

Issue 37

Friday 10th July 2020

# FAMILY MATTERS

HOLY FAMILY CATHOLIC SCHOOL  
NEWSLETTER



## Superstar Issue

## AND THE WINNER IS...



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# HEADTEACHER'S MESSAGE

## Quotation of the week

"Be strong and take heart, all who hope in the Lord" Psalm 31:25.

## Plans for September

We are working hard on our plans to ensure every student can return safely in September. We've had very good attendance of our Yr 10 and Yr12 students who have been coming into lessons for part of each week recently. The attendance rate has been 90 per cent which in the circumstances is very good indeed. From September attendance will again be compulsory for everyone.

To reassure everyone that the school will be safe we will be posting a video of the school site on our website so that you can see some of the measures we have been taking and will continue to take in September. We are working on an updated version of our risk assessment document and we will be sharing that risk assessment once it is complete and we have had it reviewed by the Health and Safety team at the Local Authority. Our governing body is also meeting regularly with me and they are closely monitoring the work that the school is doing in terms of planning for full reopening in September.

## End of summer term

As I wrote to you last week, the final day of lessons and the last day of provision for key worker students will be Wednesday 15th July 2020. Staff will then be able to finalise the plans for the full re-opening of the school in September and undergo necessary staff training. Families with children entitled to free school meals will receive vouchers to cover the summer holiday period. We have provided information about how Yr 11 and Yr 13 students are to receive their exam results.

There will be a special edition of Family Matters next week with more details about September and also including tributes to some very long-serving members of staff who will be retiring this summer.

## Commendations

We have many, many commendations this week which is lovely to see. Well done to all our students receiving commendations this week!

Please continue to remember us in your prayers and have a good weekend.

With best wishes  
Dr Stone Headteacher





# HEADTEACHER'S COMMENDATION



Miss Pearce, in Geography, nominates the following students:

- **Kevin Acheampong (Y9)** - Exceptional effort and attainment in Geography throughout the lockdown period, with full exemplary engagement in online lessons and high quality work being produced
- **Louise Osei - Biney (Y10)** - Exceptional effort and attainment in Geography throughout the lockdown period, with full exemplary engagement in online lessons and high quality work being produced
- **Devonte Bokor (Y7)** - Always being polite, kind, helpful and hard-working in school during the lockdown period. A pleasure to work with and teach.
- **Herbert Amoah (Y10)** - Being a model student and outstanding example to the younger students at school during the lockdown period. He has been so kind, caring and responsible.



# HEADTEACHER'S COMMENDATION



In Drama, Ms Carrick nominates the following students for their excellent effort and work during lockdown:

Lilianna Gardzielewska, Khalil Smith, Mary Leticia Isichei and Therese Sarte.

In English, Mrs Maris nominates Connor Stapleton for attending every single online lesson, as well as completing all tasks thoroughly and to an extremely high standard. This is proof of his resilience, as well as a mature and conscientious approach to learning.

In Geography, Ms Nordon nominates Milanne Fernando 7E for an excellent piece of geography work on Kiribati. Milanne's analysis is GCSE level and her presentation skills are fantastic!

In science Ms Anjorin and Mr Mensah nominate the following students for their excellent work on the KS3 mini-project in science. They have been really diligent and produced work of an excellent standard.

From Mr Mensah, Ted Trivuncic (8A) and from Ms Anjorin, Cino Jose (8P), Malachi Cameron-Marques (8P), Amira Moise (7IG) and Ruby Nkrumah (7IG).





# HEADTEACHER'S COMMENDATION



Mr Singh, Head of Year 9 nominates the following students for their excellent engagement with online learning throughout the summer term:

Maria John 9AN, Tiffany Murtinhal 9A and Elisjana Puci-Di Domenica 9P.

Mr Sayer nominates the following students:

Jaydn Grant - for being a fantastic presence in the school during lockdown and making everyone laugh with his excellent sense of humour. Jordan Richards - for being a great example to the younger students and always including them in games making them feel valued and included. Katie and David Sheridan - for always trying their absolute best and making staff laugh. Herbert Amoah - for being the most polite and kind young man in the school. Aishah Sanni - for always working hard and being positive about the day (and being brilliant at basketball). Kaylah-Lee Taylor - for putting in lots of effort making everyone feel welcome at the school. Julia Martens - for putting herself outside her comfort zone and showing real resilience.



# HEADTEACHER'S COMMENDATION



Mrs Wilbraham nominates the following students who have all been praised by the staff who have worked with them during lockdown:

**John Roman (Y7)** - Consistently working hard, being polite and pushing himself outside his comfort zone. **Theo Annobil (Y7)** - Being a model year 7 student, always so polite and helpful, and a joy to be around at school. **Daniel Opoku (Y10)**- being a model student working extremely hard at school and also a role model to the younger students around him. **Mariam Sanni (Y10)** - Always working hard and on task, and an exceptional role model to her younger sisters. **Hannah Opoku Yeboah in Y8** for an excellent project on hairdressing and beauty. **Shakeem McLaren (Y10)** - Being a role model for the younger students in school both in the classroom (literacy games) and on the football field making sure everyone is involved. **Shakeem McLaren (Y10)** who produced an excellent research project on e-gaming and taking on board feedback to improve his work. Shakeem has shown a wonderful sense of focus and determination in school. **Shakeem McLaren (Y10)** During this lockdown, he has matured so much. His behaviour on the playground is respectful and is leading by example for the little ones to follow. **Ryan Hanley Greenway and Kieran Hanley Greenway** for their continued sense of humour and participation during the lockdown in school.



# HEADTEACHER'S COMMENDATION



For consistent effort and good attitude during the lockdown: **Ryan Angus (Yr 7)**

**Andreas Argyrou (Yr 7)**

**Anieka Daniel (Yr 7)**

**Imoleayo Oniye (Yr 8)**

**David Martins (Yr 9)**

**Luke Angus (Yr 9)**

The staff would like to thank all the students that came in at some point during the lockdown. They were really impressed with their positivity and engagement with activities during this tough time.

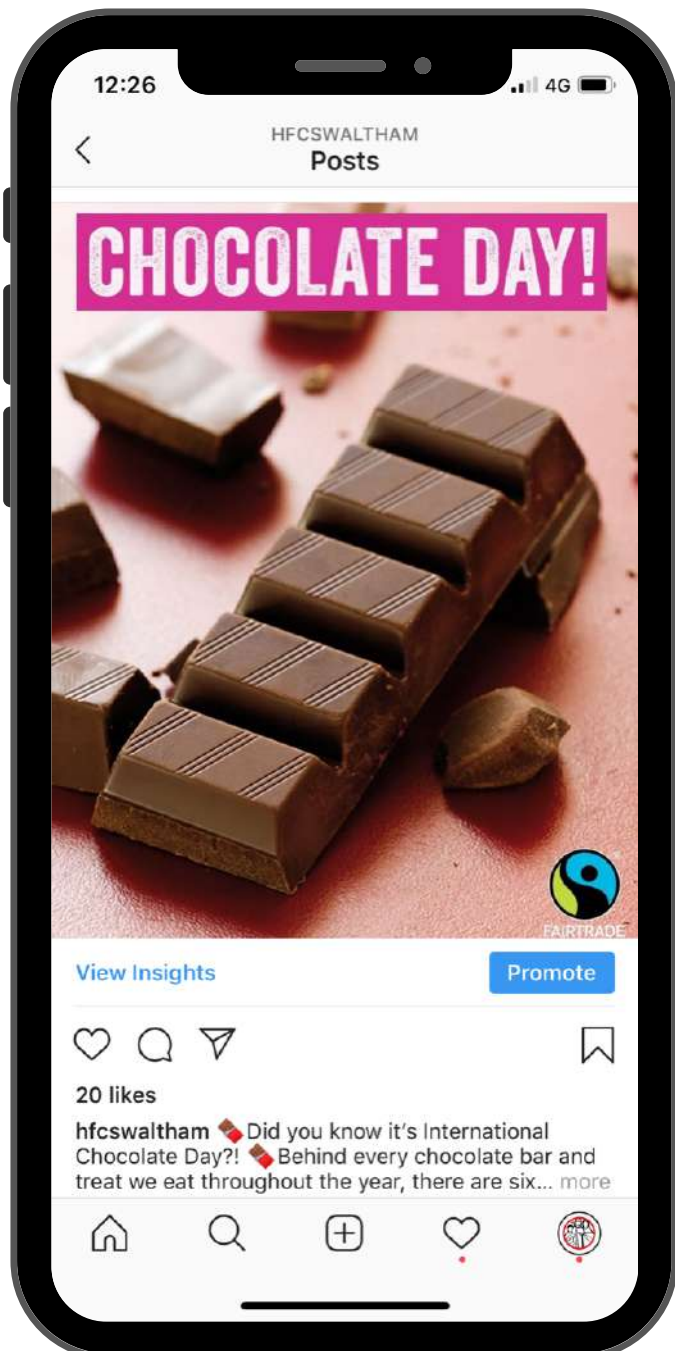
Well done to all!

And last, but not least this week Mrs Cameron-Marques nominates **Jessica Marfo 9S, Eldith Kyere 10R and Connor Stapleton 10A**. These students have demonstrated excellent attitudes towards learning remotely. They have worked consistently hard throughout the lockdown period producing work of a high standard which proves their commitment towards reading and research in Hospitality & Catering.

# SOCIAL MEDIA CATCHUP



@hfcswaltham



@hfcswaltham



# Chaplaincy Corner

Friday 10 July is "Don't Step on a Bee Day" We need to protect our precious bees. Not only do our bees help to provide the honey, propolis and beeswax contained within many of our favourite products, they also keep us all fed and watered. Without the tireless work of our buzzing bees, over a third of everything we eat would disappear from our tables.

In Christianity, the bee has historically been seen as a symbol of Jesus Christ's attributes. The honey reflecting his sweet and gentle character, whilst the sting pertaining to justice and the cross.

*'My son, eat honey, for it is good, and the drippings of the honeycomb are sweet to your taste.'*

*Proverbs 24:13*



In Judaism, honey can be seen in the celebration of Rosh Hashana. On the eve of the holiday it is customary to eat symbolic foods which may include dipping challah (leavened bread) and an apple into honey. This can symbolise the hopes for a happy and healthy new year.

And in Islam, Chapter 16 of the Quran is called "The Bee"

*'... your Lord inspired the bee, saying 'Build yourselves houses in the mountains and trees and what people construct. Then feed on all kinds of fruit and follow the ways made easy for you by your Lord.' From their bellies comes a drink of different colours in which there is healing for people.*

*There truly is a sign in this for those who think.'*

*The Bee 16:68*

In the Hindu scripture Srimad Mahabhagavatam, it states:

*"Like a honey bee gathering honey from all type of flowers the wise men search everywhere for truth and sees only good in all religions."*



**July 11th is the Feast Day of St Benedict.** St Benedict is known as the "father of Western monasticism," having established a Rule that would become the norm for many Christian monks and nuns. He is also the Patron Saint of Europe. Benedictine monasteries were usually self-sufficient. One thing that would be included in every monastery was beekeeping, to make beeswax for candles and honey for food and mead.

**All-powerful God,  
You are present in the whole universe  
And in the smallest of our creatures.  
You embrace with your tenderness all that exists.  
Pour out upon us the power of your love,  
That we may protect life and beauty.**

Pope Francis, Laudato Si, A prayer for our earth

*Stay safe - Mrs. Grierson, Chaplain*

# Obituary:

## Walthamstow school lollipop man Alec Cooper 'will be sorely missed'

By Anthony Matthews | [Twitter](#) @Ant\_Watford  
Community Content Editor

A school community stood in silence before breaking into spontaneous applause today in tribute to a popular lollipop man affectionately regarded as part of the fabric of the Walthamstow road he patrolled for 25 years.

Alec Cooper died on Wednesday, June 24 at the age of 85. Prior to his funeral service, the cortege passed along Shernhall Street where pupils and staff from Our Lady and St George's Catholic Primary School, neighbouring Holy Family Secondary School and members of the public lined the road to pay their respects.

Mr Cooper served the primary school and its predecessor in Shernhall Street, St Mary's Catholic Junior School, for 25 years and headteacher Rosie McGlynn paid tribute to "truly a gentleman in every sense of the word".



Alec Cooper and sister Sylvia at his 85th birthday party

Remembering a man who also dressed up as Santa Claus for the younger children and delivered road safety talks, she said: "His work ethic, dedication and commitment to his work and to our school was exemplary and his optimism was infectious. He will be sorely missed by our school community."

Waltham Forest Council's director of highways and traffic management Vala Valavan sent his condolences to Mr Cooper's family after his death.

He wrote: "Alec was passionate about road safety and was always on his crossing come rain or shine, he was always willing to go the extra mile to ensure not only his school community were safe but also the surrounding school communities, residents and visitors to the area.

"During Alec's many years of service, he distinguished himself amongst his co-workers with his pleasant, enthusiastic manner and high-quality standard with which he carried out his duties – Shernhall Street will not be the same without him.

"He played an important role in the local community, and his devotion and commitment to putting his work and the school community before himself was not unnoticed and he will be truly missed."

Born on February 20, 1935, Alec Frederick Cooper grew up in Hervey Park Road, Walthamstow, with younger siblings Colin and Sylvia and later lived in Lea Bridge Road.

Mr Cooper's attended William Elliott Whittingham School in Higham Hill Road, and he took up his school crossing patrol job after being made redundant from a water company.

Regarded as a kind, friendly and generous man, he was a fan of TV soaps including Coronation Street and Eastenders and enjoyed socialising with friends at the Hare & Hound and Lord Raglan pubs.

He is survived by sister Sylvia, her husband David, their son John, wife Zoe and nieces Phoebe and Dayna.

[Please click here to see full article](#)



## A painting titled 'The Moon' by a 10-year-old child. The artwork features a large, textured, yellow-green circular shape representing the moon, which is partially obscured by swirling blue waves. The background is dark brown, suggesting a night sky or sea. The painting is done on a light-colored paper.

A black and white line drawing of a woman with long, straight hair, wearing a halo, and resting her hands on a surface. The drawing is simple and expressive, with a focus on the woman's face and hair. The background is plain, and the overall style is reminiscent of a sketch or a simple illustration.

# SYNTHETIC CUBISM

In the style of Synthetic Cubism, I did a chaotic Dada Suprematist, and hands and claws are coming out of the pieces. I've looked this to indicate as the chair is empty, capturing the sadness.

A Synthetic Cubist artwork featuring a white chair, a black hand, a black claw, a black wheel, and a black grid, set against a background of brown and tan geometric shapes. The composition is abstract and chaotic, with various elements overlapping and intersecting. The chair is a simple white outline, while the hand and claw are solid black shapes. The wheel is a black circle with a cross inside. The grid is a black square with a white cross. The background consists of large, irregular shapes in shades of brown and tan. The overall style is reminiscent of Synthetic Cubism, with a focus on geometric forms and a limited color palette.

A stylized, symmetrical illustration of a turtle, likely a sea turtle, rendered in a traditional or indigenous art style. The turtle is facing left, with its head and front flippers visible. The shell is decorated with intricate, swirling patterns and a central vertical line. The background is plain white.

# new Zealand

- New Zealand is located in Oceania. New Zealand's population is 4.836 million.
- They speak Maori, English and New Zealand Sign language.
- Their currency is New Zealand dollar. The's capital city is Christchurch.
- There is many lakes, for example, Taupo, Lake Taikare, Lake Taupo.
- Their neighbouring countries: Australia, New Caledonia and Fiji.

country: Australia

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A stylized illustration of a bird, possibly a species of finch or sparrow, rendered in a simple, graphic style. The bird is primarily yellow, with several thick, dark brown horizontal stripes running across its back and head. It has a long, dark, pointed beak and a small, prominent red eye. The bird is shown in profile, facing right, with its legs tucked underneath its body. The background is plain white.

A colorful drawing of a stylized face. The face has large, round eyes with green and blue irises and red pupils. The mouth is wide and open, showing a red interior and a yellow exterior. The body is yellow and oval-shaped, with a green rectangular area in the center. The face is surrounded by small, colorful circles in red, blue, and green. The drawing is done with thick, expressive strokes of colored pencil or crayon.

Giulia Distefano - yr 8

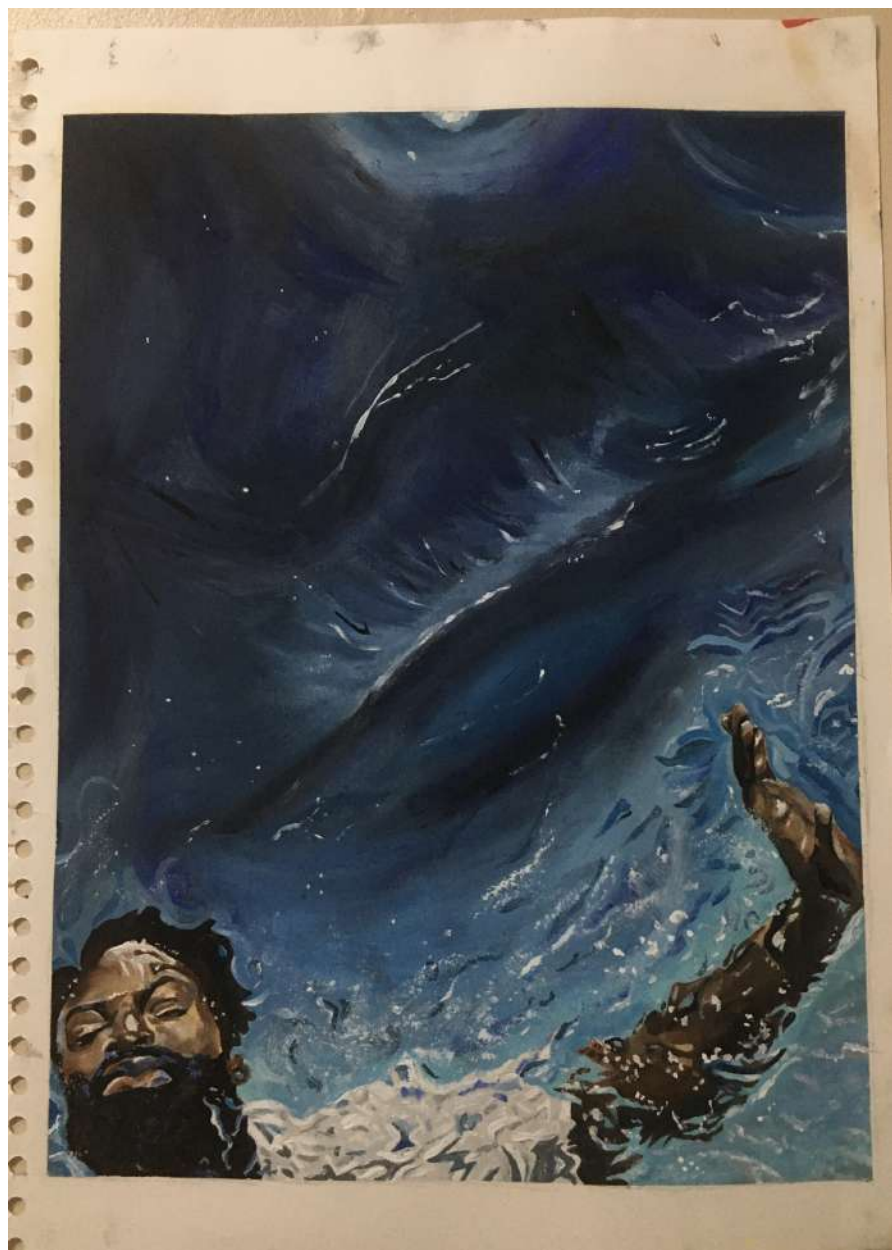




Jakub Patla year 10



Connor Stapleton - yr 10



Germaine Canlas - yr 12



Alisia Dehelean - yr 8



Anna Yiadom - yr 7



Alisha Ibiabuo - yr 7



Andreas Argyrou - yr 7



# SCIENCE

## Mini projects by students in years 7 & 8

### Difference between Mass & Weight

Mass is a measurement of the amount of matter something contains, while Weight is the measurement of the pull of gravity on an object.

Mass is measured by using a balance comparing a known amount of matter to an unknown amount of matter. Weight is measured on a scale. Mass is the amount of matter in an object and weight is the measurement of the gravitational pull on an object. For example, the weight of an object on the Moon is  $\frac{1}{6}$  that of the same object on Earth, while the mass of that object is exactly the same in both places.

### Difference between Gravity on the moon and on Jupiter

Although Jupiter is a great deal larger in size, its surface gravity is just 2.4 times that of the surface gravity of Earth. This is because Jupiter is mostly made up of gases. If you weigh 100 pounds on Earth, you would weigh 240 pounds on Jupiter (assuming you could find someplace to, well, stand). As the Moon orbits Earth, its gravitational pull creates tides in our oceans. And Earth returns the favor — its gravity creates tides in the lunar crust. The big moons of the planet Jupiter also experience the effects of tides. Each one feels a tug of war between Jupiter and the other moons.

Ruby N - 7IG

### DIFFERENT TYPES OF VARIATION

#### INHERITED CHARACTERISTICS

- Eye colour
- Skin colour
- Hair colour
- Curly or straight hair
- Dimples
- Freckles
- Height
- Tongue rolling
- Shape of a nose
- Muscle structure
- Bone structure

#### ENVIRONMENTAL CHARACTERISTICS

- Favourite music
- Being a good basketball player
- The Language you speak
- Diets
- Social relationships
- Behaviour
- Culture
- Safety
- Accessibility
- Sense of humour



Gabriel O - 7E

Mini Project-Chemistry Cino 8P Acids and Alkaline

Hazards: something that could cause: harm to someone, damage to something, adverse health effects, either straightaway or later.



Explosive: exploding, self-reacts, organic



Flammable: materials or substances liable to self-ignite when exposed to water or air (pyrophoric), or which emit flammable gas.



Oxidising: A classification for chemicals and preparations that react exothermically with other chemicals. Replaces the previous symbol for oxidising.



Corrosive refers to a substance that has the power to cause irreversible damage or destroy another substance by contact.

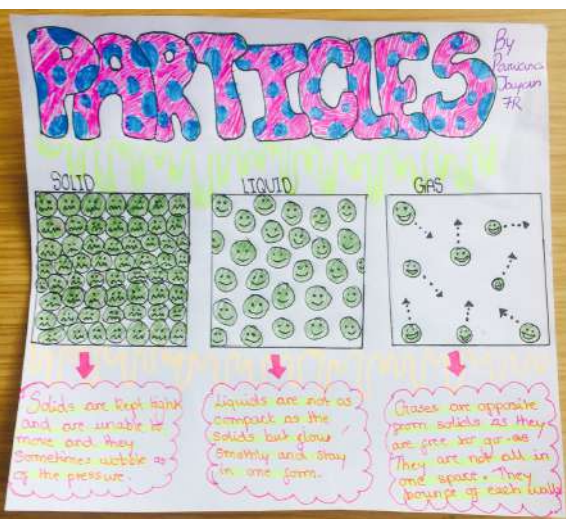


Substances with a hazard of acute toxicity will have this symbol on their chemical label. Acute toxicity means that exposure to a single dose of the chemical may be toxic or fatal if inhaled or swallowed, or if it comes into contact with the skin.



An environmental hazard is any condition, process, or state adversely affecting the environment. Environmental hazards can cause widespread harm to humans and the physical environment.

Cino J - 8P



Parwana J - 7R

Milanne Fernando

## HOT AIR BALLOONS

The reason why hot air balloons work, is because of hot air — you can even tell by its name! Without hot air, balloons cannot work.

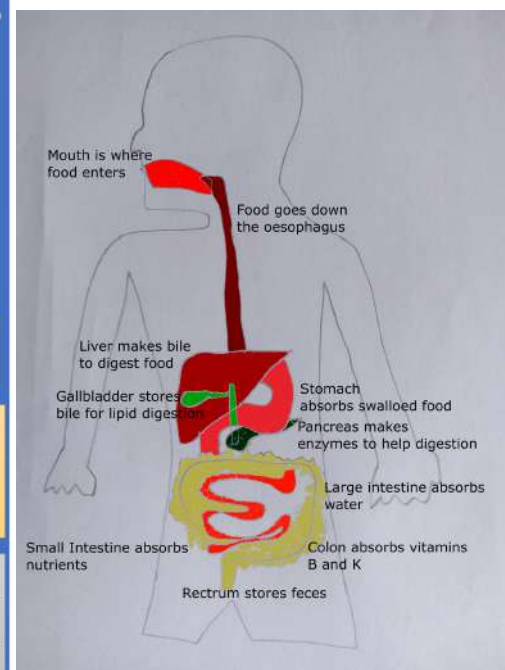
If a hot air balloon gets a whole, while in the air, the balloon will fall to the ground. Warm air is less dense than the air around it, so it rises, pushing up the balloon. However, when the balloon is open at the top, the air will keep rising and won't have anything to hold up.

The air particles in a hot air balloon absorb the heat energy and become more excited — this makes them move faster, which means that the particles will collide with greater force. So, a hot air balloon rises because it is filled with hot, less dense air and is surrounded by colder, more dense air.

#### Interesting facts about hot air balloons

- A rooster, duck and sheep were the first passengers on a hot air balloon.
- The hot air balloon was invented on November 21<sup>st</sup> 1783.
- Hot air balloons were used for war reconnaissance.

Milanne F - 7E



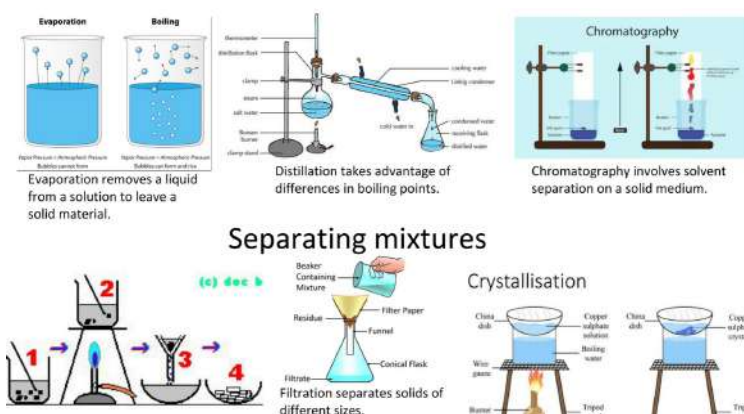
Ted T - 8A

**Difference between gravity on the moon and Jupiter!!!**  
Jupiter is the largest planet and due to this it has the largest gravitational force. Compared to Jupiter there is barely any gravity on the moon. However despite many believing there is no gravity on the moon there is just it's not as strong which is why we float on the moon.

**Resultant force!!!!**  
When forces act on an object the resultant force is the difference between the forces. It is also called a net force.

**What is upthrust!!!!**  
Upthrust is the upward force that a liquid or gas exerts on a body floating on it.

**Collapsing can experiment!!!!!!**  
The collapsing can experiment is a very fun interesting science experiment. The science behind it is the fact that the steam from the boiling water pushes air out of the can. When the water vapour condensed the pressure became much less than the pressure outside the can due to this the air crashed the can.



### Separating mixtures

Distillation takes advantage of differences in boiling points.

Chromatography involves solvent separation on a solid medium.

Crystallisation

Malachi CM - 8P

Amira M - 7IG



# HISTORY

Examples of work from part of a project looking at the experiences of black people in the 1920s in the USA, Britain and the Caribbean which students did during lockdown.

## Amy Ashwood Garvey

She co-founded the United Negro Improvement Association (UNIA) with Marcus Garvey.


Ashwood married Garvey in New York City on December 25, 1919.

The couple filed for divorce in 1922.

In New York, in 1926, she collaborated with Caribbean musician Sam Manning on the musicals *Brown Sugar, Hey! Hey!*, and *Black Magic*.

In 1945 she chaired the sessions of the fifth Pan-African Congress in Manchester.

She ran the West Indian restaurant from 1935 to 1938.



10 January 1897 - 3 May 1969 (Age 72)

Amy continued her work with UNIA, traveling across the country making speeches and recruiting new members. She worked on its journal, *Negro World*. She also helped manage the new Black Star Line Steamship Corporation.

In 1924 she helped found the Nigerian Progress Union in London.

In 1935 she was active in organizing protests against the Italian invasion of Ethiopia.

She formed a chapter of the Association for the Advancement of Colored People in London in 1958.

## Black Lives Matter Poem

During the past years things have been hard,  
Racism, discrimination and prejudice left scars.

Only a few come together and fight,  
And stop this barbaric thing which leaves us in fright.

Black Lives Matter and so do others  
So let's help each other to make this matter.

There are black activists, black feminists and idols alike,  
Who come together to do the unthinkable as they fight.

Many lives were taken as well and it was such a horrible sight  
Which left the brave startled and in fright.

But many lives were changed through this great struggle  
And let's hope for the world to come together and stop this trouble.

## Black Lives Matter 1920

For this exhibit, we are showing an interview written in 1920 with Marcus Garvey. The interview was about how black people such as himself were treated during those times *'in those times, black people in America and Britain were treated like they weren't members of the public. We were sent to our own parts of the countries in America, we were sent to live in New York Harlem and in Britain people were sent to Liverpool. In Harlem we started to create our own things and jobs like we created our own styles of music and our own styles of Art and acting. We lived in peace there. When the Americans figured out our style of Music and art it started to become known around the world and many people started trying out our different styles of music.'*

*In 1919 I created my own company called the Black Star line which is a shipping company to establish trade and commerce between Africans in America, the Caribbean, South and Central America, Canada and Africa.*

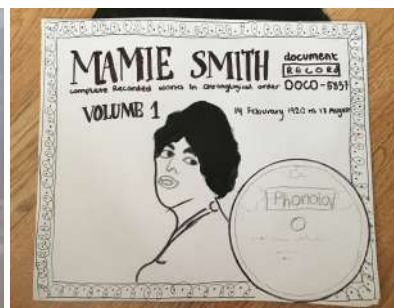
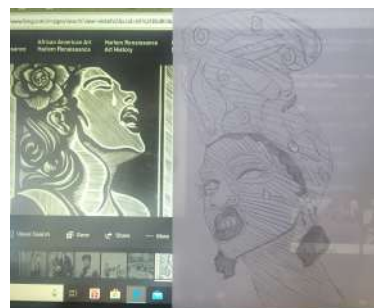
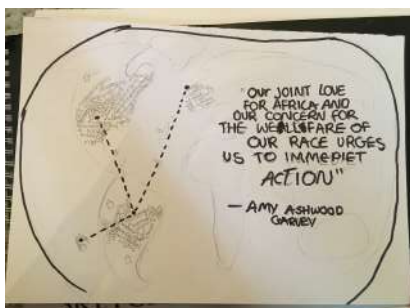


## Jazz Music

Jazz Music was very important in the 1920's. It was very popular back then and was played and sung by many black people. As well as that many white people began to recognise the musical talent that black people had through their music.



When Jazz music became a new genre of music fashion also changed. Men's pants became bagged and women's hair was cut short. Jazz also helped women and girls to cut through from the places men put them in and make a career in it.





## Year 8 French students have been working on a small cross curricular project on the Geography of France and presented their findings

### Tour de Montparnasse

- The Tour de Montparnasse has 59 floors, it is the only skyscraper in central Paris. The French hated this building so much they passed a law limiting the number of floors to seven floors other buildings in the middle of Paris.
- I have been up here and looked through the telescopes at the top.



### Facts about Belgium

- The Southern part of Belgium, known as "Wallonia" speaks French. In the North they speak Flemish which is close to Dutch.
- Belgium is famous for tasty waffles and "moules frites".
- Belgium produces over 220,000 tonnes of chocolate each year.
- Brussels (the capital) is where the EU headquarters are.
- Antwerp is considered to be the world's diamond capital.
- Bruges is a medieval town with waterways like Venice; it was a hub for international trade in the middle ages before the route to the sea got silted up. Today it's popular with tourists.
- Brussels has had direct rail link to London on Eurostar since 1994.

### Monuments in Paris

- I have visited Paris twice so we've got lots of pictures of me there.
- The Eiffel tower is the most famous monument in the world.
- It's illegal to take a photo of the Eiffel tower at night with the lights on and share it because the lights are still copyrighted, but the tower isn't copyrighted.



### My Favourite Monument

- My favourite monument in Paris is the Sacré-Cœur. It's French for "Sacred Heart".
- It is a Church on top of a hill called Montmartre.
- It is the second most visited monument in Paris.
- The tip of the Sacré-Cœur dome at 83m is the 2nd highest point in Paris (the 1st is the Eiffel Tower at 321m).
- The Sacré-Cœur was finished in 1914.
- About 11.5 million people have visited it.



### COUNTRIES THAT SPEAK FRENCH

**Canada** population is 37,742,157. At this moment, in Canada it is currently 27°C. Some places to visit are Jasper National Park, Banff, Niagara Falls and Vancouver.

**Madagascar** population is 26,969,305. In July, it is around 12°C. Some places to visit in Madagascar are Ifaty, Nosy Be, Nosy Mangabe and Tsingy de Bemaraha.

**Switzerland** population 8,654,218. Now, 18°C. Places to visit are The Matterhorn, Chillon de Chillon and Schweizerischer Nationalpark.

**Belgium** population is 11,589,514. It is now 17°C in Belgium. A few places to visit are Brussels, Bruges, Ghent and Antwerp.

**Congo** population is 89,510,737. The weather there is 24°C. You can go visit Kinshasa, Lola Ya Bonobo and Kahuzi Biega National Park.

### ONE OF THE COUNTRIES BORDERING FRANCE IS SPAIN

- Spain is the second-largest country in the EU
- It has the world's second most widely-spoken language
- At 47 million, Spain has the fifth largest population in Europe
- Spain's capital is called Madrid and is also the largest city
- Around 406 million people around the world speak Spanish

**/\*-ALSACE-\*/**

Alsace looks like a peaceful but fairly popular place. The colourful buildings really caught my eye and it really stood out. The views and structures are beautiful. I would love to visit them one day.

J'aime prendre des selfies et partager des photos.

**~\*CANADA~**

Canada is widely known for its hockey, maple syrup, and usually cold winters. The Canadians also enjoy some sweet products only available in the Great North, many of which are completely unknown to its neighbors to the south or even outside of its closest neighbors.

The capital city of Canada is Ottawa. Canada is the second largest country in the world by total area. Ottawa is the largest French speaking city in Canada. The capital city of Canada is Ottawa, the second largest city in the world after Moscow. Canada has the longest coastline of any country in the world at 243,999 kilometers - 151,600 miles. Montreal is the world's second largest French speaking city after Paris.

**THE FRENCH SPEAKING ZONE**

**Espagne**

- Spain is the second biggest country in the EU
- It used to have many popular artists, including Pablo Picasso
- It is said that the "first" modern novel (Don Quixote) was Spanish
- The world's biggest food fight happens in Spain ("La Tomatina") where anyone can throw tomatoes at each other.
- It is said that the Eiffel tower was going to be originally built in Spain's Barcelona.

**4. You can eat 30 types of waffles and 10 types of potatoes in Belgium**

The best potato fries are found in Belgium

**2. Belgium can function for 589 days without a government**

Belgium has broken the record of the longest period without a government.

**5. In Belgium, people make flower carpets made of flowers and they are really good at it**

This event happens every two years on the weekend around mid-August.

**Neighbouring countries of France**

**France Task 1**

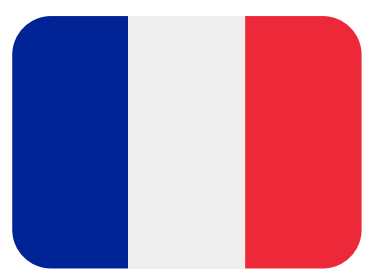
France is an European country, surrounding it is Spain, Belgium, Luxembourg, Germany, Switzerland and Italy (en Espagne, en Belgique, Luxembourg, en Allemagne, en Suisse and en Italie).

**My chosen country: Italy**

Fun facts:

- En Italie il n'y a en Europe que 3 volcans.
- La pizza vient d'Italie.
- 60 millions de personnes vivent en Italie.
- Rome a 2000 ans.
- Le fleur nationale est le lis.

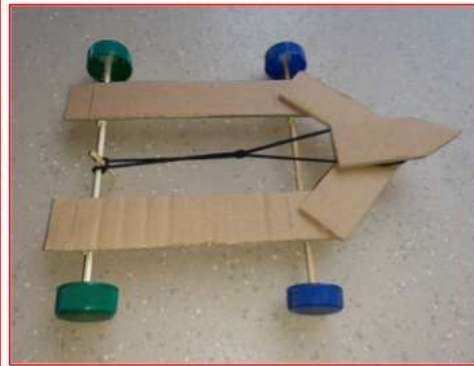
Italy national flower: Lily France national flower: Iris



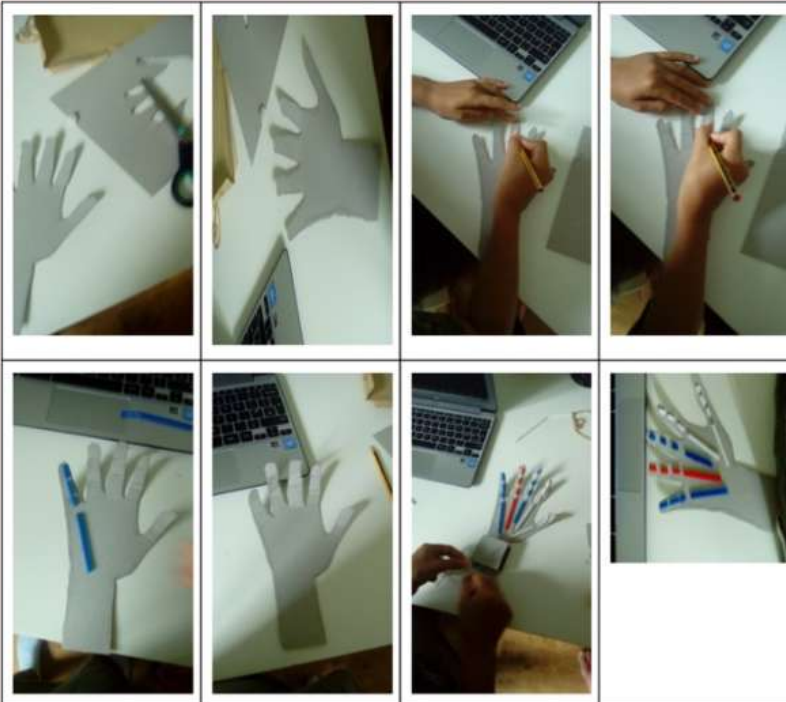
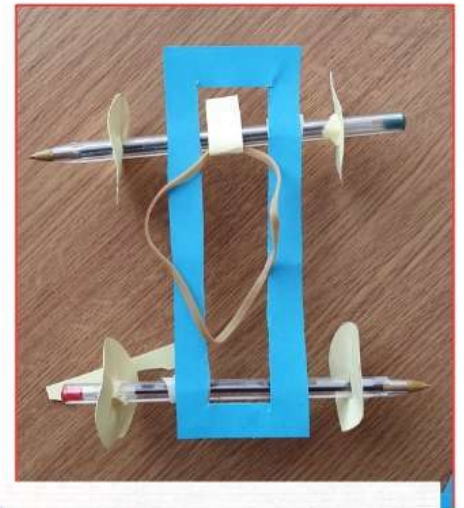
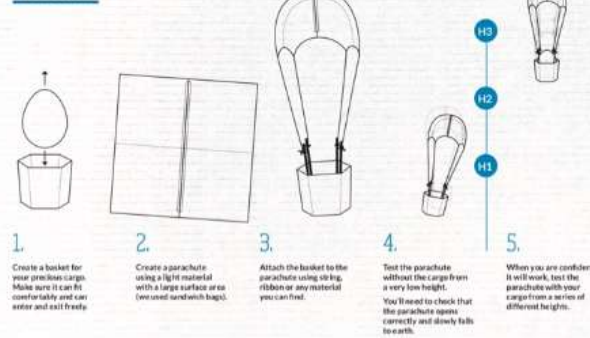


# PRODUCT DESIGN

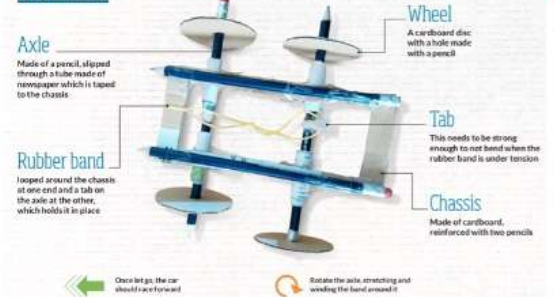
## Engineering@Home



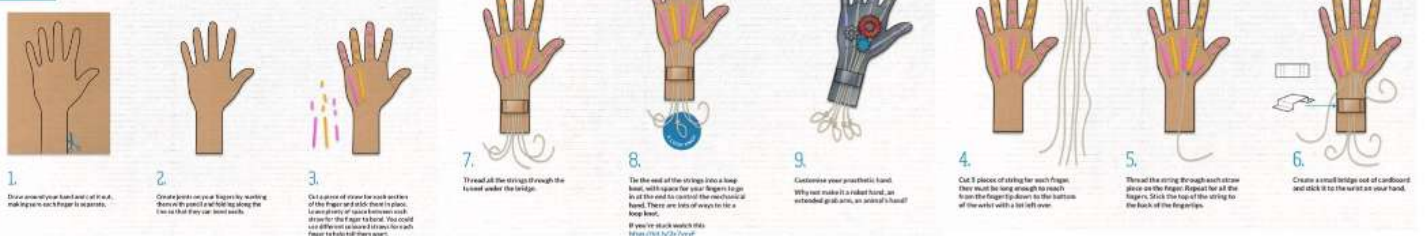
### INSTRUCTIONS



### A BASIC EXAMPLE



### INSTRUCTIONS





# PRODUCT DESIGN ~ FOOD



Students in years 7 & 8 have been set the task to create their own recipe books.



Thank you to  
Milanne in year 7  
for the tasty recipes below



Recipe Name: Chicken Biryani Chef Name: <b>Milanne Fernando</b>		
Preparation Time: 30 mins	Cook Time: 30 mins	Serves: <b>4</b>
<b>Ingredients List</b> 300g basmati rice 15g Coriander leaves 1 teaspoon Turmeric powder Chicken legs/breasts 1 bay leaf 25g ghee. 3 red onions 4 tablespoons Curry Paste Small cinamon stick 3 tablespoons yoghurt	<b>Method (instructions)</b> <p>Soak 300g basmati rice in warm water, then wash in cold until the water runs clear.</p> <p>Heat 25g ghee in a saucepan and cook 3 finely sliced red onions , with 1 bay leaf and 1 small cinnamon stock for 10 minutes.</p> <p>Sprinkle in 1 teaspoon of turmeric powder and add three tablespoons of yoghurt if you wish.</p> <p>Then add your chicken legs/breasts and 4 tablespoons curry paste. Cook until aromatic.</p> <p>Stir the rice into the pan and Simmer chicken stock from the chicken.</p>	
Continue method <p>Place a tight lifting lid on top of the pan and bring it to hard boil, then lower the heat of the cooker and cook the rice for another 5 minutes.</p> <p>Turn off the heat and leave for 10 minutes, stir well mixing through 15g chopped coriander.</p> <p>To serve, Season the top of your Biryani with the leftover coriander leaves.</p>		

Recipe Name: Vindaloo chicken Curry Chef Name: <b>Milanne Fernando</b>		
Preparation Time: 10 mins	Cook Time: 50 mins	Serves: <b>4</b>
<b>Ingredients List</b> <ul style="list-style-type: none"> <li>• Red Chillies</li> <li>• 2 tbsp Coriander Seeds</li> <li>• 1 inch Cinnamon</li> <li>• 2-3 Green Cardamom</li> <li>• 1 tsp Cumin Seeds</li> <li>• 1 tsp Mustard Seeds</li> <li>• 2-4 cloves Garlic</li> <li>• 1 inch Ginger (Chopped)</li> <li>• 1 tbsp Vinegar</li> <li>• 1 and 1/2 tbsp Tamarind paste</li> <li>• 4 tbsp Vegetable Oil</li> <li>• 2 cups Onion (Chopped)</li> <li>• 750 g Chicken (Curry Cut)</li> <li>• 1 cup Tomato Puree</li> <li>• 1 tsp Turmeric Powder</li> <li>• Salt to taste</li> <li>• 1/2 tsp Sugar (if you want)</li> </ul>	<b>Method (instructions)</b> <ol style="list-style-type: none"> <li>1. Dry roast red chillies, coriander seeds, cinnamon, cardamom, cumin and mustard seeds till fragrant and slightly browned.</li> <li>2. Blend in a blender along with ginger, garlic, vinegar and tamarind paste to make a smooth paste.</li> <li>3. Add little water while making the paste.</li> <li>4. Heat oil in pan.</li> <li>5. When the oil is hot, add chopped onion and fry till golden brown.</li> <li>6. Add chicken and fry on high heat for 3- 4 minutes.</li> <li>7. Add tomato puree and the paste that we made.</li> <li>8. Now add salt, turmeric powder and 1 cup of water and cover and cook for 45-50 minutes.</li> <li>9. Add sugar and cook for another minute.</li> <li>10. Serve hot with green chellies on top, this dish will go well with steamed rice or Chapati.</li> </ol>	

What will you cook this summer?



# Rainbow Themed Bake Off Competition 2020

A massive WELL DONE to all students and staff who entered the Bake Off Challenge!

The Design and Technology Department had a tough decision to make when choosing our winners due to the fantastic outcomes and creativity demonstrated.



**Student Bake Winner**  
**Amira Moise (Year 7)**



**Staff Bake Winner**  
**Ms Grierson**



**Congratulations  
to our Winners!**





# EXTENDED PROJECTS

[illegible][illegible]

The figure displays a sequence of 20 slides from a business plan presentation for 'Hair and Beauty!'. The slides are arranged in a 4x5 grid. Each slide contains text, images, or diagrams related to the business plan. The slides are numbered 1 through 20 in the bottom left corner of each slide.

- Slide 1:** Title slide 'Hair and Beauty!' with a photo of a person's hair and a list of services: Haircut, Styling, Coloring, Extensions, and Nail Art.
- Slide 2:** 'By Hannah' with a photo of the creator.
- Slide 3:** 'What am I trying to create?' with a diagram showing the business structure.
- Slide 4:** 'What do I want to achieve?' with a list of goals.
- Slide 5:** 'How can I get there? What tasks need to be achieved to achieve these goals and create a vision?' with a list of tasks.
- Slide 6:** 'What do I need to invest in terms of time and money to believe these results. And how much time and money?' with a list of investment needs.
- Slide 7:** 'How will I monitor and review these results?' with a diagram showing the monitoring process.
- Slide 8:** 'Which skill am I missing? Where are the weaknesses?' with a list of weaknesses.
- Slide 9:** 'Why will my idea work?' with a list of reasons why the idea will work.
- Slide 10:** 'Where is the opportunity?' with a list of opportunities.

### Register our business and products

Get a VAT number for tax collection only because I cannot be in other location

Cost per item: Putting on T-shirts is €1.00  
Cost per item: Value is €2



### About the product

When creating how you do on your product, I use a hand stand to show my target in around 100 days and products and they give a discount of 10% each year (20% off) for every customer and they give a discount of 10% each year (20% off) for every customer and they give a discount of 10% each year (20% off) for every customer

How many would you produce each day? I don't use many because my hand-different when dry and in cold but when I wash it I use loads



### Revenues and Costs

What is the average price of your product? Costs is normally around €2.00. Get and other items together in around 100 days and products and they give a discount of 10% each year (20% off) for every customer and they give a discount of 10% each year (20% off) for every customer

How many items will you get open? Everything apart from Monday



### Sources of finance

How much money will you need to start your business? I am planning to make €20 a week because of most prices within 1 hour I want to try and make €20 within 5 days so that I can keep it safe



### Thank you for listening

THANK YOU!







## INTRODUCING SPEAKERS FOR SCHOOLS VIRTUAL WORK EXPERIENCE AND TALKS

LEARN MORE UNDER  
THE **INSPIRATION &  
EXPERIENCE** SECTIONS

# Free for all year groups



## REEMAH SAKAAN

Group Launch Director, BritBox

- DATE: Monday 13th July, 10am
- AGE GROUP: KS3-5/ S1-6
- [WATCH LIVE TALK HERE](#)

Hear from Reemah Sakaan, Group Launch Director, BritBox on what it takes to have a career in TV, the skills and qualities that you might need and more about their career journey.

## ANDREW BAILEY

Governor of the Bank of England

- DATE: Monday 13th July, 2pm
- AGE GROUP: KS3-5/ S1-6
- [WATCH LIVE TALK HERE](#)

Join us to hear from the Governor of the Bank of England, Andrew Bailey, as he talks to students across the UK about the work of the Bank and answers YOUR questions.



## RICHARD AYLARD, EXTERNAL AFFAIRS AND SUSTAINABILITY DIRECTOR AND REBEKAH KENYON, SENIOR SUSTAINABILITY AWARENESS ADVISOR, THAMES WATER

VTalk in Partnership with Thames Water

- DATE: Tuesday 14th July, 10am
- AGE GROUP: KS3-5/ S1-6
- [WATCH LIVE TALK HERE](#)

Reflections on sustainability in a lockdown world: Join us to hear from Richard Aylard and Rebekah Kenyon as they discuss sustainability and lockdown, from home working to how lockdown has impacted Thames Water's activities and our new appreciation for the environment.



## SARA CROFTS

Chief Executive, The Institute of Conservation

- DATE: Tuesday 14th July, 2pm
- AGE GROUP: KS3-5/ S1-6
- [WATCH LIVE TALK HERE](#)

Who looks after the dinosaurs in the Natural History Museum? Who uncovers the hidden stories in old paintings? Who keeps Big Ben running like clockwork? Join Sara Crofts to find out how professional conservators care for the treasures in our museum and galleries.

## ANNA TURNEY

Paralympian

- DATE: Wednesday 15th July, 10am
- AGE GROUP: KS3/ S1-2
- [WATCH LIVE TALK HERE](#)

Paralympian, Anna Turney, is joining SFS virtually to reflect on her own journey and share life lessons with young people including the important of goal setting, working hard and developing resilience.

## ALEJANDRA CASTAÑO

GHG Air Quality Lead Advisor, Upstream – GOO, BP

- DATE: Wednesday 15th July, 2pm
- AGE GROUP: KS4-5/ S5-6
- [WATCH LIVE TALK HERE](#)

This talk will be given by an environmental engineer with BP about her career at the company and the kind of work she's involved in with the company's carbon ambition.



## SHARON WALPOLE

Director, Careermap

- DATE: Thursday 16th July, 10am
- AGE GROUP: KS4-5/ S5-6
- [WATCH LIVE TALK HERE](#)

We're delighted Sharon Walpole, Director, Careermap has kindly agreed to join us to discuss how young people can prepare for their future careers from understanding what your passion is, how to research to find out more about the careers you might be interested in and sharing the resources that can help you think about your future.

## JULIA ANGELES

Investment Manager, Baillie Gifford

- DATE: Thursday 16th July, 2pm
- AGE GROUP: KS4-5/ S5-6
- [WATCH LIVE TALK HERE](#)

Interested in learning more about the skills it takes to succeed in the future job market? Julia Angeles has joined us to give insights in to the investment industry and to highlight the importance of collaborative and creative thinking in any career!





'Keep Doing Good' is an amazing opportunity for Year 11 pupils to support their local community and help tackle issues that already existed or have emerged due to COVID-19.

There is still an opportunity for you to get involved and make a difference in your local community.

NCS and Leyton Orient Trust are offering 'Keep Doing Good', a fantastic opportunity for you to get some volunteering experience whilst also making a positive impact in our community.

You will learn new skills, meet new people and plan and delivery a social action project that you are passionate about.

Thousands have already signed up to 'Keep Doing Good'. Find out how you can pledge your time this summer here

<https://wearencs.com/keep-doing-good>.

We'd really encourage you getting involved. If you have any question please get in touch with us or contact Leyton Orient Trust at [enquiries@leytonorienttrust.org.uk](mailto:enquiries@leytonorienttrust.org.uk)

**Certificates earned in the  
first online UKMT Junior  
Mathematics Challenge!**



United Kingdom  
Mathematics Trust

**Gold**

Aleesha Loates (Best in Year 8, Best in School)  
Gabriella Francis

**Silver**

Emilia Biedrowska  
Stacy D'souza  
Darnel Norville

**Bronze**

Luke Pemberton (Best in Year 7)  
Abishan Athiraiyan  
Berenise Dzah  
Joseph Bearfield  
Danielle Fennell  
Nikolas Gauba  
Thomas Masterson  
Kezia Mathew  
Athena Savva  
Maria Shotikare  
Abisshanth Sivakumar



$$y = \frac{\Delta x}{\Delta z} \cdot \frac{\Delta y}{\Delta z} \cdot \frac{\Delta z}{\Delta z}$$

$$= (y-1)^2$$

$$\sum_{n=0}^{\infty} \frac{x^n}{n!} = e^x$$

$$\sin a = b$$

# MATHS CORNER

## LAST WEEK'S MATHS CHALLENGE

#MathsQuickie

Emily and Luca went to the cinema and each bought a film ticket and a hot dog. Emily spent  $\frac{2}{3}$  of her money and Luca spent  $\frac{1}{3}$  of his money.

If the ticket cost £9 and the hot dog cost one third of the ticket price, how much money did each start with?

Person	Ticket	Hot Dog	Total Spent	Money Left
Emily	£9	£3	£12	£6
Luca	£9	£3	£12	£6

The ticket cost £9 and the hot dog cost  $9 \div 3 = £3$  so the total money each spent was £12.

Emily's money: £12 is two fifths of Emily's money, so each fifth is worth £6. Therefore, the money she started with is  $6 \times 5 = £30$ .

Luca's money: £12 is one third of Luca's money, so the money he started with is  $12 \times 3 = £36$ .

## Maths Vocabulary

**sequor v.** to follow (Latin)

**sequel n.**

1. Something that follows as a continuation, especially a literary or cinematic work.

Sequel

**sequence n.**

1. An ordered list of objects.

**Examples:**

5, 8, 11, 14, 17, ...

3, 6, 12, 24, 48, ...

▲, ■, ●, ...

{1}, {1, 1}, {1, 1, 1}, ...

a, 3a + 1, 5a + 2, ...

## THIS WEEK'S CHALLENGE

A Cinema sells one chocolate for £1. You can also exchange 3 wrappers for one Chocolate.

How many Chocolates can you get for £15

## MATHS\_JOKES

Why is the obtuse triangle always so frustrated?

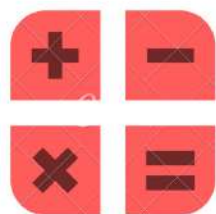
Because it is never right.

EMAIL MS. ASANTE IF YOU HAVE ANY QUESTIONS.

$$B \lim_{x \rightarrow 2} \frac{ctgx - 2}{\sqrt{x} - 2}$$

$$\int (x \pm a)^2 \geq n - 1$$

$$A - C =$$



HOLY FAMILY CATHOLIC SCHOOL

# ADULT MATHS CAFE

For adults who want to update their functional skills or work towards a GCSE in Maths.

Online sessions on Google Classroom  
Every Tuesday: 7.00-8.30pm  
To register please contact Mr McCollin or any  
other Maths teacher.

[O.MCCOLLIN@HOLYFAMILY.WALTHAM.SCH.UK](mailto:O.MCCOLLIN@HOLYFAMILY.WALTHAM.SCH.UK)



# Year 7 Superstars

**Miss Carrick and Mr Keers are so proud of the effort and commitment to the lockdown work, their contributions to online activities, conversations and catch ups by the following students. And we know a lot of them have made new friends along the way. You all deserve a lovely summer holiday and a good rest!**

Aaliyah Hill - received many stars for her work in lots of different subjects

Abishan Athiraiyan - consistently completing all work set

Aishah Sanni - awarded stars in lots of subjects and contributed positively in the Year 7 Classroom - its been lovely getting to know you more

Amira Moise - always friendly and polite to staff, and awarded staff from many different subjects

Anabel Chinedu - Many stars awarded during lockdown from different subjects!

Anna Yiadom - Lots of stars in different subjects

Arturo Boakye - Lawrence - joined the year group hangout each week to say hello to everyone and has worked incredibly hard in all subjects!

Bobby Vasilev - consistently impressed his teachers with hard work and completing all work set

# Year 7 Superstars

Brooke Paley - Worked very hard in all subjects and always polite and friendly to staff

Chelsy Shotikare - Has been awarded many stars for her wonderful art work during lockdown

Chikanyima Igboama - Completing work to a high standard in lots of different subjects, and always joined our year group hangouts to say hello!

Debbie Kwarteng - MANY stars in different subjects and made a video on her lockdown experience for a competition!

Duncan Reyes - Completing LOTS of work at home and always updating Year 7 on COVID statistics

Eva Piotrowska - Lots of stars awarded, especially in English and Music, joined our year group hangouts and had a lovely chat with us each week

Eveleen Drapalyuk - LOTS of stars in many different subjects - well done for all of your hard work!

Jeremy Mathew - Teachers are very impressed by your hard work at home

Jessica Emmanuel - Excellent work in lots of different subjects - well done!

Julia Matejek - Many, many stars awarded for fantastic work



# Year 7 Superstars

Laura Karo - Again, brilliant work, completed pretty much all tasks set and always polite to staff online

Lewis Benjamin - Received lots of stars during lockdown in different subjects for his excellent work

Maria Baleanu - Great effort in different subjects, we will miss you when you move to your new school!

Maria Leybak - MANY stars awarded to you during lockdown! And always chatty and friendly in the year group hangout.

Milanne Fernando - So polite, friendly and positive, lots of stars in lots of subjects!

Miriam Moloney- Elkasmi - Excellent effort in all subjects, well done!

Naomi Holness - A long list of stars in different subjects awarded during lockdown

Nicholas Niemczyk - Excellent effort in all home learning tasks

Ola Ostynowicz - AMAZING work in all subjects! Always a smiling face in our year group hangout - and a very cute dog!

Parwana Jayan - FANTASTIC contribution in many areas during lockdown, completed all work perfectly, especially her art work, joined our year group hangout and script reading every week!

Patricija Lindinaite - Great effort and many stars awarded in different subjects

# Year 7 Superstars

Paul Gabriel Gonzales - Lots of hard work and stars awarded to him by teachers

Raya Hutcheon - Wonderful work and recognised by many staff for her hard work. Joined our hangout and script reading every week

Sinead Keegan - Outstanding effort in every subject, you have worked so hard and deserve a long summer break!

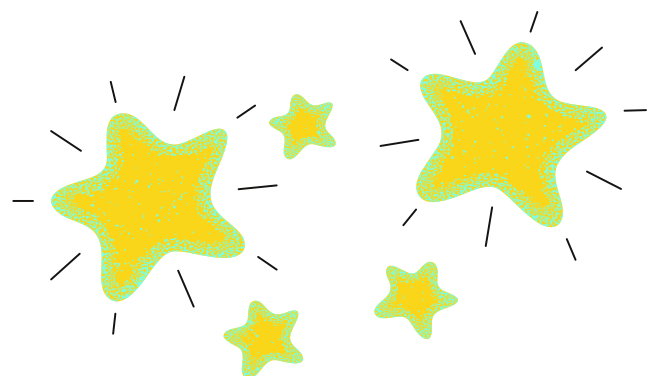
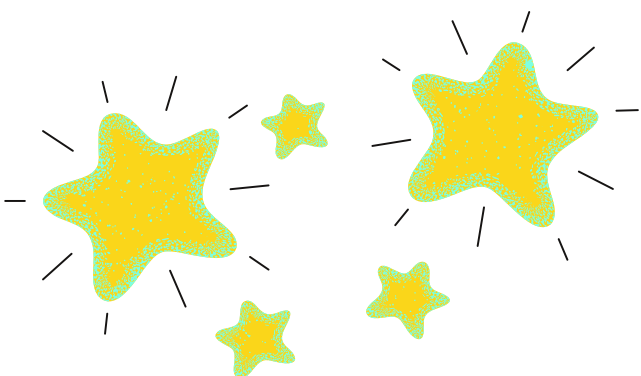
Tayjah Smith - Brilliant to hear about all your hard work, lots of stars received by teachers

Terryana Agyim - Excellent effort and work completed in all subjects

Thomas Ead-Mitchinson - The most cheerful, positive and hard working, so many stars given to you by teachers, and always a smiling face in the year group hangout and script reading

Zoe Aslam - Lots of stars given in different subjects for your hard work!

Zuzanna Brodowska - Lots of stars given, lots of work completed and a lovely student :-)







## Year 8 Stars

Hello Year 8!

Mr Sayer and I have been receiving STAR nominations from your teachers.

The following students have been nominated for producing outstanding work so far and for contributing to the Holy Family Way.

Well done and keep up the excellent work!

Please congratulate the following students.

Thank you  
Miss St Aimie & Mr Sayer

### English Stars

**Aleesha Loates**  
Great English work this week!  
**Almaz Farquar**  
Great English work this week!  
**Gerrund Canlas**  
Great English work this week!  
**Cino Jose**  
Great English work this week!  
**Claude Andre n-Ghandu**  
Great English work this week!

### English Stars

**Darnel Norville**  
Great English work this week!  
**Fabrice Fidegnon**  
Great English work this week!  
**Giulia Distefano**  
Great English work this week!  
**Jane Themudo**  
Great English work this week!  
**Stacy D'Souza**  
Great English work this week!  
**Tyrees Agha**  
Great English work this week!

### Spanish Stars

**Gabriele Reinyte**  
Gabriele has really impressed me with her Hotel Brochure project! It is wonderful to see so much talent and linguistic skills in one student!! Well done indeed!!  
**Delyan Krastev**  
Despite the language barriers, Delyan has been trying very hard to submit his Spanish work on time, and to the best of his ability, so well done, Delyan!

### Music Stars

**Nathan Chan**  
For producing a brilliant Musical Elements Guide - awesome work!  
**Wilton Boateng**  
For producing some really good work over the last few weeks - really putting in a lot of effort in - well done!  
**Amir Sooraj**  
For producing some brilliant work every single week and putting a lot of effort into his work every single time! Well done!

### Spanish Stars

**Tahalia Miller**  
Tahalia has become a very resourceful and responsible student, and I applaud that, Tahalia! Well done!  
**Joseph Brunton**  
For making a great effort with the Spanish Hotel Brochure and being responsible and mature in his communications with me. Muy bien, Joseph!

### English Stars

**Thomas Masterson**  
Great English work!  
**Ulyssa Rillera**  
Great English work!  
**Athena Savva**  
Very good English work  
**Maria Shotikare**  
Excellent English work.

### English Stars

**Giulia Distefano**  
Great Romeo & Juliet Work week 10!  
**Jake Bowden**  
Great Romeo & Juliet Work week 10!  
**Jane Themudo**  
Great Romeo & Juliet Work week 10!  
**Joshua Morgan**  
Great Romeo & Juliet Work week 10!  
**Kezia Tomy Matthew**  
Great Romeo & Juliet Work week 10!

### English Stars

**Aleesha Loates**  
Great Romeo & Juliet Work week 10!  
**Cino Jose**  
Great Romeo & Juliet Work week 10!  
**Darnel Norville**  
Great Romeo & Juliet Work week 10!  
**Davina Blay-Attobrah**  
Great Romeo & Juliet Work week 10!  
**Fabrice Fidegnon**  
Great Romeo & Juliet Work week 10!

### English Stars

**Sianna Xavier-Cruickshank**  
Great Romeo & Juliet Work week 10!  
**Stacy D'Souza**  
Great Romeo & Juliet Work week 10!  
**Tyrees Agha**  
Great Romeo & Juliet Work week 10!

### English Stars

**Malachi Cameron-Marques**  
Great Romeo & Juliet Work week 10!  
**Nikolas Gauba**  
Great Romeo & Juliet Work week 10!  
**Patrick McCormack**  
Great Romeo & Juliet Work week 10!  
**Perry Kwarteng**  
Great Romeo & Juliet Work week 10!

### English Stars

**Sianna Xavier-Cruickshank**  
Great Romeo & Juliet Work week 10!  
**Stacy D'Souza**  
Great Romeo & Juliet Work week 10!  
**Tyrees Agha**  
Great Romeo & Juliet Work week 10!

### English Stars

**Valeria Boldisor**  
For making brilliant progress in her English work.

### PD Stars

**Erin Gallagher**  
**Athena Savva**  
**Benita Sebastian**  
**Joe Bearfield**  
**Giulia Distefano**  
**Ted Trivuncic**  
**Danielle Fennell**  
For consistently producing great work.

# Year 9

# Stars

## 9A

Bambo Djabula - Fantastic effort and quality of work in English!

Jaden Londono - Ruiz Fantastic effort and quality of work in English!

Joshua Onunkwo – Fantastic effort and quality of work in English!

Victor Ostash - Fantastic effort and quality of work in English!

Conor Dalladay – Great improvements in quality of English work

Micah Russell - Amazing Work on "Anthem for Doomed Youth" in English

Leandrew Smith - Great Quality English work & Fantastic Catching Up! ( I always knew you were a clever boy!!!)

Maria Gomes- Fantastic Effort & Great completion rates for English work

Nicolassa Vaz - Fantastic Communication and great effort on your project work

Gabriel Chapman - Trying hard in Maths

Joshua Onunkwo - For producing a great slideshow presentation teaching others about how to safely store food and leftovers. 🍌

Nicolassa Vaz - Fantastic English work & Great Effort!!!

Maria Gomes - Fantastic English work & Great Effort!!!

Nicolassa Vaz - Fantastic Improvement with English online work!

Stacy Kazumba - Fantastic English work & Great Effort!!!

Victor Ostash- Great contributions in online English lessons

Rihanna Ferdinand - Great War & Conflict week 1 work emailed to me

Luke Angus - Great English work this week!

Bambo Djabula - Great English work on Birdsong

Conor Dalladay- Always completing English lockdown work

Jaden Londono - Great work on "Trenches" St Eloi & Great contributions to online lessons

Viktor Ostash - Great work on "Trenches" St Eloi & Great contributions to online lessons

Joshua Onunkwo - Great work on "Trenches: St Eloi" in English & always working really hard during lockdown

Maria Gomes - Great work on "Trenches: St Eloi" in English & working really hard during lockdown





## 9AN

Tyrese Charles - For writing an emotional monologue based on the coronavirus

Tre-Sean Senyah Carrington - Outstanding participation in English session!

Lucy Cornelius-Malm - For writing a very moving monologue on coronavirus

Chris Ndala- Outstanding participation in English session

Maria John- Fantastic effort and quality of work in English!

Emmanuel Oppong Kyere - For producing a very creative poster this week in Media

Maria John - Smashing answers in RE.

Tyrese Charles - Consistently good effort in English. Well done!!!

Maria John- Fantastic English work & Great Effort!!!

Roksana Matekjusk - Fantastic English work & Great Effort!!!

Jaden Londono - Great English work and great answers in Online Lessons

Janell Dowe - For completing her Spanish work with tenacity and showing responsibility and commitment in Spanish

King-David Boachie - Brilliant engagement and quality of work in performing arts

Tyrese Charles - Superb writing skills in RE.

Maria John- Excellent engagement in RE.

Shawn Edwards - Smashing answer for RE.

Boaz Farquhar - Great answers in Re - keep it up.

Neo Valverde-Sebunya - Good answers for RE - keep going.

Tyrese Charles - Participation in in-school quiz activities

Maria John- Effort and resilience in completing all the science work set

Roksana Matejezuk- Outstanding effort and skill in badminton session

Jannel Dowe- For making a very good effort with her Spanish work this week, being responsible and working well in my video class. Well done, Janell!!

Maria John - Great work on "Trenches" St Eloi & Great contributions to online lessons

Shawn Edwards - Fantastic Improvements in effort and work in English!

## 9E

Tyheem King - Great Communication & effort in English! I am so proud of you!

Kai Taylor - For producing a very creative film poster this week in Media

Edem Akator - For producing good work on genre in Media this week

Tyheem King Fantastic - English work & Great Effort!!!

Cleopatra Acheampong - For producing an excellent amount of work this week in Spanish and completing it to a very high standard. Well done, Cleopatra!

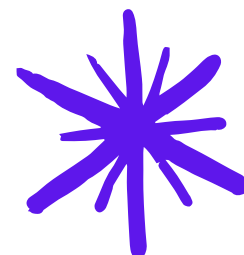
Tara Harker - Effort and resilience in Completing all science tasks set

Lora Baranovska - Joint highest in group quiz with 10/15

Tyheem King - Great English work this week!

Tyheem King - Great work on "Trenches: St Eloi" in English & working really hard during lockdown! I am really proud of you!

Burang Sylva - For completing extra Literacy work



## 9I

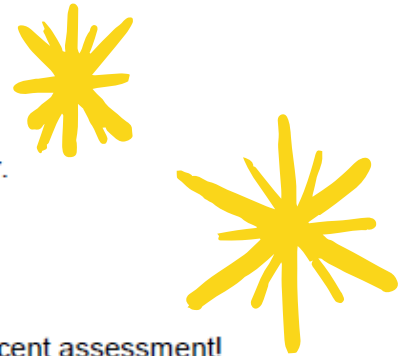
Khalil Smith - Completes work to a high standard and on time always. Never missed any live session

Khalil Smith - Outstanding contribution to English session

Therese Sarte - For writing a very creative and expressive monologue

Khalil Smith - For writing a very strong monologue on Black Lives Matter

Khalil Smith - Always joining the online lessons and being an active contributor.



## 9P

Jonathan Wabasolele - Great work in Geography, achieving a grade 9 in most recent assessment!

Ashwin Cherian - Outstanding Geography assessment, scoring 100%, including 9 mark essay question!

Ashwin Cherian - Great work on analysis genre this week in Media

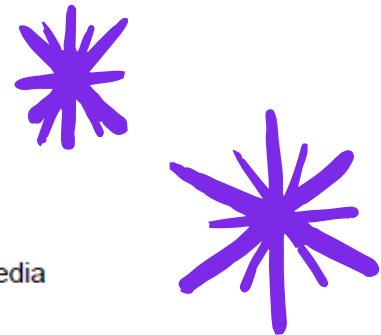
Elisjana Puci-Di Domenica - For producing a great slideshow presentation teaching others about how to safely store food and leftovers.

Elijah McKenzie - For always being so polite and delightful at school

Ayomide Akindayini - persevering with our google classroom meet despite technical issues at the start

Emmanuel Maxwell - persevering with our google classroom meet lesson today despite technical issues

Maxwell Emmanuel - Effort and resilience in completing all Physics assignments



## 9PH

Tacyana Ferguson - Excellent work in Geography, scoring a grade 9 in assessment!

Luca Da Conceicao - Producing an outstanding film poster in the genre of Sci-Fi for Media

Miracle Mulamba - Outstanding genre textual analysis for Media this week

Miracle Mulamba - For producing a great slideshow presentation teaching others about how to safely store food and leftovers. 🍌

Tacyana Ferguson - Excellent work in Geography, earning the 'Geographer of the Week' award

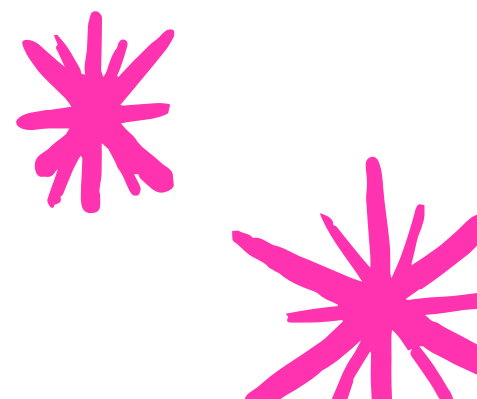
Joanna Copa - Producing a fantastic poster for her genre task in Media Studies

Miracle Mulamba - For working very well independently on challenging tasks in Spanish. It's a pleasure to read Miracle's work in Spanish! Well done!

Jacque Kiggundu - Fantastic maths work

Mary Leticia Isichei - Excellent work in Geography, earning the 'Geographer of the Week' title. Well done!

Lauren Daniel - For her invaluable help with my Spanish video lesson and the great job you did in it! Thank you and well done!





## 9R

Lily Gardzielewska - For writing a very emotional monologue on quarantine

Exaucee Mulamba - Brilliant use of media language in her genre analysis work

Lilianna Gardzielewska - For working very well independently on challenging tasks in Spanish. Well done!

Exaucee Mulamba - Fantastic attitude to maths work

Noah Bruce - Effort and resilience in completing all Physics assignments

Joao Gomes- Effort and resilience in completing all Physics assignments

John Shotikare - Effort and resilience in completing all Physics assignments

Mathuyan Yogathasan - Outstanding Geography work throughout the lockdown period and in the most recent piece of work on water in the UK- handwritten and in lots of detail- well done!

## 9S

Cheani Gregory- For writing a fantastic and emotional monologue on Black Lives Matter

Samara Jordan - For writing a wonderful, gripping and emotional monologue on Black Lives Matter

Gabriel Turay - Exceptional effort in online Geography lessons, making excellent contributions.

Gabriel Turay - Exceptional effort in online Geography lessons, making excellent contributions.

Amelia Szwedo-Bielicki - For the fantastic rainbow cake you made for the Bake Off Challenge! Well done! 🍰

Devantey Afram- Brilliant engagement and quality of work in performing arts

Angelina Martin- persevering with our google meet classroom lesson despite technical issues at the start

Amelia Szwedo-Bielicki - persevering with today's google meet lesson despite the technical issue at the start

Angelina Martin - Effort and resilience in completing all Physics assignments

Amelia szwedo Bielicki - Effort and resilience in completing all Physics assignments

Samara Jordan - Thank you for all your help with my class this week, and you did very well in my lesson too! Well done!

*Well done to all  
of our year 9  
stars!*

The text is surrounded by several stylized starburst graphics. There are three large yellow starbursts on the left side and two smaller pink starbursts on the right side, all with multiple points radiating from a central point.

## EDUCATIONAL PSYCHOLOGY SERVICE

### Parent/carers support

Waltham Forest Educational Psychology Service are providing a telephone consultation service to parents and carers.

During the COVID 19 lockdown there can be increased pressure on families and especially those parents of vulnerable children.

The EPS consultation service is available to families who may want support with:

- Emotional support for yourself or child's emotional health and well being
- Talking to your children about COVID 19 and the ongoing situation
- Supporting learning
- Managing behaviour
- Accessing information and resources

The consultation service is open to all families in Waltham Forest  
Calls can be arranged Monday to Friday 9am-7pm

If you would like to arrange a consultation please contact the

**Educational Psychology Service**  
**Between the hours of 9am and 4.30pm:**

020 8496 1732

**At any Time:**

email: [educationalpsychologyservice@walthamforest.gov.uk](mailto:educationalpsychologyservice@walthamforest.gov.uk)

You will be asked to provide information on name, school, contact details, preferred contact time. Information will be stored and a record of the consultation and outcomes for EPS information only.

You may request a copy of this record or at any time request to have it removed

If any safeguarding issues arise we have a duty of care to pass on to appropriate parties.





**KNIGHTS OF ST COLUMBA**

*Building the Foundations for our Future*

# Young People's



## Zoom Virtual Seminar

An invitation to young Catholics aged 16 to 23 years old

**Wednesday 22nd July 2020**

**8:45am - 3:00pm**

**THEME**

**Our Faith Yesterday, Our Faith Today and  
Our Faith Tomorrow;**

**What are the Challenges ahead for our Faith?**

For an application Form please email:  
[headoffice@ksc.org.uk](mailto:headoffice@ksc.org.uk)