

FAMILY MATTERS

HOLY FAMILY CATHOLIC SCHOOL
NEWSLETTER



Issue 5
Friday 8th Oct. 2021

AND THE
WINNER IS...

FIND OUT MORE
ON THE HOUSE
NEWS PAGE!

A

S

P

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R

E



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www.holyfamily.waltham.sch.uk

@HFCSWaltham



HEADTEACHER'S MESSAGE

Quotation of the week

"Start by doing what's necessary; then do what's possible; and suddenly you are doing the impossible"
-St Francis of Assisi

When I read this quotation from St Francis I thought how modern it sounded - almost as if it could have come from a new age self-help guidebook. St Francis was a fascinating character - a person from a wealthy background who chose to give up his riches and endure a life of poverty and a man who emphasised the importance of caring for God's creation and this fragile earth that we all inhabit long before environmental issues became fashionable. It is no coincidence that our present pope chose the name Francis when he became the leader of the Roman Catholic Church.

Caring for the environment

Laudato Si' is the name of a church document written by Pope Francis to urge us all to take proper care of the earth, to be grateful for the gifts that God has bestowed upon humanity and to recognise our responsibility in looking after the environment. In Brentwood Diocese we've all been asked by Bishop Alan to make three pledges to do what we can to reduce our negative impact on the environment. This is especially timely with the city of Glasgow being about to host the COP 26 talks on climate change. My personal pledges include switching lights off when I leave a room, trying to continue cycling to work some days each week and doing better in my own personal efforts to recycle. What will you do to reduce your carbon footprint?

House Assembly week

We have six houses at Holy Family which all students and staff belong to. Houses are organized vertically so they include students from Yr 7 all the way up to Yr 13. This week our House Leaders held assemblies to explain what the house system is all about, the competitions the students enter on behalf of their house and the charity work that students carry out for their house charity. Each house also enjoys a celebration day when they have lunch together and enjoy an ice cream treat as well.

Sporting success

We have had some great results this week in competitive sport including our Yr 11 boys footballers beating Heathcote 3-2, our Sixth Form boys beating Highams Park 3-1 and our Yr 9 and Yr 10 girls netball teams both finishing runners up in the Borough Netball Rally earlier this week. Well done to everyone involved.

Additional day off

This coming year, 2022, includes an additional bank holiday to celebrate the 70th anniversary of the Queen's accession to the throne. This additional bank holiday falls within the school spring half-term break. So that schools do not miss out on this additional bank holiday legislation has been passed to permit schools to take an additional holiday day this academic year. We are taking Tuesday 4th January 2022 as the additional day off so please amend your term dates to reflect this. School will reopen after the Christmas holiday on Wednesday 5th January 2022 at the normal time.

Parents' Surgery

Parents' Surgery has resumed as a face to face service. If you have anything you wish to discuss with me as the headteacher you can see me between 4pm and 5pm on Thursday afternoons on the Walthamstow House site. You can call the office and book a time if you wish, or turn up without an appointment. If you prefer, you can also make a virtual appointment with me.

Thank you for your support of our school community. We are here to serve your child and do our best for them.

Please continue to remember us in your prayers.

Dr Andy Stone
Headteacher



HEADTEACHER'S COMMENDATION

This week we have commendations for the following Yr 11 students who helped a fellow student when he fell and fractured his hip.

They are:

**Jordan Mukonde, Emmanuel Afriyie,
Justin Carriere-Johnny and Harry David.**

They were nominated by Mr Freeman.

We also saw some sixth form students being good Samaritans this week when they assisted a lady who had collapsed on Shernhall St, called an ambulance and waited with her for the ambulance.

They are:

**Chantelle Mattis, Abiola Kushanu-Oniru
and Edward Kyere.**

They were nominated by Mrs Klitou.

Lennox Lewis was born to Jamaican parents in 1965 in London but moved to Canada with his mum when he was 9 years old. He returned to the UK shortly after to live with his aunt but began getting into trouble by fighting and causing problems. After a short time, his mum made him return to Canada but he was still getting into trouble there. He would often be caught fighting at school with children who were making fun of his accent. One of his teachers suggested he took his anger out through sport and soon he got into boxing and became a huge fan of Muhammad Ali. He was also part of the school football and basketball team but it was boxing that he seemed to excel at, even fighting boys much older than him due to his bigger than average size.

In the early 1980s, Lennox had become an impressive boxer and won gold medals at the Canada Winter Games and World Junior Championships. He was named Athlete of the Year in 1983. He went on to win many more gold medals and was the Canadian Super Heavyweight Champion for four years running, winning many fights through KO (knock outs). It became clear that Lennox was a very talented boxer, winning all of the 109 fights he fought in.

Lennox returned to the UK in 1989 as a professional boxer, becoming European Heavyweight Champion in 1990 and British Heavyweight Champion in 1991.

After retiring from boxing, Lennox moved to Miami with his wife and funded an afterschool chess club for disadvantaged youths.



LENNOX LEWIS

1965

WELLBEING

Action for Happiness helps people take action for a happier and kinder world.

Find out more here

<https://www.actionforhappiness.org/>

Optimistic October 2021

MONDAY



TUESDAY

WEDNESDAY



THURSDAY



FRIDAY

1 Write down three things you can look forward to this month

SATURDAY

2 Find something to be optimistic about (even if it's a difficult time)

SUNDAY



3 Take a small step towards a goal that really matters to you

4 Start your day with the most important thing on your to-do list

5 Be a realistic optimist. See life as it is, but focus on what's good

6 Remind yourself that things can change for the better

7 Look for the good in people around you today

8 Make some progress on a project or task you have been avoiding

9 Share an important goal with someone you trust

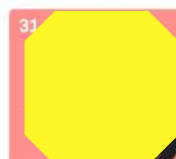
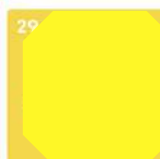
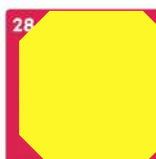
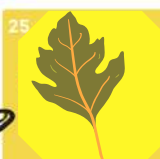
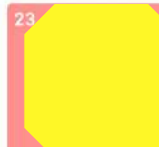
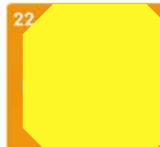
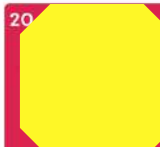
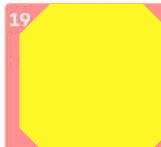
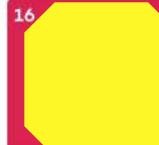
10 Take time to reflect on what you have accomplished this week

11 Avoid blaming yourself or others. Find a helpful way forward

12 Look out for positive news and reasons to be cheerful today

13 Ask for help to overcome an obstacle you are facing

14 Do something constructive to improve a difficult situation



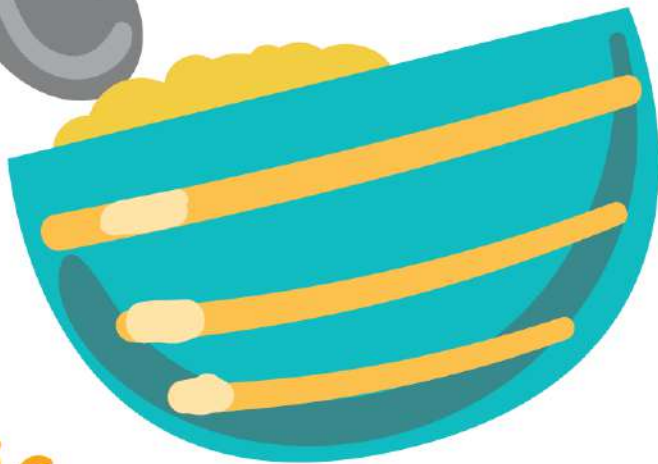
ACTION FOR HAPPINESS

Happier · Kinder · Together



We are proud to be a
**Magic Breakfast
School**

The right fuel for learning, every day

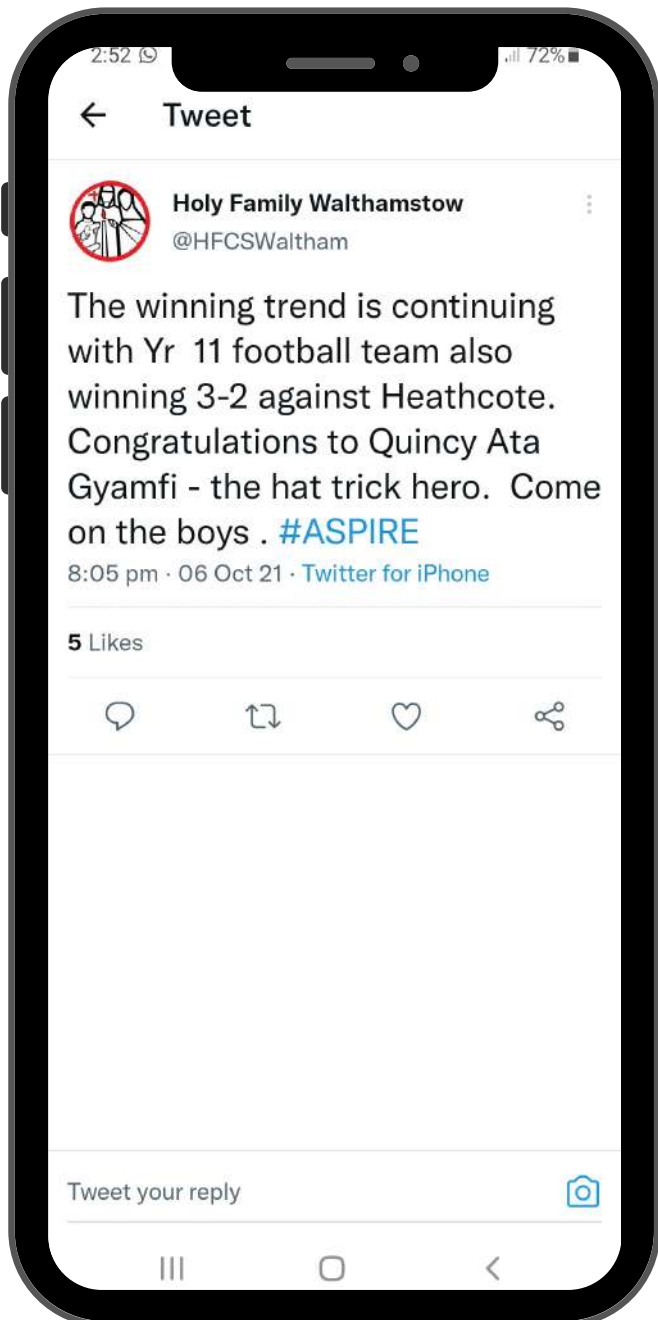


**magic
breakfast**

SOCIAL MEDIA CATCHUP



@HFCSWALTHAM



@HFCSWALTHAM

BCYS AUTUMN 2021



OCTOBER YOUTH MASS

Thursday 7th October
Brentwood Cathedral

From 6pm we will provide food for all those attending, before we begin the FREE music workshop and performance from the incredible One Hope Project! This will be followed by monthly Youth Mass at 7:30pm, celebrated in the Cathedral where we will have invited Fr Paschal Uche to preach.

NOVEMBER YOUTH MASS

Thursday 4th November
Brentwood Cathedral

November is the month of Remembrance and so we invite you to join us in the Cathedral for a time of remembrance and reflection from 6pm, and followed by Youth Mass at 7:30pm. We are also very excited to have Fr Gary Dench preaching and joining us to celebrate Mass.



BCYS YOUTH GATHER

Saturday 23rd October
Walsingham House at
Abbotswick

Any young people in years 9-13 are invited to join us from 11am - 5pm at our beautiful retreat house just outside Brentwood.

You will be inspired to think about how you can change your future after a talk from John Pridmore, former East End Gangster, motivated to take action against the Climate Crisis with workshops from Leila Bousbaa and challenged physically on the climbing wall, bungee run and assault course!

Book online now for just £20 for the whole day!

INTERNATIONAL YOUTH SUNDAY

Sunday 21st November

Celebrated on the Feast of Christ the King, this is a day to recognise and celebrate young people as a gift in the Church!

The BCYS will be arranging speakers for each Parish who can tell you more about the work we do and how you can get involved - if you can help us out by speaking in a parish, please get in touch using the email address below!

Chaplaincy Corner

Last week we celebrated the Feast Day of one of our House Saints, St Philomena. There are six House Saints, St Anne, St Stephen, St Philomena, St Ignatius, St Richard and St Elizabeth. Every member of Holy Family, including students, teachers, support and administrative staff are allocated to a House. This gives everyone a sense of identity and belonging.

This week we have been holding House Assemblies, where students from across the year groups gather together in their respective House. Throughout the year, as well as assemblies and Feast Days, there are events to encourage competition, charity and well-being as well as contributing valuable points to the Houses.



Thank you to the Year 7 and 8 students who took part in the Go Green Challenge for CAFOD Harvest Fast Day.

£68.80 has been raised to help support communities in protecting their environment and mitigating against climate change.

Obrigada!

Chaplaincy Corner

October is **Black History Month**. The history of the Church is full of many diverse saints serving a diverse world, receiving recognition for great deeds or meritorious conduct.

Many lost their lives in defence of the faith. Many were also honoured for their contributions to the Church and their community.



Saint of the Week: St Charles Lwanga

Charles Lwanga was born in 1860 in the Kingdom of Buganda in the southern part of modern Uganda. He served as a page in the Court of King Mwanga II. As part of the king's effort to resist foreign colonisation, he had begun to insist that Christian converts abandon their new faith, and executed many Anglicans and Catholics between 1855 and 1887, including Charles Lwanga.



Charles Lwanga was Canonised in 1964 and is the Patron Saint of converts, torture victims, African Catholic Youth and his Feast Day is 3rd June.

St Charles Lwanga is also the Patron Saint of Uganda, and 9th October is Uganda Independence Day.

God, help us to value diversity beyond variety.

Help us value diversity with a vision for a progressive future that acknowledges our strength together as well as the power, creativity, ideas, and part that we all bring when we are all welcome – to come to the table and taste and see that the Lord is good.

Amen

Message from Our Lady & St George parish:

Application forms for the Sacraments of Holy Communion and Reconciliation are available from the repository in the Church porch after all Masses next weekend. Application must be returned the following weekend 17th October.

No late application will be accepted.

All families must attend Mass every Sunday.

Blessings, Mrs Grierson, Chaplain



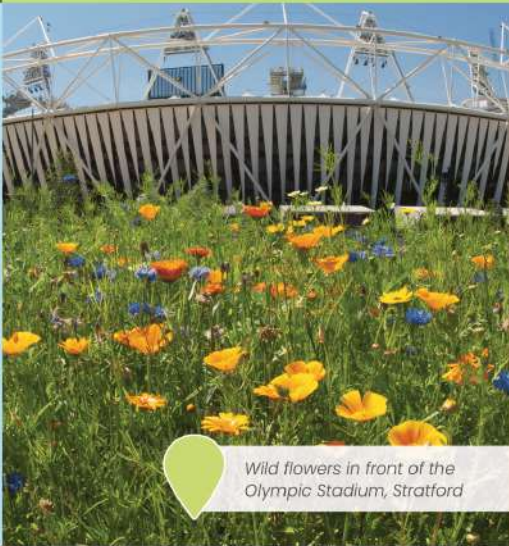
Bikes collected for charity at Brentwood Cathedral

“The Lord was able to invite others to be attentive to the beauty that there is in the world because he himself was in constant touch with nature, lending it an attention full of fondness and wonder”
Pope Francis, *Laudato Si’* (97)



Kingfisher on the River Stour

“In making your personal pledges – in working to heal the planet, and in striving for justice for the poorest people in the world – you are a living witness to Jesus Christ: do not be afraid to tell people why you are doing whatever you choose to do.”
Bishop Alan Williams



Wild flowers in front of the Olympic Stadium, Stratford

“In every living creature, there is a trace of the Trinity”
St Thomas Aquinas



Food Bank at St. Margaret's, Canning Town

Diocese of Brentwood | Laudato Si'

Diocese of Brentwood

Laudato Si Invitations

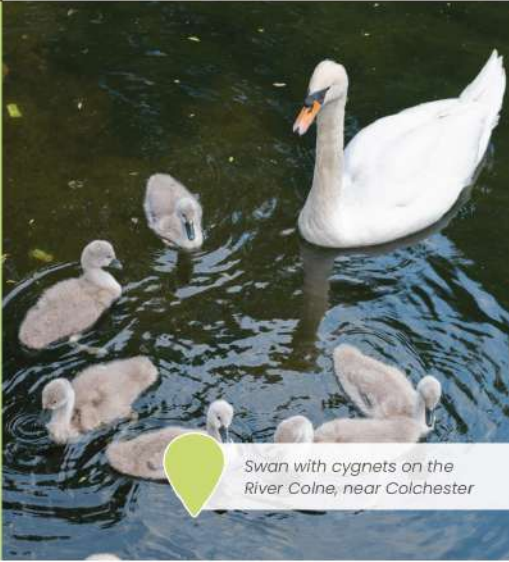
Commitments and Actions, 2021-2024

A personal invitation to every Catholic in Brentwood Diocese to pray and act, to cherish God's creation and strive for justice for the world's poorest people.



Rubbish on Southend-on-Sea beach

“Is what I am doing to serve the poor just a drop in the ocean?”
Yes.
But many drops make a different ocean”
St Mother Teresa of Calcutta



Swan with cygnets on the River Colne, near Colchester

“The earth, our home, is beginning to look more and more like an immense pile of filth. In many parts of the planet, the elderly lament that once beautiful landscapes are now covered with rubbish.”
Pope Francis, *Laudato Si’* (21).

What is the Diocese already doing?

Electricity and gas generated from renewable sources (wind & solar – and gas from a gin factory!) supply over 95% of our Diocesan buildings.

We have, since 2018, ensured all Diocesan employees are paid the 'Real Living Wage', ensuring that everyone is paid enough to support themselves and their family.

We are aiming to dramatically reduce the amount of carbon generated through Diocesan buildings and activities. We will achieve this by:

- Understanding the energy usage of every building, with professional advice and support.
- Working to become more energy efficient, especially with our heating, lighting and water usage as well as travel.

We campaign against injustice in the UK and all over the world, by working with agencies such as CAFOD and Aid to the Church in Need. These charities work to ensure everyone, including those already affected by Climate Change, are treated with their God-gifted dignity.

We are building on a long heritage of ethical investment. In 2021 we phased out the final small amount of investment in companies where production or trading of fossil fuels makes up more than 10% of their business. As a Diocese, for 30 years we have not invested in tobacco, arms, alcohol, gambling and pornography, nor any company with products that contravene Church teaching on the sanctity of life.

We have many excellent initiatives already happening in our schools and parishes, linked via our Diocesan Caritas network. We are continuing to strengthen links between parishes and schools to ensure every young person has the opportunity to get involved with projects dedicated to care for creation and serving those most in need in our Diocese.

This is excellent. What can I do? What can my parish do?

We are inviting every parish to work towards the national LiveSimply standard. This involves making changes to parish life, purchasing decisions and activities to enhance spaces for wildlife, reduce energy consumption, and ensure environmental sustainability. Could you start, or join, a parish LiveSimply group?

We are inviting every parishioner, member of the clergy, and Diocesan staff member to personally commit to three lifestyle changes which they choose, in order to reduce their environmental impact, alleviate poverty, and offer it all to God in prayer.

These pledges can range from small, everyday changes to larger lifestyle choices. You can take inspiration from the list on the right or the 'resources' page on the website. These pledges should not be chores, but things that bring your faith to life for the good of our common home.

We especially encourage this as a moment of evangelisation. Discover why care for our common home is integral to our Catholic faith by reading the Diocesan Laudato Si' Invitations, Commitments and Actions document – then tell people about it! Begin conversations in your family, and listen to the ideas of young people, in your home and in your parish.

We can unite our individual efforts with others in our parish community. Use the pledge card in your parish offertory. As a parish create a display of everyone's pledges, as encouragement to each other. Share moments and photos of achievement and inspiration in the newsletter and on the parish website.

Discover the full Laudato Si' Invitations, Commitments and Actions document, including words from Bishop Alan, on the website www.dioceseofbrentwood.org/laudatosi

What can I do?

Make three Personal Commitments from 4th October 2021 – 4th October 2022

You will find more information about each of these, and why they matter, on the website www.dioceseofbrentwood.net/laudatosi. There are many more resources and ideas there too.

Ideas for everyone



Pray grace before each meal, thanking God for what is provided for you from creation and all those who brought it from the earth to your table



Read Laudato Si'



Plant a window box with flowers to attract bees and butterflies



Volunteer to help at a local park or nature project, or see if your local school needs help to create wildlife-friendly areas. Tell people why you are getting involved – it is a great way to start a conversation about Jesus Christ, your faith, and your inspiration to act



Organise a litter pick on your road



Walk or cycle more



Get informed about the issues of climate change, and campaign for action – start by looking at the Cafod website www.cafod.org



Commit to regular prayer on these issues



Join or start a group working towards the Cafod LiveSimply Award for your parish

Ideas if you own your own home, or have a garden



Let part of the garden go wild



Create a wildflower bed



Grow your own vegetables – give some away to neighbours or local food banks



Put some logs around the garden to create a home for bugs



Conduct a "home energy audit" to see how and where you use most energy; install a smart meter, and check your home insulation



Change your energy supplier to one which uses energy from renewable sources



Look into adding solar panels, or ground source heating, especially at the time when your boiler is near the end of its life

Share your ideas with family and friends – encourage them to join you. Include it all in your prayers.

**OCT
1-31**



PROUD TO BE

BLACK HISTORY MONTH

WHAT'S ON:

**FOR ALL YEARS:
SPECIAL BLACK HISTORY MONTH LESSON WITH YOUR
HISTORY TEACHER**

BLACK HISTORY MONTH ASSEMBLY IN EACH YEAR GROUP

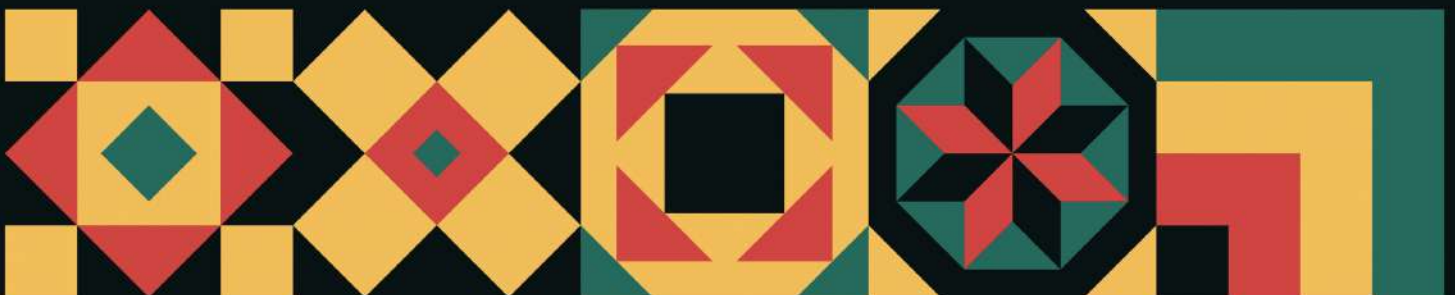
**FORM & PSHE LESSONS DEDICATED TO BLACK HISTORY
MONTH**

**COPIES OF DAVID OLUSOGA'S
'BLACK & BRITISH' TO BE WON!**

**YEAR 8:
15TH OCTOBER - ALL LESSONS TO BE CENTRED AROUND
BLACK HISTORY**

**YEARS 9, 10 & 11:
ANTI-RACISM CLUB**

**YEARS 12 & 13:
DIVERSITY & INCLUSION CLUB**



YEAR 8

Student of the week:

STUDENT OF THE WEEK



Ms Osei and Mr Heelan want to recognise you for showing exceptional qualities in effort, attitude and behaviour. We are extremely proud and impressed. Well done! You are a role model to all of us.

Tracey Matos Raposo

(Ms Osei)

(Mr Heelan)

Stars

Alberta Kyei, Amy Hernandez-Sierra, Andre Barrett, Arina Balkaityte, Ciaran Stapleton, Cj Chinwuba, Cristian Vasluianu, Cynan Lemonius, Deajah Devin, Elen Minasse, Eliezer Yiadom, Elizabet Palovecz, Emily-Anne Jean-Pierre, Fiyinfoluwa Oniye, India McFarlane, Jaina Gill, Jamal McGilchrist, John Quao, Julia Chojecka, Kacper Babinek, Kenny Halfpenny, Nicoleta Viorel, Rejicka Thaneswaran, Zack Dela-Kwame

YEAR 10

**Great start with assessment week - keep up the good work!
Remember to take breaks when you are revising.**

Please make sure you are checking the Year 10 Google classroom for notices and events.

In addition, sign up and get involved in extracurricular activities during lunchtime and after school.

Stars

Aaron Zheng, Aleesha Loates, Allison Grace Teves, Amelia Walas, Amit Sooraj, Anil Sonmez, Arjun Roman Tolibas, Astrid Osei-Tutu, Atara Anderson, Blen Mengste, Caden Coogan, Can Gunay, Carina Veres, Cino Jose, Cuba Durant, Damareo Blake, Daniel Pires-Dos-Santos, Daniela Aguilar-Flores, Danielle Fennell, Deborah Gyimah, Duné Stevens, Erika Padurean, Erin Gallagher, Ethan Ng-Yu-Tin, Filipa Andre, Francesco Reka, Francis Williams, Gabriele Irimia, Gabriele Reinyte, Gladys Bayunda, Grace Price, Igor Majchrowski, Ilana Ifefo, Jake Bowden, Jane Themudo, Janet Adewole, Jenatie Ganesharajah, Jericho Gonzales-Sabarias, Josh Torrevillas, Joshua Morgan, Julienne Arcillas, Katrine Otomewo, Keron Marques, Kevin Nobrega, Kudzaishe Mpofu, Kwabena Amoateng, Liam Jagunap, Magnific Yambuya, Mahalia McDowell, Manasseh Vanderpuye, Marcel Winter, Maria Posada-Jaramillo, Maria Shotikare, Maria Silvani, Marquez Lennon-Burrell, Martinas Genys, Mary Giwa, Mattaniah Addo, Mohammed Butt, Nirel Ngwi, Nyah Theodore, Olivier Stieber, Orajimeto Chukwu, Quincy Yevu, Rhianna White, Sana Yasar, Shanel Bhatti, Shanice Harris, Stacy D'Souza, Tharun Yogathan, Thomas Masterson, Tony Dandoczi, Trinity Ah-Chung, Tyrees Agha, Valeria Boldisor, Vlad Boldisor, Wiktoria Matejek, Yasemin Isakol.

Wellbeing Tip: Get active

Regular exercise can boost your self-esteem, help you concentrate and improve your sleep. Walk, cycle, dance or try something completely new. It's a great way to make new friends too.

Learning app: Gojimo

www.gojimo.com

YEAR 11

Each week we will be featuring aspirations from year 11 based on interviews that students are lucky to have with a careers advisor in order to help consider their post 16 options.

Aspirations:

Obinna Clarke

Banking sector, possibly as a data analyst before a management role.

Tiffany Murtihal

Clinical psychologist

Leandrew Smith

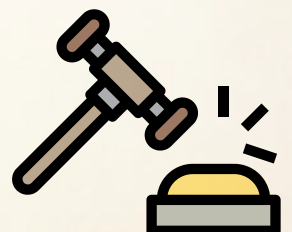
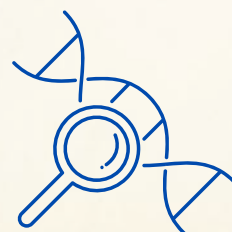
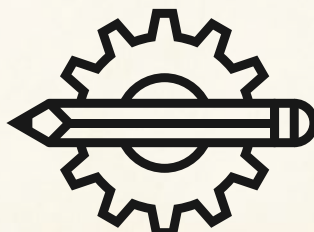
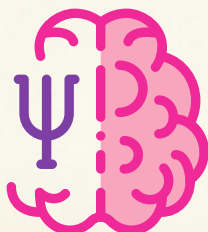
Engineering or electrical installation

Nicholassa Vaz

Biomedical science, radiography or work as a paramedic

Nilofer Velu

Barrister



HOUSE NEWS



This week students attended their first House Assemblies with their House Leaders. Each House came together with students from Years 7 to 13, learning all about their House Saint and how we can aspire to be like them.



The week also saw the final of the first House Competition Fortnight of the academic year. Students showed great team work and enthusiasm as they earned House points from each subject.

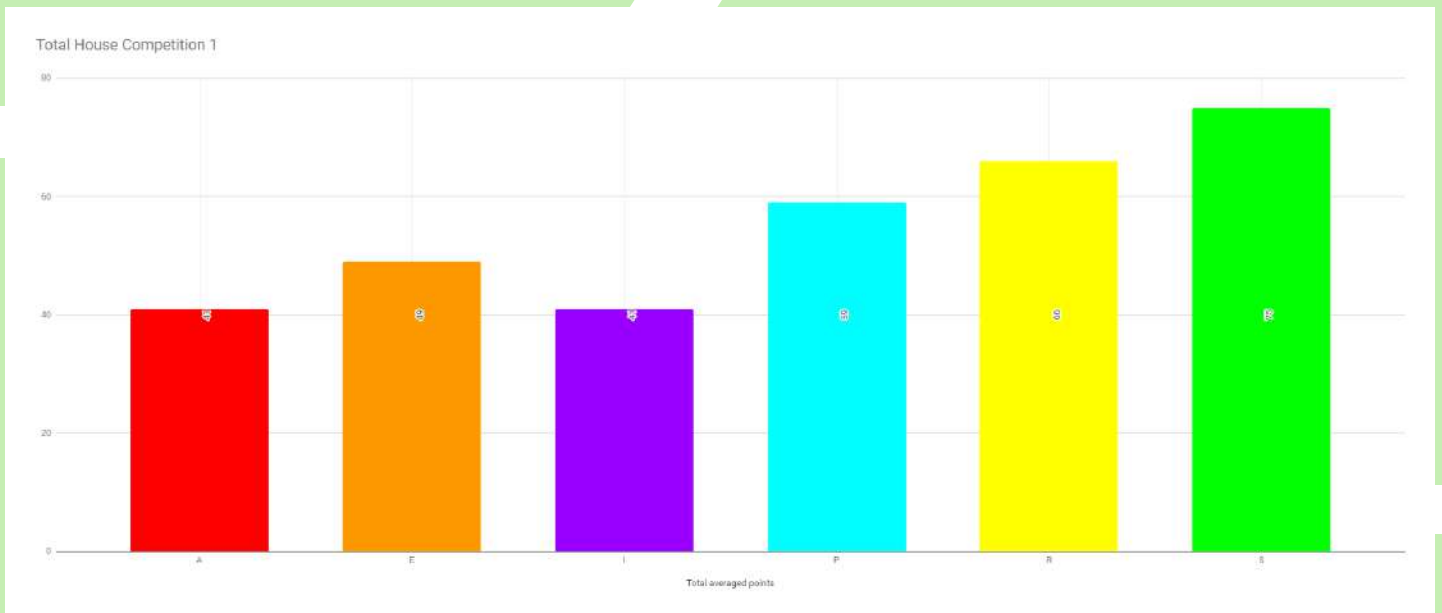


HOUSE NEWS

A S P I R E

Here are the final results:

Total points	
A	41
E	49
I	41
P	59
R	66
S	75



A huge well done to all students in the winning House STEPHEN!

A S P I R E

WOULD YOU LIKE TO BE A HOUSE CAPTAIN? LOOK OUT FOR MORE INFORMATION IN NEXT WEEK'S FM!

CULTURAL CORNER

UGANDA INDEPENDENCE DAY

UGANDA GAINED HER INDEPENDENCE ON
OCTOBER 9TH 1962.

THE ENGLISH LANGUAGE AND CHRISTIANITY HELP UNITE THESE DIVERSE PEOPLES, WHO COME TOGETHER IN THE COSMOPOLITAN CAPITAL OF KAMPALA, A VERDANT CITY WHOSE PLAN INCLUDES DOZENS OF SMALL PARKS AND PUBLIC GARDENS AND A SCENIC PROMENADE ALONG THE SHORE OF LAKE VICTORIA, AFRICA'S LARGEST FRESHWATER LAKE.

HAPPY INDEPENDENCE DAY TO ALL
UGANDANS!!!

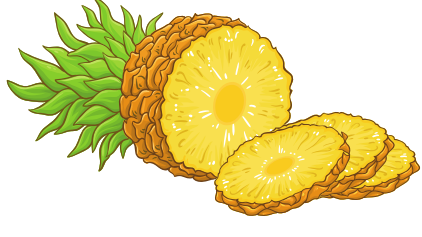
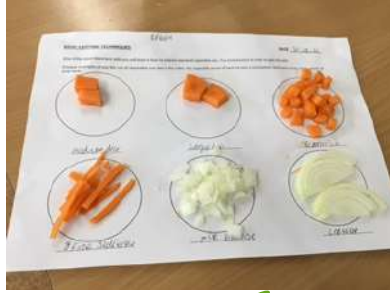
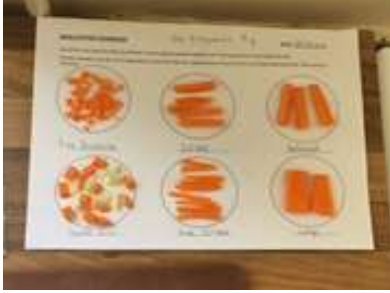
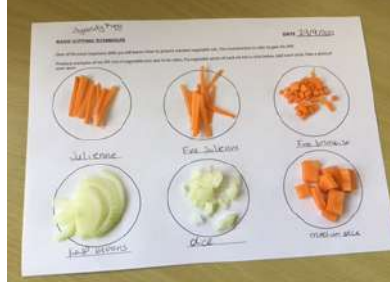
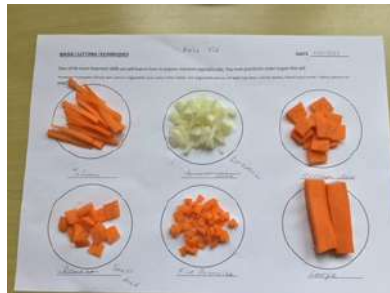
CLICK THE FLAG TO LEARN MORE FROM WWW.BRITANNICA.COM



D&T

ASSEMBLED

Year 8 have been creating Garden Focaccia bread, Year 9 are honing their Cutting Techniques & Year 10 have been testing their skills with a retro Pineapple Upside-down Cake



MFL



**Kacper B., Emmanuella A.,
Alberta K., Patrick O.,
Filipa A., Thomas M.,
Wiktorina M., Kwasi O.,
Maria S.**



**Kristina H., Emily G-S.,
Aleesha L.**



**Jaina G., Elizabet P.,
Holly T., David M., Michelle D.,
Williams B., Alisha I.,
Audrey N., Jemuel O.,
Vanessa P., Steven D.**



Yu Ruo C., Almaz F.,

EXTRA-CURRICULAR TIMETABLES

Year 7 EC Programme

Year 8 EC Programme

Day	Lunch	After School	Day	Lunch	After School
Monday	Games Club L18	STEM - DT Netball - Lower Playground Gymnastics - Lower Gym Numeracy Club - L10	Monday	Games Club L18	Netball - Lower Playground
	History Club L07			Football - Upper Site Playground	
	Peace Club - Emmaus Room			Numeracy Club - L10	
	Boys Basketball - Gym				
Tuesday	Games Club L18	Yr7 Basketball - Boys and Girls - Upper Gym	Tuesday	Games Club L18	Numeracy Club - L10
	Girls Football - Gym	Numeracy Club - L10		Games Club L18	Coding/ Robotics - L21
Wednesday	Games Club L18	Yr 7 Football team Boys and Girls - Lower Playground	Wednesday	Ukulele Club - Music room	Numeracy Club - L10
	Ukulele Club - Music room			Numeracy Club - L10	
	Girls Basketball - Gym			Modulo Orchestra	
Thursday	Games Club L18	Modulo Orchestra - music room Numeracy Club - L10	Thursday	Games Club L18	Numeracy Club - L10
	The Big Sing - music room				
	Languages Cafe - L01				
	Junior Mathematics Challenge Club - L28				
Friday	Games Club L18		Friday	Games Club L18	
	Chess Club - L22				
	Anime Club - L28				

Year 9 EC Programme

Year 10 EC Programme

Day	Lunch	After School	Day	Lunch	After School
Monday	Ukulele Orchestra - U35		Monday	Ukulele Orchestra - U35	
	Basketball (boys and Girls)				
Tuesday	Justice & Peace Club - Chapel	Netball - Upper Site	Tuesday	Film Club - U36	Netball - Upper Site
	Fitness Room				
	Languages café (week 2 only) U31				
Wednesday		Kick Boxing (Week 2 only) Science STEM Club -U17	Wednesday	Fitness Room	Science STEM Club -U17
				Science STEM Club -U17	
	Anime Club - U40			Diversity & Inclusion Club - U01	
	Chess Club - U07			Languages Café - U31 (week 1 only)	
Thursday	Badminton	Debate Club - LRC Upper Site Modulo Orchestra - lower music room Music Technology Club Dungeons and Dragons - U07 Kick Boxing (Week 1 only)	Thursday	Chess Club - U07	Debate Club - LRC Upper Site
				Modulo Orchestra - lower music room	
				Music Technology Club	
				Dungeons and Dragons - U07	
Friday	Rowing Club		Friday	Rowing Club	Dungeons and Dragons - U07

Year 11 EC Programme

Day	Lunch	After School
Monday	Ukulele Orchestra - U35	
Tuesday	Justice & Peace Club - Chapel	Life drawing - Room tbc (contact JAS)
	Film Club - U36	Netball - Upper Site
Wednesday	Basketball	Science STEM Club -U17
	Anime Club - U40	Debate Club - LRC Upper Site
Thursday	Badminton	Modulo Orchestra - Lower music room
	Fitness Room	Football (Teams training)
	Chess Club - U07	Dungeons and Dragons - U07
Friday	Music Technology - Music Room	
	Football	
	Rowing Club	

Timetables are available on the Pupil Portal.

PE

EXTRA-CURRICULAR TIMETABLE

	Walthamstow Site		Wiseman Site	
	LUNCH 1.25pm-2pm	AFTER SCHOOL 3.20pm-4.30pm	LUNCH 1.25pm-2pm	AFTER SCHOOL 3.20pm-4.30pm
Mon	Yr 7 Boys Basketball GRE	Yr 7/8 Netball - COE/PAK All yrs Gymnastics WIM	Yr 9 Basketball LAD/LIK	Yr 8 Football (girls and boys) LIK. (Wiseman Site)
Tues	Yr 7/8 Girls Football PAK	Yr 7 Basketball - WIR (Wiseman Site)	Yr 9 FITNESS - WIR Yr 10 Basketball - WIM	Yr 9/10/11 Netball (WIM, PAK, COE)
Wed	Yr 7 Girls Basketball COE	Tramp - Week 1 Yr 8, Week 2, Yr 9. Yr 7 Mixed Football GRE	Yr 10 FITNESS - WIR Yr11 Basketball - WIM/LIK	Yr 9 Kick Boxing (Week 2) - HUA
Thurs	Yr 8 Boys Basketball LAD	Yr 7 - Multi Sport activites (PAK)	All Yrs Badminton - LIK/PAK Yr 11 FITNESS - WIR	Yr 10/11 Football- LIK Yr 9 Kick Boxing (Week 1) - HUA
Fri	Yr 8 Girls Basketball LAD	Staff training	Yr 11 Football - LIK Rowing (Coach)	Staff Training

All clubs start from Monday 13th September.

Please see your PE teacher for further club information.

History Club

Do you like history?



Could **you** solve a medieval murder?



Come to **L07** during **Monday lunchtimes** to investigate the crime scene and catch the killer

Speak to Ms Parker or Ms Alderson to secure your place

Google Classroom code: 4uit2lr

DUNGEONS & DRAGONS



Join the Dungeons and Dragons Google Classroom to find out more (code: ujdk5qz)
Open to Years 9 and 10

Anime Club



Activities:

- Watching anime
- Discussing anime
- Learning to draw anime
- Creating anime art
- Games

When: Thursday lunchtimes

Where: U40 (the History classroom)

Speak to Ms Parker for more details

FILM CLUB

Learn about genre codes and conventions, mise-en-scene, costumes and film technology.

Watch classic films, blockbusters, high concept films, animated and art films.

This film club is suitable for students studying film, media and art.



Watch a range of GCSE Film Studies Films

TUESDAY LUNCHTIMES
1:20 - 2:10PM
U36



SUITABLE FOR YEAR 10 - YEAR 13

For more info email
Ms.macgregor@holycatholicfamilycatholicsschool.co.uk

EXPRESS YOURSELF

POETRY CLUB

THURSDAY LUNCHTIMES
IN THE LRC
ON BOTH SITES



Young Leaders FREE activities

with award winning Leaders.....because COMMUNITY matters
Improve your health...wellbeing...confidence

Every Monday from 13 September
2021

4.30-5.30pm	Leadership/Drama
5.00-6.00pm	Street Dance

Street Dance & Drama Leadership activities
Available free of charge till July 2021
No costs involved

To register your interest please call
Leaders Community -07831 224510
leadersacademyenquiries@gmail.com

GET FIT...HAVE FUN...MAKE FRIENDS

Open to ages 11-15 years
All abilities are welcome-staff are DBS Certified
Covid-19 safety measures in place

VENUE: Paradox Centre 3 Ching Way Chingford
E48YD

[Instagram:](#) leaderscommunity_
[Snapchat/Twitter:](#) leaders2k16
[Facebook:](#) Leaderscommunityest2016



Phone : 07831 224510 Email : leadersacademyenquiries@gmail.com Website : www.leaderscommunity.org

My Twist on a Tale Writing Competition

Time to get your creative-thinking caps on
and compose a piece of writing looking
into the future. You could write a:

Any brilliant
and creative
idea you come
up with



Writing a rap about
what your town might
look like in twenty
years' time

Write a personal
letter to your
100 year self

Re-imagining a
classic tale with
a sci-fi makeover



Stories can be submitted until 5pm on
Friday 26 November. For details on how to
enter, search on Google 'my twist on a tale
competition Pearson UK'.



Holy Family Liturgy Leaders Years 7-8

Our liturgy leaders will play a hugely important role in
the Catholic life and collective worship of the school.

Organising and leading class prayers, school assemblies and
special events

Maintaining prayer corners and displays

Supporting peers in their journey of faith

.... and more

INTERESTED?

Come along to the Emmaus Room
Week 1 Wednesday 11-11.20am

mrs.grierson@holyfamilycatholicsschool.co.uk