









<p>6th Form Preparation work for BTEC SPORT</p> <p>Week 1 and 2</p>	<p> Skim Read the specification.</p> <p><i>Time: 30 mins</i></p> <p>https://qualifications.pearson.com/content/dam/pdf/BTEC-Nationals/Sport/20161/specification-and-sample-assessments/9781446938096_BTEC_Nat_ExtCert_Sport_SPE_C.pdf</p>	<p> Complete a Thinking Hard Task to reduce the specification for BTEC Sport. Make a mind map to show the different units. (reminder – 3 mandatory units, 1 optional unit)</p> <p><i>Time: 30 mins</i></p>
<p>Unit 1 – Anatomy and Physiology -The Skeletal System</p> <p>Watch</p> <p></p> <p>https://www.youtube.com/watch?v=LMZStgTd-Tw <i>Time: 13 mins</i></p> <p>https://www.youtube.com/watch?v=mMecn9S4zW4 <i>Time: 14 mins</i></p> <p>https://www.youtube.com/watch?v=E4RjzRzKafk <i>Time: 13 mins</i></p> <p>https://www.youtube.com/watch?v=JbT-oygHL-w <i>Time: 14 mins</i></p>	<p>Watch</p> <p></p> <p>https://www.youtube.com/watch?v=z4dS_7NNSok&t=15s <i>Time: 17 mins</i></p> <p>https://www.youtube.com/watch?v=-GEWi9fNKRA <i>Time: 4 mins</i></p> <p>https://www.youtube.com/watch?v=nhOY5xCVhpl <i>Time: 6 mins</i></p> <p>https://www.youtube.com/watch?v=mt8VycST1_s <i>Time: 6 mins</i></p>	<p></p> <p>Create a Skeletal System mind map to summarise the information from the videoclips you have just watched</p> <p><i>Time: 45 mins</i></p>
<p>The Muscular system</p> <p>Watch</p> <p></p> <p>https://www.youtube.com/watch?v=zW20MP64vVM <i>Time: 13 mins</i></p> <p>https://www.youtube.com/watch?v=utQK-NIL9t0</p> <p>https://www.youtube.com/watch?v=qg65ZlIK73A</p> <p>https://www.youtube.com/watch?v=rMcg9YzNSEs</p>	<p>Watch</p> <p></p> <p>https://www.youtube.com/watch?v=cES44_7eUY</p> <p>https://www.youtube.com/watch?v=QItS-l2-pRg</p> <p>https://www.youtube.com/watch?v=G3L_KbsCDg0</p> <p>https://www.youtube.com/watch?v=IM-zC4EVNsY</p>	<p></p> <p>Create a Muscular System mind map to summarise the information from the videoclips</p> <p><i>Time: 45 mins</i></p>