



BTEC

SPORT

Course Summary

COURSE OVERVIEW

Sport is a robust, vocationally-oriented qualification that gives you a strong foundation in the science, practice and industry context of sport. It's especially suited if you are passionate about sport and want a blend of theory and practice, and plan to move into further study or employment in the sports/fitness sector.

WHY SHOULD I STUDY BTEC SPORT?

You enjoy sport and fitness and want to study it in more detail, You prefer coursework and applied learning to sitting loads of exams, You're thinking about a career in Sport, fitness, health or exercise science, You want to keep your university and career options open while doing something practical and engaging

WHAT COURSES CAN THIS PREPARE ME FOR AT UNIVERSITY?

Sports Science, Coaching & Performance, Physiotherapy, Sports Nutrition, Sport Management, PE Teaching.

WHAT CAREERS CAN THIS SUBJECT SET ME UP FOR?

Fitness & Training – Personal Trainer, Gym Instructor; Sports Coaching – Coach, Analyst, Development Officer; Health Sciences – Physio, Nutritionist, Psychologist; Education – PE Teacher, Youth Worker; Sports Business – Event Manager, Marketing,

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EXAM BOARD: PEARSON EDEXCEL

Unit	Content - This is the equivalent of 1 A Levels	Duration	Weighting
1	Anatomy & Physiology (exam)	1 hour 30mins	120GLH
2	Fitness training & programming for health, fitness & well being (exam)	2 hours 30mins	120GLH
3	Professional development in sports Industry (internal unit)	n/a	60GLH
4	Sport Psychology (internal unit)	n/a	60GLH