



HOLY FAMILY CATHOLIC SCHOOL NEWSLETTER

Friday 1st July 2022

Thank you to all 6th form helpers,

SPORTS DAY 20

we couldn't have done it without you!





HEADTEACHER'S MESSAGE

Quotation of the Week

"Thou art Peter, and upon this rock I will build my church; and the gates of hell shall not prevail against it" (Matt. 16:18)

The Feast of St Peter and St Paul

Peter was, of course, the leader of the apostles and 'the rock upon which Christ said he would build his Church. He became the first Pope and was martyred for his faith. I am always encouraged that, despite all his great qualities Peter showed the same weaknesses that



all of us have, and yet Christ entrusted his Church to him. We all make mistakes, we all do things that we regret yet God's love for us is infinite and His mercy neverending.

Paul was a convert to Christianity who initially took part in the persecution of the early followers of Christ. However, he had a profound experience upon encountering Christ 'on the road to Damascus' and became one of his disciples.

We were very grateful to Fr Bijoy for coming to school to celebrate Mass for us on Wednesday to celebrate the Feast Day and all of Yr 7 and Yr 8 were able to take part in a beautiful Mass. It was lovely to be together in the school hall as a place of worship and the students participated very enthusiastically.

Community Action Day

It has been a busy week in school. Our sixth formers took part in Community Action Day on Thursday and helped with a range of activities, some in school, some outside of school to volunteer their time and to make a contribution to their school and wider community.

House Competition Day

Also on Thursday, as you know, we held our House Competition Day when all students in Yrs 7, 8 and 9 took part in a range of team building activities on the upper site. The aim was to encourage communication, leadership and team-building skills. These are sometimes known as 'soft skills' and they are often what employers are looking for (in addition to good exam grades and qualifications). Thank you to all our staff who made the event so enjoyable.

Leavers' Events

The Yr 11 prom took place on Tuesday of this week and was a great occasion. There was a lovely atmosphere and the students thoroughly enjoyed their evening. They looked wonderful, very grown up and mature and it was a pleasure to see them relaxed and happy after the stress of their exams. Similarly our Yr 13s enjoyed a successful Leavers Event on Wednesday and an enjoyable time was had by all. My thanks to all the staff who had a late evening or two as a result.

Borough athletics

We are having a particularly successful athletics season this summer and the PE Department took around fifty students to participate, achieving many gold, silver and bronze medals and representing the school extremely well.

Work experience

Yr 10 work experience continues through next week as well. Most students are settled into their placements and things are going well. We shall be visiting students to check in with them and hear how things are going over the coming days. I'm really glad they are able to participate in work experience again this year.

Duke of Edinburgh

Thanks to Mr Wilbraham and all staff who took part in the Duke of Edinburgh bronze expedition in Epping Forest last weekend. It's great that we have so many students participating and that we are able to keep the scheme affordable so that all who would like to take part can do so. We rely very heavily on the goodwill and commitment of our staff in giving up their time so generously.

Parents' surgery

You can see me face to face in a socially distanced manner any week without an appointment on **Thursday afternoons between 4pm and 5pm.** If you prefer you can call the school office and arrange for me to call you instead.

Please continue to remember us in your prayers.

Dr Andy Stone, Headteacher





HOLY FAMILY CATHOLIC SCHOOL CATHOLIC SCHOOL Starting from 3:30 - 6:30

light refreshments provided starting from 3:30 - 6:30

presents GCSE, A Level Art, and Photography





light refreshments provided



Thursday, 7th July, Drama studio Wisemen site EXHIBITION '22

<u> Thursday, 7th July, Drama studio Wisemen site</u>

EXHIBITION '22

SUMMER



Photography

"Photography can be a great way of distracting yourself from your thoughts or, alternatively, a great form of self-expression. Being creative is an opportunity to express difficult thoughts and emotions that can't otherwise be put into words.

Capturing the beauty of the world on camera can be soothing and being in control of a camera and what you take pictures of can be empowering in times of distress. Some have also said that photography also helps them be 'in the moment'.

Setting yourself a photo challenge can also help you to leave the house – maybe plot a walk through a local park and take pictures of the wildlife or trees."

> You can learn more by clicking here:





Families Directorate Heather Flinders: Strategic Director Families	Dear Parent, Lhope that all is well. Waltham Forest Holiday Activity and Food Programme is now open to enrol your child in a free holiday clubs programme over the summer. There are free places available for children and vound people elicible for free school	 This opportunity is provided as part of the government's expanded Holiday Activities and Food (HAF) programme being delivered across Waltham Forest. The scheme provides enjoyable activities and nutritious meals for primary and secondary school aged children who are eligible for benefits-related free school meals. Children will be able to access a wide range of sessions throughout the summer holidays, at no cost to you. The sessions will include a variety of fun activities, including sports, music, arts and other exciting opportunities to learn and develop skills, alongside a nutritious meal each day. To book a place and find out more, please visit www.walthamforest.gov.uk/holidays 	wtholidayactivityprogramme@walthamforest.gov.uk or call 0208 496 4720 In addition to this programme, families who are eligible for Universal Credit may be able to claim back up to 85% of their childcare costs. Please visit <u>https://www.gov.uk/help-with-</u> childcare-costs/universal-credit to find out more. Kind regards,	Lindsay Jackson Head of Education Business Effectiveness walthamforest.gov.uk
CTVITY AND FOOD PROGRAMME		To book your place and find out more scan here:		HEHOLIDATACITUTATION AT A REPORT A REPORTA A REPORTA A REPORTA A

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1. Child/Young Person (PLEASE COMPLETE FORM FULLY AS INCOMPLETE FORMS MAY BE RETURNED)

Name of Child/Young Person (full name)	
Date Of Birth	Gender Male Female
Doe the child have additional needs?	Photographs (permission to take photos for promotional
Yes 🔲 No 🔲 If yes please state:	purposes for LBWF only) Yes No
Medical (Please indicate any health issues, injuries, allergies, special needs or medical conditions)	
Which school does the child/young person attend?	
Other Relevant Information: (please complete fully) Is there <u>any</u> other information that we need to know? i.e. Behavioural issues, nature of physical and/or learning disability	
Please also include legal status of child/YP such as LAC or subject to any court orders.	
Please ensure that you inform us of any additional support that the child/YP may need in order to participate in these activities (please provide clear details of the nature of the difficulty and the level of support required). Use an additional sheet if required and send with application.	

2. Parent/Carer details

Full Name of Parent/Carer		Are you Over 18 years of age? Yes 🗖 No 🗖		
Address			Postcode	
Emergency Contact 1 - Full Name:	Relationship to Child:		ome Tel: /ork Tel:	
	Email:	Mobi		
Emergency Contact 2 - Full Name:	Relationship to Child		Home Tel:	
	Email:	Work Mobi		

3. Referrer's details

Name of Referrer	Job Title
Name of Organisation	Email
Contact Telephone No.	Mobile
Are you contactable during the Summer? <u>If not</u> , please provide alternative contact	Yes No If there is an allocated social worker or another organisation that is working with the family please ensure you include the contact details of someone who is contactable during the period of the booking.



Waltham Forest Holiday Activity Programme Referral Form



4. Session Booking – Please outline the activity that you wish the child to attend. Please note where possible the child will be offered the 1st choice, however if this is not available the child will be booked onto the second choice. Children will be only able to access 2 weeks provision during the summer.

	1 ST Choice	2 nd Choice
Week 1		
Week 2		
Week 3		
Week 4		

5. Reason for referral (please tick)

Category		Category	
		Common Assessment Framework (CAF)	
threshold	3	Child in Care	
		Difficulties in Social Engagement	
ity		Low income families	
		Known to Early Help Service	
		Known to Social Services	
_			

I give permission in case of an emergency for my child/ren to be taken to hospital by ambulance:	Yes 🗖 No 🗖
I give permission for my child to walk home alone (Over 8's only):	Yes 🗖 No 🗖
Parent /Carer Signature:	Date
Referrers Signature:	Date
Please ensure that you complete a separate form for each child/young person	

Please ensure that you complete a separate form for each child/young perso and return to <u>wfholidayactivityprogramme@walthamforest.gov.uk</u>

SPORTS DAY

Earlier this week we held sports days for years 7, 8 & 9. We're greatly impressed by the sportspersonship shown and the hidden talents that were uncovered!

SPORTS DAY

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Congratulations to all students who have been competing the long run up to the Borough Championships. We came away with a fantastic 37 medals!! Well done!



FILM STUDIES

Marcus, a year 12 Film student, has a keen interest in the law. To combine his two passions he has written a review on the film 12 Angry Men.

12 men sitting in a room having a conversation for over an hour may appear to be quite boring, however in the case of the mesmerising, enthralling thriller 12 Angry Men this is far from the truth.

The film opens by showing the Supreme Court from a low angle reaffirming the power it holds, its supremacy. Also possibly foreshadowing the power it will hold over a young man's life who will either die from the decision of the jurors in the electric chair or continue to live his life. We only view this young man once, however during this quick moment early on we are already edged by the director to align ourselves with him. He is positioned in the centre of the screen with the use of a close up. His eyes are watery and we as the audience are made to feel sympathetic to his situation. The pillars are made to represent the laws which all stand for something. The pillars therefore represent the mighty stand laws make against the injustices of society, they also act as a foundation for which society relies on.



This is reaffirmed with the sign stating "the administration of justice is the firmest pillar of good". Suggesting that justice must always prevail if society is to experience any form of goodness and the thing which determines this is the building which is made to rest our eyes on.

The director also uses maximum claustrophobia and maximum suspense throughout the film to keep us engaged with the complex techniques encompassing this room within the supreme courts. For example we learn early on that it is the hottest day of the year. Every juror sweats besides the one who said he doesn't sweat. In addition, except from the beginning and very end all the film is all set in one location which enforces this idea that there is not much room to move. Henry Fonda, playing Juror 8 – the protagonist in the film, tasks himself with uncovering why everyone in the room does not have reasonable doubt.

FILM STUDIES

We learn vital information about each character within each frame as they enter the room. Similar to Spielberg the director constantly repositions the camera to create different shots: mid shots, close up and wide. These are to reflect the moods of the characters, their personalities and the overall theme of the film, which is suggested by the director, as positioning the audience to question their moral purpose – that as an individual what do you stand for and what are your morals? We then discover many of the jurors don't have much moral compass, in fact stands for nothing or more importantly did not stand for justice. Fonda begins to inquire about their decisions and by the end of the film they have all folded and changed their decisions. This is to also highlight that justice will always prevail one way or another.

Lee Cobb plays a damaged man, a man with no morals and no values the opposite of Fonda. We are taught throughout the film not to act as Cobb did but instead to be reflective in the way Fonda was who from the start of the voting took a stand to say he had reasonable doubt in his mind despite the overwhelming pressure to say otherwise. He was haggled by the other jurors but instead stood for what he believed in. Cobb on the other hand led the haggling and his own prejudices would be exposed during the film. The main way these were exposed was through dialogue for example he repeated "I know these types of people where he's from, he definitely did it. No doubt in my mind!" Which are purposely shown to highlight the real agenda as to why he says he has no reasonable doubt despite the evidence which suggested otherwise and would cause the change from the other jurors more easily. The young man as we learn is from a slum and he is referenced throughout the film by different jurors who once believed he was guilty with no reasonable doubt as "one of them". Again highlighting to the viewers the hidden personal prejudices these jurors have.

The class divide is depicted within the jurors themselves as Cobb even apologises to another juror for his insensitive words regarding the jurors economic circumstances. However we are also met with the probability suggested by one of the other jurors "suppose the boy actually did knife his father and we are just letting him go". Which at this point is a damning truth which goes against the more favourable Fonda's proposition, a fact we as the audience might not be able to accept. This only adds more to the soaring and undeniable tension within the film. This is also done by the director to highlight the realities in which the course is faced with on a regular basis. The truth mostly is never clear but blurred and it's up to the prosecution to remove this blur. Reiterating the huge decision which must be made by these jurors or the huge question they may ask

themselves. Is there any reasonable doubt? If there is then the jurors must only act on what their responsibility is within the court. It is up to the prosecutor to remove this doubt, not for the jurors to do so themselves which is what the director also highlights in this film. The use of haunting dialogue, extreme tension and selective camera shots really bring this epic film to life. I would say it is a must watch and it is a film anyone can appreciate but even more so for the film purists.





Photos from yr 12 Art and Photography trip on Wednesday - Students in The Photographers Gallery in front of a series of photos by Ai Weiwei - which was part of group show entitled 'How to win at Photography - Making as Play'

Students also visited 'Haunted Realism' Show at the Gagosian Gallery and Contemporary and Modern Art exhibitions at Sotherbys - where we got close to a Francis Bacon Painting that sold later that day for £43 Million!



WORKSHOP

A number of year 9 students were selected to take part in a Careers workshop focusing on Nursing where they were taught basic first aid skills and given an insight into the profession





I didn't want to be a nurse or a doctor. I wanted to be a solicitor, a criminal lawyer or family lawyer. My mum is a nurse, which inspired me to try this class, I thought even if I didn't enjoy it I would learn some much needed skills. The nursing workshop really changed my mind on what I wanted to do. It was inspiring and made me want to pursue nursing or any other jobs down a medical path. During the workshop we learnt how to deliver compressions to a person in danger, how to correctly perform the heimlich on someone who is choking. For both of these acts, we also learnt the significant difference of performing on an adult, a child and a baby. In my opinion all of us that took part in the workshop learnt amazing, life saving skills that will be very useful in our futures.

-Aishah



SCIENCE

Students from years 7 & 8 visited the Salters' Festival of Chemistry organised by the Salters' Institute of Chemistry. Their aim is to make sure that Chemistry is accessible to all through their outreach programmes with schools held at Universities, providing the opportunity for students to see how the science they learn at school is put into practice in the real world. In this visit students were able to explore why chemistry is important, build on their practical skills in the labs and learn how chemistry and the related-sciences opens doors to many careers

"It was a fun experience and the experiments was really fun"









"The science trip was nice and I really enjoyed it. I especially enjoyed it when we were making aspirin. The experiment was the best part and I liked how big the lab was"

y uniform to donate?

Years 9, 10 & 11

No longer need your UNIFORM DONATIONS

TROUSERS

We are asking for donations of our current school uniform which your child may no longer need or have outgrown that is still in good and wearable condition. This can range from the list below:

School Tie Blazer Blazer Trousers Trousers **GIRLS** GIRLS **RED CHECKED KILT BACK KILT** or or SCHOOL BRANDED SCHOOL BRANDED

TROUSERS

Years 7 & 8



School Tie

PE Kit

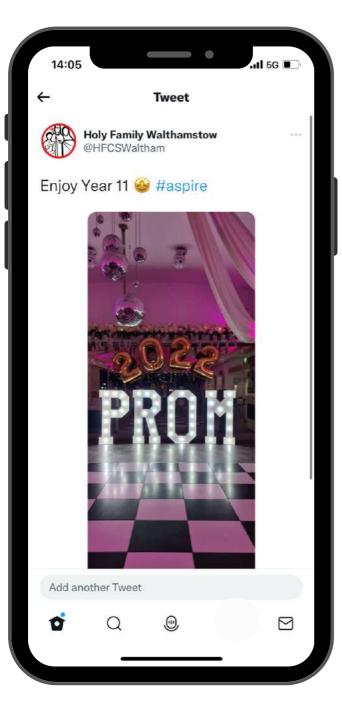


PLEASE DROP ANY DONATIONS TO EITHER SCHOOL OFFICE

SOCIAL MEDIA CATCHUP



@HFCSWALTHAM









Chaplaincy Corner

Ukraine

We were delighted to be able to deliver another full car of donations to the Ukraine appeal. Thank you so much for your generosity and please remember we are still collecting donations in school.





Solemnity of St Peter & St Paul

On Wednesday 29 June we welcomed Fr Bijoy into school to celebrate the Feast of St Peter and St Paul with our Year 7 &8.

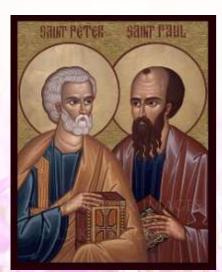
Fr Bijoy's Homily spoke about Saints Peter & Paul as the two pillars of the church – one of love and one of unity, qualities we aspire to at Holy Family.

It has been a long time since we have been able to celebrate Mass in school and it was wonderful to see years 7 and 8 together in the hall.

Thank you to our readers, Josiah and Perez in Year 7 and Geraldin in Year 8.

St Peter and St Paul are two of the most well-known saints and are often spoken of as the two men most responsible for spreading the Christian message in the days of the early church.

Peter was the leader of the apostles and the first pope. Paul was born Saul, but converted to Christianity on the road to Damascus.



Oh God, who on the Solemnity of the Apostles Peter & Paul give us the noble and holy joy of this day, grant, we pray, that your Church may in all things follow the teaching of those through whom she received the beginnings of right religion. Through our Lord Jesus Christ, your Son who lives and reigns with you in the unity of the Holy Spirit one God, for ever and ever Amen

Mrs Grierson, Chaplain

Laudato Si Commitments - "turn off the tap" - how many times have you stood at the sink washing pots, brushing your teeth, or rinsing something off with the tap on full blast? Letting the tap run is a huge waste of resources (and money if you are on a meter!), especially in a world where many people don't have access to clean drinking water."

Holy Family supports the people of Ukraine

The following items have been requested by the Ukrainian Catholic Church community in London. They are organising transporting the donations to Ukraine.

Wet wipes	Torches
Antiseptic wipes	Water filters
Disinfectant wipes	Bandages
Medical gloves	Phone charger cables
Backpacks	Phone charger power packs
Warm Socks	Nappies
Gloves	Blankets (not duvets)
Thermal underwear	Dry food (like pasta and rice)
Camping mats	Sweets
Sleeping bags	Protein bars
	Pet food

There are collection boxes in each school hall.

Monetary donations can be sent into school for the attention of Mr Norman.

Should you wish to donate money online we would suggest the following charities, depending on your preferred currency:

Euros: The Caritas Ukraine appeal

Sterling: <u>The CAFOD Ukraine appeal</u>







LRC Recommendations

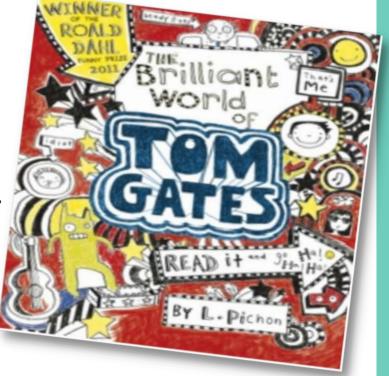
The first book in the bestselling Tom Gates series of books from the brilliantly talented Liz Pichon.

Tom Gates is the master of excuses for late homework: dog attacks - spilt water - lightning... Tom's exercise book is full of his doodles, cartoons and thoughts, as well as comments from his longsuffering teacher, Mr Fullerton.

After gaining five merits for his CAMPING SUCKS holiday story, Tom's work starts to go downhill – which is a pity, as he's desperate to impress Amy Porter, who sits next to him..

The Brilliant World of Tom Gates

by Liz Pichon



NOTICE FROM THE LRC

RETURN YOUR BOOKS BEFORE THE END OF TERM

FAILURE TO DO SO MAY RESULT IN YOU BEING REQUESTED TO PAY FOR A REPLACEMENT BOOK.



IF YOU ARE UNSURE ABOUT ANY OUTSTANDING BOOKS PLEASE SPEAK TO A LIBRARIAN



Predict talk- Future of Flying, Slobhan Fitzpatrick, Chief Digital & Marketing Officer, Virgin Atlantic

Read more

- Date: Tuesday 5th July
- Time: 10:00-10:45

Read more

Age Group: KS3-5 / S1-6

Are you interested in aviation? Perhaps you are interested in learning more about airlines and how they work. Join us for a broadcast with Siobhan to find out how the industry has changed the way it uses technology over time and what her predictions are for the future of flying!

Employer: Northumbria

Read more

Police

Ade: 16-19

Industry: Law

Date: 07/07/22

Click here to register

Olivia Pinkey, Chief Constable, Hampshire Constabulary

- Date: Wednesday 6th July
- Time: 10:15 10:50

Age Group: KS3-5 / S1-6

Are you interested in a career in the police? Would you like to know what it's like to be a Chief Constable? Watch our broadcast with Olivia Pinkney to learn about her insights into working in the police, and what the future of the role could look like for you.

Click here to register



Creative Coreers Summer festival broadcast with Richard Waterworth, General Manager, TikTok UK Date: Friday 8th July

Time: 14:00 - 14:45

Age Group: KS3-5 / 51-6

Between 4-8th July, Speakers for Schools are presenting online Discovery Workshops for young people to hear from new and out of the ordinary creative career opportunities. Each day, young people will hear from employers such as Regatta, Benefit Cosmetics and speakers from different roles such as Set and Costume designers and Stunt coordinators, to find out about the interesting work that they do.

Headline Act

Join us for a broadcast with the General Manager of TikTok EU! Find out about Richard's career journey and why creativity matters. Richard is excited to answer your questions during the student Q&A session.

If you would like to register your students please email schools@speakersforschools.org and the number of students you would like to attend.



Industry: Energy/Utilities

Read more

Date: 11/07/2022

Employer: AXA UK

Industry: Finance

Date: 11/07/2022

Read more

Age: 14-19

Read more

PE EXTRA CURRICULAR

TIMETABLE

		Walthamstow Site		Wiseman Site	
	BEFORE SCHOOL 7.45am-8.20am	LUNCH 1.25pm-2pm	AFTER SCHOOL 3.20pm-4.30pm	LUNCH 1.25pm-2pm	AFTER SCHOOL 3.20pm-4.30pm
Max		Yr 7 Mixed Basketball	Yr 7/8 Rounders - WIM/PAK	Yr 10 Girls	Yr 7/8/9 Boys
Mon		Mixed Basketball LAD	Yr 7/8/9 Boys Athletics. (Wiseman Site) WIR/CIH	D of E Fitness WIR	Athletics. (Wiseman Site) WIR/CIH
Tues Fitness Room Yrs S PAK	Fitness Room Yrs 9 - 11 -	Yr 7/8 Girls Cricket	Yr 7 Football - GRE	YR 9 FITNESS - WIR	GIRLS ATHLETICS COMPETITION (COE/WIM/UPJ)
	РАК	PAK	GIRLS ATHLETICS COMPETITION (COE/WIM/UPJ)		
Wed		Yr 7/8 Badminton COE	Yr 7 Sports Club - PEA	YR 10 FITNESS - WIR	Yr 9/10 Rounders - COE/PAK/SCS
Thurs	Fitness Room Yrs 9 - 11 -WIM	Boys Basketball	Girls 7/8/9 Athletics. (Wiseman Site) COE/WIM	YR 11 FITNESS - WIR	Girls 7/8/9 Athletics. (Wiseman Site) COE/WIM
			BOYS ATHLETICS COMPETITION (GRE/PAK/CIH)		BOYS ATHLETICS COMPETITION (GRE/PAK/CIH)
Fri		Yr 8 Girls Basketball LAD		FITNESS	



For more information please speak to your PE teacher. Parents must be informed if you are attending any of these sessions. REFUEL AT SCHOOL

EVERYONE WELCOME Monday to Friday

Location: The CANTEEN ON BOTH SITES

Timings:

8:00 - 8:30AM

magic breakfast fuel for learning

O St. Joseph of Cupertino who by your prayer obtained from God to be asked at your examination, the only preposition you knew.

Grant that I may like you succeed in my examination.

In return I promise to make you known and cause you to be invoked.

O St. Joseph of Cupertino pray for me O Holy Ghost enlighten me.

Our Lady of Good Studies pray for me Sacred Head of Jesus, Seat of divine wisdom, enlighten me.

INTRODUCING THE HALO CODE

We are excited to announce that Holy Family Catholic School has adopted The Halo Code, the UK's first Black hair code.

No Black staff or students should have to change their natural or protective hairstyle in order to thrive at our school.

We hope that the Halo Code will move us one step closer to a world free from discrimination, where all Black members of our community have their identities fully recognised and celebrated.

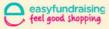
The Code:

"Our school champions the right of staff and students to embrace all Afro-hairstyles. We acknowledge that Afro-textured hair is an important part of our Black staff and students' racial, ethnic, cultural, and religious identities, and requires specific styling for hair health and maintenance.

We welcome Afro-textured hair worn in all styles including, but not limited to, afros, locs, twists, braids, cornrows, fades, hair straightened through the application of heat or chemicals, weaves, wigs, headscarves, and wraps.

At this school, we recognise and celebrate our staff and students' identities.

We are a community built on an ethos of equality and respect where hair texture and style have no bearing on anyone's ability to succeed."



Raise FREE donations for

Holy Family Catholic School - Walthamstow

every time you shop online

Find us on easyfundraising.org.uk

https://www.easyfundraising.org.uk/causes/holyfamilycswalthamstow/

4,300 online sites will give us a free donation when you shop with them - at no extra cost to you!



App Store

Download the easyfundraising App

📩 Trustpilot \star ★ ★ ★

Google Play