



# Year 9 Options

**Information Evening  
Tuesday 24th March 2026**





## Grades achieved at the end of Year 11 are affected by factors far beyond the classroom..

- **Attendance:** Students with 95-100% attendance are 1.6 times more likely to achieve the expected outcomes in English and maths than pupils with 90-95% attendance and 2.4 times more likely than students with 85-90% attendance.
- **Studying/Homework:** A shocking 50-80% of what they learn is lost within the first 24 hours if they don't review it.



## The start of the GCSE journey...

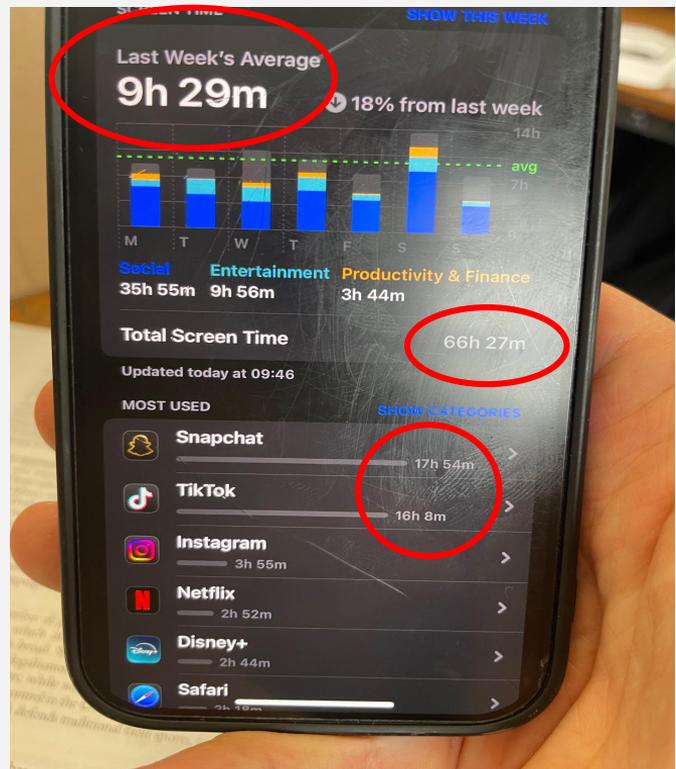
GCSE courses are finished in only 5 and a half terms!

The keys to success are:

- Working hard from day one
- Never wasting time
- Being in school every day
- Asking for help when you are stuck



# The terrifying truth...





## Choosing subjects

- This is a very exciting time in your child's educational journey.
- Making wise, informed choices is vital
- Do not choose a subject because your friends are choosing it
- Do not choose a subject because you like the teacher or you think it will be an easy subject
- Do not strike a subject off your list because you think it is hard



## The Core Curriculum

### All students will study:

- English
- English Literature
- Mathematics
- Science (triple or combined)
- RE
- PE (non-examined)
- PSHCE (non-examined)



**Subjects we offer:**

- Art
- Creative iMedia (selected students)
- Computer Science\*
- Design Technology
- Digital Information Technology
- Drama
- Food Preparation & Nutrition
- French
- Geography
- Graphics
- History
- Music\*
- P.E.\*
- Spanish
- Textiles



## Pathways

### Blue Pathway – English Baccalaureate (EBacc)

- The core curriculum
- Geography or History
- French or Spanish or an approved home language
- One free choice

### Green Pathway

- The core curriculum
- At least one of Geography or History or French or Spanish
- Two free choices



## Pathways

### Bespoke Pathway

This includes:

- The core curriculum
- Support across the curriculum
- Bespoke qualifications

**All pathways give a clear progression route to further study in our sixth form, or at college, and on to university or other training or employment.**



# What are EBacc qualifications?

The EBacc is the English Baccalaureate. It is not a single qualification, like a GCSE - it is a set of qualifications that keeps young people's options open for further study and future careers.

The EBacc is:

- ★ English Language and English Literature
- ★ Maths
- ★ The sciences (Biology, Chemistry, Physics, Computing)
- ★ Geography or History
- ★ A language



# Why take EBacc subjects?

Studying **History** helps us understand how the past has shaped, and continues to shape, global, national and local relationships between societies and people.

A degree in History could lead to a career in:

- Law**
- Politics**
- Journalism**
- Teaching**
- Human resources**
- Marketing**
- Heritage and museums**
- Civil service**
- Archaeology**

ASPIRE

Studying **Geography** is very relevant to issues such as climate change, migration, environmental issues, social and economic inequalities. Studying Geography makes you a well-informed global citizen.

A degree in Geography could lead to a career in:

- Architectural technology**
- Business analysis**
- Environmental consultant**
- Teaching**
- Town planning**
- Transport planning**
- Nature conservation**
- Political risk analysis**

Studying **Languages** gives you a window into another culture. It has also been shown to improve working memory, helping students to retain more information for all exams. It increases employability in today's competitive job market.

A degree in Languages could lead to a career in:

- Academic research**
- Translating**
- Teaching**
- Law**
- Politics**
- Journalism**
- Sales and marketing**
- International aid work**

*'Aspire not to have more, but to be more.'*



*For this journey  
to be worthwhile  
it is prudent to  
have a  
destination in  
mind.*

*'Aspire not to have more, but to be more.'*



# Careers programme at HFCS

- **Statutory requirements**
- **Careers provision is overseen by the AHT**
- **Strategic oversight role working together with the KS5 careers' coordinator and the Personal Development Lead to implement a whole school programme.**
- **The following main strands underpin the careers programme at Holy Family.**



# The 4 principles of our programme

## 1- The use of Unifrog - CDI spiral curriculum with GB activities

- All students in Years 7-13 have accounts created to access activities covering the following areas in a progressive manner: **Grow throughout life** **Explore Possibilities** **Manage Career**  
**Create opportunities** **Balance life and work** **See the big picture**

## 2- The use of external speakers and alumni

- Speakers for schools weekly scheduled virtual talks and face to face talks
- Tottenham & orient engagement programmes with visiting speakers
- Alumni participation - Jamie Bowden from Tottenham coming soon

## 3- Work experience in year 10 & 12 - Encounters with employers

- All years 10 & 12 students have a 2 week work experience placement in summer for true encounter with the world of work, facilitated by BEP. Virtual placement on Unifrog

## 4- Benchmark 4 - Linking Careers to Curriculum & Personal guidance interviews

- Subject teachers are highly influential in highlighting the relevance of their subjects to future careers and opportunities and making connections between subjects and pathways to positive transitions.
- Careers enrichment DDDs, NAW and NCW: with planned careers activities
- Personal guidance interviews are embedded in the careers learning journey of our students



# Our Support - Parental engagement

## We will support our parents

- **To understand the careers journey your child will take**
- **To gain an overview of different careers pathways**
- **To understand the KS4 options process for your child's progression from KS3 to KS4**
- **To understand what is expected at KS4, how you can support your child and how each subject and skills gained relate to the real world of work.**
- **To help us implement the work experience placements aspect of our careers programme for students**
- **To meet our careers advisers and post-16 providers and ask questions to enable them to support your child with the next steps**



# Unifrog - our new Careers Platform



ABOUT

BLOG

EVENTS

CASE STUDIES

JOBS

CONTACT

SIGN IN

Unifrog for:

International schools

UK schools + Colleges

Employers

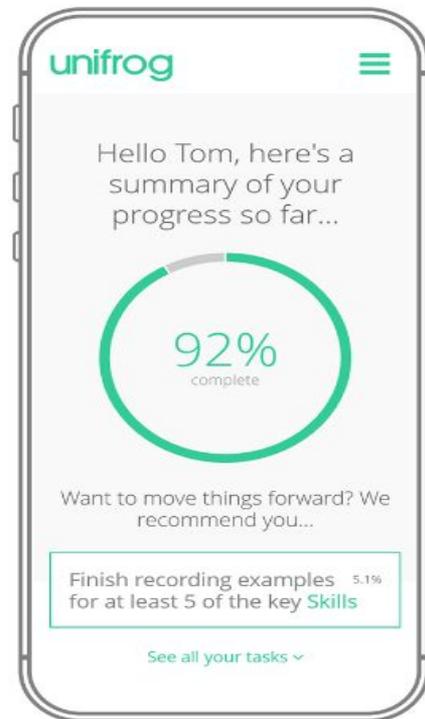
Universities

## The **universal** destinations platform.

We help students compare every university course, every apprenticeship, and Further Education courses - then apply successfully.

We also empower teachers and counselors to manage the progression process effectively.

[Request demo](#)



# Unifrog - our new Careers Platform



WHAT WE DO

## Supporting students to find the **best next step** for them

Schools + Colleges

Employers

Universities

### Everything you need, in one place.

Our platform helps students with the whole progression process - from exploring their interests, to recording the great things they've done, to finding education and training opportunities, to drafting their applications.

Unifrog also helps teachers and counselors to manage the process - from delivering engaging lessons using our off-the-shelf teaching resources, to tracking careers interactions, to drafting References, to submitting applications.

[More about International schools >](#)

[More about UK schools + colleges >](#)





# Parent/guardian accounts on Unifrog

**This special sort of Unifrog account allows a parent to:**

- **Stay up to date: See their child's next tasks, unfinished actions, upcoming events, placements, and the interactions added by their teachers**
- **Try out: Try our student tools, eg find out what frog they are in the personality quiz**
- **Learn: Find webinars, fairs and guides aimed at parents and caregivers**
- **Stay in touch: Sign up to our monthly parent newsletter (which tells parents and caregivers about news and opportunities to do with careers and progression).**

<https://cdn.unifrog.org/video/bcb46co2q2/720.mp4>



# Parent/guardian accounts on Unifrog

To create an account:

- **First:** All parents have their email addresses added by the school to their child's Unifrog profile, in the dedicated fields for parents/caregivers.
- **Then:** You can create your account either by using SSO on the normal Sign in page, or by using their email address [on this page](#).

Once you have created your account, from then onwards you can sign in on the normal sign-in page, using either your email and password, or SSO.



## **For more information**

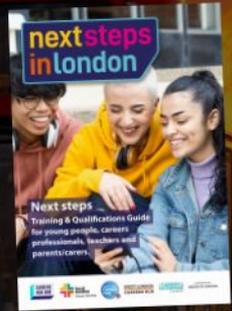
- **Please speak to Mr Fidegnon /Ms Paul-Jones for more information**
- **Please get the SIMS Parent app where we share most of our careers-related information with parents**
- **Speak to your child about their careers aspirations**
- **Talk to your child about your own careers journeys**
- **Please do not hesitate to come to the school to share your career journeys with our students**
- **We will run a careers guidance sessions for parents - please watch out for this event and please take part for more knowledge of the Labour market.**



# next steps in london

## You're part of their journey

Help your teen feel confident about their next best steps in London.



**Parents/Carers play a pivotal role in young people's career choices, but may feel unprepared to discuss the full range of educational and career options available today.**

Education qualifications have changed and new careers are emerging. Staying up-to-date will help you help your teen make informed decisions about their future.

**Explore free downloadable resources** packed with practical information, activities and guides designed to support you in having positive, open conversations about their future.



**Tap into FREE resources and support**



**There is now an opportunity to speak with the Heads of Department of each optional subject and to find out more about what is required to be successful in each subject in years 10 and 11.**

**Please ask lots of questions tonight.**

**Senior staff are available to answer questions too.**

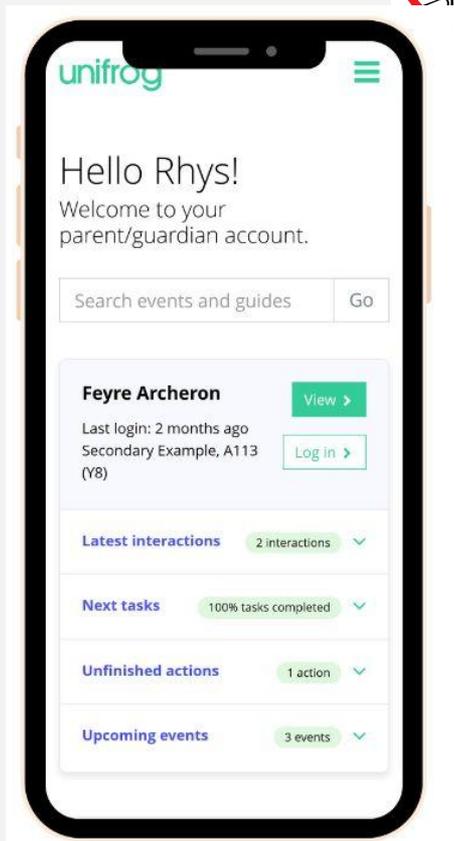
**Thank you for coming and enjoy the rest of the evening.**



# Parents and caregivers: get signed up!

Why should students have all the fun?! You can create your own account to see key details about your child's Unifrog journey, and to access the tools in the same way students do!

Scan this QR code or go to [www.unifrog.org/parent](http://www.unifrog.org/parent) and create an account using your email address or single-sign on (i.e. signing in with Google or Microsoft).



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