

SPORT

BTEC Level 3 National Extended Certificate

Course Description

The content of this qualification has been developed in consultation with academics to ensure that it supports progression to higher education. In addition, employers and professional bodies have been involved and consulted, in order to confirm that the content is also appropriate and consistent with current practice for students choosing to enter employment directly in the sport sector.

The following mandatory units must be taken:

- Anatomy and Physiology
- Fitness Training and Programming for Health, Sport and Wellbeing
- Professional Development in the Sport Industry.

In addition, students choose optional units from a range that has been designed to support choices in progression to sport courses in HE. They cover content areas such as:

- application of fitness testing
- sport psychology
- practical sports performance
- sports leadership.

Entry Requirements

GCSE Average: 3.6 GCSE grade 4 in Maths, grade 4 in English.



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Progression

This qualification, when studied with other Level 3 qualifications, is designed to primarily support progression to employment after further study at university. However, the skills and behaviours developed will also support students choosing to progress directly to employment, or via an apprenticeship. Sport is one of the top 15 industry sectors in England, employing over 400,000 people and offering many career openings in a range of areas, including fitness training, coaching, teaching and sports science.



Course Details

360 GLH (445 TQT)

Equivalent in size to one A Level.

4 units of which 3 are mandatory and 2 are external.

Mandatory content (83%).

External assessment (67%).

| Pearson BTEC Level 3 National Extended Certificate in Sport | | | | |
|--|---|-----|------------------------|--------------|
| Unit number | Unit title | GLH | Type | How assessed |
| Mandatory units – learners complete and achieve all units | | | | |
| 1 | Anatomy and Physiology | 120 | Mandatory | External |
| 2 | Fitness Training and Programming for Health, Sport and Well-being | 120 | Mandatory and Synoptic | External |
| 3 | Professional Development in the Sports Industry | 60 | Mandatory | Internal |
| Optional units – learners complete 1 unit | | | | |
| 4 | Sports Leadership | 60 | Optional | Internal |
| 5 | Application of Fitness Testing | 60 | Optional | Internal |
| 6 | Sports Psychology | 60 | Optional | Internal |
| 7 | Practical Sports Performance | 60 | Optional | Internal |

“Studying Sport has helped me to understand why sport is such an important feature of our society, and I’ve learnt about the challenges of teaching sport and physical education in a range of settings.”



Further Information

Course Leader: Mrs E. Cole

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Examination board: Edexcel

www.qualifications.pearsons.com

