









<p><b>6<sup>th</sup> Form Preparation work for</b></p> <p><b>BTEC SPORT</b></p>	 <p><b>Skim Read</b> the specification.</p> <p><i>Time: 30 mins</i></p> <p><a href="https://qualifications.pearson.com/content/dam/pdf/BTEC-Nationals/Sport/20161/specification-and-sample-assessments/btec-l3-national-ext-cert-in-sport-spec.pdf">https://qualifications.pearson.com/content/dam/pdf/BTEC-Nationals/Sport/20161/specification-and-sample-assessments/btec-l3-national-ext-cert-in-sport-spec.pdf</a></p>	 <p><b>Complete</b> a Thinking Hard Task to reduce the specification for BTEC Sport. Make a mind map to show the different units. (reminder – 3 mandatory units, 1 optional unit)</p> <p><i>Time: 30 mins</i></p>
<p>Unit 1 – Anatomy and Physiology -The Skeletal System</p> <p>Watch</p>  <p><a href="https://www.youtube.com/watch?v=LMZStgTd-Tw">https://www.youtube.com/watch?v=LMZStgTd-Tw</a> <i>Time: 13 mins</i></p> <p><a href="https://www.youtube.com/watch?v=mMecn9S4zW4">https://www.youtube.com/watch?v=mMecn9S4zW4</a> <i>Time: 14 mins</i></p> <p><a href="https://www.youtube.com/watch?v=E4RjzRzKafk">https://www.youtube.com/watch?v=E4RjzRzKafk</a> <i>Time: 13 mins</i></p> <p><a href="https://www.youtube.com/watch?v=JbT-oygHL-w">https://www.youtube.com/watch?v=JbT-oygHL-w</a> <i>Time: 14 mins</i></p>	<p>Watch</p>  <p><a href="https://www.youtube.com/watch?v=z4dS_7NNSok&amp;t=15s">https://www.youtube.com/watch?v=z4dS_7NNSok&amp;t=15s</a> <i>Time: 17 mins</i></p> <p><a href="https://www.youtube.com/watch?v=-GEWi9fNKRA">https://www.youtube.com/watch?v=-GEWi9fNKRA</a> <i>Time: 4 mins</i></p> <p><a href="https://www.youtube.com/watch?v=nhOY5xCVhpl">https://www.youtube.com/watch?v=nhOY5xCVhpl</a> <i>Time: 6 mins</i></p> <p><a href="https://www.youtube.com/watch?v=mt8VycST1_s">https://www.youtube.com/watch?v=mt8VycST1_s</a> <i>Time: 6 mins</i></p>	 <p><b>Create</b> a Skeletal System mind map to summarise the information from the videoclips you have just watched</p> <p><i>Time: 60 mins</i></p>
<p>The Muscular system</p> <p>Watch</p>  <p><a href="https://www.youtube.com/watch?v=zW20MP64vVM">https://www.youtube.com/watch?v=zW20MP64vVM</a> <i>Time: 13 mins</i></p> <p><a href="https://www.youtube.com/watch?v=utQK-NIL9t0">https://www.youtube.com/watch?v=utQK-NIL9t0</a></p> <p><a href="https://www.youtube.com/watch?v=qg65ZlIK73A">https://www.youtube.com/watch?v=qg65ZlIK73A</a></p> <p><a href="https://www.youtube.com/watch?v=rMcg9YzNSEs">https://www.youtube.com/watch?v=rMcg9YzNSEs</a></p>	<p>Watch</p>  <p><a href="https://www.youtube.com/watch?v=cES44_7eUY">https://www.youtube.com/watch?v=cES44_7eUY</a></p> <p><a href="https://www.youtube.com/watch?v=QItS-l2-pRg">https://www.youtube.com/watch?v=QItS-l2-pRg</a></p> <p><a href="https://www.youtube.com/watch?v=G3L_KbsCDg0">https://www.youtube.com/watch?v=G3L_KbsCDg0</a></p> <p><a href="https://www.youtube.com/watch?v=IM-zC4EVNsY">https://www.youtube.com/watch?v=IM-zC4EVNsY</a></p>	 <p><b>Create</b> a Muscular System mind map to summarise the information from the videoclips</p> <p><i>Time: 60 mins</i></p>

