

Holy Family Catholic School Curriculum Overview

Year 12 – Health & Social Care (BTEC)

Diploma



	Curriculum Content	Suggested Reading or Extension Activities
Half Term 1 (Sept-Oct)	Unit 1 - Human Lifespan Development (Exam - Jan) - The development of an individual from birth to death - Physical, intellectual, emotional and social development in each life stage Unit 5 - Meeting Individual Care and Support Needs - Multi-disciplinary working to care for individuals with different needs - The importance of confidentiality - Examining case studies of people with different needs	Read: Winterbourne View case study: https://www.england.nhs.uk/wp-content/uploads/2014/11/transforming-commissioning-services.pdf The Data Protection Act: https://www.legislation.gov.uk/ukpga/2018/12/contents Infant development: https://www.nhs.uk/baby/babys-development/ An introduction to Confidentiality: https://www.theaccessgroup.com/en-gb/blog/hsc-confidentiality-in-health-and-social-care/
Half Term 2 (Nov-Dec)	Unit 7 - Principles of Safe Practice in Health and Social Care - Methods of safeguarding in health and social care - Key pieces of legislation that aim to keep individual safe e.g. The Data Protection Act - Real life case studies where HSC settings have failed to keep individuals safe	
Half Term 3 (Jan-Feb)	Unit 1 - Human Lifespan Development (Exam - Jan) - The development of an individual from birth to death - Physical, intellectual, emotional and social development in each life stage Unit 5 - Meeting Individual Care and Support Needs - Multi-disciplinary working to care for individuals with different needs - The importance of confidentiality - Examining case studies of people with different needs Unit 7 - Principles of Safe Practice in Health and Social Care - Methods of safeguarding in health and social care - Key pieces of legislation that aim to keep individual safe e.g. The Data Protection Act - Real life case studies where HSC settings have failed to keep individuals safe	
Half Term 4 (Feb-Mar)	Unit 2 - Working in Health and Social Care (Exam - Jan 2028) - Roles and responsibilities of HSC professionals - The structure of healthcare in the UK - Organisations to regulate healthcare	Read: 'About CQC' https://www.cqc.org.uk/about-us/our-purpose-role/who-we-are

Half Term 5 (Apr-May)	Unit 5 - Meeting Individual Care and Support Needs - Multi-disciplinary working to care for individuals with different needs - The importance of confidentiality - Examining case studies of people with different needs	https://www.politics.co.uk/reference/ofsted/ https://www.nice.org.uk/about/what-we-do/nice-international Watch: Maternity scandal: fighting for the truth https://www.bbc.co.uk/programmes/m0014sxq
	Unit 2 - Working in Health and Social Care (Exam - Jan 2028) - Roles and responsibilities of HSC professionals - The structure of healthcare in the UK - Organisations to regulate healthcare Unit 5 - Meeting Individual Care and Support Needs - Multi-disciplinary working to care for individuals with different needs - The importance of confidentiality - Examining case studies of people with different needs	Undercover: Britain's biggest GP chain https://www.bbc.co.uk/programmes/m0017x2b Research: What campaigns have Public Health England created? Find 4 campaigns and note their aim, purpose and resources.
Half Term 6 (Jun-Jul)		

Examples of Home Learning Tasks	- Independently working on assignments - Completing revision resources given in class for exam units - Pre-reading tasks
Assessment Tasks, Methods & Frequency	- January 2026 - Unit 1 Exam (External assessment) - Half-termly assignments on google classroom - Half-termly mock assessments for exam units
Equipment that Students Need	Pens, highlighters, a folder to organise work

Parent / Carers can help their child by:	- Supporting students to work on assignments at home - Meeting assignment deadlines - Encouraging independent revision - Checking work on google classroom
Useful Websites	https://qualifications.pearson.com/content/dam/pdf/BTEC-Nationals/Health-and-Social-Care/2016/specification-and-sample-assessments/9781446950937/BTEC_Nat_Dip_HSC_AG_Spec_ISS10_150622.pdf https://www.nhsprofessionals.nhs.uk/
Extra-Curricular Activities & Career Opportunities	Trip to Hertfordshire University Open Day Professional workshops - Nursing and Social Work Bethlem Museum of the Mind Nightingale Museum

Who Can I Contact?	Head of Health & Social Care	Mrs Garvan
	Teachers of Year 12 Health & Social Care	Mrs Garvan Miss Osei Mrs Akinsanya

Holy Family Catholic School Curriculum Overview

Year 13 – Health & Social Care (BTEC)

Diploma

	Curriculum Content	Suggested Reading or Extension Activities
Half Term 1 (Sept-Oct)	Unit 2 - Working in Health and Social Care (Exam - Jan 2028) - Roles and responsibilities of HSC professionals - The structure of healthcare in the UK - Organisations to regulate healthcare Unit 4 - Enquiries into Current Research (Exam - Jan) - Evaluate the different research methods - Learn how to conduct research into topics related to Health and Social Care	Read: Examples of research in HSC: https://www.nihr.ac.uk/research-funding/social-care/examples-and-findings Validity vs reliability: https://pubmed.ncbi.nlm.nih.gov/34974579/ Watch: https://www.youtube.com/watch?v=KND_bBDE8RQ https://www.youtube.com/watch?v=BwfgBBeQSQO Research: Find two articles that research treatment options for Alzheimer's. Think: Is the research reliable? (easy to repeat) Is the research valid? (backed up by evidence)
Half Term 2 (Nov-Dec)	Unit 14 - Physiological Disorders for Health and Social Care Learn about the causes, symptoms, and treatment options available for a range of physiological disorders	
Half Term 3 (Jan-Feb)	Unit 2 - Working in Health and Social Care (Exam - Jan 2028) - Roles and responsibilities of HSC professionals - The structure of healthcare in the UK - Organisations to regulate healthcare Unit 4 - Enquiries into Current Research (Exam - Jan) - Evaluate the different research methods - Learn how to conduct research into topics related to Health and Social Care Unit 14 - Physiological Disorders for Health and Social Care - Learn about the causes, symptoms, and treatment options available for a range of physiological disorders	
Half Term 4 (Feb-Mar)	Unit 14 - Physiological Disorders for Health and Social Care - Learn about the causes, symptoms, and treatment options available for a range of physiological disorders Unit 19 - Nutrition for Health - The function and examples of food groups - Analysing factors that affect nutrition	Read: Ultra-processed foods: https://www.kingsfund.org.uk/insight-and-analysis/blogs/improving-childrens-health-nutrition Coronary Heart Disease:
Half Term 5		

(Apr-May)	Designing a meal plan in response to a case study	https://www.bhf.org.uk/information-support/conditions/coronary-heart-disease Living with a lung condition: https://www.asthmaandlung.org.uk/living-with
Half Term 6 (Jun-Jul)		

Examples of Home Learning Tasks	- Independently working on assignments - Completing revision resources given in class for exam units - Pre-reading tasks
Assessment Tasks, Methods & Frequency	- January 2027 - Unit 1 Exam (External assessment) - January 2028 - Unit 4 Exam (External assessment) - Half-termly assignments on google classroom - Half-termly mock assessments for exam units
Equipment that Students Need	Pens, highlighters, a folder to organise work

Parent / Carers can help their child by:	- Supporting students to work on assignments at home - Meeting assignment deadlines - Encouraging independent revision - Checking work on google classroom - Discussing university/career options with students
Useful Websites	https://qualifications.pearson.com/content/dam/pdf/BTEC-Nationals/Health-and-Social-Care/2016/specification-and-sample-assessments/9781446950937_BTEC_Nat_Dip_HSC_AG_Spec_ISS10_150622.pdf
Extra-Curricular Activities & Career Opportunities	- University open day trips - Discovermedicallondon.com - walking tours on Medicine in London - public health tour

Who Can I Contact?	Head of Health & Social Care	Mrs Garvan
	Teachers of Year 13 Health & Social Care	Mrs Garvan Mrs Akinsanya Mrs Osei