

<p>6th Form Preparation work for Health and Social Care</p>  <p>Miss Duncan</p>	 <p>Watch the TED talk by Hilary Cottam OBE, which looks at how social care can be improved through building good relationships. Many of you will have a good idea what health care is but do you know what social care is? Is loneliness really such a problem? Are relationships and the building of them important for the future of social care in the UK?</p> <p>How can we fix social services?</p> <p>Time: 20 mins</p>	 <p>Listen to the King's Fund podcast on health and wellbeing in the NHS. As you listen, consider the questions below:</p> <p>What challenges do people working in the NHS face? Why is it so important to promote good health and wellbeing for NHS staff? Does the podcast make you think any different about working for the NHS?</p> <p>Leading with compassion: supporting the health and wellbeing of NHS staff</p> <p>Time: 30mins</p>	 <p>Read the pages on the CQC website. Open the website and make a note of the 8 care services the CQC regulates. Pick one (hospitals for example) and click "see records". Choose one of the settings and choose to see the full report. See if the report says the setting is outstanding, good, requires improvement or inadequate. Why has it been given this rating?</p> <p>The Care Quality Commission</p> <p>Time: 1hr</p>
 <p>Complete a table about the 15 standards of the Care Certificate. Column 1 is the standard and column 2 is the explanation.</p> <p>The Care Certificate</p> <p>Time: 1 hour</p>	 <p>Read the serious case review report on Winterbourne view. What happened in the care home? How do you think the patients and their families felt when they watched the footage? Research: what were the consequences for the staff? Do you agree with the punishment they were given?</p> <p>Winterbourne View: Case Review</p> <p>Time: 1hr</p>	 <p>Complete the following task: Think of a health, social care or childcare service that you have used. .</p> <p>What is the service? Who is the professional that you saw? How did they treat you? How did that affect the way you felt? What do you think are the positives and negatives of that service?</p> <p>Time: 30 mins</p>	 <p>Watch the documentary on obesity in the UK. Do you agree that obesity is a disease? Justify your opinion. After watching this, you should have more knowledge on what the UK is doing to tackle obesity. Do you think the UK is doing enough? What more could be done? Research how much obesity costs the NHS in a year. Does this change your opinion on anything?</p> <p>Obesity: Who cares if I'm bigger?</p> <p>BBC Panorama</p> <p>Time: 1 hour</p>
 <p>Read this government document about how fair Britain is. Which groups are not getting the same outcomes as everyone else? Will treating everybody the same solve this problem?</p> <p>How Fair is Britain</p> <p>Time: 1hr</p>	 <p>Create a PowerPoint slide or poster based on the importance of communication in Health and Social care. It should include:</p> <ul style="list-style-type: none"> <input type="checkbox"/> How can you communicate with an individual that does not speak English? <input type="checkbox"/> How can you communicate with a service user that has a hearing/visual impairment? <p>Promoting effective communication in HSC</p> <p>Time: 1hr</p>	 <p>Watch the TED Talk by Judith Heuman, which looks at what life for a disabled person was like in the recent past and how they used to be treated. Think about how society needs to change to allow disabled people to flourish.</p> <p>Disability Rights</p> <p>TED talk - Judith Heuman</p> <p>Time: 30m</p>	 <p>Listen to the podcast about patients knowing best. Do you think this is a good idea? Should patients be in total charge of their care? Why?</p> <p>The patient in charge</p> <p>Healthy visions podcast. BBC Sounds.</p> <p>Time: 20 mins</p>

