

<p style="text-align: center;"><b>6<sup>th</sup> Form</b> <b>Preparation work</b> <b>for</b> <b>Psychology</b></p>  <p style="text-align: center;"><b>Mr Delf &amp; Miss Amunikoro</b></p>	<p style="text-align: center;"> <b>Research</b></p> <p><a href="#"><u>What is psychology?</u></a></p> <p><a href="#"><u>Becoming a psychologist</u></a></p> <ul style="list-style-type: none"> <li>○ Using the links above, make brief notes on the following: <ul style="list-style-type: none"> <li>1) What is psychology</li> <li>2) What different types of psychologists are there?</li> <li>3) What types of careers are available in Psychology?</li> </ul> </li> </ul> <p><b>Time: 1hr</b></p>	<p style="text-align: center;"> <b>Research</b></p> <p><b>Introduction to the Psychology course</b></p> <ul style="list-style-type: none"> <li>○ Use the Psychology specification link to make a brief bubble diagram on the 11 areas of A Level Psychology you will study (including what you will study in each area)</li> <li>○ The optional units are numbers 9, 12 &amp; 16</li> <li>○ Look at the A Level Spec NOT the AS Spec</li> </ul> <p><a href="#"><u>Psychology Spec</u></a></p> <p><b>Time: 1hr</b></p>	<p style="text-align: center;"> <b>Watch and listen</b> <b>Mental health</b></p> <p>TED talk about mental health from the perspective of a comedian Summarise some of the key points highlighted in this talk.</p> <p><a href="#"><u>What's so funny about mental health?</u></a></p> <p><b>Time: 15mins</b></p>
<p style="text-align: center;"> <b>Watch and listen</b> <b>Mental health</b></p> <p>TED talk about causes for depression and anxiety</p> <p><a href="#"><u>This is why you could be depressed or anxious</u></a></p> <p><b>Time: 20mins</b></p>	<p style="text-align: center;"> <b>Watch and listen</b> <b>Memory</b></p> <p><b><i>If you have access to Netflix watch The Mind, explained: Episode 1 Memory</i></b></p> <p>Make brief notes on your findings</p> <p><a href="https://www.netflix.com/gb/title/81098586"><u>https://www.netflix.com/gb/title/81098586</u></a></p> <p><b>Time: 30mins</b></p>	<p style="text-align: center;"> <b>Watch</b> <b>Memory</b></p> <p>TED talk which discusses the reliability of memory and the impact of false memory. Reflect on the TED talk and make your own notes.</p> <p><a href="#"><u>How reliable is your memory?</u></a> <i>TED Talks – Elizabeth Loftus</i></p> <p><b>Time: 40 minutes</b></p>	<p style="text-align: center;"> <b>Watch</b> <b>Attachment</b></p> <p>Should psychologists use animals in their research?</p> <p>Watch this video.</p> <p>Explain whether you think that using animals can help us to understand human attachment?</p> <p>Is it morally right to use animals in this way?</p> <p><a href="https://www.youtube.com/watch?v=OrNBHzjg8I"><u>https://www.youtube.com/watch?v=OrNBHzjg8I</u></a></p> <p><b>Time: 20mins</b></p>



**Read**  
**Attachment**

John Bowlby is a famous psychologist in child psychology (attachment). Carry out some research about him and his theories/ explanations.

*Create a thinking map/ summary notes with the key points to his work.*  
Use this link as a starting point.

**[John Bowlby](#)**

Read through:  
**[Attachment Theory](#)**

Argue for or against whether you believe that the way you navigate relationships throughout life, is determined by how you bonded with your caregivers as a child. Use additional research to justify your answer

***Time: 1hr30mins***



**Watch**  
**Social Influence**

Zimbardo and Milgram are some of the most famous social psychologists.

Summarise **Zimbardo's experiment** in your own words and create a bubble map to show the key details of the study.

**[Stanford Prison Experiment](#)**

Summarise Milgram's experiment in your own words and note down what factors could affect obedience levels

**<https://www.youtube.com/watch?v=Xxq4QtK3j0Y>**

***Time: 1hr 30mins***



**Read**  
**Social Influence**

Conformity is a type of social influence involving a change in belief or behaviour in order to fit in with a group.

Make notes on what conformity is, the types of conformity and reasons for conformity

**[What is conformity?](#)**

Take the below quiz:

**[Can you resist conformity?](#)**

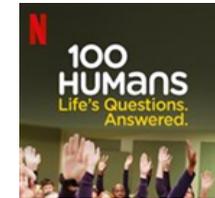
Make notes on what could make someone less likely to conform/resist conformity

***Time: 40mins***



**Watch - extension work**

**If you have access to Netflix watch '100 humans'**



**Time: 4hr30mins for all 8 episodes**

**<https://www.netflix.com/gb/title/80215997>**

**Episodes 1 and 4 are the most relevant to the course, but it's all great!**