

# FAMILY MATTERS

HOLY FAMILY CATHOLIC SCHOOL  
NEWSLETTER



## SPORTS DAY 2020



**HEAD TO OUR  
INSTAGRAM TO  
TAKE PART IN A  
SPECIAL  
LOCKDOWN  
SPORTS DAY!  
@hfcswaltham**



*Can you help us solve the  
mysterious case of Baron de Lacy?*

*More details on page 20*



@HFCSWaltham



[www.holyfamily.waltham.sch.uk](http://www.holyfamily.waltham.sch.uk)



@HFCSWaltham



# HEADTEACHER'S MESSAGE

## Quotation of the week

"He gives power to the weak and strength to the powerless." Isaiah 40:29

Education is a means of empowering young people, 'giving power to the weak and strength to the powerless.' What has been wonderful this week in school has been to see again the joy of education and the passion for education. Although we still do not have many students in school on any one day - we have had about 100 on site at any time - we have been able to see the vast majority of our students from Yr 10 and Yr 12. The attendance of students has been really good - around 90 per cent of those invited each day have come into school and their attitude has been superb. I met with the Yr 12 politics students yesterday morning and afternoon and thoroughly enjoyed the time I spent with them. It was great to be back in a classroom (socially distanced of course) and to be able to teach and learn together.

Yr 10 and Yr 12 students will continue to attend on this basis between now and the end of the summer term. Although it is nothing like full-time education it is a start and I want to

thank all our staff for the work they have done in making this happen. Ensuring the school is safe and developing the best techniques for teaching and learning is our priority. While nothing beats face to face lessons, we are training staff in the delivery of more interactive 'live' lessons and planning how we intend to deliver the curriculum effectively from September. Be assured we are determined to provide the very best service that we can to every Holy Family student, but please be aware too that, at present, not all our staff are available, some are still shielding other relatives, or have their own childcare issues because their own young children are at home and not at school.

## **Marcus Rashford's campaign**

We were delighted that Marcus Rashford's campaign for free school meals vouchers over the summer holiday period was successful. This means that every child in a family entitled to free school meals will continue to receive a voucher worth £15 per child per week. The school will make arrangements for the distribution of these vouchers over the coming weeks.

# HEADTEACHER'S MESSAGE

## Sports Day

Today would have been our annual Sports Day which is always a lot of fun. The staff in the PE department are very disappointed that we are not able to have a Sports Day this year. However, Mrs Cole has provided a number of fun health and fitness challenges on Show My Homework from everyone so do encourage your son/daughter to try them and feel free to try them yourselves too!

You can also take part via our Instagram page - check out our latest stories! @hfcswaltham



As ever, do get in touch if we can help you in any way at this time and please continue to remember us in your prayers.

Dr Andy Stone

Headteacher



# HEADTEACHER'S MESSAGE

## **Sixth Form prefect appointments**

Congratulations to our new Head Girl. Head Boy to their deputies and to the senior prefects. They are all fantastic ambassadors for the school and excellent role models.

They are:

**Head Boy:** Anthony Ezech

**Head Boy:** Jezreel Copa  
Gallego

**Head Girl:** Chloe ContaldoDeputy

**Deputy Head Girl:** Valentina Correa-

## **Senior Prefects/Whole School PLT Responsibilities:**

Marcelina Kucharska

## **In addition, the following students have been appointed as Senior Prefects:**

Kylie Coffie

Aleksandra Keqaj

Joshua Masila

Sade Cowan

Anna Maxfield

Vanessa Fordjour

Pauline Ssemgumbe

Ann-Marie Ibiabuo

Princess Lewis

Shekinah Allen

Germaine Canlas

Jeffers Madiango

Karl Medina







# HEADTEACHER'S COMMENDATION



Congratulations first off to two of our Yr 12 students, **Hilary El-Msury** and **Chloe Contaldo** who have been commended for the work that they have done promoting the E17 virtual film festival online via Instagram and boosting audience figures. They were nominated by a parent Liza Fletcher who coordinates the film festival and regularly works with our students.

In English Mr Myers nominates **Harry Zheng** in Year 9. His work in lockdown for English has been excellent and conscientious throughout, very thoughtful and well developed.



# HEADTEACHER'S COMMENDATION



In Spanish, Ms del Prada nominates the following students for their hard work and commitment. Yr 9 Spanish **Miracle Mulamba and Liliana Gardzielewska**.

They are producing outstanding work and have a fantastic attitude to learning, getting in touch with me about work, meeting deadlines and showing maturity and commitment in Spanish despite the obvious challenges.

Yr8 Spanish **Kamil Nagorny and Gabriele Reynite** for their excellent attitude to learning, showing responsibility and resilience and achieving very high scores in their work, and **Tahalia Miller** for being responsible, meeting deadlines and working very well independently in Spanish, tackling all the work with a positive 'I can do' attitude despite the challenges in the work. They are all in 8RI.

In Yr7 two students have impressed me due to their promptness in handing in the tasks, the depths they go to to present their work and to complete every single task to a very high standard: **Raya Hutcheon and Alexandra Gince in 7P**.

# SOCIAL MEDIA CATCHUP



@hfcswaltham



@hfcswaltham

# Chaplaincy Corner

- Mrs. Grierson. Chaplain



Friday 19th June is the Feast of the Most Sacred Heart of Jesus, falling 19 days after Pentecost.

One of the most widely practiced and well-known devotions in the Roman Catholic church, it takes the physical heart of Jesus as representation of His Divine love and compassion for humanity. May we all show compassion to each other in our daily lives

## Prayer for Families

Heavenly Father, you have placed in us the care of each other and our children.

Give us the strength and patience to cope with the many ups and downs of family life.

Grant us the grace to be deeply thankful for its many laughs, joys, and blessings.

Let our children come to know of your love through our love for them. Help us as we try to make ours a home where love dwells, a home like that of Jesus, Mary and Joseph in Nazareth.

When we fail each other and when we hurt each other, soften our hearts so that forgiveness and reconciliation comes quickly and easily.

Protect our home, Lord, and let it flourish in your light and in your love. Amen.

As mentioned last week, local parishes are beginning to open for private prayer.

You can still attend mass online via the following links:

[Christ The King](#)  
[Our Lady & St George](#)  
[St Patrick's](#)

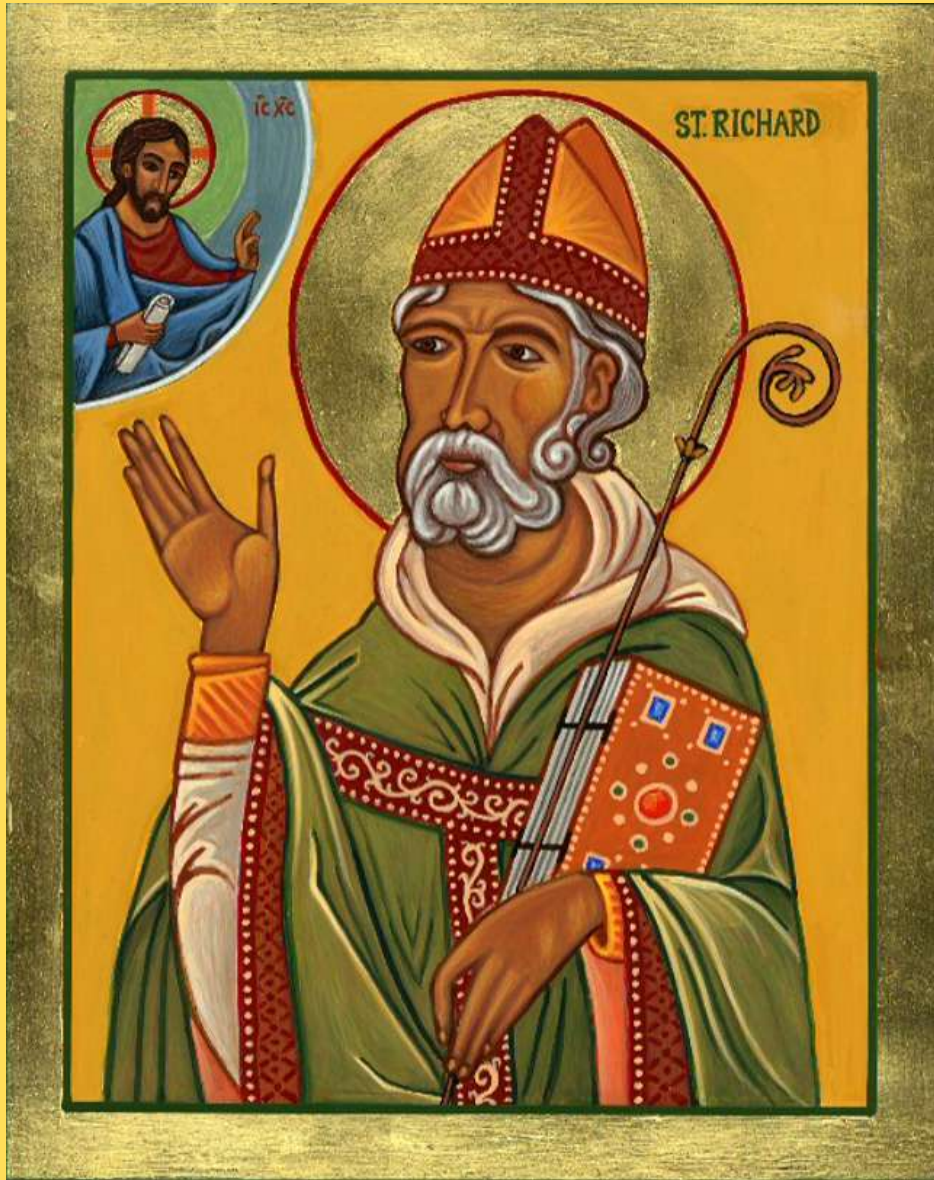
Please check the parish website for times.

It's good to be back in school, albeit just one day a week while we have a smaller number of students. There's some work to do in the prayer garden on the Wiseman site after all the fine weather we've had!

Stay safe



# ***Celebrating Saint Richard***



**Earlier this week we wished a Happy Feast Day to all in Richard House**

**Although the Feast Day is 3rd April, when it falls during Lent it is postponed to 16th June.**

**St Richard (1197-1253) was born in Droitwich (Worcestershire) and raised as an orphan child of a landed gentry family. His brother offered him his farming estate, which Richard declined in favour of a life devoted to study and church service. St Richard served as Bishop of Chichester from 1244-1253.**

**So why 16th June?**

**This date was chosen because it was the day when St Richard of Chichester's body was moved to a shrine behind the high altar in Chichester Cathedral in 1276.**

***St Richard, you were a bishop who served his people.***

***We pray for all bishops especially our Bishop Alan.***

***May the church in Brentwood be a credible witness to the gospel.***

***Amen***



# Thank you

to the  
Duke of Edinburgh's Award participants  
from

## The Holy Family Catholic School

who donated

### 494 hours

of voluntary service to the local community\*  
The social value of these hours is

### £2,149

\* Number of hours of volunteer service  
is based on participants who have achieved their  
Volunteering section between 1 April 2019 and 31 March 2020

May 2020

CLARE ARGAR, DIRECTOR – LONDON

### **"Why did this happen?"**

**From wildfires in Australia. To a global pandemic. To an unarmed blackman being killed in police custody sparking protests and riots all around the world.**

**We have been in lockdown for over 10 weeks and it's getting to me. I haven't seen my school friends in a long time, I haven't gone out to watch movies at the cinema. However, everyone is feeling this way that it's going to be a long time before the world returns to normal. One day it will but for now we are told to stay inside.**

**Yet these lockdown rules are being ignored by people who want to have their say on racism. This is a major issue worldwide. After the abolition of slavery and the pioneers of the civil rights era people still choose to disrespect and abuse people just because of their skin colour. What really matters is who you are on the inside but people still judge you because you're black or from another ethnic background. You could be the smartest person in the world yet because of the colour of your skin you are at a disadvantage. ..."**

**"... I ran for my brothers and sisters of the black community, I ran for the white people who wanted to make a change, I ran for the people of colour, I ran so the cops wouldn't get me because God gave me two feet to run, God also gave us his blood, God gave us what we have now and yet people still discriminate. I look around and help all the people I can because at the end of the day I am a person of colour and I will not stoop down to the racists level."**

**"...I'm tired.**

**Worn out, I'm feeling old, yet I'm so young**

**Full of love and life they say**

**Wild eyes they said I had, eyes hungry for adventure and experience**

**Yep, I've got my experience.**

**Hard too.**

**Life and death are running circles around me**

**Quick too.**

**As my flesh peels and disintegrates into the dust of yesterday.**

**My skin, my flesh as much the same as yours, as anyone in fact**

**They could be covered in freckles, moles, acne, beauty marks**

**Yes a different colour, skin tone, why not?**

**But all the same foundation, if not my exterior**

**Then my interior,**

**What does it take for you to see I'm the same as you?**

**That I'm an equal... that we bleed the same, it's over used but it's true**

**My skin = who I am?**

**No, its not and it's sad you were taught this mind set, it's taught**

**The teaching that your skin is more superior than mine, that you can look down at me as if I was dirt, though dirt nurtures your harvest and fills your stomach**

**You need me, "my people"**

**You are my people**

**I'm so young but I'm experienced and my innocence is slipping away through the grasp of my bruised hands**

**...**

**You've built a system to turn us into monsters**

**You kill us off with your police force using that stereotype**

**We don't realise**

**We realise and we peaceful protest**

**You don't listen to us**

**We are angered, some riot**

**You turn to us and call us the bad guys**

**A bit weird right?**

**...**

**I love you racists**

**Because I know deep down inside you are as fragile as anyone else**

**As me, stop taking away my innocence and corrupting it with your ignorance**

**Maybe you just don't like me, because of my skin, it's sad to think but maybe you've been hurt by people of colour, that's why you've turned on us**

**...**

**Well I've been hurt by you all for so long yet I will stand by you in your darkest hours**

**If you don't do the same my friend and mind my skin, stereotypes, background**

**Be disgusted to call yourself white, because white people have so much to offer, yet you take that away from them.**

**Listen, if you're still reading you can't be racist at all, you're just like me: skin, flesh and bones, organs, blood.**

**"It's what's within in which you can't live without" ~ Me**

**Thank you, my fellow human for reading**

**We are the same."**



# ART & PHOTOGRAPHY



Ruvena Owusu, yr 11



Roshini de Vesar, yr 11



Patryk Abramczyk, yr 11



Milena Sokolowska, yr 8



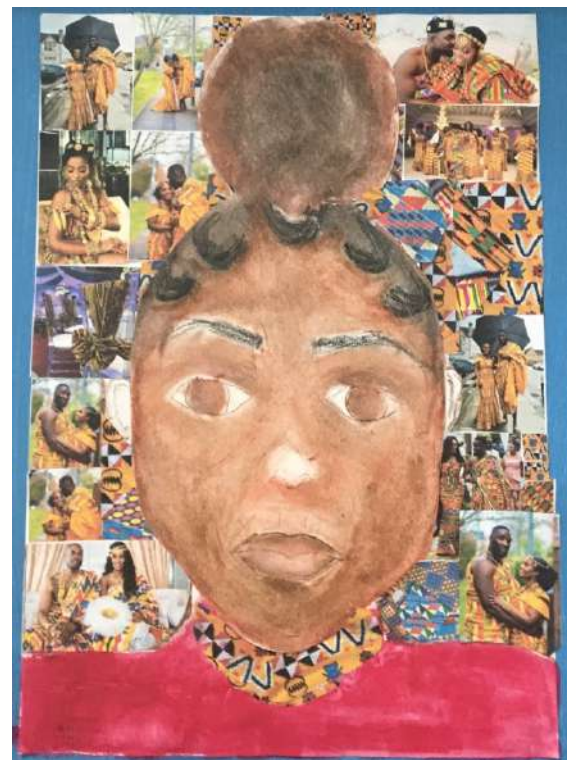
Ulyssa Rillera, yr 8



Malachi Cameron-Marques - yr 8



Victoria Chamulak, yr 8



Winfred Menka, yr 11





Giulia Distefano, yr8

## Kenya

Kenya is an African country that is in south Africa it is the world's 48th largest country. It has a population of 47.6 million people and it is also the 29th most populated country Kenya is bordered by South Sudan to the northwest, Ethiopia to the north, Somalia to the east, Uganda to the west, Tanzania to the south, and the Indian Ocean to the southeast.

In Kenya there are about 80 languages spoken there. English and Swahili are used in varying degrees of fluency for communication with other populations. English is widely spoken in commerce, schooling and government. The currency of Kenya is Kenyan shilling the president of Kenya is Uhuru Kenyatta he was elected in 2017.



Sharon Menka, year 7

## Wangechi Mutu

Wangechi Mutu was born in 1972 She is a Kenyan-American Visual artist. She is known for her paintings and her performance work.

She likes pieces of art because it's really colorful and it gives a sense of being for her and just putting your hands on the Earth and the animals are moving and designing the art about 2010.



She likes pieces of art because it's really colorful and it gives a sense of being for her and just putting your hands on the Earth and the animals are moving and designing the art about 2010.



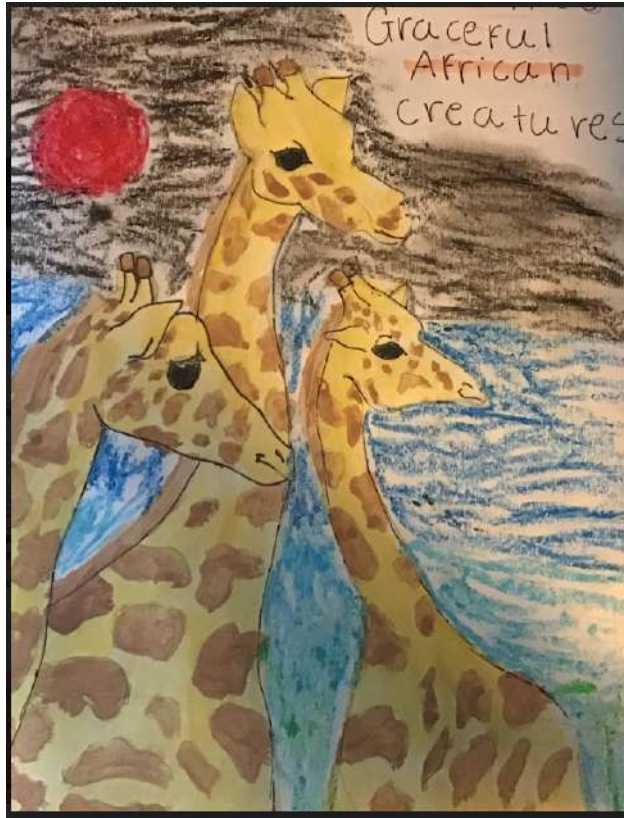
Mary Giwa, yr 8



Chelsy Shoitkare, y7



Alisia Dehelean, yr 8



Erin Gallagher, yr 8



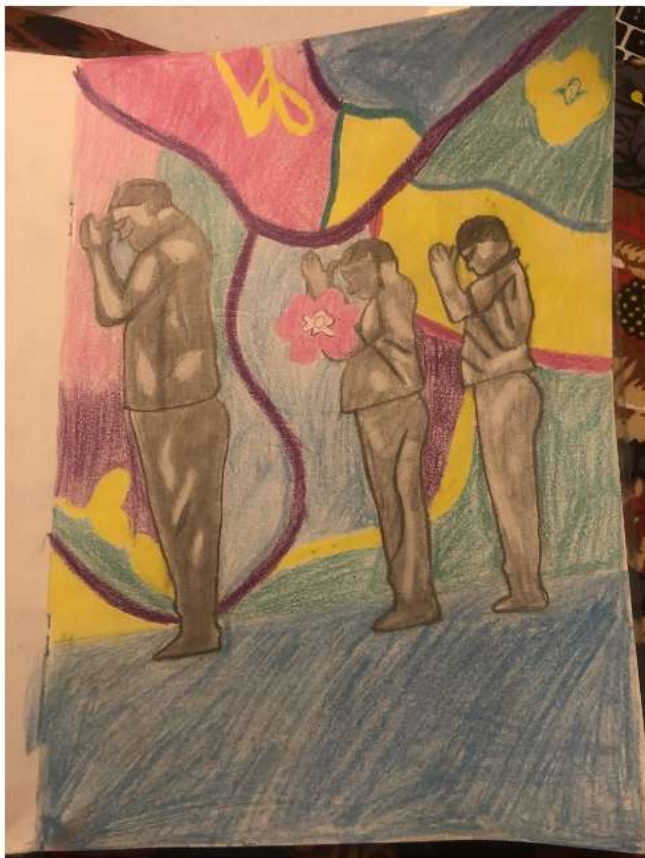
James Alozie, yr 7



Anabel Chinedu, yr7



Abishan Athiraiyan, y7



Zoe Aslam, yr 7



Thomas Masterson, yr 8

## Wangechi Mutu

Wangechi Mutu was born on 22nd June 1972 (47 years old). She is Kenyan-American and she is a visual artist most known for her paintings, sculptures, film and performance work. She had made her career in New York for over 20 years while living there.



Bloody Head Games by Wangechi Mutu

I like Wangechi's art as it is weird but looks really cool and I like the way she makes her art look so abstract from common things.

Jeremy Mathew, year 7



Nathan Chan, yr 8



Chikanyima Igboama, yr 7



# PRODUCT DESIGN

## Marble run challenge with recycled materials



Amira



Jeremy



Zuzanna



Naomi



Jessica



Jestin



Crystal



Lewis



Alex G



Sinead



Parwana



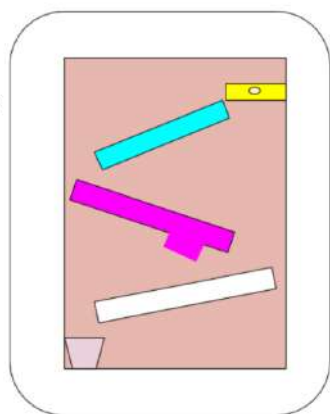
Kajus



Juliana



Arturo



Mariya



Debbie





# At Home Freestyle

## Silver Challenge 1: Around the Clock



One kick up, catch the ball.  
**Can you do it on your right and left foot?**

1

One knee up, catch the ball.  
**Can you do it on your right and left knee?**

2

One chest up, catch the ball.  
**Can you do each of these skills whilst sitting down?**

3

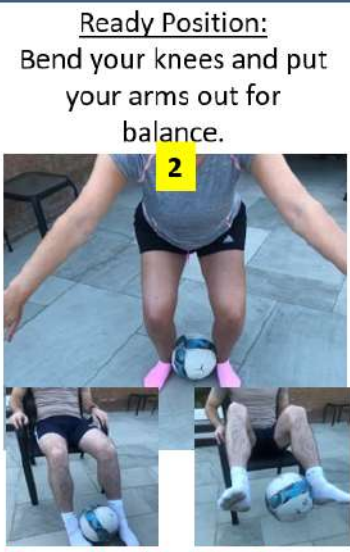
One chest up, catch the ball.  
**Can you do each of these skills whilst sitting down?**

4

## Silver Challenge 2: Rocket Launcher



**Starting Position:**  
Place ball firmly between your feet



**Ready Position:**  
Bend your knees and put your arms out for balance.



**Jump Position:**  
Jump your knees up in the air and release the ball.

**Landing Position:**  
Land safely on two foot and either catch the ball or kick it in the air once.



## Silver Challenge 3: Foot Balance



1. Place the ball on top of your foot.
2. Once the ball is secure, take your hands off.
3. Count to 5 seconds and then scoop the ball up and catch it in your hands.
4. **Can you do it on your right foot and then your left foot?**
5. **Can you do it sitting down on a chair or on the floor?**





# 1:1 Careers guidance

Click below to find out more or email Mr Fidegnon  
[j.fidegnonedoh@holyfamily.waltham.sch.uk](mailto:j.fidegnonedoh@holyfamily.waltham.sch.uk)

**Be quick, there's only a few dates left!**

**A fantastic opportunity for our students, especially those in year 11, 12 and 13, who need this 1-to-1 careers guidance session with a level 6 qualified careers advisor before leaving secondary education.**

**Years 7, 8 and 9 will also benefit from this and it is advisable that they get this 1-to-1 conversation as early as possible to help them throughout their education right from the start.**

**This service is usually very expensive. So please use of this opportunity as it is free.**



MULTIPLE DATES

**1:1 Career guidance**

by Fledglink [Follow](#)

Free

[Select A Date](#)

## Description

Want more focus on your next steps, the right decisions to make or even just where to start when it comes to careers? Check out some of the points below, if they're relevant to you, we encourage you to take advantage by signing up to one of our career guidance sessions!

*Unsure of what to do after finishing school, college or sixth-form?*

*Would you like to give yourself more of a focus for your next 5 years?*

*Do you know what all of the options are available to you?*

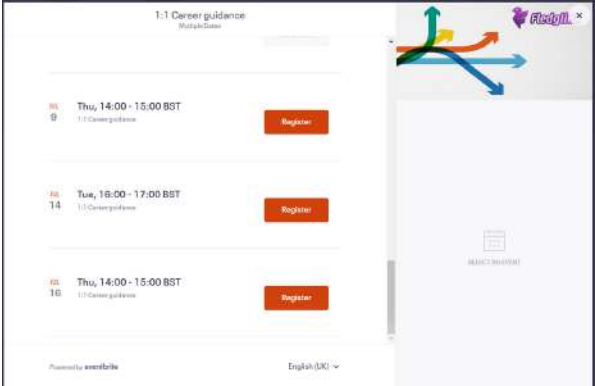
*Do you fully understand what your best strengths are and how you can apply these to finding your next steps?*

Our expert career coach Hannah and Pete will be providing these sessions and this is your opportunity to receive guidance on your next steps on a 1:1 basis to receive tailored answers to you! This session is perfect for **years 9 - 13** as well as those who are looking for general career advice.

Register to book your place on one of our sessions and we will send through the relevant webinar details! If you experience any sign-up or technical issues, please email [contact@fledglink.com](mailto:contact@fledglink.com).

Best wishes,

The Fledglink Team



1:1 Career guidance

Date	Time	Register
9	Thu, 14:00 - 15:00 BST	<a href="#">Register</a>
14	Tue, 16:00 - 17:00 BST	<a href="#">Register</a>
16	Thu, 14:00 - 15:00 BST	<a href="#">Register</a>

Powered by [eventbrite](#) English (UK)



Instructions  
can be found  
here

Join 10 minutes  
before the VTALK  
to be ready

You can join  
without needing  
an account

These  
talks are  
available  
for free  
to all  
year  
groups



## ZOE IRWIN

Creative Director, John Frieda

- **DATE:** Monday 22nd June, 10am
- **AGE GROUP:** KS3-5 / S1-6
- **WATCH LIVE TALK HERE**

The Independent calls her "the Stella McCartney of hairdressing"... Her innovative styling menu using Liberty prints caused a beauty blogger meltdown two summers ago... And such is her industry kudos that hairdressing multi-millionaire John Frieda asked her to join his salon group as creative director. Join us as Zoe Irwin discusses all things hairdressing and creativity, sharing insights into her career, life lessons and advice with students from 11-18years.



## ARMANDO IANNUCCI

Oscar-nominated Writer & Director

- **DATE:** Monday 22nd June, 2pm
- **AGE GROUP:** KS4 & 5/ S4-6
- **WATCH LIVE TALK HERE**

Oscar nominated writer, director and producer Armando Iannucci will be speaking to SFS and young people across the UK about his career in comedy on film, TV and radio and answering your questions!

## RICHARD WATERWORTH

General Manager, UK & EU, TikTok

- **DATE:** Tuesday 23rd June, 10am
- **AGE GROUP:** KS4 & 5/ S4-6
- **WATCH LIVE TALK HERE**

Rich Waterworth will be joining SFS and students across the UK to discuss his own career journey and to demystify TikTok and the work that takes place within the organisation!



## TAMARA HOLMGREN

Engineer and Project Manager, BP

- **DATE:** Tuesday 23rd June, 2pm
- **AGE GROUP:** KS4 & 5/ S4-6
- **WATCH LIVE TALK HERE**

Join SFS and Tamara Holmgren, Engineer and Project Manager at BP on International Women in Engineering Day for an interview that will focus on STEM careers and Tamara's career journey to date.

## MAURITS VAN TOL

Chief Technology Officer, Johnson Matthey

- **DATE:** Wednesday 24th June, 10am
- **AGE GROUP:** KS4 & 5/ S4-6
- **WATCH LIVE TALK HERE**

Maurits van Tol will be interviewed by SFS before moving to student Q+A. Tune in to learn more about Maurits' career in STEM and life lessons and advice.

## BERNADINE BROCKER WIEDER

- **DATE:** Wednesday 24th June, 2pm
- **AGE GROUP:** KS4 & 5/ S4-6
- **WATCH LIVE TALK HERE**

Interested in how exhibitions are brought together? Join Bernadine Brocker Wieder to explore how she got to where she is today and more about her role.

## BIG NARSTIE & CIARAN THAPAR - IN PARTNERSHIP WITH PENGUIN TALKS

How to believe in yourself

- **DATE:** Thursday 25th June, 2pm
- **AGE GROUP:** KS4 & 5/ S4-6
- **WATCH LIVE TALK HERE**

Have a question for the speakers? Email [inspiration@speakersforschools.org](mailto:inspiration@speakersforschools.org)

## JAMES WORRALL

Founder, Leaders in Sport

- **DATE:** Friday 26th June, 10am
- **AGE GROUP:** KS3-5 / S1-6
- **WATCH LIVE TALK HERE**

Join us as James Worrall shares life lessons and top tips from leaders in sport.

# SIXTH FORM

Please inform Mrs Warwick if you book any sessions, so we can credit you, and contact her if you have difficulty booking  
**mrs.warwick@holyfamilycatholicschool.co.uk**

Opportunity	Details	Website/more
Creatives and Computer people - Virtual taster day intro to skills and software. Tips for portfolios	Pearson College London (Uni)  4 July	Register from Email
L'Oreal Degree Apprenticeship -Visual Merchandising- Degree in Business Management	L'Oreal - in conjunction with Pearson for degree	Through email or from link on email
Digital Work Experience- Tata Consultancy Services 5 day digital programme	from 18 July	Register from email
Scholarships for prospective law students £2 million available across the fund	ongoing	scholarships@law.ac.uk
Accountancy Apprenticeships,earn while you learn to gain full accountancy qualifications	Apply until August Must have Eng and Maths 4-9 and two A level passes	To apply  whatcareerlive.co.uk/job/icae s/accountancy-apprenticeships-139

Women in Economics- girls only do not have to be studying economics but interested. Cambridge University	27 August	registration <a href="https://Cambridge.eu.quatrics.com/Jeff/form/SV8ALYrHBH4KkR5Ln">https://Cambridge.eu.quatrics.com/Jeff/form/SV8ALYrHBH4KkR5Ln</a>
Studying Art and Design UK university and apprenticeship search University of the creative arts	8 July 12.00 noon	register from email

EAST summer school - fun and creative. Courses run by BBC and UCL	Held during the school holidays	Queenelizabetholympicpark.co.uk



# The Mysterious Case of Baron de Lacy

The Historical Bureau of Investigation have successfully solved the murder of the 19<sup>th</sup> century painter, Vincent Van Gogh. Congratulations to Giulia Distefano for solving the crime!

This month we investigate the sudden death of the rich and powerful Baron de Lacy.



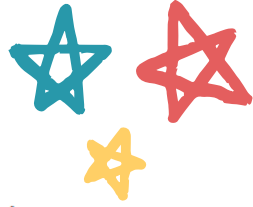
Join on Google Classroom to watch the video of the crime scene and help us catch the murderer before they strike again...

Class code: 4uit2lr

-History Club



# YEAR 9

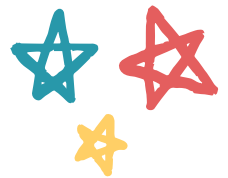
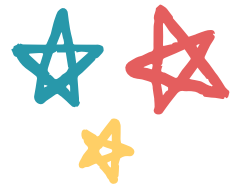


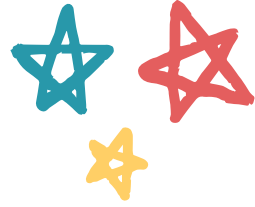
9A

- Viktor Ostash - Excellent home learning done and all work submitted since "lock-down."
- Kira Baranovska - Always completing weekly art work on time to a very high standard.
- Maria Gomes - Always completing great research.
- Tiffany Murtinhal - For creating top quality Art work every week.
- Nilofer Velu- Excellent extra English work
- Obinna Clarke - Exceptionally high quality piece of work submitted in Geography on the "Stratford Regeneration Project", giving detailed answers in all stretch tasks.
- Tiffany Murtinhal - Excellent English work.
- Asia Quidley - Excellent English work.
- Bambo Djabula - Working consistently hard in English - I am so proud of you!
- Conor Dalladay - Great completion rates of English work!
- Hawa Gray - Consistently producing brilliant English work!
- Jaden Londono - Great ideas and contributions to online English lesson!
- Joshua Ononkwo - Always working hard in English and producing great work!
- Victor Ostash - Consistently great English work & great contributions to online lesson

9AN

- Tyrese Charle - has completed all home learning provided and even submitted independent revision task. Excellent work done, proud of him.
- Janell Dowe For showing responsibility and good improvement in Spanish and being mature and responsible about her studies
- Lyan Wihelms Sandoval - Excellent home learning done and all work submitted since "lock-down". Proud of him.
- Tre-Sean Senyah-Carrington - Well done for work in RE.
- Maria John- Well done for work in RE.
- Janell Dowe - Well done for work in RE.
- Redate Deneke - Well done for work in RE.
- Shawn Edwards - Well done for work in RE.
- Alyssa Ocsana - Well done for work in RE.
- Boaz Farquhar - Well done for work in RE.
- Emmanuel Oppong Kyere - Well done for work in RE.
- Lucy Cornelius-Malm - Well done for work in RE.
- Neo Valverde-Sebunya - Well done for work in RE.
- Omaru King - Well done for work in RE.
- Roksana Matejczuk - Well done for work in RE.
- Tyrese Charles Well done for work in RE.
- Lyan Wilhelms Sandoval - Well done for work in RE.
- Stephannie Jabbie - Well done for work in RE.
- David Sheridan - Excellent effort in Geography on the "Stratford Regeneration Project".
- Maria John - Consistently producing great English work and contributing to online lessons!
- Roksana Matejczuk Great answers on Poetry from other Cultures
- Stephanie Jabbie Fantastic effort & quality of work on War Poetry



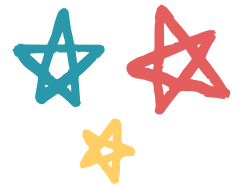
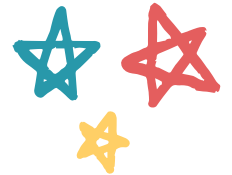


9I

- Chenna Diegbe-Smith - Excellent home learning done and all work submitted since "lock-down". Proud of him.
- Faith Owusu - Excellent home learning done and all work submitted since "lock-down"
- Chenna Diegbe-Smith - Participation in English film showing
- Khalil Smith - Hard work in Geography, earning the 'Geographer of the Week' title - well done!
- Khalil Smith - Going above and beyond in geography, working on extension projects.

9E

- Shay Radford correct answer to the weekly riddle
- Faustina Aniagoh - Very good English work.
- Marcke Sabino - Very good English work.
- Lora Baranovska - Excellent home learning done and all work submitted since "lock-down". Proud of him
- Maria Buga - Excellent home learning done and all work submitted since "lock-down". Proud of him
- Yingman Huang - For always working so hard and producing lovely Art work!
- Maria Buga - Great detail in Drama written work, as always!
- Tyheem King - Great work on War Poetry & great to have you in the online lesson - keep up the fantastic effort!

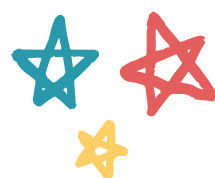
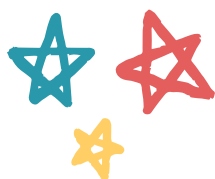


9P

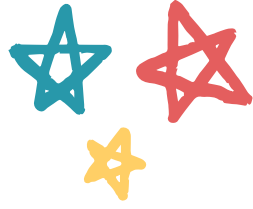
- Elisjana Puci-Di Domenica - For always putting 100% in her Art work!
- Febylin Jagunap - For always producing great Art work!
- Kieran Hanley Greenway - Excellent work on Mathswatch!
- Gisela Antwi - Excellent work on Mathswatch!
- Ayomide Akindayini - Amazing effort and attitude shown in Maths work.
- Quincy Ata-Gyamfi- Excellent work and participation.
- Jonathan Wabasolele Consistent exceptional effort in Geography at all times, reviewing feedback on work and making corrections to be the best it can be - well done!

9S

- Rhys Evans - Very good effort in Maths in the last three weeks
- Gabriel Turay - Winning the 'Geographer of the Week' title for excellent effort and high quality work!
- Sharon Davies - Excellent work on Mathswatch!
- Derek Koomson - Amazing effort and attitude shown consistently in Maths work
- Angelina Martin Amazing effort and attitude shown consistently in Maths work
- Amelia Szwed-Bielicki - Amazing effort and attitude shown consistently in Maths work.
- Amelia Szwed-Bielicki Correct answer to the weekly riddle

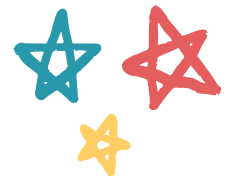
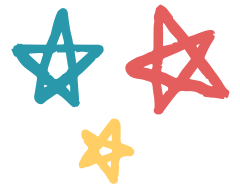
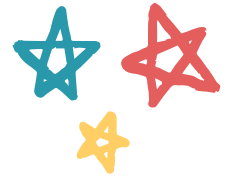
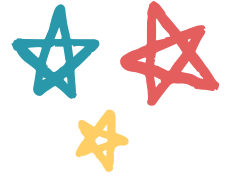


# YEAR 9



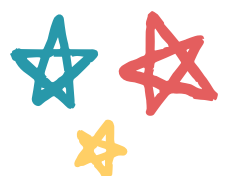
## 9R

- Lily Gardzielewska - Great detail in Drama written work, as always!
- Tingyu Christina Aling - Always completing high quality art research.
- Mathuyan Yogathasan - Continually submitting high quality Geography work which he has clearly put an outstanding amount of effort into. Well done.
- Exauce Mulamba - Excellent work on Mathswatch!
- Abigail Kangethe - Excellent work on Mathswatch!
- Tingyu Aling - Amazing effort and attitude shown in Maths work.
- Noah Bruce - Amazing effort and attitude shown in Maths work in the past three weeks.
- Lilianna Gardzielewska Very good effort and attitude shown consistently in Maths work
- Joao Gomes Amazing effort and attitude shown in Maths work In the past three weeks
- John Shotikare - Amazing effort and attitude shown consistently in Maths work
- Asier Tesfai - Amazing effort and attitude shown in Maths work In the past three weeks.
- Precious Asiedu - Great work on the sacraments
- Lilianna Gardzielewska Great work on the sacraments
- Joao Gomes - Outstanding work on the sacraments
- Natalia Luczkowska - Outstanding work on the sacraments
- John Shotikare - Outstanding work on the sacraments
- Asier Tesfai Excellent work on the sacraments
- Ashlee Mie Yap - Excellent work on the sacraments.
- Aiesha O'Garro correct answer to the weekly riddle
- Ashlee Mie Yap Excellent work on the sacraments
- Exauce Mulamba Fantastic work on Mathswatch
- Natalia Luczkowska For showing a good amount of effort and progress in her Spanish studies
- Lilianna Gardzielewska For making a great amount of effort in completing her Spanish work



## 9PH

- David Sheridan - Excellent effort in Geography on the "Stratford Regeneration Project".
- Luca Da Conceicao - Winning the 'Geographer of the Week' title for excellent effort and high quality work!
- Luca DaConceicao - Amazing effort and attitude shown consistently in Maths work
- Gemma Scott - Amazing effort and attitude shown consistently in Maths work
- Jacque Kiggundu - For a fantastic effort and independent work showing maturity and commitment in Spanish.
- Mary Leticia Isichei - Attending English film showing.
- Lauren Daniel - Attending English film showing.
- Miracle Mulamba For continuing to show maturity, responsibility and commitment to her Spanish work
- Victoria Szlachta For great effort in her Spanish work this week
- Lauren Daniel For making a good effort with her Spanish work this week. Well done!
- Tacyana Ferguson Answering the weekly riddle correctly





# Holy Family Bake Off Challenge!

We are excited to launch this creative competition which is open to enter for **ALL our Students and Staff!**

## The Challenge...

Grab your apron, put your creative hat on and BAKE!

**Design and make a rainbow themed cake OR bread loaf OR biscuits/cookies!**

Let us come together through the art of cooking!  
Get your family involved.

**Top Tips-** Consider natural methods of food colouring!  
Research recipes and creative ideas!

🌈 Be bold! Be original! 🌈

## The Prize...

🌟🏆 Star Baker Trophy for the Winner! 🏆🌟

## How to enter the competition?

Send a photograph of your finished product via email to [ms.salahi@holyfamilycatholicschool.co.uk](mailto:ms.salahi@holyfamilycatholicschool.co.uk) by the deadline

**Friday 26th June 2020!**

Please photograph your product well. Take a range of photos, slicing the product to showcase the inside and consider taking photos of the different stages of making!





# THIS WEEK'S CHALLENGE



#MathsQuickie

Peasant John is standing at the window of a high tower, waiting for brave Princess Pippa to save him. When Pippa stands 10 metres from the base of the tower, she has to look up  $80^\circ$  to meet the John's eye.

How high does she have to climb to reach John? (Ignore Pippa's height)



The Solution will be in next week's

Family Matters

EMAIL MRS. ASANTE IF YOU HAVE ANY QUESTIONS.

## MATHS CORNER

last week's solution



#MathsQuickie

In the country of Parallelistan they use a non-decimal currency. An Aggle is worth 14 Boggles. A Boggle is worth 5 Chuggles. A Chuggle is worth 3 Diggles.

I have 2 Aggles, 4 Boggles, 15 Chuggles and a Diggle. Can I afford this hat?



Let's get everything in terms of Diggles as Diggles are the only common divisor

So, 2 A = 28 B = 140 C = 42 D  
 4 B = 20 C = 60 D  
 15 C = 45 D  
 1 D = 1 D

There are 5 x 3 = 15 Diggles per Boggle, so

526 Diggles = (526 - 15) = 511 Diggles, which is more than the 32 Boggles needed for the hat

γωνία (gonia) *n.* angle (Ancient Greek)

**diagonal adj.**

1. In geometry, joining two non-adjacent vertices.
2. In everyday English, slanted.

See also: *dia-* (Ancient Greek) meaning *across*.



**polygon *n.***

1. A plane figure bounded by edges that are all straight lines.

See also: *polus* (Ancient Greek) meaning *many*.

**pentagon *n.***

1. A polygon with five sides and five angles.

The Pentagon is the name of the headquarters of the US Department of Defense.

## MATHS QUOTES

"NOT EVERYTHING THAT CAN BE COUNTED COUNTS, AND NOT EVERYTHING THAT COUNTS CAN BE COUNTED."

ALBERT EINSTEIN.



# VOICES RISING

As part of Walthamstow Garden Party  
In The Air



**Are you 11-25 years old and living, working or studying in Waltham Forest?**

**Would you like to share your thoughts and experiences during lockdown through speech, spoken word, poetry or music?**

**How about seeing your work on film and shared as part of this year's Walthamstow Garden Party In The Air?**

**If yes, then look no further – this project is for you!**

## WHAT'S INVOLVED?

We invite young people across the borough to send us a piece of work you have created during this lockdown period. It could be a piece of spoken word, poetry, music or simply you speaking to camera.

Everything you send us will be created into a film to be launched as part of this year's Walthamstow Garden Party In The Air programme, a reimagining of Walthamstow Garden Party which was scheduled to take place in Lloyd Park on the 18th and 19th July. From the 1st of July, Waltham Forest residents are invited to get creative in the comfort of their own home and channel the spirit of the festival.

To help you create your work, you can access the following pre-recorded masterclasses, packed with useful exercises and tips:

- Spoken Word – with poet Aisling Fahey (Young Poet Laureate for London 2014-15)
- Vocal Coaching and Performance Skills – with artist Leonn Meade (Musical Director for London Community Gospel Choir)
- Music Production (based on Cubase LE) – with Mikis Michaelides, Rxwntree and Sam Vasanth (MVP Workshops)
- Song Writing – with David Austin (Waltham Forest Music Service)

## WHO CAN APPLY?

We are looking for young people who:

- Are aged between 11 – 25 years
- Have a connection to Waltham Forest (e.g. go to school, attend a youth club, live or work in the borough)

## WHAT SHOULD I WRITE ABOUT?

The aim of the project is to create a space for young people to reflect on their experiences in lockdown and to platform these responses to a wider audience. What you write about is completely up to you.

Your work may be inspired by some of these questions:

- What has the experience of lock-down been like for you?
- Have there been particular challenges you'd like to talk about?
- What about any positive aspects to lockdown for you? Have you found it a useful time to stop, pause and reflect?
- What have you been doing during this time? Perhaps you've found time to be creative, you may have developed a new skill or simply taken some time to rest or spend more time with your family
- What are your hopes and aspirations for the future?
- How do you think society has changed through lockdown?
- How would you describe the experience of lock down in three words?

**WE ASK THAT YOUR SUBMISSION IS UP TO 3 MINUTES (MAXIMUM) IN LENGTH.**

## WHERE DO I SIGN-UP?

Visit [www.mvpworkshops.co.uk/voicesrising](http://www.mvpworkshops.co.uk/voicesrising) from Monday 15th June for access to the masterclasses and a short video which talks you through how to record and submit your work. If you are under 18, you will also need to attach a copy of the consent form, signed by your parents / carers.

## KEY DATES

Mon 15th June:  
Sun 28th June:  
Sat 17th – Sun 18th July:

Project opens and on-line masterclasses available  
Deadline for submissions  
Film shared on the Walthamstow Garden Party website

## GOT ANY QUESTIONS?

Please email [voicesrising@beatroots.org](mailto:voicesrising@beatroots.org) if you do not have access to a phone, computer or other device for recording and submitting your work. If you have any questions about this project or would like to chat through anything with us.

## WE LOOK FORWARD TO HEARING FROM YOU!

Voices Rising is a collaboration between Barbican Guildhall Creative Learning, Beatroots Creative, Future Creatives, MVP Workshops, Waltham Forest Music Service and young people of Waltham Forest. As part of Walthamstow Garden Party In The Air.

From the 1st of July, discover all the other activities you can take part in and learn about our partners at [www.walthamstowgardenparty.com](http://www.walthamstowgardenparty.com), and share your creations using #WGPinTheAir across social media.

Walthamstow Garden Party In The Air is produced by the Barbican in partnership with London Borough of Waltham Forest and with the support of Arts Council England.

**FUTURE  
CREATIVES**  
INSPIRING CULTURAL LEADERS

**MVP WORKSHOPS**  
MUSIC VOICE POETRY

**WFMFH**  
Waltham Forest  
Music Education Hub

B = A  
T = R  
O = T  
S



# School uniform supplier



## Good News!

Just to let you know we are open...  
for those of you **back to work** and those preparing to  
send children **back to school**.



### School Shop

Mon-Fri 9am-5pm  
Sat 10am-12pm

The school shop is **fully stocked**, we are encouraging our customers to **order online** if possible, but if you need to **visit us** please do.

We have implemented an **extended returns policy** on all purchases from 20th March with proof of purchase until 31st October. Click and collect, Returns and Fittings available during the opening times above.



### Work Shop

Mon-Fri 9am-4pm  
Sat 10am-12pm

The embroidery and print room is currently operating with **limited staff**. We are still able to fulfil your needs and are poised and **ready for your orders**.

We are here to talk if you would like to plan or **discuss** a future project, or get a current one moving forward.

**We look forward to seeing you soon.**

Please contact us on 020 8531 4800  
all new quote requests to [enquiries@speedstitch.co.uk](mailto:enquiries@speedstitch.co.uk)  
all repeat orders to [workshop@speedstitch.co.uk](mailto:workshop@speedstitch.co.uk)  
all uniform enquiries to [shop@speedstitch.co.uk](mailto:shop@speedstitch.co.uk)

Please be assured we have put into place systems in line with the governments advice with regard to managing the volume of customers, whilst also considering the wellbeing of customers, children & staff during our busy months of July/Aug/Sept