

FAMILY MATTERS

HOLY FAMILY CATHOLIC SCHOOL
NEWSLETTER



Issue 8
Friday 12th Nov. 2021

WE SHALL REMEMBER THEM



@HFCSWaltham

www.holyfamily.waltham.sch.uk

@HFCSWaltham



Quotation of the week

"They shall not grow old as we that are left grow old, age shall not weary them nor the years condemn at the going down of the sun and in the morning, we shall remember them"

-Laurence Binyon For the Fallen

November is, of course, a month of remembrance, both for the church and for the wider society. I've noticed that there have been fewer sellers of commemorative poppies this year on our streets, but in school we have been remembering those who have died in conflicts as well as the deceased members of our community and our own friends and family.

Every November it has been our tradition at Holy Family to take the whole school to the Waltham Forest Assembly Rooms where we gather as one school under one roof for Mass. We've not been able to do this for the last couple of years and, indeed, the school roll is now so great (over 1300 students) that there is no space large enough to accommodate us all.

Notwithstanding this, we held our whole school Mass of Remembrance in what we might call a blended form this week. Fr Michael, Assistant Priest of Our Lady and St George's parish celebrated Mass for students in the lecture theatre. There were representatives from every form group in the school and about 100 students were present in person in the lecture theatre. Other students attended the Mass virtually either in their form group bases or in the school hall. Organising things in this way enabled everyone in the school community to take part in the liturgy.

During the Mass we were able to remember all those members of our school community, family and friends who have died, those who have passed away recently and those from longer ago. Our thanks to Fr Michael and to our chaplain and colleagues in the RE team for making the arrangements.



Sixth Form Open Evening

Thursday was a busy day because we also held our Sixth Form Open Evening. This was well attended and we were pleased to welcome both our own Yr 11 students and a good number of visitors from other schools. The sixth form at Holy Family offers a wide range of courses, has a very inclusive curriculum and continues to grow year on year. We now have over 300 students in total in the sixth form and over 100 students go on to take up university places every year. If you know of anyone who doesn't already attend Holy Family and who would like to apply to our sixth form please direct them to our website where they can find all the information they need.

Yr 11 mock exams began this week and continue for two more weeks. These are very important as a test of where students are in their learning, what they know well and what they need to focus on. It is a stressful time but important preparation for everyone. The government's firm intention is that students will sit public exams next summer and so we must prepare students effectively for this.

Vaccinations date 23rd November

We circulated a letter last week which Vaccinations UK and the Public Health Team had asked us to pass on to parents. This included the link if you wish to give consent for your child aged between 12 and 15, to receive their covid vaccination in school on November 23rd 2021. Only students whose parents complete the consent form will receive the vaccination in school. More information will follow regarding arrangements on the day once we receive it from the NHS vaccinations team.

Parents' Surgery

Parents' Surgery has resumed as a face to face service. If you have anything you wish to discuss with me, as the headteacher, you can see me between 4pm and 5pm on Thursday afternoons on the Walthamstow House site. You can call the office and book a time if you wish, or turn up without an appointment. If you prefer, you can, of course, also make a virtual appointment with me or book a phone call.

Please continue to remember us in your prayers.

Dr Andy Stone
Headteacher





In memoriam Jeffrey Okotie



After the whole school Mass on Thursday, staff of the school attended the funeral Mass of Jeffrey Okotie which was celebrated by Canon Niall, with Father Paschal and Father Michael.

Jeffrey is a former pupil of Holy Family and founder member of HCPT group 161.

A charity supported for many years by the school.

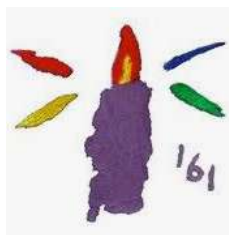
Jeffrey's wife asked for the wreath tribute, given by his friends in HCPT group 161, to be placed in the school prayer garden. This was done on Friday with the help of our Head Boy & Head Girl on the Walthamstow House site.



To honour and remember Jeffrey's enormous contribution to the lives of so many children, HCPT group 161 have established 'Jeffrey's child.'

Money raised each year will pay for a child to attend the Easter Pilgrimage to Lourdes in Jeffrey's name.

If you are able and would like to donate, please click the link below:



£1,445
raised of £5,000 target
by 36 supporters

JustGiving™

<https://www.justgiving.com/fundraising/group161>

Jeffrey's name has been added to the November List of deceased pupils, staff, governors and friends of the school which is read out in our annual Whole school Mass.

**Our thoughts and prayers are with Jeffrey's family and friends during this time.
Rest in peace.**

WELLBEING

Did you know that you can get a **free** bagel every morning from the canteen to start your day off right?

It's a much better choice than a bar of chocolate, an ice-cream or even leftovers.

"Many children are not having a balanced meal at breakfast and are choosing food that is high in sugar and fat, or not having anything to eat or drink at all."

Find out more by clicking the image below:

**magic
breakfast**
fuel for learning



<https://www.magicbreakfast.com/news/not-for-breakfast>



REFUEL AT SCHOOL

BREAKFAST

EVERYONE WELCOME
Monday to Friday

Location: **THE CANTEEN ON BOTH SITES**

Timings: **8:00 – 8:30AM**

magic
breakfast
fuel for learning

SOCIAL MEDIA CATCHUP



@HFCSWALTHAM



@HFCSWALTHAM

BCYS AUTUMN 2021



OCTOBER YOUTH MASS

Thursday 7th October
Brentwood Cathedral

From 6pm we will provide food for all those attending, before we begin the FREE music workshop and performance from the incredible *One Hope Project!* This will be followed by monthly Youth Mass at 7:30pm, celebrated in the Cathedral where we will have invited *Fr Paschal Uche* to preach.

NOVEMBER YOUTH MASS

Thursday 4th November
Brentwood Cathedral

November is the month of Remembrance and so we invite you to join us in the Cathedral for a time of *remembrance and reflection* from 6pm, and followed by Youth Mass at 7:30pm. We are also very excited to have *Fr Gary Dench* preaching and joining us to celebrate Mass.



www.bcys.net * info@bcys.net * [@brentwoodcys](https://twitter.com/brentwoodcys)

BCYS YOUTH GATHER

Saturday 23rd October
Walsingham House at
Abbotswick

Any young people in years 9-13 are invited to join us from 11am - 5pm at our beautiful retreat house just outside Brentwood. You will be inspired to think about how you can change your future after a talk from *John Pridmore*, former East End Gangster, motivated to take action against the Climate Crisis with workshops from *Leila Bousbaa* and challenged physically on the *climbing wall, bungee run and assault course!* Book online now for just £20 for the whole day!

INTERNATIONAL YOUTH SUNDAY

Sunday 21st November

Celebrated on the Feast of Christ the King, this is a day to *recognise and celebrate young people as a gift in the Church!* The BCYS will be arranging speakers for each Parish who can tell you more about the work we do and how you can get involved - if you can help us out by speaking in a parish, please *get in touch* using the email address below!



Holy Family Liturgy Leaders

Years 7-8

Our liturgy leaders will play a hugely important role in the Catholic life and collective worship of the school.

Organising and leading class prayers, school assemblies and special events

Maintaining prayer corners and displays

Supporting peers in their journey of faith

.... and more

INTERESTED?

Come along to the Emmaus Room

Week 1 Wednesday 11-11.20am

mrs.grierson@hollyfamilycatholicsschool.co.uk

"The Lord was able to invite others to be attentive to the beauty that there is in the world because he himself was in constant touch with nature, lending it an attention full of fondness and wonder"

Pope Francis, *Laudato Si'* (87)

Bikes collected for charity at Brentwood Cathedral

"In every living creature, there is a trace of the Trinity"

St Thomas Aquinas

Kingfisher on the River Stour

"In making your personal pledges - in working to heal the planet, and in striving for justice for the poorest people in the world - you are a living witness to Jesus Christ: do not be afraid to tell people why you are doing whatever you choose to do."

Bishop Alan Williams

Wild flowers in front of the Olympic Stadium, Stratford

"Is what I am doing to serve the poor just a drop in the ocean? Yes. But many drops make a different ocean"

St Mother Teresa of Calcutta

Rubbish on Southend-on-Sea beach

Diocese of Brentwood

Laudato Si' Invitations Commitments and Actions, 2021-2024

A personal invitation to every Catholic in Brentwood Diocese to pray and act, to cherish God's creation and strive for justice for the world's poorest people.

Feed bank at St Margaret's, Canning Town

What is the Diocese already doing?

Electricity and gas generated from **renewable sources** (wind & solar - and gas from a gas factory) supply over 85% of our Diocesan buildings.

We have, since 2018, ensured all Diocesan employees are paid the 'real Living Wage', ensuring that everyone is paid enough to support themselves and their family.

We are aiming to dramatically reduce the amount of carbon generated through Diocesan buildings and activities. We will achieve this by:

- Understanding the energy usage of every building, with professional advice and support.
- Working to become more energy efficient, especially with our heating, lighting and water usage as well as travel.

We campaign against injustice in the UK and all over the world, by working with agencies such as CAFOD and Aid to the Church in Need. These charities work to ensure everyone, including those already affected by Climate Change, are treated with their God-given dignity.

We are building on a long heritage of ethical investment. In 2021 we phased out the final small amount of investment in companies where production or trading of fossil fuels makes up more than 10% of their business. As a Diocese, for 50 years we have not invested in tobacco, arms, alcohol, gambling and pornography, nor any company with products that contravene Catholic teaching on the sanctity of life.

We have many excellent initiatives already happening in our schools and parishes, linked via our Diocesan Caritas network. We are continuing to strengthen links between parishes and schools to ensure every young person has the opportunity to get involved with projects dedicated to care for creation and saving those most in need in our Diocese.

What can I do?

Make three Personal Commitments from 4th October 2021 - 4th October 2022

You will find more information about each of these, and why they matter, on the website www.dioceseofbrentwood.org/laudato. There are many more resources and ideas there too.

Ideas for everyone

- Pray grace before each meal, thanking God for what is provided for you from creation and all those who brought it from the earth to your table
- Read *Laudato Si'*
- Plant a window box with flowers to attract bees and butterflies
- Volunteer to help at a local park or nature project, or see if your local school needs help to create wildlife-friendly areas. Tell people why you are getting involved - it is a great way to start a conversation about Jesus Christ, your faith, and your inspiration to act
- Organise a litter pick on your road
- Walk or cycle more
- Get informed about the issues of climate change, and campaign for action - start by looking at the *Cafod* website www.cafod.org
- Commit to regular prayer on these issues
- Join or start a group working towards the *Cafod* Livelysimply Award for your parish

Ideas if you own your own home, or have a garden

- Let part of the garden go wild
- Create a wildflower bed
- Grow your own vegetables - give some away to neighbours or local food banks
- Put some logs around the garden to create a home for bugs
- Conduct a 'home energy audit' to see how and where you use most energy; install a smart meter, and check your home insulation
- Change your energy supplier to one which uses energy from renewable sources
- Look into adding solar panels, or ground source heating, especially at the time when your boiler is near the end of its life

This is excellent. What can I do? What can my parish do?

We are inviting every parish to work towards the national *Livelysimply* standard. This involves making changes to parish life, purchasing decisions and activities to enhance spaces for wildlife, reduce energy consumption, and ensure environmental sustainability. Could you start, or join, a parish *Livelysimply* group?

We are inviting every parishioner, member of the clergy, and Diocesan staff member to personally commit to three lifestyle changes which they choose, in order to reduce their environmental impact, alleviate poverty, and offer it all to God in prayer.

These pledges can range from small, everyday changes to larger lifestyle choices. You can take inspiration from the list on the right or the 'resources' page on the website. These pledges should not be chores, but things that bring your faith to life for the good of our common home.

We especially encourage this as a moment of evangelisation. Discover why care for our common home is integral to our Catholic faith by reading the Diocesan *Laudato Si'* Invitations, Commitments and Actions document - then tell people about it! Begin conversations in your family, and listen to the ideas of young people, in your home and in your parish.

We can unite our individual efforts with others in our parish community. Use the pledge card in your parish offertory. As a parish create a display of everyone's pledges, as encouragement to each other. Share moments and photos of achievement and exploration in the newsletter and on the parish website.

Discover the full *Laudato Si'* Invitations, Commitments and Actions document, including words from Bishop Alan, on the website www.dioceseofbrentwood.org/laudato

Printed on recycled paper, using environmentally friendly ink, and fully carbon balanced in association with The World Land Trust. For more information see www.catholicclimatechange.org

Share your ideas with family and friends - encourage them to join you. Include it all in your prayers.

Chaplaincy Corner

November is traditionally the month in which the Church remembers Her dead. We began the month with All Saints' Day (November 1st) commemorating the saints, while All Souls' Day (November 2nd) is to pray for departed souls, and in a special way we are invited to remember our family and friends who have died, especially those who have passed in the previous year.

This devotion continues throughout the month and as last year, you are invited to record the names of your family and friends who have died in the past year, so that as a community we might remember them in our prayers and Holy Mass will be offered for them. You are invited to enter the details of your loved ones [here](#).

A Prayer of Remembrance

God, thank you for the special people in our lives whom we are remembering in a special way during the month of November.

We thank you for being a compassionate God who walks with us in our dark moments of grief and loneliness.

We are thankful for all who continue to love and support us through our grief.

Lord, continue to be a light for us, giving us hope, direction and courage.

May we now live our lives treasuring the memories of those special people we have known and loved and help us to bring light and hope to others.

We make this prayer through Christ our Lord, Amen.

It was lovely once again to be able to celebrate St Elizabeth House Feast Day (5th November) all together in Our Lady & St George parish.

St Elizabeth is the mother of John the Baptist and cousin to Jesus' mother, Mary and shares her Feast Day with her husband, Zachariah.

St Elizabeth

You were a person who patiently waited

*May we, like you, have faith to realise
that God has a unique plan for each of us.*

With confidence, help us in times of doubt and unbelief.

Amen



Laudato Si Commitments - "Keep your heating to 20 degrees maximum" is the suggestion of one Year 11 student. What will you do to reduce your carbon footprint?

Blessings, Mrs Grierson, Chaplain

CHRISTMAS COMPETITIONS

Art & Photography department Christmas Card Competition



You can use any medium you wish: paint; pencil; pen; print; digital art; (your) photography to capture the most loved bird at Christmas – the Robin

You must submit your design to Ms Javaid, Ms Hammond, Ms Malcolm or Mr Madden with your full name and form on the back by Friday 5th November.

The top 10 artworks will be used for this years Christmas cards and seen by 100s of people!



Holy Family Catholic School & Sixth Form
ASPIRE TO THE HOLY FAMILY WAY

Year 7 and 8 Design & Technology Christmas Competition

**YOU HAVE
TO BE IN IT
TO WIN IT**

Design and Make a 3D Christmas Tree.

Prizes to be won for 1st 2nd, 3rd, 4th and 5th place!

Success Criteria

- Your Christmas tree can be a size of your choice but no taller than 1 metre/100cms.
- It must be 3D.
- You can use ANY material/s of your choice. For example... straw, clay, paint, empty packages, cardboard boxes, wire, tissue, fabrics, paper mache, found objects, etc.
- Be creative! Be imaginative!

Submission

- Submit to any staff member of the DT department.
- Ensure that your Christmas Tree is labelled with your name and form.

Final submission: Thursday 25th November 2021



The Christmas Trees will be displayed on Lower Site as Christmas decorations during the festive season!

Winners will be announced just before the Christmas Holiday!

YEAR 9

Stars this week

Congratulations to all of the Students who got stars this week there were loads! Well done. Of course, to us you are all stars.

Below from Mr Madden
for excellent contribution in art

- Samira Adusei-Poku 9I
- Kiarn Taylor 9I
- Sean Jagers 9Ig
- Anieka Daniel 9Ig

Below from Ms Lloyd:

Devonte Bokor Remembrance Day Display = Thank you for your assistance.

Thank you for performing your Library Helper duties

- Devonte Bokor 9E
- Samira Adusei-Poku 9I
- Kerisha Brown-Allen 9A READING CLUB - The Hate U Give by Angie Thomas. Congratulations on reading the entire book. Wonderful achievement
- John Villarico 9P Stranger Things by Rebel Robin--- I am glad that you enjoyed the book. Well done

Below from Mr Madden

Excellent contribution to PSHE

- Alani Balmer-Crosdale 9R
- Armani Steele 9R
- Wylma Mwanza 9I

Below from Mrs Lawson

An extremely helpful student in today's Geography class. Plus excellent work completed. Well Done ! :)

- Wylma Mwanza 9I

Below from Ms Parker:

For getting on the positive side of the report book 5 times already!

- Merrill Abara 9A
- Naima Makanda 9A
- Julia Matejek 9A

Below from Mrs Sandhu:

Excellent Participation in maths lessons

- Jemuel Omango 9A
- Quoc Anh Duong 9E



Wellbeing: Mindfulness

This week in extended form time we have been concentrating on Mindful Writing. Mindful writing **uses mindfulness to access the inner voice that we all have**, which leads to the authentic self. We will explore how to integrate mindfulness not only into our writing practice but also in to our own deepening relationship with the creative process in general. You should have all explored "Your Story" think about this over the weekend and are you living the story you want to be?

What is mindful colouring?

Mindful Colouring asks us to focus on how we choose and apply colour in a design to bring our awareness to the present moment. This process is similar to meditation, we let go of any thoughts about tomorrow or yesterday, or what we are going to do when we finish.

I have uploaded 3 different mindful colouring designs onto our google classroom. Please feel free to use these in your half term break as a way to practice mindfulness and help you switch off completely so that when you return you feel fully rested!

Get outside

As always get outside and enjoy some beautiful fresh air! We are having a very mild Autumn so far so take advantage while you can.

YEAR 10

Welcome back!

Last half term we loved hearing how well all of year 10 have been settling into their options choices.

We look forward to seeing the continued progress!

Stars

Allison Grace Teves, Ernest Timothy Torneros, Laura Kasprzyk, Thomas Masterson, Filipa Andre, Wiktorja Matejek, Maria Shotikare, Magnific Yambuya, Ana Karakapitanova, Rachel Costa, Quincy Yevu, Thianna White, Cino Jose, Kezia Mathew, Claude-Andre Ng'Handu, Giulia Distefano, Marcus Forbes, Deborah Gyimah, Reindolf Kusi, Ryan Laba, Grace Mukasanga-Muela, Darnel Norville, Erika Padurean, Kayainna Tuitt, Rhianna White, Reiss Yearwood, Rolande Zomba-Di-Nkoko

Wellbeing Tip: find out something new about someone you care about.

Learning app:Procreate

Great to practice your digital art

YEAR 11

Congratulations to

Amelia Szwedo-Bielicki

**who has been shortlisted for the Jack Petchey Forward to the Future award.
Amelia submitted a piece of art that depicts life in 2117, which will be
exhibited online and placed in a time capsule!**

We wish her the very best of luck in the final judging.



**Wishing you all the very best of luck
in your mock exams**

**Don't forget to arrive at least 10 minutes BEFORE
the exam starts**

**Have 2 black pens and any other equipment you
may need**

Eat breakfast in the morning

Bring a clear bottle of water

Have a positive attitude!



CULTURAL CORNER

TASTE OF THE CARIBBEAN

CARIBBEAN FOOD IS AN EVERLASTING FEAST FOR YOUR SENSES. THIS WEEK'S CULTURAL PAGE WILL LOOK AT 5 FLAVOURSOME NATIONAL DISHES FROM 5 DIFFERENT CARIBBEAN ISLANDS.

1. CAYMAN ISLANDS – TURTLE

THE NATIONAL DISH OF THE CAYMAN ISLANDS IS NO OTHER THAN A TURTLE. TURTLES ARE A LOCAL DELICACY FOR CAYMANIAN PEOPLE. THE TURTLES ARE COOKED IN MANY WAYS, STEWED DOWN WITH OTHER INGREDIENTS, USED IN SOUP, OR BRAISED AS STEAK

2. CUBA – ROPA VIEJA

ROPA VIEJA MEANS “OLD CLOTHES” IN SPANISH. ROPA VIEJA THE DISH IS WEST AFRICAN AND WAS INFLUENCED WITH A SPANISH TWIST. THIS DISH IS A MIXTURE OF SHREDDED BEEF, COOKED WITH A TOMATO-BASED SAUCE INFUSED WITH HERBS, SERVED ON A YELLOW RICE WITH BLACK BEANS AND FRIED PLANTAIN.



CLICK THE FLAGS ABOVE TO LEARN MORE FROM
[HTTPS://WWW.CARIBBEANGREENLIVING.COM/NATIONAL-DISHES/](https://www.caribbeangreenliving.com/national-dishes/)

CULTURAL CORNER

TASTE OF THE CARIBBEAN

3. DOMINICA – MOUNTAIN CHICKEN

DOMINICA – THE NATURE ISLE, NOT TO BE MISTAKEN FOR THE SPANISH-SPEAKING ISLAND DOMINICAN REPUBLIC, THE MOUNTAIN CHICKEN IS A CREOLE DELICACY THAT IS LOCALLY KNOWN AS CRAPAUD (PRONOUNCED CRAPPO).

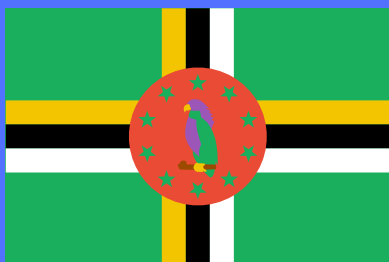
MOUNTAIN CHICKEN IS FROG LEGS SEASONED AND FRIED UNTIL GOLDEN BROWN AND SERVED AS THE MAIN ENTREE WITH PEAS AND RICE OR PLAIN RICE – USUALLY WHITE RICE. IN 2013, ACCORDING TO INSIDE DOMINICA, CALLALOO WAS THE PREFERRED CHOICE OF THEIR NATIONAL DISH.

4. DOMINICA REPUBLIC – SANCOCHO

THE SPANISH SPEAKING ISLAND OF THE DOMINICAN REPUBLIC PRIDE ITSELF ON THEIR CULINARY DISH NAMED “SANCOCHO.” SANCOCHO IS A STEW CONSISTING OF VARIOUS MEATS (CHICKEN, BEEF, ETC....) AND A COMBINATION OF STARCHY ROOT VEGETABLES, .I.E. YAM, YUCCA POTATOES.

5. GRENADA – OIL DOWN

GRENADA, ALSO CALLED THE SPICE ISLAND, THE NATIONAL DISH IS “OIL DOWN.” THIS DISH IS COOKED IN A LARGE POT KNOWN AS A KARHEE. THE MEAL IS MADE WITH BREADFRUIT, DUMPLINGS, CALLALOO, AND A MEAT OF YOUR CHOICE (CUSTOMARILY SALTED CODFISH/BACALAO). THE INGREDIENTS ARE SAUTÉED IN COCONUT MILK IMBUED WITH AN ABUNDANCE OF HERBS AND SPICES FOR INTENSE FLAVOR.



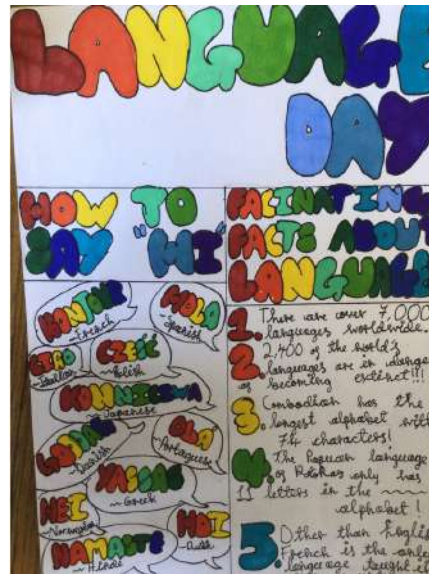
CLICK THE FLAGS ABOVE TO LEARN MORE FROM
[HTTPS://WWW.CARIBBEANGREENLIVING.COM/NATIONAL-DISHES/](https://www.caribbeangreenliving.com/national-dishes/)

DROP DOWN DAY



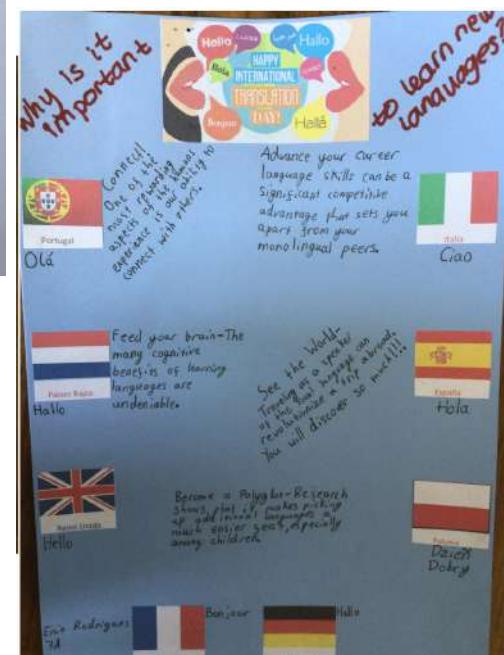
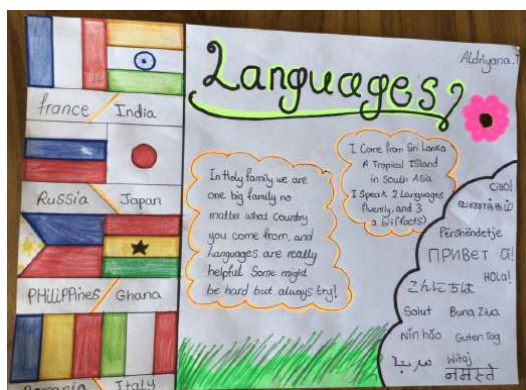
Languages Day year 7 Best poster winners:

Sinead 7R
Saleem 7P
Matthew
Ella 7R
Rozalia
Tiffany
Daniel 7R
Amelia
Micheal 7A
Enio 7A
Aldriyana 7A



Languages Day year 8 Best T-shirt Design winners

Kyra 8E
Jelia C 8E
Emily 8ST
Feile 8ST
Jaina 8I
Wiktorja 8E
Vincent 8E
Jur'kiah 8E
Kayla
Kelsey



MFL



**Ella E., Jonathan C., Jakub G.,
Tiffany R., Emmanuella A., Grace M.,
Zackaray R., Joseph B., Danielle F.,
Tharun Y., Emilia B., Carina V.,
Ilana I., Rachel N., Milena S.,
Davishka M., Nevin R.**



**Olivia M., Jacob L., Natalia B.,
Nathaniel A., Anita L., Maria B.,
Miriam M-E., Trinity A-C.,
Jane T., Neriah O., Velria B., Vlad B.,
Stacy D'S., Yu Ruo C., Alamaz F.**



**Andre B., Jordan K., Vincent O.,
John Q., Nazarrri Z., Jack W.,
James B., Jennica G., Gilliane M.,
Ama O., Marika S., Jakub G.,
Matthew S., Rozalia K-T., Jaina G.,
Elizabet P., David B., Jayden E.,
Lula K., Kyran N., Holly T., Raluca V.**



**Ella A., Abiola A., Danielle A., Chiqueia B.,
Edinah C., Jayden G., Belinda K., Aina R.,
Chloe V., Krystian I., Feile A, Rekisan M.,
Maria S., Marai B., Davina B-A., Valeria B.,
Yu Ruo C., Stacy D'S., Almaz F., Francis W.,
Jane T., Neriah O., Aleesha L.**

POETRY CLUB

League of all Legends

Daydream, nightmare
It's just me at the flight of stairs
Hoping that there is someone near
To save me from drowning in my fears

Violent storm,
Endless scorching sand,
It is like the sapphire seas but yet
It all feels welcoming.
Calm.
Peaceful.

Of course, not all days are like sunshine and rainbows
Violence, warfare and mayhem,
That is what's all around us
During this game,
During the battle.
There is only one winner, and I, the chosen one, am worthy!

A Collaboration – Maria Shotikare, Ernest Torneros, Laura Kasprzyk, Allison Teves, Neli Edreva, Kevin Nobrega and Amaris Ogilvie-Nsofor



KS3 Science CREST Club –Year 7 & 8



Where? Room Science Lab L15

When? Every Wed Lunchtime

Week 1-Year 8 have priority

Week 2-Year 7 have priority

Time: 1:30pm till 2pm

Places allocated on a first come basis at the door!- Only 20 places available for each session.

Please have your lunch before/after session as there is no eating in the science labs!



By Invitation-recommendations from your Science teacher

Salters Chemistry online club

Chemistry Club is an interactive online learning platform for **11-14 year olds**. Students can explore the chemistry in our everyday lives through interactive content released at **8 am every weekday**. Over 500 students from 13 countries have registered so far!

Interested? Click the link below to register using **your school gmail account** to access the content.

<https://www.salterschemistryclub.co.uk//register>

Salters Chemistry on line club

What's in it for me?

- ✓ The Salters' Chemistry Club aims to increase the accessibility of chemistry for young learners at the start of their secondary education, a time when chemistry is perhaps not on their radar.
- ✓ It uses chemistry in everyday life to help explain the concepts that they learn as part of their curriculum.
- ✓ It is a great tool that promotes independent learning and offers additional subject knowledge and support in a fun and engaging way.
- ✓ The platform has high levels of interactivity with beautiful illustrations relating to each monthly theme which really bring the science to life on the learners' screens.



Young Leaders FREE activities

with award winning Leaders.....because COMMUNITY matters
Improve your health...wellbeing...confidence

Every Monday from 13 September
2021

4.30-5.30pm	Leadership/Drama
5.00-6.00pm	Street Dance

Street Dance & Drama Leadership activities
Available free of charge till July 2021
No costs involved

To register your interest please call
Leaders Community -07831 224510
leadersacademyenquiries@gmail.com

GET FIT...HAVE FUN...MAKE FRIENDS

Open to ages 11-15 years
All abilities are welcome-staff are DBS Certified
Covid-19 safety measures in place

VENUE: Paradox Centre 3 Ching Way Chingford
E48YD

Instagram: leaderscommunity_
Snapchat/Twitter: leaders2k16
Facebook: Leaderscommunityest2016



Phone : 07831 224510

Email : leadersacademyenquiries@gmail.com

Website : www.leaderscommunity.org

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Boosted my grades up from
around a D to an A in the
course of a year

- Zain A.

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