Thermal underwear

Camping mats

Sleeping bags

Torches

Water filters

Bandages

Phone charger cables

Phone charger power packs

Nappies

Blankets (not duvets)

Dry food (like pasta and rice)

Sweets

Protein bars

Pet food

There are collection boxes in each school hall.

Monetary donations can be sent into school for the attention of Mr Norman.

Should you wish to donate money online we would suggest the following charities, depending on your preferred currency:

Euros: [The Caritas Ukraine appeal](#)

Sterling: [The CAFOD Ukraine appeal](#)



Quotation of the week

'Mary, do not be afraid; you have won God's favour. Listen! You are to conceive and bear a son, and you must name him Jesus. He will be great and will be called Son of the Most High' From the Gospel according to Luke

The Feast of the Annunciation

Today is the Feast of the Annunciation and this week we remembered this momentous event when Mary answered God's call to carry the baby Jesus. We reflected on how open we all are to hearing God's call and asked ourselves, 'when God speaks to me and asks me to do something, will I answer yes?' It is hard to say, of course, but we would hope that we would do so. Mary heeded those words of the Angel Gabriel to 'not be afraid' and we take heart from her courage because if God is with us then we too need not be afraid.



Charitable fundraising

We have had many, many charitable fundraising events over the last fortnight and these will continue into next week. Thank you for your support with these. Last Friday a number of teachers were enthusiastically hit with wet sponges by students in Yr 7 and Yr 8 who were happy to pay for the privilege! As much as the money raised, the importance of these events is that students want to take part and want to do good for others. I'm especially impressed when they have gone the extra mile and cooked their own cakes and biscuits and really made an effort to support their chosen charities.

Parent Governor Elections

Thank you for voting if you have already done so in the parent governor elections. The statements of the candidates and the voting form were sent out by parentmail earlier in the week. Voting can also be done in person at the school office. Voting closes at mid-day on **Monday 28th March** and we shall announce the results next week.

Next week

Next week is the end of term and we break up for the Easter holidays on **Friday 1st April** at the usual time.

Parents' surgery

You can see me face to face in a socially distanced manner any week without an appointment on **Thursday afternoons between 4pm and 5pm**. If you prefer you can call the school office and arrange for me to call you instead.

Please continue to remember us in your prayers.

Dr Andy Stone,
Headteacher



HEADTEACHER'S COMMENDATION

This week we have commendations from Mr Beckett in RE for

Malachi N-W, yr 8

for engagement in RE, answering questions within class and asking probing questions in discussion

and

Jessica S-B, yr 8

for a much improved report this term and showing more focus and a better attitude to learning.

We also have commendations from Ms Atakan for the following students who have made excellent progress on the National Tutoring Programme. They are:

Maria J. and Elizabeth A.

in English

and

Micah J., Abigail K., Sharon D. and Ben I.

in Maths.

Congratulations to all our amazing students this week!



WELLBEING

Spending time in nature


"Nowadays, it can feel really easy to end up spending more and more time on your phone or laptop and therefore cooped up indoors.

A lot of people find spending time in nature is a really important part of their self care routine.

Some of them say it helps them to be mindful and appreciate life, others say it helps them see the bigger picture outside of their own head and thoughts and some simply find the fresh air helps them relax.

It can include things like going for walks, spending time at your local park or beach, growing plants and much more.

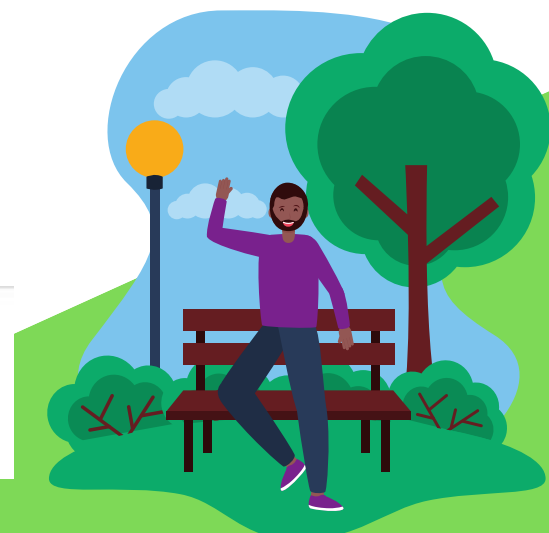
'Going out in nature helps me to relax and clears my mind. It gets me out of the busy city and away from people and noise for a few hours. I also get a feeling of achievement when I've completed a set walk.'



[You can learn more by clicking here:](#)



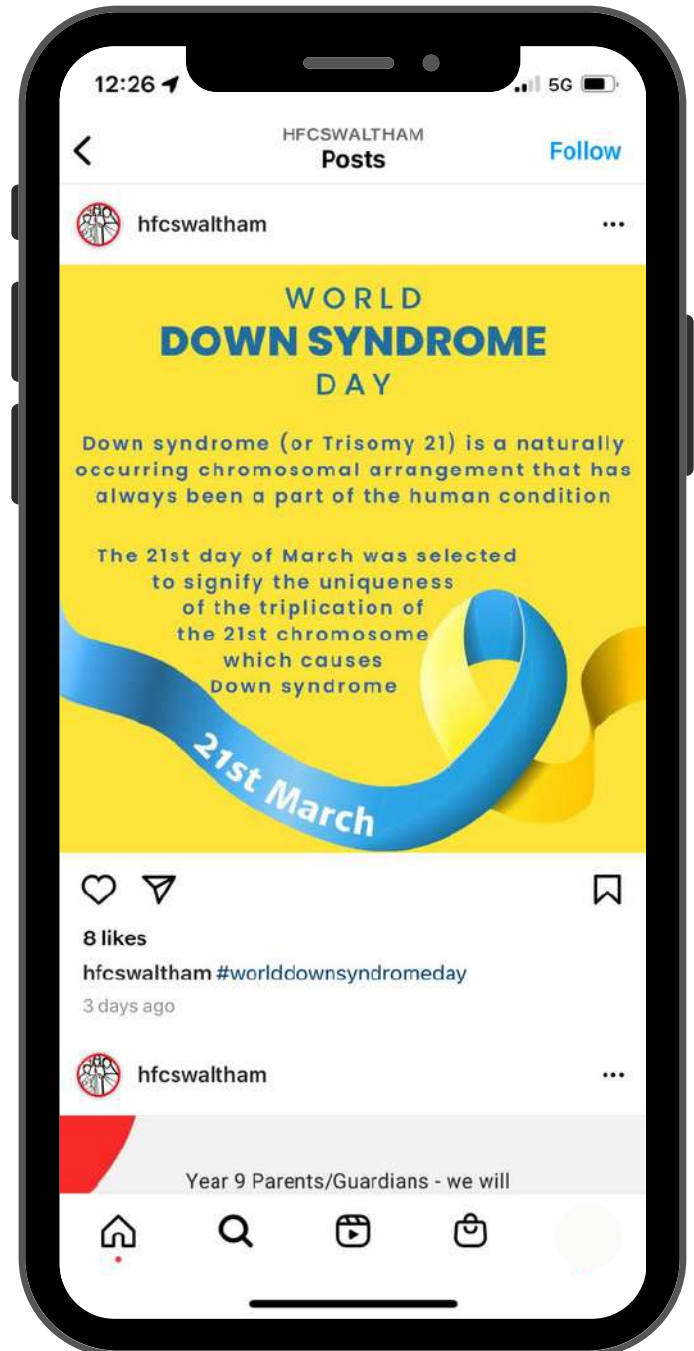
Anna Freud
National Centre for
Children and Families



SOCIAL MEDIA CATCHUP



@HFCSWALTHAM



@HFCSWALTHAM

What Parents & Carers Need to Know about PHONE SCAMS

In a three-month period during 2021, no fewer than 45 million people in the UK experienced a suspicious attempt at being contacted via their mobile. Phone scams are a common form of cyber-attack where fraudsters engage directly with their intended victim through their smartphone. As our phones carry so many sensitive (and therefore potentially valuable) details about us, it's vital that trusted adults are alert to the tactics that scammers use to get access to user accounts, personal data and private information for financial gain.

WHAT ARE THE RISKS?

SMISHING

SMS phishing, or 'smishing' is one of the most common forms of mobile-based cyber-attack. Smishing is when a scammer texts their target, pretending to be a reputable person or organisation. They aim to trick the victim into supplying sensitive data such as bank details and personal information, so that they can then access the target's bank accounts and remove money.

IMPERSONATION

Fraudsters often impersonate someone else to trick the victim into actually transferring money directly. They might claim, for example, to be a friend or relative using a different number who urgently needs funds. Other common cons include sending fake texts informing the target that they have a package which requires a fee to be delivered, or that they have an unpaid bill to settle.

NUMBER SPOOFING

Here, the scammer takes impersonation cons a step further by cloning the phone number of a genuine company. So when the target receives a call or text, their phone recognises the sender's number as legitimately belonging to Amazon, HMRC, the NHS or the DVLA (who have all been impersonated in these cons). This makes the scam far harder to spot and the victim much more inclined to comply.

FAKE TECH SUPPORT

Attackers contact a target, pretending to work for their employers' IT support team. They then advise them to download some software to fix 'a technical issue' with their device. In reality, however, the software grants the scammers access to the victim's private data and sensitive information. This con is more common on desktop and laptop devices, but is still possible to accomplish on mobiles.

SIM HIJACKING

SIM hijacking switches control of a phone account from the victim's SIM card to one in the scammers' possession. Criminals use personal details pieced together from social media (birthday, address, pet's name and so on) to pose as you, then instruct your phone network to transfer your number to their SIM - giving them access to all calls and texts meant for you, including one-time login passcodes.

Advice for Parents & Carers

DO SOME DIGGING

If you've received a call or text asking for specific information, research the caller's number. There are several websites that allow you to enter a phone number and will then display any relevant information about it - this usually includes feedback and comments from other people, so you can easily see if that particular number has been implicated in potential scams.

TRY A CALL BLOCKER

If a suspicious call comes through on your mobile, you can manually block the number. If you believe it to be dubious or a nuisance caller. Alternatively, you could consider installing a call blocker service on your phone. They automatically stop calls getting through from numbers which have been reported as suspicious, halting potential scammers in their tracks before they can reach you.

VERIFY THE SOURCE

Never disclose confidential details to an individual or organisation you're unfamiliar with. If the caller claims to represent a company you trust but is still asking for personal information or payment on an outstanding charge, end the conversation. Then find the company's genuine number on a bill or on their website and call them directly to confirm if there really is an issue you need to address.

BREAK OUT THE TECH

Lots of anti-virus software now also protects mobiles. Some anti-virus apps can detect phishing links in text messages and alert you to the risk. When you're out and about, try not to use public WiFi for sensitive transactions: it's far less secure than your home WiFi network. Instead, you could consider installing a VPN (virtual private network), which encrypts all data travelling to and from your phone.

REPORT INCIDENTS

If you or a family member does give out confidential information to a caller you aren't sure about, contact the actual company mentioned to check if the call was genuine. If they confirm that the call was not made by their organisation, you should report it as a potential scam via the Action Fraud website and (depending on exactly what information was divulged) consider involving the police.

BE WARY OF LINKS

If you get a message from an unknown number asking you to click on a link, report it as spam and do not open the link. One recent example 'warned' victims they'd been exposed to the Omicron variant and needed to click a link to buy a special test - only to find they had paid their money to scammers. Links can also install malware onto your device, so always treat them with extreme caution.

Meet Our Expert

Formed in 2016, KryptoCloud provides cyber security and resilience solutions to its customers. With offices in the UK, the company offers managed service operational packages including cyber security monitoring and testing, risk audit, threat intelligence and incident response.



National Online Safety

#WakeUpWednesday

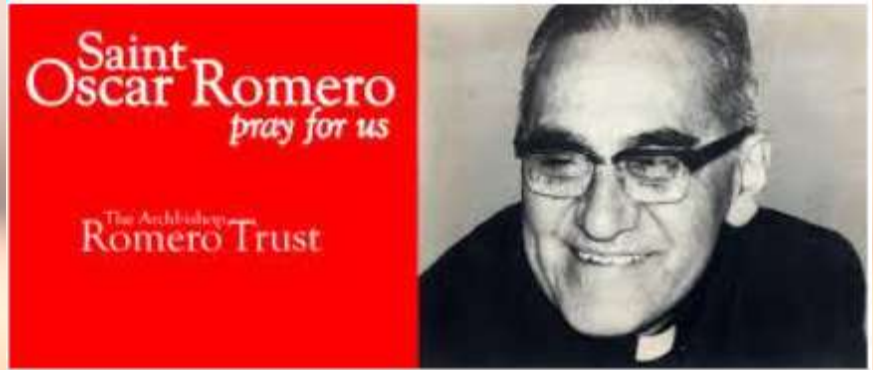
Sources: <https://www.bbc.com/news/health-57000000> (45 million people targeted by scams), <https://www.protection.gov.uk/news/uk-fraud-statistics-financial-scams-committed-every-5-seconds>, <https://www.bbc.com/news/technology-57000000> (the five biggest scams of 2021)

Chaplaincy Corner

Feast of St Oscar Romero 24 March

Oscar Romero was Archbishop of San Salvador, the capital of El Salvador in Central America during the late 1970s. He lived at a time of terrible oppression and violence, when many people in the church were targeted because their commitment to the poor led them to speak out against injustice. Oscar Romero was shot and killed on 24 March 1980 as he celebrated Mass. On 13 October 2018 he was canonised a Saint of the church. The Wiseman RE and Sports block, the Romero Building, is named after St Oscar Romero.

May the courage of St Oscar Romero inspire us to work with integrity for an end to violence and poverty. Amen



The Solemnity of the Annunciation 25 March

Narrated in the Bible in the Book of Luke, Chapter 1:26-38. The angel Gabriel was sent to meet Mary, a virgin in Nazareth, Galilee. Mary was betrothed at the time to a man named Joseph.

Angel Gabriel told her not to fear because she had found grace with God. He told her she would give birth to the Son of God. When she replied she was a virgin, he reassured her that the Holy Ghost would come upon her. He also informed her that her barren cousin, Elizabeth, would conceive a son as well, even in her old age. Mary responded, "be it done to me according to thy word". Joseph also received an annunciation later, as detailed in Matthew 1:18.

The Feast of the Annunciation celebrates God's entrance into the human world through Jesus, and Mary's willingness to accept God's command. (Elizabeth House is named after St Elizabeth mentioned above).

Consecration of Ukraine and Russia to the Immaculate Heart of Mary 25 March

At 4pm UK time on Friday 25 March, the Solemnity of the Annunciation, Pope Francis will consecrate Russia and Ukraine to the Immaculate Heart of Mary. Pope Francis asks us to unite in this important act of prayer through our own prayers, as close to this time as possible. [Read the full text here](#)



Chaplaincy Corner

Prayer to Our Lady of Peace

*O Loving God, your son, Jesus Christ, came into the world to do
Your will and leave us His peace.*

*Through the intercession and example of our Blessed Mother Mary,
Queen of Peace, grant us the wisdom and humility to reflect
that peace to the world.*

*Inspire our thoughts, words and deeds to bear witness to
your presence in our hearts.*

*May your Holy Spirit fill us with every grace and blessing so that
we may pursue what leads to peace for all humanity.*

Amen

Mothering Sunday 27 March

Mothering Sunday is a time to remember the role that our mothers and mother-figures play in our lives. From aunts to grandmothers to friends, we have many women in our lives that we can look up to. Let us also remember the special place that Mary, mother of Jesus, has in our faith.

Pray for Ukraine

Loving God,
We pray for the people of Ukraine,
for all those suffering or afraid,
that you will be close to them and protect them.

We pray for world leaders,
for compassion, strength and wisdom to guide
their choices.

We pray for the world
that in this moment of crisis,
we may reach out in solidarity
to our brothers and sisters in need.

May we walk in your ways
so that peace and justice
become a reality for the people of Ukraine
and for all the world.

Amen.

Catholic Agency for
Overseas Development

CAFOD

Laudato Si Commitments - “Fast from pressures” and be prayerful. -Pope Francis

Mrs Grierson, Chaplain

Key dates - Lent 2022

Sunday 27th March – 4th Sunday in Lent (Mothering Sunday)

Friday 1st April – *last day of term*

Sunday 3rd April – 5th Sunday in Lent

Sunday 10th April - Palm Sunday

Thursday 14th April – Maundy Thursday

Friday 15th April – Good Friday

Saturday 16th April – Holy Saturday

Sunday 17th April – Easter Sunday

Monday 18th April – Easter Monday

Tuesday 19th April – *return to school*

During lent it is our custom at Holy Family to do many charitable works to support the community.

This year we will be having our usual Easter egg collection, house and form groups will be organising their own fundraising activities during charity fortnight and of course our collection towards helping the people of Ukraine.



HOLY FAMILY CATHOLIC
SCHOOL'S

ANNUAL EASTER EGG COLLECTION

House Competition
Deadline: Friday 1st April

**Eggs to be left with form tutors
or in the staffroom**

It is a Lenten custom at Holy Family to collect Easter eggs during Lent and distribute them locally at Whipps Cross Hospital and Aliston House, just before Easter.

A

S

P

I

R

E



@brentwoodcys
www.brcys.net

BOYS 2022 Events

YOUTH MASS

FIRST THURSDAY OF THE MONTH
BRENTWOOD CATHEDRAL

COME ALONG FOR MASS FOR 1022. FOLLOWED BY SPEAKERS, WORKSHOPS, PRAYER AND REFLECTION, MUSIC AND MUCH MORE!

YOUTH MASS WILL BEGIN IN THE CATHEDRAL FROM 7.30PM. HERE A DIFFERENT MEMBER OF THE CLERGY WILL PRESIDE AND PREACH THE GOSPEL EVERY MONTH.

OPEN TO ALL THOSE IN YEARS 9 AND ABOVE.
NO BOOKING NECESSARY

LENT RETREAT

2ND - 3RD APRIL
WALSINGHAM HOUSE

GET A CHANGE OF SCENERY AND A FRESH PERSPECTIVE AT WALSINGHAM HOUSE AT BRENTWOOD. THIS LENT FOR TIMES OF PRAYER, SOCIALISING AND ACTIVITIES. BUT MOSTLY TO REVEAL, ASK FOR FRIENDS AND THE WALSINGHAM HOUSE TEAM MEMBERS. AS ALWAYS THE CHAPEL IS HERE FOR TIMES OF QUIET REFLECTION THROUGHOUT THE DAY.

THE RETREAT IS OPEN TO THOSE IN YEARS 11-13.
BOOKING ONLINE AT www.brcys.net/events

SPONSORED SLEEPOUT

8TH - 9TH APRIL
8PM - 8AM

WHEREVER YOU ARE IN THE DIOCESE TO TAKE PART IN YOUR GARDENS, SCHOOLS OR PARISHES, ON YOUR OWN OR AS PART OF A GROUP AND SPEND 10 HOURS SLEEPING ROUGH OUTDOORS TO RAISE MONEY FOR A LOCAL CHARITY SUPPORTING THE HOMELESS.

EMAIL
sleepout@dioceseofbrentwood.org
TO TAKE PART

SUMMER LOURDES

23RD - 30TH JULY 2022

ASSIST PILGRIMS GOING TO MASS AND SERVICES, SHOPS AND CAFES OF THE BEAUTIFUL FRENCH TOWN, JOIN IN SOCIAL TIME TOGETHER, TAKE PART IN RETREATS, RECONCILIATION SERVICE, A VISIT TO THE BATHS, THE STUNNING MOUNTAIN TOWN OF CAYABAR, SOCIAL NIGHTS, PARTY AND THE AMAZING LOURDES PROCESSIONS.

OPEN TO ALL THOSE IN YEAR 11 AND ABOVE
BOOKING ONLINE AT www.brcys.net/events

YOUTH GATHER

22ND - 23RD OCTOBER, MERSEA ISLAND

STAY IN CABINS AND TRY A BRILLIANT RANGE OF OUTWARD BOUND ACTIVITIES FROM CLIMBING HIGH ROPES, ARCHERY, ZIP LINES AND MUCH MORE TO KEEP YOU CHALLENGED AND ENTERTAINED. WITH GUEST SPEAKERS AND WORKSHOPS WHICH WILL GIVE YOU FRESH INSIGHTS INTO YOURSELF, AND YOUR FAITH, BY TELLING THEIR STORIES.

OPEN TO ALL THOSE IN YEARS 9 AND ABOVE
BOOKING ONLINE AT www.brcys.net/events

ADVENT RETREAT

DECEMBER, WALSINGHAM HOUSE

ENTER DEEPER INTO THE SEASON OF ADVENT WITH A WEEKEND OF INTERACTIVE WORKSHOPS, TIMES OF REFLECTION AND PRAYER, GAMES AND THE CHANCE TO MEET OTHER YOUNG CATHOLICS. LOOKING AT DIFFERENT THEMES AND ASPECTS OF THE ADVENT STORY AND JOURNEY TOGETHER ON OUR OWN FAITH JOURNEY.

OPEN TO ALL THOSE IN YEAR 11 AND ABOVE
BOOKING ONLINE AT www.brcys.net/events

Monthly Youth Mass



FIRST THURSDAY OF THE MONTH

JOIN THE BRENTWOOD CATHOLIC YOUTH SERVICE AND OTHER YOUNG CATHOLICS FROM AROUND THE DIOCESE

Beginning from 6pm, each month we will welcome either inspiring speakers and workshops, lead times of prayer and reflection, join for music, celebrations or social time and much more!

The evening will then finish with joyful Youth Mass in the Cathedral from 7.30pm, joined by a different member of the clergy to preside and preach the Gospel every month.



Coming straight from work or school, with no time to grab dinner? Not to worry - there will be Pizza in the Parish Hall from 6pm too!

2022 CALENDAR

- January
 - New Year Celebration
- February
 - Million Minutes
- March
 - CAFOD
- April
 - Stations of the Cross
- May
 - Month of Mary
- June
 - Queens Jubilee Celebration
- July
 - Praise and Worship

SPONSORED SLEEPOUT



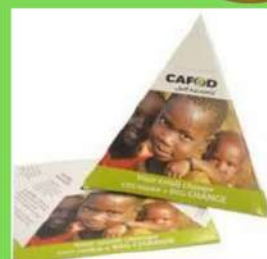
THE NIGHT OF APRIL 8TH 2022

FURTHER INFORMATION CAN BE FOUND AT:
WWW.CARITASBRENTWOOD.ORG/SLEEPOUT

SLEEP OUTSIDE TO RAISE FUNDS FOR CHARITIES SUPPORTING THE HOMELESS IN ESSEX & EAST LONDON AND THE BRENTWOOD CATHOLIC YOUTH SERVICE

Lent 2022

YEARS 7 and 8
PLEASE BRING IN YOUR
SMALL CHANGE FOR
YOUR FORM ROOM
CAFOD BOX



Each of you should give what you have decided in your heart to give, not reluctantly or under compulsion, for God loves a cheerful giver.
(2 Corinthians 9:7)

CAFOD
Catholic Agency for
Overseas Development



THE HOLY FAMILY WAY

INCLUSION NEWS



Neurodiversity Celebration Week 2022 March 21 – March 27

According to the UK Department of Education, 15% of students in the United Kingdom have a learning difference.

The Neurodiversity Celebration Week campaigns to create a more inclusive educational landscape so that SEN students have equal access to education.

It aims to challenge the following:

- 43% of parents say they wouldn't want others to know if their child has a neurological difference.
- 48% of parents believe incorrectly that kids grow out of learning differences.
- 76% of neurodivergent university students say they didn't disclose their disability to their university.

Read more about Neurodiversity Celebration Week here:

<https://www.awarenessdays.com/awareness-days-calendar/neurodiversity-celebration-week-2022-2/>

INCLUSION NEWS



Ambitious youth network



About the Youth Network

This network is a space for autistic young people, between the **ages of 16-25** to meet other autistic young people, take on new paid opportunities, and join one of our group panels. The network is a fun and friendly space for autistic young people to be themselves.

Peer support



Peer support - easy read

Peer support sessions are held on **Tuesday and Thursday evenings between 5:45-6:45** over Zoom. These sessions are a chance to meet new autistic young people across the country.

Sessions are a safe environment where you can stay within your comfort zone, there is no pressure to turn on your camera or microphone. You can choose to participate or just observe.

The sessions are led by [Ambitious staff](#) trained in safeguarding, who you may contact at any point if you are uncomfortable or feel unsafe.

Every session has a different theme, past sessions have included arts and crafts, comedy night, DJ sessions, language lessons, and a monthly general knowledge quiz.

Youth network members over the age of 18 also have a chance to instant message each other on the platform.

Opportunity



Opportunity - easy read

Youth network opportunities are mainly centered around educating the public about autism and making life better for autistic people. These are paid opportunities.

Opportunities include advising on toolkits and campaigns, developing presentations about autism awareness, taking part in advisory panel's as well as leading training sessions. Companies we have worked alongside in the past include **The Postal Museum, Compare the Market, Marsh McLennan, the NHS and many more.**

We also work alongside the Employ Autism department at Ambitious, who offer paid work experience placements in places such as BP, the NHS, the civil service and more. These opportunities are also posted on the Youth Network platform.

Our opportunities are a great way to earn money as well as expand your knowledge and confidence.

Groups



Groups - easy read

Groups are panels consisting of members of our Youth Network, who are tasked with providing expertise and advise to different organisations. Each group requires its members to participate in paid sessions throughout the year.

Each group is limited in its members, but **when spaces in the groups become available we will notify the Youth Network.**

Groups include:

- [Autism Education Trust: Young Experts panel](#)
- Health Panel
- [Postal Museum](#)
- [Youth Council](#)
- Norfolk County Council Training

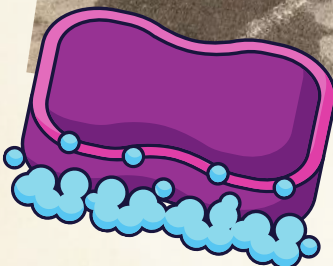
SCIENCE WEEK

Science week was fantastic! Students engaged in many fun practical lessons growing crystals, building giant spaghetti tower, making giant bubbles, growing seeds, building& launching water rockets. As well as competitions and clubs.



YEAR 8

8P held a car wash on Tuesday to raise money for House Charity Fortnight. Cars were left sparkling in the fabulous sunshine!



YEAR 10

Marcel W. came first in High jump in the Middlesex/ Tri county championships. Excellent achievement! Well done Marcel!

**Year 10 Mock Exams April/ May 2022
You have received your timetable and your candidates.**

Please keep these documents safe.

**Start your revision now.
Revision cards are available from Miss St Aimie's office.**

There are many ways to help you with your studies. Here are some revision apps for you to get started and they are free!!

Start using their smartphones in a smart way!

<https://studywise.co.uk/gcse-revision/>

<http://www.gojimo.com/>

<https://www.bbc.co.uk/bitesize/levels/z98jmp3>

Wellbeing Tip: “Wherever you go, no matter what the weather, always bring your own sunshine.”



ASPIRE

HOUSE CHARITY FORTNIGHT

EXTENDED FOR
1 MORE WEEK!
WHO WILL
WIN?

Monday 14th March to Friday
March.

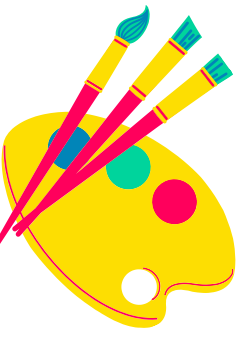
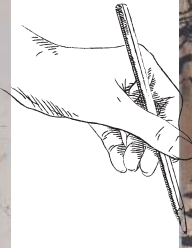
Each House will compete to raise
money for their House charity!



WHICH HOUSE WILL WIN?

ART

Incredible pieces of work completed by Year 11 Art students in their final GCSEs exams last week. Congratulations to them all!



HOSPITALITY & CATERING

Congratulations to all year 11 students who have completed their Hospitality & Catering practical exams so far.



LRC

Recommendations

The final book in the ground-breaking Hunger Games trilogy. Against all odds, Katniss Everdeen has survived the Hunger Games twice.

But now that she's made it out of the bloody arena alive, she's still not safe. The Capitol is angry. The Capitol wants revenge. Who do they think should pay for the unrest? Katniss. And what's worse, President Snow has made it clear that no one else is safe either. Not Katniss's family, not her friends, not the people of District 12.

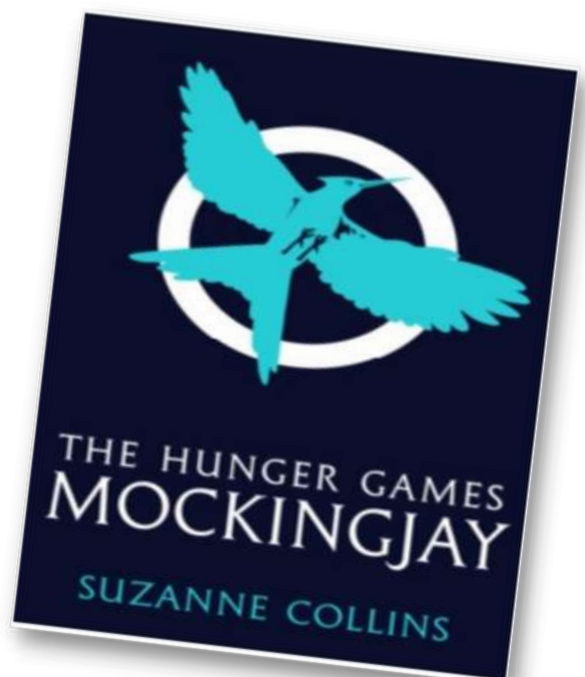
Now a major feature film starring Jennifer Lawrence, Josh Hutcherson & Liam Hemsworth

OTHER BOOKS IN THE SERIES:

The Hunger Games Catching Fire The Ballad of Songbirds and Snakes

The Hunger Games

Novel by
Suzanna Collins





SPEAKERS FOR SCHOOLS VIRTUAL TALKS & BROADCASTS

CAREERS CORNER

VIRTUAL WORK EXPERIENCE



MONEYWISE - Spending and Saving
- 4 to 5 pm for Year 10 and 11 students

A virtual work experience
by Sancier

Apr 25, 2022 for 1 days

Sector: Unconfirmed

Ages 14-16

[View](#)



Game Academy: How to Get your Dream Job by Playing Games - Easter Bootcamp 2022

A virtual work experience
by Game Academy

Apr 11, 2022 for 4 days

Sector: Unconfirmed

Ages 14-19

[View](#)



Green Skills & Sustainability - Be apart of Changing the Worlds Energy Systems

A virtual work experience
by Siemens Energy

Apr 12, 2022 for 2 days

Sector: Energy/Utilities

Ages 14-19

[View](#)



Find out how renewable energy sources will help save our planet!

A virtual work experience
by Morgan Sindall - Infrastructure - Nuclear

Apr 4, 2022 for 5 days

Sector: Construction

Ages 14-16

[View](#)



Green Skills 2022 Insight Day - Engineering Green Skills

A virtual work experience
by Sir Robert McAlpine

Apr 28, 2022 for 1 days

Sector: Engineering

Ages 14-19

[View](#)



"Build the Future" Female only - Reach your career goals with GRAHAM Construction DFE (10am-3pm)

A virtual work experience
by GRAHAM

Apr 7, 2022 for 1 days

Sector: Construction

Ages 14-19

[View](#)



Green Skills Week Broadcast: Katie Brill, SVP Global PR and Comms, Junk Kouture

Date: Monday 28th March

Time: 10:00 - 10:45

Age Group: KS3-5 / S1-6

Join us for a broadcast with Katie Brill, former contestant and winner of Junk Kouture with her design made from orange peel 'ReJusing is Appealing' in 2012 and now part of the Junk Kouture team as SVP of PR and Communications. The experience was life-changing for her and helped her build confidence, problem-solving skills and knowledge of circularity. She is now committed to expand the mission of Junk Kouture and inspire/ empower more young creatives. Katie will be discussing the environmental and ethical issues surrounding the fast fashion industry.

Click [here](#) to register



Careers in Healthcare Science with Fiona Carragher, Director of Research and Influencing, Alzheimer's Society

Date: Wednesday 30th March

Time: 10:00 - 10:45

Age Group: KS4-5 / S4-6

Do you love science? Are you passionate about helping people? Join us for a broadcast with Fiona Carragher to learn about how you can combine the two in your future career. Fiona will also be sharing her advice on the importance of keeping an open mind for opportunities!

Click [here](#) to register



Hugo Tagholm, Chief Executive, Surfers Against Sewage

Date: Monday 25th April

Time: 10:00 - 10:45

Age Group: KS3-5 / S1-6

Click [here](#) to register



Anne Richards, Chief Executive Officer, Fidelity International

Date: Tuesday 26th April

Time: 10:00 - 10:45

Age Group: KS4-5 / S4-6

Click [here](#) to register

IF YOU CAN'T WATCH A TALK LIVE YOU CAN FIND IT LATER IN THE LIBRARY



Dear Parent/Carer,

We are excited to be working with Holy Family School this year to deliver an unforgettable summer experience for students in year 11.

The NCS programme offers young people, aged 16-17, a once in a lifetime opportunity to do something meaningful with their summer break, as well as a chance to develop skills and take on new challenges that will set them up for adult life. They'll also do something good for their local community, carrying out a social action project to support a cause they care about. We've seen first-hand what an amazing feeling of accomplishment and increased confidence this brings. Throughout the pandemic, teenagers on NCS donated well over 200,000 hours of their time to help rebuild their communities after the first lockdown, showing what a difference young people can make when they work together towards a goal..

More information on the NCS summer programme can be found below or on our website;
Over a period of 2 weeks they will;

- 
- ✓ Meet new people
 - ✓ Stay away from home for 5 days
 - ✓ Give back to their local community through voluntary action
 - ✓ Take on new challenges
 - ✓ Develop the skills and confidence to take on their next steps
 - ✓ Generate experience for their university application, job/apprenticeship interview or CV and more!

NCS is all about helping teenagers realise their potential by giving them a taste of independence and loading them up with new skills that set them up to achieve their future goals, whatever they may be. And this year, it's your teen's turn!

We will be hosting an assembly at Holy Family to talk more about the NCS programme to answer any questions your teen may have and give them a chance to register their interest for the summer 2022 programme.

When your teen registers their interest in taking part in NCS this summer, we will ask them to share your contact details. This is so that we can complete the administrative process required to get them signed up to a programme date. When they let us know they're interested, we'll be in touch with you by email or phone to run through the steps we need to complete their booking.

A place on NCS is worth around £1,200. However, thanks to government funding for the programme, we only ask for a contribution of £50 to cover some basic costs. We want to ensure that everyone can do NCS so there are bursaries available if you need some help to cover the cost. Bursaries are available to those who are either:

- Eligible for free school meals
- On an EHCP
- In or have recently left care
- A young carer

This summer, we've got four start dates that you can choose from:

Departure location	Date
Hackney	18/07/2022
Hackney	1/08/2022
Forest School Snaresbrook, London, E17 3PY	8/08/2022

Go to wearencs.com to sign up or for more information. Frequently asked questions can be found at wearencs.com/faqs. Alternatively, if you have any questions or don't think these dates will work with your summer plans, give us a call and we'll do our best to help you out: **0800 197 8010**.

We look forward to welcoming your teen on NCS this summer!
Warm wishes,

Charley Kondje & The Youth Engagement Team
The National Citizen Service



SUMMER '22

Spaces on our Summer '22 experience are now open and on sale...don't miss out, register today!

Think long sunny days (probably some wet ones too, who are we kidding), hanging with new mates, having a week of adventures staying away from home that you'll talk about for years, a week of doing some good in your community, and becoming the best version of yourself. What more could you want?

[REGISTER HERE](#)

SUMMER '22 IS
HERE

[REGISTER NOW](#)

NCS STANDS
WITH UKRAINE

 FIND YOUR
NCS EXPERIENCE

[WATCH NOW](#)

YOUNG VOICES.
BIG ISSUES.

FUTUREMAKERS:
WORK
PLACEMENTS

[READ MORE](#)

WE ARE NCS

Living that 'No We Can' life? Share your photos with us @NCS to feature here...

SUMMER '22 ON SALE

[REGISTER NOW](#)[LIVE CHAT](#)

PE EXTRA CURRICULAR TIMETABLE

PE EXTRA CURRICULAR TIMETABLE					
		Walthamstow Site		Wiseman Site	
	BEFORE SCHOOL 7.45am-8.20am	LUNCH 1.25pm-2pm	AFTER SCHOOL 3.20pm-4.30pm	LUNCH 1.25pm-2pm	AFTER SCHOOL 3.20pm-4.30pm
Mon		Yr 7 Mixed Basketball GRE	Yr 7/8 Netball - WIM/PAK/SCS Yr 8 Mixed Football LIK. (Wiseman Site)	Yr 9 Basketball Interform LAD/LIK	Yr 8 Mixed Football LIK. (Wiseman Site) Yr 10 girls - D of E Fitness
Tues	Fitness Room Yrs 9 - 11 - PAK	Yr 7 Girls Football PAK	Yr 7 Boxercise/Circuits - PEA	Yr 9 FITNESS - WIR Yr 10 Basketball Interform - WIM	Yr 9/10/11 Basketball (WIM, PAK, COE) Fitness Room - Yr 10/11
Wed	BASKETBALL - Yr 10 - WIM	Yr 7/8 Badminton/TT COE	Tramp - Yr 7/8. (COE) Yr 7 Mixed Football GRE	Yr 10 FITNESS - WIR Yr11 Basketball Interform- WIM/LIK	Kick Boxing - All Yrs (Week 2) - HUA
Thurs	Fitness Room Yrs 9 - 11 -WIM	Yr 8 Boys Basketball LAD	Yr 7 - Team Games (WIM/COE)	All Yrs Badminton - LIK/PAK Yr 11 FITNESS - WIR	Yr 9 Girls Football- LIK Kick Boxing - All Yrs (Week 1) - HUA
Fri		Yr 8 Girls Basketball LAD	Staff training	Yr 11 Football - LIK Rowing (Coach)	Staff Training 6th Form BB Team Training



REFUEL AT SCHOOL BREAKFAST

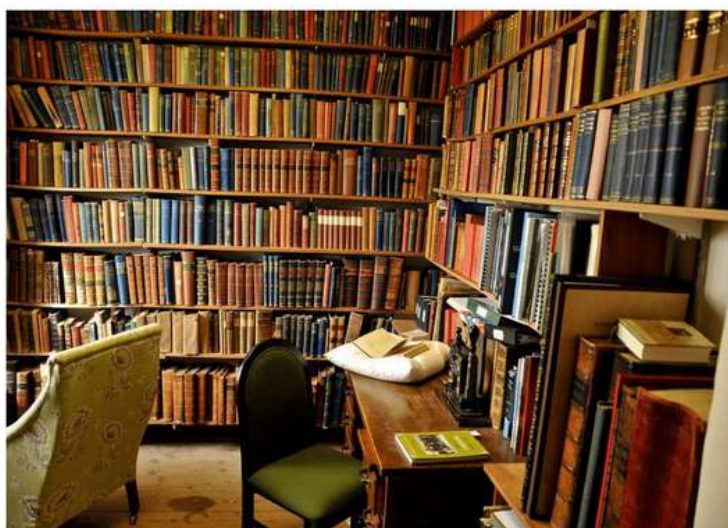
EVERYONE WELCOME
Monday to Friday

Location: **THE CANTEEN ON BOTH SITES**

Timings: **8:00 - 8:30AM**

**magic
breakfast**
fuel for learning

MB003



Holy Family Book Club

Tuesdays 3.15pm to 4.15pm in U39 Wiseman Site

Starting 1st February

You are allowed to bring a snack/drink

Please see Wiktorina S (Year 12) and Ms Nordon for questions or more details

INTRODUCING THE HALO CODE

We are excited to announce that Holy Family Catholic School has adopted The Halo Code, the UK's first Black hair code.

No Black staff or students should have to change their natural or protective hairstyle in order to thrive at our school.

We hope that the Halo Code will move us one step closer to a world free from discrimination, where all Black members of our community have their identities fully recognised and celebrated.

The Code:

"Our school champions the right of staff and students to embrace all Afro-hairstyles. We acknowledge that Afro-textured hair is an important part of our Black staff and students' racial, ethnic, cultural, and religious identities, and requires specific styling for hair health and maintenance.

We welcome Afro-textured hair worn in all styles including, but not limited to, afros, locs, twists, braids, cornrows, fades, hair straightened through the application of heat or chemicals, weaves, wigs, headscarves, and wraps.

At this school, we recognise and celebrate our staff and students' identities.

We are a community built on an ethos of equality and respect where hair texture and style have no bearing on anyone's ability to succeed."



easyfundraising
feel good shopping

Raise FREE donations for

Holy Family Catholic School - Walthamstow

every time you **shop online**

Find us on **easyfundraising.org.uk**

<https://www.easyfundraising.org.uk/causes/holyfamilycswalthamstow/>

4,300 online sites will give us a free donation when you shop with them - at no extra cost to you!



Download the easyfundraising App



£ Over £32 million raised

★ Trustpilot ★★★★★

1.8 million users



PLAY AND STUDY

FULL-TIME COLLEGE STUDY PROGRAMME FOR 16-18 YEAR OLDS

- BTEC Level 1 Certificate in Sport
- NCFE Level 2 Diploma in Sport
- BTEC Level 3 Extended Certificate/Foundation Diploma in Sports Coaching and Development
- BTEC Level 3 Diploma / Extended Diploma in Sports Coaching and Development

STUDENT BENEFITS:

- **Campus setting** - practical and theory in one place. Training ground 5 mins away
- Leyton Orient player and staff visits
- **Free tickets** to a Leyton Orient match



COLLEGE STUDY PROGRAMME INCLUDES:

- Academy standard **coaching and training** facilities
- **English and Maths** qualifications if required
- Direct link to **University Sports courses** and **US Football Scholarships**
- **Competitive games** in Association of Colleges League
- **Opportunities to be scouted** by Leyton Orient FC and local semi-professional clubs
- **Work experience and volunteering opportunities** within the industry

FOR MORE INFORMATION VISIT:

WWW.LEYTONORIENTTRUST.ORG.UK/FURTHEREDUCATION



COME TO A TRIAL

Take part in a football training session

Meet our coaches

Learn about our courses and the college



"It was so helpful that I could do the FA Level 1 Coaching Course alongside my Level 3. I got a job part-time coaching for the Trust." **Shalliah**



DATES:

WEDNESDAY
27 OCTOBER 2021

11.00AM-12.30PM

WEDNESDAY
16 FEBRUARY 2022

11.00AM-12.30PM

WEDNESDAY
6 APRIL 2022

11.00AM-12.30PM

WEDNESDAY
1 JUNE 2022

11.00AM-12.30PM

LOCATION:

FEEL GOOD TOO CENTRE, IVE FARM LANE,
LEYTON, E10 5HH

BOOK YOUR PLACE:

WWW.LEYTONORIENTTRUST.ORG.UK/EVENTS

[Twitter: @lotrust](https://twitter.com/lotrust) [Instagram: @leytonorienttrust](https://www.instagram.com/leytonorienttrust)

YOUTH ZONE
EVERY MONDAY

Football session delivered by
Leyton Orient Trust coaches!

Multi-Sports
Indoor Games
Arts and Crafts
Dance and Yoga classes
And MANY MANY MORE!

FOR AGES:
8-12 - 5PM-7PM
13-16 - 7PM-9PM

CONTACT INFO:
INFO@WAPPINGYOUTHFC.CO.UK
HAIFZUL.HAQ@LEYTONORIENTTRUST.ORG.UK

TEVIOT CENTRE - 1 WYVIS ST, LONDON. E14 6QD

LEADERS IN COMMUNITY

WANT TO PLAY
GAELIC FOOTBALL
IN NORTH LONDON?

NORTH LONDON SHAMROCKS
We are a well established family friendly Gaelic Football Club.

Want to get involved?
We are always looking for new Boys and Girls to join our Youth Teams. From all ages U7's U9's U11's U13's U15's and U17's.

Training at Tottenhall Sports Ground,
Tottenhall Road, London N13 6LH.
Saturday 12:30pm - 14:00pm

Contact Gerry on
07968017864
For more details
www.northlondonshamrocks.com

[Facebook: nlsy20](https://www.facebook.com/nlsy20)
[Instagram: nlsy20](https://www.instagram.com/nlsy20)
[Twitter: @theshamrocks1](https://www.twitter.com/theshamrocks1)



FREE WEEKLY SESSIONS • FUN • INCLUSIVE • OPEN FOR ALL ABILITIES • JUST
TURN UP & PLAY • TOURNAMENTS • LOFC TICKETS • VOLUNTEERING •
WORKSHOPS + MORE

MONDAY

17:00-18:00	MUMS & DAUGHTERS FOOTBALL	AGE 18+
18:00-19:00	KICKS - GIRLS FOOTBALL BRITANNIA LEISURE CENTRE, N1 5FT	AGE 8-16
17:00-18:30	KICKS - YOUTH CLUB & FOOTBALL	AGE 8-12
18:30-20:00	KICKS - YOUTH CLUB & FOOTBALL TEVIOT COMMUNITY CENTRE, E14 6QD	AGE 13-16
19:00-20:00	KICKS - DISABILITY FOOTBALL MILE END LEISURE CENTRE, E3 4HL	AGE 14+

TUESDAY

17:30-19:30	KICK - TBC BALL PEMBURY E JGA, E5 8JL	AGE 8-16
17:00-19:00	KICKS - GIRLS FOOTBALL MABLEY GREEN 3G ASTRO, E9 5HW	AGE 11-18

WEDNESDAY

20:00-22:00	KICKS - YMCA RESIDENTS FOOTBALL YMCA WALTHAMSTOW, E17 3EF	AGE 16+
-------------	--	---------

THURSDAY

17:30-18:30	KICKS - FOOTBALL	AGE 8-13
18:30-20:00	KICKS - FOOTBALL LOXFORD LEISURE CENTRE, IG1 2UT	AGE 14-18

FRIDAY

18:00-20:00	KICKS - FOOTBALL & CAREERS ADVICE SALISBURY HALL 3G ASTR, E4 8ST	AGE 11-18
17:00-19:00	KICKS - YOUTH ZONE SCORE CENTRE, E10 5JY	AGE 11-18

SUNDAY

10:00-11:00	KICKS - FOOTBALL FEEL GOOD TOO, IVE FARM, E10 5HQ	AGE 8-16
12:00-14:00	KICKS - GIRLS FOOTBALL STEPNEY GREEN ASTROTURF, E1 3NG	AGE 11-16

For more information please contact hafizul.haque@leytonorienttrust.org.uk
Follow us on socials; Instagram @leytonorienttrust | Twitter @lotrust

#LondonUnited



Premier League

Kicks

GIRLS FOOTBALL

BRITANNIA LEISURE CENTRE, N1 5FT
EVERY MONDAY
5PM-7PM

MABLEY GREEN ASTROTURF, E9 5HW
EVERY TUESDAY
5PM-7PM



SCAN ME

TO REGISTER

FOR MORE INFORMATION CONTACT
EMMA.THORNE@LEYTONORIENTTRUST.ORG.UK

BETTER
the feel good place



Hackney

YOUTH ZONE

FUN, INTERACTIVE & INCLUSIVE ACTIVITIES
FOR 11-18 YEAR OLDS

- Futsal • Multi-sports • Playstation • Card & Board Games • Teqball Table Football
- + 1-2-1 & Group Mentoring space

EVERY
FRIDAY
STARTING
21 JAN

5PM TO 7PM

SCORE
CENTRE
E10 5JY

OPPORTUNITIES INCLUDE:

- Careers & CV Writing Advice
- Schoolwork Support
- Volunteering Opportunities
- Social Action Projects
- Radio & Media Workshops
- FREE LOFC Match Tickets

For more information, please contact hafizul.haque@leytonorienttrust.org.uk

FREE

ELITE DEVELOPMENT CENTRE

EVERY FRIDAY | 5.30PM - 6.30PM

AGES 7-15
BOYS AND GIRLS

£7.50 PER SESSION
(CASH ONLY)

The Peter May Centre
Walthamstow
E17 4HR

VISIT FROM THE
FIRST TEAM
PLAYERS!

TWO PLAYERS FROM THE CENTRE HAVE SIGNED FOR LEYTON ORIENT'S ACADEMY!

NEW VENUE FLM4U SUFFA REFERRAL FORM	PLEASE AL-SUFFA HAVE MOVED TO: EPICENTRE 42 WEST STREET LEYTONSTONE E11 4LJ	CLIENTS NEED TO BRING CARRIER BAGS & OR SHOPPING TROLLEY AS WE DON'T STOCK THEM.
Date referral made: Name and contact details of referring agency: Clients' full Name: Full Address:	Email: FLM4U@SUFFA@GMAIL.COM Clients details needed for food parcels or baby items.	For office use: Please add dates for collection:
Contact details: How many people in the family? Please add the names, gender and date of birth of each member of family: Delivery requirement: Does anyone in the family have allergies? If yes, please list: Please list the type of meal the client can eat. Is the client cooking? If yes, children, baby only facilities? Does the client have cooking facilities? Is the client cooking? Is the client able to heat food? If yes, please list a list of food the client will eat on an on a regular of waste.		
Does the client need any non-food items? Please note we try and accommodate depending on stock. Referrals for items below will only be accepted by professional referrals only (dependent on stock) Milk powder dispenser Electric breast pump Breast pads Breast care/thermo pads Thermal Tote bag Nappies and pads Nappies (please state size)		
Has the client or anyone in their household been tested positive for C-19? We need to be aware so that we can keep our volunteers safe and from risk. If yes, please state how someone on behalf of the client?? Please state in detail why the client would need a doorstep delivery, is the client unable to leave the house? Electricity/disabled health issues??		